

August 2022

Diary Dates

Mon 01 Aug	Country Dancing
Tue 02 Aug	Croquet
Tue 02 Aug	Sailing
Wed 03 Aug	Walking
Thu 04 Aug	Creative Crafts
Thu 04 Aug	Blurr
Thu 04 Aug	Discovering the Broads
Fri 05 Aug	Sailing
Mon 08 Aug	Country Dancing
Tue 09 Aug	Croquet
Tue 09 Aug	Sailing
Fri 12 Aug	Members Summer Social
Fri 12 Aug	Sailing
Mon 15 Aug	Blurr
Tue 16 Aug	Croquet
Tue 16 Aug	Sailing
Wed 17 Aug	Dining Club
Thu 18 Aug	British History
Thu 18 Aug	Wildlife
Fri 19 Aug	Sailing
Mon 22 Aug	Gourmet Diggers BBQ
Tue 23 Aug	Croquet
Tue 23 Aug	Sailing
Fri 26 Aug	Sailing
Tue 30 Aug	Sailing
Mon 05 Sept	Country Dancing
Tues 06 Sept	Sailing
Tues 06 Sept	Croquet

HBu3a Committee Monthly Update

On the 8th July we had our AGM and a presentation by "The Voices of Hickling", our own U3A Interest group. "The Voices of Hickling" gave us a final roundup of their work as this project is coming to a close. This remarkable piece of work will provide a rich source of information for generations to come. We took time to reflect on the work of the group and the generosity of our "Voices" - local people who have been kind and generous enough to share their personal and private histories with us. This project has a fascinating website www.voicesofhickling.com and much of the information gathered now forms part of the Norfolk Archive. Hearty congratulations and thanks are due to all involved.

Thank you, as ever, to all our brilliant cake bakers for providing such a smashing selection of home made cakes for our meeting - it really makes the difference and everyone enjoys them so much.

August 12th, 2pm at Hickling Barn sees our annual summer social where everyone is invited to come along, bring a plate of snacks to share and to reflect on our year of study and fun. We will be having displays by our interest groups so if you want to find out more about us, why not come along?

We are an educational and social membership organisation for people who are retired or semi retired. We welcome visitors at our meetings for a £2 entry fee.

News from our Interest Groups

Group Contact Co-ordinator

Vacancy

Temporary contact is Kate Fletcher. If you are interested in this role please contact Kate for further details via the contact page on the website.

Creative Crafts:

1st Thursday (2:00 – 4:00 pm) at Hickling Barn

Rose Pigula:

During these lovely summer months our little group of crafters has been meeting outside in the garden to work on our projects. We have a wide range of interests and skills. Look out for our work on display at the Summer Social on Friday 12 August. If you would like to join us there will be a form for you to sign up or just catch up with Rose and talk to her at the meeting.

Bookworms – Reading Group: 1st Wednesday (2:00 – 4:00 pm) various locations

Kathy Cooper:

The group met up at Hickling Barn on 6 July to discuss Almonds and Raisins by Maisie Mosco which was Sharon's choice.

One of a trilogy, the story begins in the early 1905 in and around Strangeways, Manchester where there is a growing Jewish community. The main characters are Jewish immigrants fleeing from Russia and who are trying to make their way as best they can with the skills they brought with them. As time goes by their families grow and eventually marry ensuring the continuation of their faith.

The use of many Hebrew words and phrases sometimes made the book difficult to follow but as well as some harrowing times, there was also a good deal of humour, too.

Generally, the group enjoyed Almonds and Raisins and collectively scored it 7/10.

We are taking a Summer break in August but will resume on 7 September to discuss 'The Carer' by Deborah Moggach. We have two spaces in the group now so if you would like to join us please contact me via the contact page on the website.

British History

Steve Whitby:

This month we had a fascinating talk, led by Kaye, on the North Enders of Kings Lynn. The north enders were a very tight knit fishing community which lived close together and created a tight knit and quite insular group. Their history is commemorated by True's Yard Museum which is housed in old fishermen's cottages. This led to general discussion on the passing of such communities as people become more mobile, acquire second homes or move away from their roots. Comparisons were drawn with our own "Voices of Hickling" following their presentation at our last monthly meeting.

Next month the group move out of the Barn as we visit the Bridewell Museum in Norwich on Thursday 18th August at 2 p.m. Spaces are available if you wish to join us and we have been offered a reduced admission rate of £6.05. The Bridewell charts the city's industrial history, with galleries, tours & hands-on activities. Non members are welcome to join us but pre booking is essential via the contact details above.

