

Decorated Horses Help Horncastle to Celebrate It's Historic Horse Sale

During August Horncastle will be reviving the historic and famous horse sale, previously known as the Great August Horse Fair which the town was renowned for.

By the 14th century Lincolnshire was a recognised centre for horse breeding across the country. In the 19th century, when the horse sale was at its height, the town had stabling for 1000 and up to 35 inns for accommodating dealers and their customers some of whom came from across Europe and America to buy the best brood mares. (Horncastle Historic and Heritage Society)



The wooden horse, pictured in this © Lynne Lilley 2023 article, is one of many displayed in shop windows across the town, it signifies the place of the Horse Fair in Horncastle's history. It has been painted by members of the u3a's Art for Leisure and Pleasure group. The u3a horse has been exhibited in the Joseph Banks Centre, Bridge Street from the 12th July for a month, .

Lynne Lilley
u3a Art Group

Message from the Chairman

Dear Members of Horncastle u3a,

Welcome to the autumn edition of the Horncastle u3a newsletter. I would like to extend a very special welcome to those of you who have only recently become aware of the benefits of joining the u3a. Our numbers continue to rise, but we are still not yet back to our level of membership before the pandemic. Please use your influence as members to promote the benefits of membership to your families and friends. Bring someone along with you to the next meeting and let's see if we can get our membership level back above 200.



We have again maintained our membership fee at £15 this year, which I am sure you must agree represents fantastic value. For this you get 12 open meetings with free refreshments. Not to mention the chance to participate in as many of the active interest groups on offer. These now range from walking groups through dining groups to reading, new age kurling and dog walking groups. The offering is massive, so please do take advantage of what is out there.

I hope that you enjoy this publication, which is entirely for the benefit of you, the members. If you have any contributions that you wish to make to future editions, please come forwards. Similarly, if you have any suggestions for what you want to see in the newsletter, then also do let us know.

I look forward to meeting you all at future meetings.

Mike Harrison, Chair, Horncastle u3a

Focus On: Alison Carter



Alison is a busy volunteer and has been, so far, leader of two u3a groups. She has recently handed over leadership of the thriving Knitting for Charity group to Marilyn Makins, having been a founder member, along with the late and much missed Alison Jones. In a comparatively short time, this group of generous knitters has donated warm hats to ECHO (East Coast Homeless Outreach), small hats for premature babies, and sacks of woollen items for Ukrainian people. Alison also teaches TMW, (Tai Chi

Movements for Well-being), whose members enjoy this calming, gentle but effective form of relaxation.

Alison has lived in many different places; as a young child she moved from Essex to Scotland, then back to England. Her adult career took her to live in places as varied as Royal Tunbridge Wells, Pembury, Canada, South Africa, Worcestershire and Herefordshire. She worked as a teacher, along the way achieving further qualifications. Her career has involved setting up and running initiatives all aimed at helping people from different parts of society. Alison has worked at developing methods to help people losing their sight to adapt to a new working life, or people with special needs to cope better with independent living. The common thread running through her career has been helping people make the most of their circumstances. After teaching, she became the co-ordinator for "Singing for the Brain" (Alzheimer's Society), library work and also retail work in an Apothecary, all of which she found both interesting and fulfilling.

Alison is still settling into Horncastle life and appreciates its warm and friendly atmosphere as a small town. Coming from Herefordshire, she misses those beautiful hills, but is adjusting to the different, but beautiful, landscape of the Lincolnshire Wolds.

Alison has a wide range of interests in addition to her voluntary role as Treasurer of the Community Centre. Craft, music, reading and gardening feature, along with Spiritual Development, which ties in neatly with the Tai Chi Movements for Wellbeing.

Asked to sum up her u3a experience in three words she chose interest, opportunity and (making) new contacts. As for changes, she would like to see Stanhope Hall made into a more welcoming and comfortable venue, a sentiment echoed by many members. She believes some of the benefits of u3a membership are friendship and a feeling of belonging.

