

INTEREST GROUP INFORMATION

INFORMATION SUBJECT TO CHANGE AT SHORT NOTICE

THESE GROUPS ARE FOR PAID UP MEMBERS ONLY

If you would like to join Isle of Sheppey u3a please email us on isleofsheppeyu3a@gmail.com

Members: 2023/24 subs are due on 1st April 2023 and are £20 for the year. Subs reduced if joining after 1 October each year.

REQUEST A PLACE: Information regarding these groups may be subject to change without notice.

Please note that you will need to request a place on any of these groups prior to attending so put your name on our register by the notice board at our meetings or email us on: isleofsheppeyu3a@gmail.com

We run separate lists for each of our groups, if you have put your name down but not yet been contacted by the group facilitator then please let us know. You will only receive current information about those groups you have joined.

Art For Fun: Jan

Meets: Weekly on a Wednesday/Thursday afternoon

Venue: Jan's house in Milstead, Sittingbourne

Time: 2pm-4pm

Cost: Perhaps the occasional cake or a bottle of wine



Practise your water colour painting in a small group suitable for all levels from beginners to proficient amateurs. Jan is the facilitator and is an accomplished water colour artist she will provide guidance for group members.

Book Club: Val

Meets: Third Tuesday afternoon each month

Venue: Minster Library

Time: 2.15pm

Cost: Donations for tea & biscuit



This popular group like to try a variety of book genres and Val arranges for Minster Library to provide the enough books for the group to read. The group discuss the book the following month.

Conversational French: Helen

Meets:

Venue:

Time:

Cost:



Helen is the facilitator for this group. If you have at least a basic level of conversational French, why not join this group to improve your speaking skills

Craft Group – Card Making: Sally

SUSPENDED

Meets:

Venue:

Time:

Cost:



If you fancy having a go at making your own bespoke cards why not try this group. Manual die cutting machines with a variety of dies will be available to use, along with a variety of stamps and embellishments, a beautiful selection of coordinating cardstock is also available. Don't worry if you don't have any idea of what is involved, you don't need any equipment, simply creating a piece of work is very therapeutic.

Crafty Ideas: Jean

Meets: Second Friday afternoon each month

Venue: House in Minster

Time: 1-30pm – 3.30pm

Cost: None



Linda and Jean enjoy their "crafty" hobbies from baking, icing, knitting, sewing, making cuddly toys and lots more. The group is for those who wish to get together to learn to create crafty items and pass on their skills and knowledge in an informal and sociable environment.

CRIB: Colin

Meets:

Venue: Abbey Hotel

Time:

Cost:

Due to start in the New Year

Enjoy a game of sociable game of crib with your fellow members. Beginners and experienced players are all welcome.

Drama/Play Reading:

Wendy

Meets:

Venue:

Time:

Cost: According to room hire requirements



This group is facilitated by Wendy who is a published author and accomplished performer. Reading scripts out loud with a group of friends and getting into character is a fun way to socialise and let your hair down. This group will suit you whether you wish to perform or not.

Flower Arranging: Sharon

Meets: Fourth Tuesday afternoon each month

Venue: Sheerness

East Working

Men's Club

Time: 1.45pm

Cost: £2 for hire of the room



Learn how to make some great flower arrangements from some greenery from your garden and a bunch of flowers from the supermarket. Sharon, the facilitator ensures that the emphasis is on trying out difference arrangements of flowers for a variety of occasions in a social atmosphere.

Ladies That Lunch: Sharon

Meets: Usually Thursday afternoons, date and time as arranged.

Time: Usually 1.30pm

Cost: Depends on venue and choice.



Why not join with your fellow u3a lady members for a sociable get together for lunch. Lunch will be at various venues as discussed by the group.

Monday Walks: Heather

Meets: Weekly on Monday mornings at various places both around the Island and further afield.

Time: 10.30am

Cost: None



This walk generally takes around 60-90 minutes and is approximately 2.5 – 3 miles long. Walks take place both on and off the Island, incorporating some history walks where possible. All walks vary in activity level and usually a shorter, slower walk is available for those less active. Registered group members will receive a weekly email with details of the walk and meeting point.

Scrabble: Val

Meets: Third Thursday morning

Venue: Sheerness Healthy Living Centre – Waterfront Room

Time: 10am-12 noon

Cost: None



This scrabble group is suitable or all levels from beginner up. Why not expand your knowledge while enjoying a fun word game with others? Refreshments available.

Sewing – Tips & Tricks: Stella

Meets: House in Eastchurch

Time:

Cost:

Stella is an experienced sewist – she will show group members the tips and tricks of the trade.

Smart Devices: Sally

SUSPENDED

Meets:

Venue:

Time:

Cost:



This group will be suitable for anyone who uses a smart device. Learn how to add email accounts, download Apps, use WhatsApp, social media, take photos and share them with others and much more. Whether you are a beginner or someone who wants to try out new features, like editing your photos and creating videos we can all work together to make the most of our smart devices. Sally will tell you she's no expert but learning together and sharing knowledge is a great way to practice in an informal and sociable environment.

Singing for Fun: Wendy

Meets: Wednesday afternoon

Time:

Cost: Small charge to pay for the room

This group has recommenced – more details to follow.

Social History: Celia

Meets: Third Friday afternoon each month

Venue: Abbey Hotel

Time: 2 – 4pm

Cost: £2.50 includes tea/coffee & biscuits

This group has recently started – members chose to research a subject in advance and discuss at the meetings.

Wine Appreciation: Ken

Meets: Friday afternoon/
evenings

Venue: Various locations on
the Island.

Time: 3pm or 6pm

Cost: According to room hire
and food



The group is facilitated by Ken who has a wealth of knowledge on wines throughout the world. He organises the venue and selects the wines from different countries, in advance, each week. Members purchase these wines which are then sampled by members of the group for their opinion. The wines are then graded according to individual sight, taste, smell and value.