Country Dancing: 1st and 2nd Mondays (2:00 – 4:00 pm) in Hickling Barn

Dinah Slatter:

Cycling: 4th Wednesday various locations

Roy Smith:

Ten Pin Bowling: 2nd and 4th Wednesday (10:00 am) at North Walsham

Keith Mursell:

Because of school holidays the next session will be on 14th September.

Voices of Hickling

Steve Whitby:

The group did not meet this month other than to make the presentation at the HBU3A monthly meeting - many thanks to all who gave positive feedback to us.

We are taking a break in August but will meet in September as we continue to archive our recordings at the Norfolk Records Office. We will also start to plan our next Voices tea party.

**BLURR – The Camera Group:
3rd Monday (2:00-4:00pm) at Hickling
Barn**

Dick Roberts:

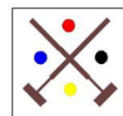
Due to the record breaking temperatures forecast and government 'stay at home' request I decided that it may be prudent to cancel the meeting. This was meant to be my first meeting as the new leader so most disappointing. We did have 24 entries via email for our monthly challenge of 'Landscapes and Seascapes' which I collated and sent out and requested members to mark them. We will go through them at our next meeting .

Attached are three of the images voted for from Jennie Mursell, Peter Reynolds and Peter Pigula.



Croquet: Tuesdays at 10:00 am

Michael Steward:



On Sunday 24th July the Croquet Group participated in the annual Hickling Village Show, using one of the Courts for Croquet activities whilst the other Court was used for the Dog Show. We ran a very successful Bottle Tombola stall and also a "ball through the hoop" contest for both children and adults. After tuition several "players" did get their ball through the hoop in one go (unfortunately for our profits) and won a cash prize.

It was a very hot day, climbing to 32 degrees in the afternoon, but with a cool breeze it made for a perfect day until a very strong wind buckled both of our gazebos, rendering one beyond repair. We were not alone as apparently another 6 gazebos suffered a similar fate.

Our lovely Croquet Group Members had time to walk the Show and see the fantastic array of produce and craft in the Barn as well as the 31 stalls surrounding the Croquet Courts. Two of our Members (Joan and Pat) both won first prizes for their entries. We all enjoyed the remains of Pat's prize winning ginger cake at our Tuesday Croquet session after the Show.

Golf Croquet is an outdoor activity where members are able to enjoy gentle exercise in fresh air whilst playing a competitive but fun game. So if have been thinking you might like to give Croquet a go, just come along at 10am on a Tuesday or contact Michael on 01493 509538 **OR** msteward1214@outlook.com for more information.



Dining Club: 3rd Wednesday (various locations)

Diana Fossett:



In July, the Dining Club met at the Sole and Heel at Rackheath. Unfortunately, roadworks made getting to the pub a little difficult but the welcome and service we received made it worthwhile. The menu choice was very good and lunch was well cooked and presented. There were sixteen of us and an opportunity to chat and enjoy the company. Our next venue on August 17th is The Cantley Cock (The Cock Tavern, Cantley) and we will be meeting at 12.15 for 12.30 p.m. If you are able to come or require further details, please contact me via the contact page on the website.

Discovering the Broads

Chris Foster:

In July we were due to sail traditional Half Deckers from Hunters Yard at Ludham. It was a sunny but very blustery day so the first group set off with just the jib and charged down the cut and onto the river network towards St Benet's Abbey. The conditions proved challenging and we struggled in the high, gusting winds to rig the heavily reefed mainsail. Eventually we got settled only to find that the main sheet block was missing, making sail control very difficult. We sailed back to the entrance of the cut but then decided the lack of mainsheet control would make it difficult to get upwind in these conditions. Having failed to row the last section due to the high winds we managed to hitch a lift from a passing motorboat. On describing our adventures to the rest of the group it was decided not to sail in the afternoon as conditions remained challenging.

The August outing is at the Museum of the Broads, Stalham. 4 August coincides with a special steam-sail day. We will be taken by a steam boat to Barton Broad and then sail on the Wherry Falcon around the Broad. This can be booked on-line if interested.

Gourmet Diggers: 4th Monday (2:00-4:00 pm) at Hickling Barn

*Jane Brooker: and
Kate Fletcher:*

“What is your favourite plant in your garden” was our first topic of conversation at this months group, followed by Gardens and the Law, which created a lot of discussion about some of the points. It’s surprising what you can and cannot do in your own garden. Jobs to be done in the garden for August was our last topic.