When asked about achievements in her life, Alison paused modestly but is proud to have helped support visually impaired people and those with special needs to integrate into daily life. She was obviously valued for her work improving people's lives as she showed me a long poem of appreciation from one of her former students.

Her advice to her younger self would be to be honest, truthful to oneself, kind to others and know that **You Can Do It**. With a ready smile, quick wit, and a positive attitude, Alison is a valuable addition to the community here in Horncastle.

Yvonne Mathieson

U3a Horncastle Committee Members

Michael Harrison	Chairman	01507 522674
Graham Hutton	Treasurer	01507 526677
Andy Mathieson	Groups Co–Ordinator	01507 522701
Jeffrey Jones	Membership Sec.	01507 588421
Kathryn Thomas	Liaison Officer, Proofreader	01507 239579
Recruit needed ASAP	Speaker Co-ordinator	
Sue Stevenson	Minutes Secretary	01507 524211
	General Secretary	
Fiona Martin	Almoner	01507 523387
Marion Prickett	Newsletter Editor	07760 477741
Derek Smith	Groups board co-ordinator	07526 718253
Peter Irons	Committee member	
Dee Fletcher	Committee member	07506 781999

Lincoln & Lindsey Blind Society

If you have a sight impairment or know someone who may be struggling with their eyesight then the Lincoln and Lindsey Blind Society may be the able to help.

Severe visual impairment that cannot be corrected by spectacles is extremely debilitating because you can lose more than just your ability to see. It can feel like your world is falling apart. Those who have lost some or all of their vision always welcome empathy from people who care but they also need equipment, practical advice and training so they can get on with their lives despite sight loss.

Sufferers do not have to be registered with a visual impairment or even have a referral from a doctor or optometrist to get our help. The person themselves, a family member or a friend can telephone, email, call in person or write to us and we will send a Sight Impairment Officer to visit and carry out an assessment, our contact details are at the bottom of this article.

We also have an army of volunteers who take on a range of roles, from helping at Social Groups, recording our talking newspapers, Befriending, helping at Eye Clinics, or with administration, fundraising, IT support or as a Trustee. If you would like to become a volunteer please contact Eve Roach on 01507 605604 or by email eve@llbs.co.uk to learn more.

General Meetings

All members are invited to attend the u3a general meetings held at 10am on the first Tuesday of each month at the Stanhope Hall.

Planned Speakers

September 6th	Joy Wood. <i>The NHS - it's been quite a journey, her amusing anecdotes of life in the NHS</i>
October 3rd	Lincs and Notts Air Ambulance - Hear how they started and how they manage to dash to our side when we need them
November 7th	Jacqui Harris - <i>Something Truly Vintage, the lovely shop of memories in North Street.</i>
December 6th	Banovallum Singers - A musical welcome to the Festive Season from this delightful, well known choir.

Recent Meetings

Jean Preston has worked hard to ensure that we are entertained and learn something new and different.

June's speaker. In the high seat with Alan Gray. A most enjoyable and informative talk about his life as a tennis umpire. He brought along lots of books of cuttings and photos of Wimbledon stars. His Q&A session included his opinion of tennis stars past and present - and future ones coming along -- in particular our British players.

July's speaker who told us humorous time in the RAF where he spent working life. hope to see him a very happy



was Ken More fascinating and stories of his as a navigator most of his Many of us again as he left atmosphere.

August's speakers were from Flange and Pong, the local witchcraft practitioners. One aspect of this is their interesting shop is in West Street, these two traditional British Witches (rather than those of the Wican tradition) practice good witchcraft offering love potions, psychic, spiritual and holistic services they do not practice any of the less savoury aspects such as sacrifices or devil worship and only want to improve people's life experiences.

