

## July 2022

### Diary Dates

Mon 04 July	Country Dancing
Tue 05 July	Croquet
Tue 05 July	Sailing
Wed 06 July	Walking
Wed 06 July	Bookworms
Thur 07 July	Creative Crafts
Thur 07 July	Blurr
Fri 08 July	Sailing
Fri 08 July	<b>AGM – Members Meeting</b>
Mon 11 July	Country Dancing
Tue 12 July	Croquet
Tue 12 July	Sailing
Wed 13 July	10 Pin Bowling
Fri 15 July	Sailing
Mon 18 July	Blurr
Tue 19 July	Croquet
Tue 19 July	Sailing
Wed 20 July	Dining Club
Thur 21 July	British History
Thur 21 July	Wildlife
Fri 22 July	Sailing
Mon 25 July	Gourmet Diggers
Tue 26 July	Croquet
Tue 26 July	Sailing
Wed 27 July	10 Pin Bowling
Fri 29 July	Sailing
Mon 01 Aug	Country Dancing
Tue 02 Aug	Croquet
Tue 02 Aug	Sailing

### HBu3a Committee Monthly Update

On Friday 10th June, 2pm at Hickling Barn, Gareth Davies presented “The Fall of Yarmouth Suspension Bridge”. On 2 May 1845 the suspension bridge at Great Yarmouth collapsed killing 78 people, mostly women and children, following a stunt conducted on the river by a visiting circus clown. It was the worst single calamity to befall the town in its history. The talk explored such fundamental issues as: what happened, why did it happen, and could it have been prevented, as well as the legacy of the disaster up to the present day. It was an enjoyable, fact filled and interesting afternoon.

Thank you, as ever, to all our brilliant cake bakers for providing such a smashing selection of home made cakes for our meeting - it really makes the difference and everyone enjoys them so much. Thank you also to those who pitched in to help with set up and tidy away with the committee being a bit short handed.

On the 8th July at 2pm at the Barn we have our AGM and a presentation by the Voices of Hickling. Our own U3A Interest group “The Voices of Hickling” will be giving us a final roundup of their work as this project comes to a close. This remarkable piece of work will provide a rich source of information for generations to come. We will take time to reflect on the work of the group and the generosity of our “Voices” - the local people who have been kind and generous enough to share their personal and private histories with us.

### AGM Friday 8 July

You will receive the previous AGM minutes with this newsletter.

Interested in joining your u3a committee?

A nomination form was included with the June newsletter. Copies will be available at the AGM.

You will also find a yearly report from each of your Interest Groups. Enjoy!

## News from our Interest Groups

### Group Contact Co-ordinator

*Vacancy*

### Bookworms – Reading Group: 1<sup>st</sup> Wednesday (2:00 – 4:00 pm) various locations

*Kathy Cooper:*

Our group met up at Hickling Barn for our monthly get together. The book we discussed was 'The Return of Norah Wells' by Virginia Macgregor which was chosen by Debbie and this is her review:

This month's book focussed on the return of a mother, Norah Wells, who walked out on her family six years previously. It is a concept which raises many questions. Can something like that ever work out well? What makes a mother leave? Why has she come back? Six-year-old Willa was just a baby when her mother left and her elder sister, Ella, has dreamt of her mother's return after being told several untruths. The trouble is that the father, Adam, has moved on. Norah had left Willa in the care of her friend, Fay, for a little while. The little while stretched to six years and now Fay is 'mummy'.

The book wasn't hugely well received by the group. One kept reading, in part, because one hoped for some improvement and to find out how the problem was resolved. Too many side issues caused irritating distractions to the main plot which left it a rather shallow study of a serious topic. Basically a mute topic because nobody wants to entertain the thought that this situation can and does happen. Norah had her reasons for leaving and returning, and when looked at individually seemed plausible. The group collectively gave this book 7/10.

Next month we will be discussing 'Almonds and Raisins' by Maisie Mosco which was chosen by Sharon. As we now have some space and if you are interested in joining our group please get in touch via the website Contact page or give me a call 01692 598611.