Our taster menu at our July meeting was provided by Charles and Jeannie. We enjoyed a tasty lentil bake flavoured with onion, cheese and smoked bacon. A delicious and healthy version of chocolate cake followed. Courgettes were a main ingredient although you would never have guessed it! Needless to say, we all wanted copies of the recipes

Sailing: Every Tuesday and Friday, Newbies on alternate Thursdays

John Stacey:

Walking: 1st Wednesday (10:00 am)

Various locations

Roy Smith:

July’s walk started at the White Horse, Upton. The weather was fair, not too sunny or hot, good weather to enjoy a good walk. Setting off down Marsh Road, we soon turned into the nature reserve towards the Eastwood Whelpton’s Yacht Station and thence out to the Bure and, eventually, Acle Bridge Inn. The original plan, to follow the path of Weavers Way beyond the Inn, had been changed when the previous week’s recce had found the path narrowed by shoulder high vegetation, including thistles! Instead we took the path into Acle, then out past Fishley church, and back to Upton.

A total distance of 5 miles was accomplished in a little over 2 hours. If the sun had broken through earlier and the temperature risen, I’m sure we would have taken longer!

Most of us took our recovery over a convivial lunch at the White Horse.



Wildlife Group: 3rd Thursday (10:00 am) Various locations

Chris Foster:

The July wildlife meeting was held at Foxley Wood near Reepham. Foxley Wood is Norfolk’s largest ancient woodland. Mentioned in the Domesday Book it is now a Norfolk Wildlife Trust nature reserve and home to hundreds of species of wildflowers, birds and insects. The wood is accessed by wide rides with flower verges filling the space.

Vast displays of fleabane attracted huge numbers of butterflies particularly meadow brown, gate keepers, white admiral, speckled wood, ringlet, purple hairstreak and silver-washed fritillary. It proved to be a wonderful morning walk with so much to see and discover. I would recommend this site as a real gem for wildlife and alternatively a mindful stroll.



Members Corner

This is a space for all of our members to use. If you have anything to tell us, maybe something you've done, or an event that's coming up that you think other members would enjoy, or perhaps you have something to sell or donate that someone else might need. Email Rose at hbu3anews@gmail.com with a brief description and maybe a photo. Space permitting, we will include it in a subsequent newsletter.

IMPORTANT NEWS ABOUT SUBSCRIPTIONS

A reminder to all members that subscriptions are due on or before 1st September.

The preferred method of payment is via electronic transfer to our bank account (sort code 20-62-53 account number 53118193). Please quote your name and/or membership number as the reference)

If you prefer to pay by cash or cheque we will be collecting these at our August meeting and subsequent monthly meetings.

The subscription cost is £7 (for both full and associate members) and will give membership for the period from 1st September 2022 to 31st March 2023.

No change there, then.

You are old, mother Jackie, my young man said,
and your hair has gone suddenly white;
Relax and don't worry, we went for a curry
and somehow I stayed out all night.

In my youth, I replied, my mum was my guide
"You be in half past ten!" was my warning.
My nine p.m. text saying what you do next
didn't mean half past ten in the morning.

You are old, mother Jackie, my young man said,
"They're my friends, what's your problem? You're sad!
That's not weed, it's a roll up, don't give your soul up -
It's not even mine, it's for Brad.

In my youth, I replied, I would never have lied
nor looked so disarming and placid,
caught by surprise, with rainbows for eyes
Tripping on lysergic acid.

You are old, mother Jackie, my young man said,
Chill, get a life, I'm the man.
I've dropped out of college, I don't need no knowledge
to backpack to Uzbekistan.

In my youth, I replied, I remember I cried,
with everything lost but my frock,
on the phone to Aunt Jane, saying,, "Please take a plane
and fetch me back home from Bangkok!"

You are old, mother Jackie, my young girl says
and your attitude's out of a book-
Don't fizzle and froth cos I'm garbed like a goth
and pierced where I can't let you look.

In my youth, I replied, you would surely have died
to see your decrepit old relic,
In beads and a kaftan, sandals and Afghan,
and made up to look psychedelic.

"YOU ARE DEAF, MOTHER JACKIE!" My youngest girl yells,
"I've no signal, so listen up more -
"You know where I am, I'm at Glasto with Sam,
and my pills are at home in the drawer..."

In my youth, I replied, I had God on my side,
But the colourful memory lingers
Of the summer of love, praying heaven above
as a backup to crossing my fingers.

You are old, mother Jackie, my young ones say,
but we miss you, it has to be said;
Your texts are well random, we can't understand 'em
Could you write us some letters instead?

By Jackie Snowman.

What's on at your next monthly meetings

Friday 12 August 2022	Summer Social
Friday 09 September 2022	Dr Sue Gattuso The discovery of the tomb of Tutankhamun
Friday 14 October 2022	Peter Laurence - Reading The Timbers – A Study of East Anglian Timber Framed Houses

All items for the newsletter should be sent to: hbu3anews@gmail.com