

<p>November 2023</p>	<p>HEATONS AND REDDISH U3A NEWSLETTER</p>	<p>u3a Heatons & Reddish Registered Charity No: 1037772</p>
 <p>Scorpio</p>	<p>https://www.facebook.com/groups/253548616560370 https://u3asites.org.uk/heatons-reddish/welcome</p>	 <p>Sagittarius</p>

Hello Friends and Colleagues

It was lovely to see so many of you at our October coffee morning, my first one hosting as vice chair.

I would like to reiterate my thanks to Jude Gordon in her role as chair over the last 10 months she has been a breath of fresh air. We all wish her well in her new life down in Dorset.

We had an excellent speaker talking about the history of Palestine, a very timely and thought-provoking presentation.

It's great to see the Heatons/Reddish u3a is going from strength to strength with membership increasing every month and the range of activities available to people growing.

If anyone is interested in setting up a new group, please do speak to the Groups Co-ordinator.

I mentioned at the meeting about nominations for committee members in preparation for our January AGM, these forms will be available at November coffee morning. If anyone is interested in joining our friendly committee, please have a chat with one of us.

Autumn is definitely on its way, especially with the clocks going back this weekend so I wish everybody a warm and cosy November.

Best wishes
Jude



FROM THE EDITOR

The next Newsletter will be the December (Xmas) issue which will be published on Friday 24th November.

If you have anything you wish me to include in the Newsletter, then please e-mail me, at the latest, by Wednesday

22nd November at
maryneedham.U3A@hotmail.com.

Thank you.

Mary

Meet the Committee

	 <p>Jude Wells Vice Chair</p>	 <p>Colin Mitchell Treasurer</p>
 <p>Theresa Rogers Secretary</p>	 <p>Clare Downing Membership Secretary</p>	 <p>Jill Calder Groups Co-Ordinator</p>
 <p>Carolyn Canning Facebook Co-Ordinator</p>	 <p>Barbara Dunne Co-opted (minutes)</p>	 <p>Mary Needham Newsletter Editor</p>
 <p>Jenny Moorhouse Committee Member</p>	 <p>Sue Walker Committee Member</p>	 <p>Virginia Lloyd Committee Member</p>

Membership Renewal for 2024

Please note that Membership Renewal forms will be available for you to collect at the November and December coffee mornings.

For the first time you can make your payment on-line, following the details on the renewal. Please ensure you quote your membership number which also appears on the form.

Alternatively, you can still pay by cash or cheque. We do not have the facility to take card payments. If paying in cash, can you ensure you give the correct money, as giving change is always a problem and time consuming.

Thank you.



**YOUR
COMMITTEE
NEEDS YOU**

**Please consider giving up some of your time to
become a committee member.
There is a nomination form at the back of this
newsletter.**

ANNUAL LUNCH

Please join us for the first annual lunch since 2020.

This will be held at the Alma Lodge Hotel on 29th February 2024

12.30 for 1.00 pm.

Cost is £35 per person to include a tip for the staff.

Booking forms with menu choices will be available at the November, December and January coffee mornings.

Full payment with the completed forms please.



The monthly Coffee Morning takes place on the third Monday of each month.

Please note – entry from 10.00 am. Meeting with announcements etc, starts at 10.45 am. Speaker starts at 11.00 a.m. Meeting ends approx. 12.00 noon.

20 th November	Scott Joplin - his life and music	Roger Browne
18 th December	Entertainment by our own Groups!	
15 th January	Legal & Financial Issues for the Retired THIS MEETING IS ALSO THE AGM	John Mumford
19 th February	Patterns from the Past	Richard Smith



NEWS FROM THE UKULELE BAND

The news from the Ukulele Band is (ta dah) . . .
**WE ARE HAVING OUR FIRST RECORDING SESSION ON
FRIDAY 27TH OCTOBER.**

Six of our favourite numbers will form our very own CD
just in time for Christmas which, we feel certain, will
enhance any Christmas Present list.

Our public have been waiting patiently for this musical
event of the year and if all is successful on Friday, the
waiting will soon be over.

The Bus Pass Band - volume 1.



