

Diary Dates: October 2023

Mon 02 Oct	Country Dancing
Tues 03 Oct	Croquet
Wed 04 Oct	Walking / Bookworms
Thurs 05 Oct	Creative Crafts
Mon 09 Oct	Crib / Country Dancing
Tues 10 Oct	Croquet
Fri 13 Oct	Members Meeting
Mon 16 Oct	Blurr
Tues 17 Oct	Croquet
Weds 18 Oct	Dining Club
Thur 19 Oct	Wildlife / British History
Mon 23 Oct	Gourmet Diggers
Tues 24 Oct	Croquet
Tues 31 Oct	Croquet
Wed 01 Nov	Walking / Bookworms
Thurs 02 Nov	Creative Crafts
Mon 06 Nov	Country Dancing
Tues 07 Nov	Croquet
Fri 10 Nov	Members Meeting
Mon 13 Nov	Country Dancing / Crib
For sailing dates please see Sailing report	

News from our Interest Groups

Group Contact Co-ordinator

Helen Foster:

Bookworms – Reading Group: 1st Wednesday (2:00 – 4:00 pm) Hickling Barn

Kathy Cooper:

Bookworms meet up at Hickling Barn on the first Wednesday of the month 2-4pm. Members choose their own book from the library list and the member who chooses the book to be discussed that month will lead the meeting.

After taking our Summer break in August the group met up on 6 September to discuss The 'Illusion of Separateness' by Simon Von Booy. This book was chosen by Jeanne and here is Jeanne's review:

"A great and full discussion was held about our "summer reading" book entitled "The Illusion of Separateness" written by Simon Van Booy. It was an emotional story spanning several decades that intertwines, one by one, the lives of five compelling characters through seemingly random acts of selflessness. The author leaves the reader to discover how they played a part in each other's lives', some acts were more obvious and others more subtle. Most of us liked this book but it took a second reading by a few of us to get the most from the book as it was intentionally written in a somewhat disjointed fashion. We voted the book 8/10."

In October we will be discussing 'The Fine Art of Invisible Detection' by Robert Goddard which was my choice and I'll be giving our 'The Museum of Broken Promises' by Elizabeth Buchan.

If you think you would like to join our lively, friendly group, or come along for a taster session, please drop me an email at kathy_villacoronada@hotmail.com. You will be made very welcome."

HBu3a Committee Monthly Update

At our meeting on Friday 8th September HBU3A fellow member Mike Flett came to share an informative and detailed presentation about the How Hill Trust - its history and its work in the modern day. We learnt fascinating facts and enjoyed the associated visual presentation. After Mike's talk we socialised and shared, as usual, our lovely home made tea and cake. Many thanks to Mike for taking the time and care to bring us such an enjoyable afternoon, and to our sterling cake bakers for providing such delicious treats!

Our next monthly meeting is at Hickling Barn 2:00 pm on Friday October 13 when Gareth Davies will return to present "Pablo Fanque's Fair and The Victorian Circus". Pablo Fanque is the first recognised Black circus proprietor in Britain and was born in Norwich. Fanque presents an interesting phenomenon by contributing to popular culture over three centuries - his own, with regard to the development of circus entertainment in the 19th century; the late 20th century, as the subject of lyrics by John Lennon; the 21st, as an icon of multicultural Britain. This talk uses his career to explore the growth of circus as an entertainment form and its contribution to popular culture. It covers the origins of circus and the 'industrialisation' of this form of performance; the circus apprentice system; moral attitudes towards women and children performance in the circus; the role of prejudice, race and entrepreneurship within Victorian society. This promises to be an informative and thought provoking presentation, after which we will enjoy, as usual, teas and home made cakes provided by our ever generous members. We look forward to seeing you there.

BLURR – The Photography Group: 3rd Monday (2:00-4:00pm) at Hickling Barn

Contact: *to be advised in next months newsletter*

Dick Roberts, who has run Blurr for the past year, has decided to stand down as leader. A group of members are planning a “relaunch”; hoping to encourage new and former members to participate.

The Hickling u3a photography group looks forward to welcoming new and existing members to the next meeting on **Monday 16 October at 2:00 pm in Hickling Barn**. Our members reflect a wide range of photographic skills from beginners all the way to competent amateur photographers who are always pleased to provide support, guidance and technical direction in a friendly, all-inclusive and relaxed setting. Members use a wide range of cameras from smartphones to mirrorless. We hold regular monthly meetings and are planning a variety of photoshoots throughout the year where members head out on location to practice their skills and learn from each other. Whatever your camera, level of experience or interest we aim to help you have fun with your camera and ultimately take better photographs. We look forward to seeing you on Monday 16 October at 2:00 pm.



