

Holme Valley



News for Holme Valley U3A members. Monthly update January 2016

A happy New Year to all for 2016.

This is a very quick update, mainly to remind you that our monthly meetings start again on Friday, with what promises to be an enlightening talk. As we mentioned in our December news, we have moved the entrance to the one at the side of the building, the main church entrance. This is make sure there is more room for you to sign in and speak to our committee members, without queueing out into the cold.

I have also added the update of our groups again, which includes information about when each will be starting back. Please note textile crafts will start back on the 13th, not this week as previously indicated.

Friday 8th January

History of Electricity in Medicine (including Quaks, Frauds, & other Medical Charletans) By Andrew Alden

Friday 12th February

Laughter is the Best Medicine by Alan Swann (Yorkshire Regional Chairman U3A)

Friday 11th March

The Social & Political Satire of Gilbert & Sullivan by Bernard Sullivan

Friday 8th April

Our Annual General Meeting with special entertainment.

Keeping in touch

We keep trying to improve the way you can keep in touch.

07548992144

Is the best number to call about membership and general enquiries. It will usually be answered by Jenny.

If you have already joined groups ask the group leader for their contact details. That way you can check direct if you are not sure about a time or date to meet.

Shirley keeps details of all groups and group leaders. She can be contacted on **523717** or **07739460861**

If you don't get a reply on any of those numbers then try

07519349281

You can email us straight from the website, so keep a link in your bookmarks and you won't need to remember our email address!

Current Groups, with 2016 starting dates

Ambling	First Friday each month	Art	Monday a.m. fortnightly 2016 start Jan 4th
Art	Tuesday a.m. fortnightly 2016 start Jan 12th	Birdwatching	contact Shirley
Boules	Wednesday p.m. 1.30. weather permitting	Bowling	Monday p.m. closed for winter
Creative Writing	Thursday 1-3 p.m. 2016 start 7 th Jan	De-stressing your life	Monday 1.15-3.45 p.m. Fortnightly 2016 start Jan 11th
Digital Photography beginners B		Digital photography(beginners)	
Digital Photography Group	Thursday 1.30-3.30 p.m. Monthly, 4th 2016 start Jan 28th	Discussion group	Monday a.m. Alternate Mondays 2016 start 11 th Jan
Drama	Wednesday PM 2016 from 13 th Jan	Early Bird Dining	Meals once a month
Family History	Limited space	Film and Theatre club	
Folk Dancing	Thursday 1st & 3rd Thurs 2016 start 7 th Jan	French	Thursday 2-4 p.m. 2nd Thurs 2016 start Jan 14th
Games group	Tuesday p.m. monthly 2016 start 5 th Jan	Gardening	Monday Contact 07519349281
Gentle movement	Tuesday p.m. 2016 Start 5 th Jan	H Valley Sustainability	New course from January 8th
Indoor sports (Table Tennis and curling)	Thursday p.m. weekly 2016 from 7 th Jan	Jewellery	Monday Fortnightly Starting again Feb 22nd
Latin	Thursday 2.30-4.p.m. 1st & 3rd 2016 start Jan 7th	Maths is Fun	Tuesday 11-12 a.m. Weekly 2016 start Jan 5th
Music Appreciation	Tuesday p.m. Monthly Jan 26th	Reading Group 1	Wednesday p.m. 1st Wed each month 2016 start Jan 6th
Reading Group 2	Tues 1.45-3.15 p.m. 2nd Tuesday 2016 start Jan 12th	Singing	Thursday a.m. Weekly 11.00
Spanish	Wednesday a.m. 1st Wed each month	Tai Chi	Wednesday 2-3p.m. Weekly 2016 start 6 th Jan
Textile Crafts	Wednesday 2-4 p.m. 2nd & 4th Wed 2016 start Jan 13th	Theatre trips	Various times and open to all
Ukulele	Friday a.m. fortnightly Fri 10.30	Walking (easy)	Thursday 2nd and 4th Thurs 2016 start 14 th Jan
Walking (moderate)	Thursday a.m. 1st and 3rd Thurs 2016 start 7 th Jan	Walking (moderate2)	Tuesday a.m. 2nd and 4th Tues 2016 start 12 th Jan