Tea & Chat Meetings



**OUR SESSIONS CONTINUE ON THE THIRD THURSDAY OF
EACH MONTH
WE MEET AT MOOR TEA (ON HEATON MOOR ROAD) AT
2.00 - 4.00 PM
JUST TURN UP AND HAVE A CHAT (AND THE CAKES ARE REALLY
GOOD!)**

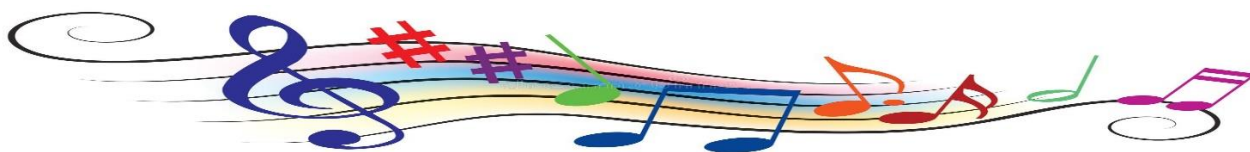


Looking at Art



Upstairs in the HMUC at 10am

<i>9th November</i>	<i>Tintoretto</i>	<i>A Rebel in Venice</i>
<i>14th December</i>	<i>Christmas Miscellany</i>	<i>Will be a surprise - even to me.</i>



Music Appreciation

The music appreciation group meets at 10am at the United Church on the first Thursday of the month.

*The next meeting is on 2nd November when Peter Heaton will be presenting a programme 'These You Have Loved'.
On 7th December we will meeting but, there is no meeting in January.
Helen*

ARCHITECTURAL GROUP PROGRAMME 2023/24

The History of Western Architecture

Monday November 13th	Dictatorship of Adolf Hitler. Hubris to Horror.
Monday December 11th	A walk in New Manchester
Monday January 8th	The High Priest of High Tech, Norman Foster.
Monday February 12th	Stalin. The New Empire.
Monday March 11th	The Victorians. No Holds Barred
April	A few days visit to Newcastle Upon Tyne. A Victorian City showing off.
May and June.	To be thought about!

Note- The Group leader reserves the right to change almost all of the programme but will try not to.



We meet on the 4th Monday of the month at 2pm in the Heaton Moor United Church.

We are still looking at the 1700s and having already talked about the Industrial Revolution, The Enlightenment and The French Revolution amongst other topics, we are carrying on with this theme until the end of the year.

Next year we have plans to talk and discuss the 1800s including Queen Victoria, Transport, Social Changes and the many other topics of the 1800s.

Please do come and join us.



**HEATONS REDDISH U3A
STROLLERS GROUP**
Walks are on the first
Tuesday of the month.



DATE	MEET	WALK	LUNCH	LEADER
7 th November	Heaton Mersey War Memorial 11.00	The Mersey to Stockport	Grandads	Audrey Willis 431 0422
5 th December	TBA	End of Year Seasonal Lunch	TBA	

PLEASE NOTE this is for “Strollers” and it means for slow walkers so please take your time and do not go ahead of the leader.

The walks will be approx 2 to 3 miles, we try to avoid hills, none will be steep.

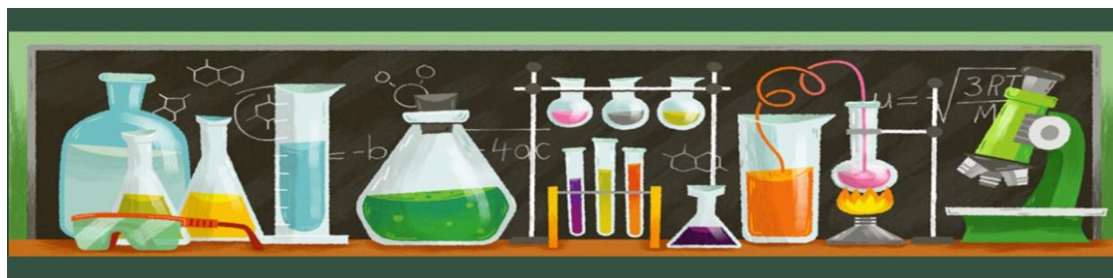
Details of the walk will be announced at the prior coffee morning, if you did not attend, you are advised to contact the leader, the walk could change. Sometimes we cannot avoid patches of mud, so please wear suitable **stout** footwear, you are advised to bring a walking pole.