Marion Prickett, Newsletter Editor

The Strollers – Winter 2022/23

Despite the very disappointing summer weather the Strollers haven't been rained off once. In fact, we have been very lucky and some might say our sunny dispositions and determination to get out there helps!

In June we went to Gibraltar Point and had a good walk around the dunes, looking out across the ever changing beach and to the sea. It is so useful to have Eileen with us as she fills us in on all the plants we see and is



patient with our constant questions. This time it was the beautiful orchids which took our attention. Thank you to Terry and Eileen for organising this walk.

July was another seaside destination and the weather was once again very good. We walked from Sutton-on-sea to Sandilands, had coffee at the National Trust coffee shop and then back. Thank you to Bridget and Marilyn for leading this walk, as you can see by the photos everyone was very relaxed.

On a very cold, sunny, frosty day last year we walked from Bag Enderby to Somersby and back on a circular route. It was such a lovely walk we added to our itinerary for August, thinking it would be good to do it again on a hot sunny day, and to follow it



with a picnic behind the church. It seemed such a good idea at the time but, after the heat of last summer, little did we know the weeks leading up to it would be so wet. It was a huge relief when the weather forecasters starting telling us that the weather would improve from Thursday onwards, as this was our day! Fortunately they were right and we couldn't have asked for better weather and opted for a nice shady

spot for our picnic out of the heat of the sun! The peace and quiet of Bag Enderby was appreciated by all of us and it made a nice change from the hustle and bustle of the coffee shops.

In September we will be guided by a Ranger from Lincolnshire Wildlife Trust around Moor Farm, near Woodhall Spa. Hopefully we will see some wildlife.

Sue Stevenson and Susan Taylor

Edible Gardening Group

The group's July meeting was held at the Community Allotment in Horncastle with a presentation by Jayne Hickling, who coordinates this new project. Sadly, some members could not attend, but those who did heard about the challenges Jayne faced (the main one being no budget) and her other gardening project the 'Horncastle in Bloom' (HiB) project (again, zero budget).

Jayne's background is in teaching, and she has been keen to involve local schools in both projects. She got pupils designing the coronation flower beds for HiB, and growing tomatoes from seeds harvested from their salad tomatoes (one pupil grew a 6 foot tomato). Jayne was particularly pleased when children converted their families into growing vegetables. Jayne is trying hard to get gardening included in the school curriculum.

Jayne became an expert at persuading organisations and companies to donate goods and money for both projects. She was very successful on the whole, but when designing the allotment, she planned wide pathways and high raised beds for wheelchair users. However, she couldn't get sufficient wood and the beds are currently low; getting the beds raised to 3ft is a future project.

Donations to the Community Allotment include light-weight tools for the disabled and elderly gardeners, a solar powered water pump and 30 pairs of wellington boots, and a shed to keep them in.

We'd like to thank Jayne very much for taking time out of her busy schedule to talk to us and show us round the allotment, and to wish her luck when the results for the Horncastle in Bloom are published in September.

To join our group, or for more information, please contact Robin Wilmshurst: 07729 875937; email wilmshurstr44@gmail.com

Horncastle u3a Groups

You can check Horncastle U3A's website for details of activities, events and groups at: u3asites.org.uk/Horncastle.

Updates should be shared with Mike Harrison.

Members – If you are interested in joining a Group, please contact the person listed below to ensure there are places available and for other details, such as time and location..

Please remember you can only join any group if you are a paid up member of the u3a.

