

**OUT & ABOUT GROUP**  
**BRIGHTON BRITISH AIRWAYS i360 Vertical Viewing Pod**

On Tuesday, 6th September sixteen members of the Out & About Group enjoyed a full day's outing to the south coast.

After a rather misty start to the day, the skies cleared and the sun came out.

The group gathered after coffee at 11.30 am for our 'flight' at noon. The pod holds over 200 people and there is a large bar serving champagne....unfortunately not included in our ticket.

The views out to sea, along the promenade and over the city are amazing. The pod travels slowly to near the top of the pole. It is a very smooth ride and a comfortable temperature inside. But all too soon our 'flight' was over. We exited at sea level (via the gift shop!) and decided on a short walk before lunch.

The Regency Fish Restaurant proved to be very good venue for the lunch with nearly everyone selecting fish and chips ...from the very full choice on the menu.

The wonderful weather encouraged a stroll along the prom...and we meet up again at The Pump Room to taste one of the 23 varieties of ice cream or sorbet available.

Our trip to the seaside had enjoyed wonderful sunshine and five members were so reluctant to go home they decided to 'power walk' to Hove and beyond...

Beverley Parrett