### British History

*Steve Whitby:*

At our June meeting Maureen told us about the occupation of Jersey and the other Channel Islands. Whilst we all knew something of what went on Maureen highlighted the difference between islands with only 6,000 being evacuated from Jersey whilst only 19 people remained on Alderney. She also explained how locals' views of the Germans worsened following their treatment, including the banning of organisations with uniforms (even the Salvation Army and St Johns) and the use of 16000 forced labourers to build fortifications.

This month, on 21st July at 2 p.m. Kaye will lead us with the topic being "The North Enders of Kings Lynn", highlighting the fishing community in this tightly knit but poor area which has recently attracted much attention in the press and a documentary film.

Lastly, an early reminder that our August meeting on 18th will be a visit to the Bridewell Museum in Norwich. This event will be open to both members and non members of the British History Group. We have arranged a group discounted price of £6.05 per person but we will have to book in advance. If you would like to join us or would like to know more please contact Steve Whitby.

### Country Dancing: 1<sup>st</sup> and 2<sup>nd</sup> Mondays (2:00 – 4:00 pm) in Hickling Barn

*Dinah Slatter:*

### Creative Crafts:

#### 1<sup>st</sup> Thursday (2:00 – 4:00 pm) at Hickling Barn

*Rose Pigula:*

If you would like to join us on the first Thursday of each month and bring along whatever you are working on, then just contact Rose on the email above or call 07503185419.

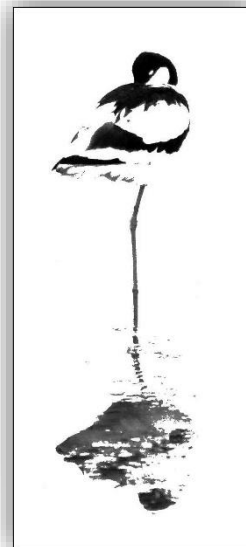
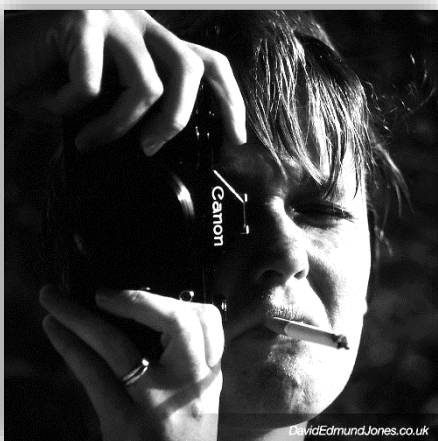
## **BLURR – The Camera Group: 3<sup>rd</sup> Monday (2:00-4:00pm) at Hickling Barn**

### ***Vacancy***

The theme for this month was **monochrome**. A short presentation was given before the members' images were displayed, showing some world-winning monochromatic images with the purpose of demonstrating the features that make a first-class image.

45 images from 15 members were submitted; the standard was particularly high across the board. It was notable that many of the images that had been enhanced by a post-processing application were stronger as a result. This is not an element of 'cheating', since converting an image to tones of black and white is to immediately falsify what was seen. A suggestion was made that some images were not naturally monochromatic since the POI was the colour detail and this was lost in the conversion. Overall, Sue regarded this as an excellent last thematic presentation as her tenure as Group Leader closed.

For this newsletter Sue has chosen 6 of the best: David's 'Capturing the Shooter'; Dick's 'Avocet'; Jennie's 'Sails'; Joan's 'Ivory and Ebony dancers'; Pat's 'Blossom' and Peter's 'South Walsham Broad'.



### **Cycling: 4<sup>th</sup> Wednesday various locations**

***Roy Smith:***

### **Walking: 1<sup>st</sup> Wednesday (10:00 am) Various locations**

***Roy Smith:***

### **Voices of Hickling**

***Steve Whitby:***

The main focus of attention this month has been to prepare our presentation for the HBU3A monthly meeting on July 8th. Several group members also attended a meeting to discuss archiving at the Norfolk Records Office.