Group	When	Time	Group Leader	Tel no./email address
Art for Leisure & Pleasure	3 rd Wed	2–4 pm	Grace Barrett	07759 384295
Biodiversity	4 th Thurs	10 am	Peter Irons	07939 575611 Peterirons48@yahoo.co.uk
Board Game Group	2 nd – 4 th Mon	2–4pm	Vaughan Mckay	01507 527318 07724078967 vaughan@mada safish.com
Book Worms	1 st Mon	2–4pm	Brenda Mumford	01507 522447
Creative Crafts	2 nd Thurs	2–4pm	Shelagh Carter	01507 523585
Creative Photography	1 st Thurs.	7–9pm	Mike Harrison	01507 522674 michael.harrison9@sky.com
Croquet (Summer)	Every Tues	10–12 noon	Wendy Cotton	01526 352885
Dog Walking	1 st Sat	10am	Mike Harrison	01507 522674 michael.harrison9@sky.com
Edible Gardening	1 st Mon.	2–4pm	Robin Wilmshurst	07729 875937
Exploring Churches	3 rd Tues	10am	Jeff Jones	01507 588421
Financial Forum	2 nd Thurs	10–12 noon	Neil Carter	neil637carter@btinternet.com
Five Milers	4 th Thurs.	morning	Debbie Ridyad	01507 534111
Handbell Ringing	1 st & 3 rd Fri	10–12 noon	Anne Willows	01507 343964 ann.dawsonwillows@gmail.com

Group	When	Time	Group Leader	Tel no./email address
Knitting for Charity	2 nd –4 th Thurs	2pm	Alison Carter	01507 525471 alisoncarter65@yahoo.com
Literary Group	3 rd Mon	2pm	Jean Preston	01507 239761 07930 039712 prestonsjyg21@gmail.com
New Age Curling	2 nd & 4 th Friday	2–4 pm	Mike Harrison	01507 522674 michael.harrison9@sky.com
Pilates	Every Wed	11–11.50	Yvonne McKay	01507 527318 yvonnemckay315@gmail.com
Prose & Poetry 1	1 st Thurs	2–4 pm	Phyll Durow	01507 522356
Strollers	2 nd Thurs	10am	Sue Stevenson Sue Taylor	01507 524211 01507 533478
Sunday Lunch Club	4 th Sun	12.30pm	Margaret Harrison	01507 588298 linkspastures@gmail.com
Supper Club 2	2 nd Wed	6pm for 6.30pm	Carolyn Lyle	01507 523738 Carolyn.lyle@tiscali.co.uk
Table Tennis	Every Tues	2–4pm	Malcolm Baxter	01507 522220 07788618290
Tai Chi Movements for Wellbeing	Mon & Tues 6 wk course	2–3pm	Alison Carter	01507 525471 alisoncarter65@yahoo.com
Topical Discussion	2 nd Wed	2–4pm	Stephen Holdaway	01507 526565 Stephen.holdaway@btinternet.com
Visiting Gardens	3 rd Thurs	Times Vary	New leader required	

Group Leaders – If a new leader or deputy is appointed, or there are other significant changes, please inform Andy Mathieson, our Groups' Coordinator.

New Leaders Required

One group, **Visiting Gardens**, urgently requires a new leader

Please consider becoming a leader if you can as all groups need leaders! Groups do not need to be run by a single person, it is perfectly acceptable if two people would like to share the role.
Andy Mathieson

Exploring Churches Group

St Helens Church, Mareham le Fen

The group was welcomed by the church warden who was able to answer our many questions. The church is a greenstone building dating from the 13th century with further building dated to the 14th and 15th centuries. It is a really lovely church with a magnificent wooden roof.

Above the door to the tower vestry is a superb organ. It was originally in St James Church, Boston. The basis of the organ was built in 1875 and the console was from Silver Street Methodist Church, Lincoln. The parts were combined



and installed in St James in 1948 and then transferred to St Helens in 1969. In the grounds is a medieval stone cross dating the 14th century and is now a scheduled monument. There is also a wild flower meadow which has remained un-mown since 2000.

St Lawrence Church, Revesby

The village of Revesby is worth a visit in itself due to the circular arrangement of the houses around a large village green. The 1733 church was built on the site of an even earlier Norman church by Joseph Banks, great grandfather of the naturalist Sir Joseph Banks and this was then replaced in 1891. Georgian panelling from the 1733 church was rescued and used in the present church. The Banks family memorial is in the north aisle in the form of a marble sarcophagus topped by a bust of Joseph Banks. Unfortunately, some of the roof tiles slipped a few years ago and the village is fundraising for repairs. The Exploring Churches group were treated to hot drinks, homemade cakes and sausage



rolls and were pleased to be able to contribute to the fund.