British History

Steve Whitby:

Country Dancing: 1st and 2nd Mondays (2:00 – 4:00 pm) in Hickling Barn

Dinah Slatter

Please contact Dinah if you are interested in joining.

Creative Crafts: 1st Thursday (2:00 – 4:00 pm)

Rose Pigula:

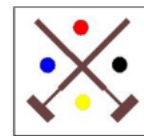
Christmas is just around the corner for crafters and some of us are starting on our projects. Do you enjoy crafting? Any sort at all? We are a small, friendly group who enjoy a variety of different crafting hobbies and we would be very pleased for you to join us. Just contact Rose if you are interested.



Crib: 2nd Monday, Hickling Barn

Roy Smith:

The next meetings are on the second Monday of the month, 11.30 am to 1.30 pm at the Barn all welcome.
Contact Roy roysidsmith@yahoo.co.uk for further details



Croquet: Tuesdays at 10:00 am

Michael Steward:

Our Group is currently running at full capacity so a new third 24yd x 15yd Court has been created to make play easier. But if any Member is interested in giving Croquet a try, do come along to the rear of the Barn at 9.30am on any Tuesday morning (last game 31st October) for an introduction.

To commemorate the U3A's 41st Birthday Week we had our normal outdoor coffee break in the Barn with a wonderful celebration cake. Five Group Members were unable to attend but will still receive a U3A trolley token that was given out to all Group Members.

Croquet is played weekly (weather permitting) until the end of October. Then we meet in the Barn from November to the end of March 2024 for social mornings playing board and card games. Free tea, coffee and biscuits (sometimes even cake) for all Members who want to keep their minds sharp and have some fun.

You do not have to play Croquet to come to our social mornings, just turn up and give it a try.

If you would like more information before attending you can always find Michael at a meeting or by contacting him via msteward1214@outlook.com **OR** by phone on 01493 509538.



Dining Club: 3rd Wednesday (various locations)

Diana Fossett:

This month 16 of us met at The Lodge@Salhouse, a recently refurbished and reopened restaurant with bar and rooms under new management. I think all would agree that the food was plentiful and excellent and served in a warm and welcoming environment. Enjoyment was such that there has been a request to host our Christmas meal there.

Our next Dining Club venue will be The Stag, Salhouse on October 18th 12.15 for 12.30 p.m. organised by Kate.

If you would like to join the Dining Club, please contact me - dianafossett1@gmail.com

Discovering the Broads

Chris Foster:

Gourmet Diggers: 4th Monday (2:00-4:00 pm) at Hickling Barn

*Jane Brooker: and
Kate Fletcher:*

This month was the letter G and while thinking what to make the word Gluten came into my head. So we started with Granola bars, these were made with oats, nuts, seeds and dried cranberries. All seemed to like them. I then gave our members gluten free lemon cake. This was made with ground almonds, polenta and two whole lemons, then topped with lemon juice and sugar. I had never made anything gluten free before so was quite pleased with the outcome.

It's officially Autumn now, especially in the gardening calendar. We all felt exhausted just talking about the endless jobs to be done in the garden at this time of year. Planting bulbs, cutting down perennials, tidying up our plots and lots more. All of us talked about what we had done in our gardens this last month. Some of us had achieved quite a lot from digging new borders to completely planting up a new garden.

We look forward to next month's group meeting as our pumpkin competition comes to an end. Watch this space for the winner



Sailing: Every Tuesday and Friday, Newbies on alternate Thursdays

John Stacey:

The future is looking good for the group as more members are coming in but there is always room for more, if you are interested please contact us on 07771914672 or hbu3a.sailing@gmail.com

Voices of Hickling

Steve Whitby:

Walking: 1st Wednesday (usually 10:00 am) Various locations

Roy Smith:

It was the week of the heat wave but fortunately our walk took place in the morning so the sun was bearable and didn't stop fourteen of us meeting up at the Granary Stores, Ranworth. Our route took us to the boardwalk and then to St Helen's Church where some of the fitter members of the group climbed the 89 steps to the top of the tower. The walk continued via country roads which should have been quiet but for a road diversion which created more traffic than usual. It was good to get to the footpaths which led us back to the Granary Stores where we had an enjoyable lunch.



Wildlife Group: 3rd Thursday (10:00 am)

Various locations

Chris Foster:

What's on at your next monthly meetings

October 13 2023	Gareth Davies – Pablo Fanques Fair and the Victorian Circus
November 10 2023	Maggie Prettyman – A short history of Hickling village
December 08 2023	Bunty Gotts – Bring a plate of food to share
January 12 2024	Sarah Doig - The A to Z of Curious Norfolk
February 09 2024	Peter Lawrence - Norwich: England's Medieval Second City

All items for the newsletter should be sent to: hbu3anews@gmail.com