### **Ten Pin Bowling: 2nd and 4th Wednesday (10:00 am) at North Walsham**

***Keith Mursell:***



## Croquet: Tuesdays at 10:00 am

**Michael Steward:**



2022 being such a landmark year for our Queen we decided to cut short a Croquet session and have a celebration lunch in the Barn. We also celebrated Croquet player Paul Badger, Captain of Broadland Chess Club, for winning the Williamson Cup. The Cup is a knock-out tournament for teams in Norfolk and in the last thirteen years Paul's team has won it six times. Congratulations Paul! Paul is also taking part in playing an equally tactical game called Golf Croquet, an outdoor activity where members are able to enjoy gentle exercise in fresh air whilst playing a competitive but fun game.

So, if have been thinking you might like to give Croquet a go just come along at 10am on a Tuesday or contact Michael on 01493 509538 **OR** [msteward1214@outlook.com](mailto:msteward1214@outlook.com) for more information.



## Dining Club: 3<sup>rd</sup> Wednesday (various locations)

**Diana Fossett:**

In June, The Dining Club met at the Bluebell Inn, North Walsham. There were 16 of us, including 5 new members. The pub has been owned by the same family over the past thirty or so years and there were interesting photos and memorabilia showing its history. Recommended by regular attendees, it proved to be a good choice and members enjoyed their lunch and meeting up for a chat.

The next meeting is booked for the Sole and Heel, Rackheath 12.15 for 12.30 p.m. If you are able to come or require further details, please contact me via the website contact page.

## Discovering the Broads

**Chris Foster:**

This month's trip was on the Wherry Albion which is based near Ludham and operated by the Wherry Trust. Albion is a 124yr old traditional Norfolk Wherry and a very special lady. Known as a "black sailed trader", she is one of only two remaining commercial Wherries built specifically for the Broads. At their peak there were over 300 of these craft, but now Albion is the only one available for hire.

The professional skipper and volunteer crew were extremely friendly and informative and it meant you could either sit back and enjoy the Broads – the wildlife, the boats (Thurne Regatta was on at the time) the people living alongside the Broads and the wonderful skyline – or you could get involved in sailing a heavy, not very manoeuvrable barge that glided most elegantly but took a lot of stopping and or turning. Luckily all the other water users respected our limitations and appreciated we needed half the river at times and a considerable stopping distance. It was a glorious afternoon and when the sea breeze came in quite a breezy one making ideal conditions. Tea and cake and good company made for a wonderful afternoon and a great start to the Platinum Jubilee Celebrations.

Next month we are at Hunters Yard again close to Ludham and we will, wind allowing, be exploring South Walsham Broad.

**Gourmet Diggers: 4<sup>th</sup> Monday (2:00-4:00 pm) at Hickling Barn**

**Jane Brooker: and  
Kate Fletcher:**

This month the cooking was supplied by Nikki Fitzgerald. She gave us a Jewish theme starting with Chicken Liver Pate. Or as she told us, known as Chopped Liver. All very nice though. This she followed with a New York Cheesecake. This was lemon flavoured on a biscuit crumb base. I love a good cheesecake and this did not disappoint. Could have eaten more. If you'd like the recipe it is available on the Web, you'll find it under the Good Food site.

Gardening through the ages was our first topic at this months meeting. In 1964 the Flymo was launched and was regarded as an outlandish novelty (we all agreed on that). In 1982 Geoff Hamilton presented Gardeners World on BBC 1, he was labelled "the most badly dressed presenter on TV", and Ground Force was responsible for the obsession for decking sending B&Q's sales through the roof.

How to look after your houseplants through the summer and if you go on holiday was our next topic. Finally finishing with the endless jobs to be done in the garden in the month of July.



*Nikki's delicious New York Cheesecake*



## **Sailing: Every Tuesday and Friday, Newbies on alternate Thursdays**

**John Stacey:**

The sailing group has now been up and running since the 22nd April this year, with members sailing almost every Tuesday and Friday. This year we have 11 members sailing on a regular basis and we have 5 other sailors who are currently unable to sail but hopefully they will be back with us shortly.