For more information or to join the group please contact group leader, Jeff Jones: 01507 588421 or email him at etijeffrey99@gmail.com

POETS WANTED

For many years now we have held a festival in High Toynton under the auspices of the Churches Explore Festival. This year the date is 9th and 10th September. After the collapse of the church tower we have used the event as a way of updating and informing where we are on our path to make this historic building into a community space hosting cultural events as well as worship. This year we are holding a "Poetry Contest" on the theme of "Collapse and Renewal". Because we are a laid back and fun loving village, the emphasis will be not so much on the competition aspect but more on sharing ideas and inspiration with a few dollops of optional humour! We would actually love people to turn up and declaim their poem in person to the assembled crowd, if they would feel happy to do so.

Anyone is free to join in. Just email the poem to this address (alisonbell970@gmail.com) and let us know if you would like to come to the Tup Paddock, Church Lane, High Toynton, LN9 6NN on Saturday 9th Sept around 2.15 to read your own. The Poem will then be transferred to the High Toynton Church website and a booklet printed prior to the event. Closing date will be 1st September.

As well as the Poetry there will be a drumming workshop, beautiful live music from Nicky Haxby, a presentation on "High Toynton Renewed" at the Church by Anne Irving, and a singing workshop. This is all on Saturday afternoon alongside High Toynton Homebaking refreshments that will be served between 11.30 and 4pm. On the Sunday there will be live music from soon after midday - a very special ambience.

Alison Bell
alisonbell970@gmail.com

Communication within Horncastle u3a

There are various methods available for all Horncastle u3a Members to air their views and pass on relevant information. You can contact committee members using phone or email or talking to us at the monthly meetings.

The quarterly newsletter is available free of charge at our monthly meetings held on the first Tuesday of every month at Stanhope Hall. Inside the Newsletter, you will find a mixture of useful information including details of all the Groups, contact details of Group Leaders and Committee Members and various articles including what our groups have been doing.

At every meeting we have a notice board, at the side of the hall giving details of all the current groups and other relevant information for members and prospective members.



The Horncastle u3a website is at:

<https://u3asites.org.uk/horncastle/home> includes details of groups, contact details of their leaders, a page on how to join us, details of future trips planned and electronic copies of the current and previous newsletters.

Our Facebook page – Horncastle: u3a has reminders of upcoming meetings and articles about the activities of various groups.

There is a monthly email, usually in the last week of the month, giving details of the next meeting and any information that we want to pass onto our members. If you have an email address but don't receive these, would you firstly check your spam and if it isn't there, contact us at Horncastleu3a@gmail.com and we will amend our records.

We welcome input from all and actively encourage our members to send in articles, ideas and especially photos for us to include in any of the above. We look forward to receiving your contributions.

Contact details for newsletter editor: Marion Prickett email: marion.egp@gmail.com



Questions

1	<i>What is the capital of Ukraine</i>
2	<i>What does QEGS stand for?</i>
3	<i>Who captained the Lionesses in the first match of the 2023 Women's World Cup?</i>
4	<i>How many megabytes in a gigabyte?</i>
5	<i>Where is Times Square?</i>
6	<i>Which disease did Dr. Jonas Salk successfully create a vaccine for in 1952?</i>
7	<i>How much does a 'stitch in time' save?</i>
8	<i>How many pennies are there in an old style English pound?</i>
9	<i>Bill Gates and Paul Allen found which tech company in 1975?</i>
10	<i>The elderly tend to be at a higher risk of deficiency in which vitamin than younger people?</i>
11	<i>What do we call a mythical creature with the lower body of a horse and the upper body of a human?</i>
12	<i>Which of the following songs became a Christmas hit in 1978 for Boney M?</i>
13	<i>We can extract which metal element from bauxite ore?</i>
14	<i>The mustard plant belongs to which of the following veggie family?</i>
15	<i>Which musical instrument is Richard Clayderman known for playing?</i>
16	<i>Which kind of fish is the main ingredient in Worcestershire sauce?</i>
17	<i>The piano work "Moonlight Sonata" is written by which composer?</i>
18	<i>Hypotension is a health issue that causes blood pressure to become ...</i>
19	<i>Which of the following sports was not in the ancient Olympic Games?</i>
20	<i>Who delivered the famous speech "I have a dream" in 1963?</i>

The Board Games Group

I am pleased to report that the Board Games Group continues to grow and prosper. During this year we have welcomed several new members, not just new members to the group but new people who have moved into the Horncastle area. A warm welcome to Les, Angie, Wendy, Alan, Brian and Hazel. The U3A has enabled these people to join in various different activities and to make friends with others.

Along with new members, we have also been introduced to new games such as UNO – a fun numerical game which allows a larger group of people to join in. Other games that are still popular are Rummikub, Upwords, Scrabble, Sequence, Bananagrams, and Backgammon.

The Board Games Group meet at 2.00pm on the 2nd and 4th Monday of each month in the lounge of Ancaster Court.

Anyone interested in joining please contact Vaughan McKay on 01507527318 or at the monthly meeting at Stanhope Hall.

Norwich

The historic streets and enticing shops and cafés gave members plenty to do on our outing to Norwich.



Chris, our Step 1 Travel coach driver, remained cheery despite rain, some of it heavy, for most of the journey there. Happily, within minutes of our arrival in Tombland the rain stopped and



we enjoyed plenty of sparkling sunshine.

Many of the 43 members on the day out went into the Cathedral to explore the ancient building or to enjoy a

snack in its magnificent refectory, or both.

Some had gone to the city to meet friends and others wandered the winding streets full of beautifully maintained old buildings and a wide range of shops. Many visited the shoppers' paradise of Jarrolds, the famous old department store also boasting three restaurants, two wine bars, a seafood bar and a coffee bar.

Several enjoyed the stroll to the Julian Centre, where the famous anchoress, Sister Julian of Norwich, lived for many years in a small cell off St Julian's



Church. She was the first woman to write a book in English. She died aged 83 in 1416.

Pam Browne



Knitting for ECHO and other needy charities

For over a year our knitting venue has been a warm and friendly place 🏠

Welcomed by Alison Carter at her door with her ever smiling face 😊

Alas sad to say the day came when we had to look for a new pad 🏠

And at once us knitting warriors set about the task and again we're feeling glad 😊

As one of our group members has now kindly offered to house us all 🧑🏻🧑🏻🧑🏻🧑🏻🧑🏻🧑🏻

We are now able to carry on this very privileged and happy haul 🙏

We start our group again in September 👍

Thinking how much this will mean to those that receive these gifts, so tender 😊

Now at this moment in time we have lots of needles wool and yarn 🧶

And it would be nice to welcome a few more new faces, hands and arms

Our group at the moment is quite small maybe 4 or five 🙌
So to have a few more folk would hopefully keep the needy work alive 😊

There's no need to worry at the thought of being a pro 😊

As we accept any whose heart is longing to help no matter how slow 😊

A contribution of just 50 pence at a time to help towards supplies 👍

we can also enjoy a cuppa and a biscuit or 2 to brighten our eyes 🧑🏻🧑🏻🍵🍪

So come and join us at our new happy meeting venue 🏠

Where I know like us, you would never want to discontinue

Marilyn Makins

Quiz Answers



1	Kiev
2	Queen Elizabeth's Grammar School
3	Millie Bright
4	1000
5	New York City
6	Polio
7	9
8	240
9	Microsoft
10	Vitamin D
11	Centaur
12	Mary's Boy Child
13	Aluminium
14	Cabbage
15	Piano
16	Anchovy
17	Beethoven
18	Low
19	Swimming
20	Martin Luther King

The Table Tennis Group

This group has seen a bit of a drop in membership lately but is still very much a going concern. However, it would benefit from a few more members

Could this be you? Why not give it a go the first sessions are free and it is held at St Peter's Hall, Woodhall Spa, every Tuesday between 2-4 pm. Refreshments are included so there is time to get to know the other players.