In addition we have 5 members who have joined us to learn how to sail. Their sailing course runs throughout the summer on every other Thursday. If all five wish to continue to sail after their course and join the main group we could potentially have 21 members sailing every week.

Even now we would welcome new members, especially if you have some sailing experience and wish to take it up again. The Nancy Oldfield Trust who we sail with can cater for all standards and can provide sailing appropriate for age, fitness and disability. None of these are a problem for the Trust. If you are interested please contact us by email on [HBU3Asailing@gmail.com](mailto:HBU3Asailing@gmail.com).

The Nancy Oldfield Trust offers us a safe and highly professional environment to pursue our sailing interests with endless patience, advice and encouragement. It is a lot of fun and Barton Broad is a beautiful place on which to sail. Just remember to dodge the motor cruisers.

This is our first contribution to the newsletter since becoming the sailing coordinators and we are doing our best to follow the high standard set by the previous coordinator Celia Cooper who we are very grateful to for setting up the sailing group. Unfortunately Celia is one of the sailors currently unable to sail but we hope to see her back shortly.

## **Wildlife Group: 3<sup>rd</sup> Thursday (10:00 am) Various locations**

**Chris Foster:**

For the month of June the Wildlife group met up at Upton Marshes. There was good turnout despite difficulties finding the obscure car park. This obscurity meant we had the place to ourselves for most of the morning and we were able to explore at our own pace. It is a lovely reserve which even in a dry June could be wet under foot. The sun shone and temperatures soared encouraging dragonflies and damselflies onto the wing. There were also butterflies about though the Swallowtail remained elusive. We watched a Kestrel close by and Marsh Harriers further off.

In July we are off to Foxley Wood but this reserve does not open on Thursdays, so we have put back the date to Friday the 22<sup>nd</sup> of July.



## Members Corner

*This is a space for all of our members to use. If you have anything to tell us, maybe something you've done, or an event that's coming up that you think other members would enjoy, or perhaps you have something to sell or donate that someone else might need. Email Rose at [hbu3anews@gmail.com](mailto:hbu3anews@gmail.com) with a brief description and maybe a photo. Space permitting, we will include it in a subsequent newsletter.*

### IMPORTANT NEWS ABOUT SUBSCRIPTIONS

The next renewal date for all members to pay their subscriptions is September 1st and we will start collecting subscriptions at our August meeting. Further details will follow in due course.

### AGM – FRIDAY 8 JULY

Along with this newsletter you will receive the minutes from the last AGM and also a yearly report from each of our interest groups. We look forward to seeing everyone.

### OPEN GARDEN IN HICKLING IN SUPPORT OF DEMENTIA CHARITIES



**SUNDAY 17 JULY 11:00 am – 3:00 pm**  
**at 2 MILL CLOSE, HICKLING**

Many of you will remember u3a members Dave and Lauraine Hadden, and that Dave passed away 3 years ago with dementia. Also, many of you may have experience of losing someone close to you to this awful condition. Lauraine works tirelessly to help the charities that support dementia sufferers and their families. Charities have struggled during the past couple of years, continue to do so, and need our support.

So, on **Sunday 17 July** Lauraine is opening her garden, from **11:00 am until 3:00 pm**, to the public to raise funds for **Cameo Café from the North Walsham Dementia Group** and also **Southrepps Younger People with Dementia Group**.

**Please come along and enjoy seeing her garden, sitting and enjoying drinks and cake, with friends, and maybe getting some inspiration for your own garden. There will be a small entrance fee of £1.**

We hope many of you will come along and support this worthwhile cause. Everyone welcome. Just cross your fingers for some lovely weather to make this event a big success.

### What's on at your next monthly meetings .....

Friday 08 July 2022	AGM and Voices of Hickling
Friday 12 August 2022	Summer Social
Friday 09 September 2022	Dr Sue Gattuso The discovery of the tomb of Tutankhamun
Friday 14 October 2022	Peter Laurence - Reading The Timbers – A Study of East Anglian Timber Framed Houses

All items for the newsletter should be sent to: [hbu3anews@gmail.com](mailto:hbu3anews@gmail.com)