The Creative Photography Group

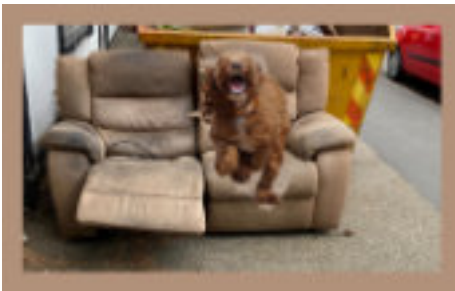
Another selection of photographs from the excellent Creative Photography Group. Would you like to join? Talk to Mike Harrison at our monthly meeting at Stanhope Hall or contact him by phone or email. Details in the Groups pages.

The latest topic/challenge for the creative photography group was 'Street Furniture'. This produced some interesting interpretations, as you can from the photographs on this page and the next





*Let your
imagination fly -
The Creative
Photography Group
certainly has. So
clever!*



Monthly talks for 2024

In the next edition of Horncastle U3A's unique newsletter- yes, other U3A s just get an online version or a plain old sheet of announcements - not a snazzy publication like ours - I'll be publishing the complete list of speakers for 2024.

Starting with January 2nd - **The History of Magic** - followed by **Amazing Mazes** - and then **Life as a Driving Instructor, Estate Planning** - no, not more houses but your personal finances, **What you didn't know about a Mayor's background, working under fire in Baghdad** - **Why/how do birds migrate**, - a tribute to the **Royal British Legion** before Remembrance Day in November and much more. Finishing on December 3rd 2024 with a **Christmas HUG** - yes, the wonderful Horncastle Ukulele Group.

And, after all that, there is a whole clear year ahead. I'm stepping down. If you'd like to have a go - please, (please 🙏) step up ...2025 awaits you. Start planning now! Lots of time to learn the ropes.

Jean Preston 07930 039712, prestonsjy21@gmail.com



From the Back Page

This issue of our u3a newsletter is special due to the number of new contributors. I cannot emphasise enough how important it is for the interest of all our readers that we have contributions from as many different people as possible. This not only spreads the burden of writing but it means we share the greatest variety of articles and points of view as possible.



©Clipart Library

This month we have the last in a three part series of articles which loosely demonstrates the effectiveness of promotion through the newsletter, the Facebook u3a page and announcements at monthly meetings, with the Norwich visit article. There is also a poem about the knitters group, photographs from the Creative Photography group, articles on monthly talks, our regular Focus on .. Article written by Yvonne Mathieson and the quiz, thereby combining continuity from some contributors and individual efforts by others. I am sure you all understand so please feel free to submit something – the closer your submission is to my deadline – the more likely it might need to be put in the following issue – however, if it is time sensitive I will do what I can.

If you would like to suggest a charity, big or small, with a local interest or association and one likely to appeal to our membership then I would be very pleased to hear from you. They would

Newsletter Charity Promotion



We're qualified and skilled medical volunteers, living and working in your community. When you

make an urgent call for help, we'll be there. Because saving lives is our way of life.

Please scan the QR code with your phone camera to be taken to their website.



get a similar promotion to the one shown on the left for 'Lives' who were our speakers a few months ago. There are only four issues a year and so I do not need many suggestions, some of them may be inspired by speakers and others by you. I create the QR codes..

Marion Prickett:
Editor