HEALTH & SAFETY RISK ASSESSMENTS

Please bring with you a note of your next of kin and their telephone number.

PLEASE COME & JOIN US - ALL ARE WELCOME

Organiser Michael R. Alderson,
8 Cavendish Court, 406 Didsbury Road SK4 3HB Tel. 432 0402



27 th November	Spa Therapies	Deborah Symmonds
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Science Programme January - April 2024

22 January	Mass Extinctions	Anne Beswick
26 February	Heat Pumps	Graham Crofts
25 March	Acoustics in Buildings	John Howson
22 April	To Be Confirmed	
30 April Tuesday	Jodrell Bank Exhibition and Arboretum	Visit



LINE DANCING

IF YOU HAVEN'T BEEN TO OUR SUPER LINE DANCING GROUP BUT THINK ITS NOT FOR YOU BECAUSE YOU HAVEN'T DONE IT BEFORE, PLEASE GIVE IT A TRY. OUR TUTORS ARE VERY HELPFUL, AND HAVE KINDLY SAID THAT THEY WILL START OUR MEETING AT 1. 30 PM SO THAT BEGINNERS CAN HAVE A SPECIAL HALF HOUR OF TUITION, BEFORE THE NORMAL SESSION START AT 2. 00 PM. WE FINISH AT 3. 00 PM.

IT'S A VERY FUN GROUP, AND YOU WILL SOON PICK UP HOW TO DO THE DANCES, AND I ENCOURAGE YOU COME ALONG.

OF COURSE, I LOOK FORWARD TO SEEING ALL THE REGULARS AS WELL.

OUR NEXT SESSION IS 14 TH NOVEMBER AT ST. PAUL'S HALL. COST

£3 PER SESSION.

JILL – IF YOU HAVE ANY QUERIES, PLEASE RING ME ON 07747 856834



Español



Spanish Workshop and Basic Spanish meet in The Patio Room at HMUC on the 1st and 3rd Monday of the month with timings as follows:

2.00. - 3.30. Spanish Workshop

3.00. - 4.15. Basic Spanish

From 3.00. - 3.30. the 2 groups meet together for refreshments and joint activities.

We cover various topics including culture and current affairs from Spain and Latin America. Current topics include:



THE SPANISH GENERAL ELECTION

We've been following this since July when no party won enough seats to form a government. The Partido Popular (PP) won the most seats but hasn't managed to form a coalition so now the Partido Social Obreros Españoles (PSOE) is having a go. If they fail, there'll be another election in January!



THE MEXICAN DAY OF THE DEAD

The 'Día de los Muertos' takes place at the beginning of November. People celebrate the lives of the dead and place flowers on family graves. Altars are created at home with candles and photos. Incense is burned to attract the souls of the departed. Families celebrate with music and festive food decorated with 'calaveritas de azucar' - little skulls made of sugar.

jenny.moorhouse@yahoo.co.uk 07480 387764 or
virginia.lloyd@outlook.com 07968 052059



Midders Plus Walking



*There will be no more Middlers Plus walks this year.
We hope to start them up again next spring when the weather starts to improve.*

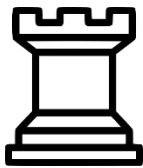


MIDDLES WALKING GROUP



The last walk of 2023 will take place on 21 November will be a gentle walk of approximately 4 miles around Dunham Massey and the park followed by a Christmas lunch at the Axe and Cleaver in Dunham Massey. A 2 course meal will cost £25.99 and a 3 course meal £29.49.

If you would like to come and have not already made your menu choices, please contact Moyra Mitchell on 07492 424200 by 10 November.



CHESS



Members interested in chess could get together, perhaps once or twice a month to play friendly games. There is a wide range of standards in chess from beginners, possibly needing help with the rules, to advanced players who play in chess clubs and competitions. To follow the u3a mission I would hope that established players would help beginners and the stronger players provide some coaching for those who would like to improve.

Interested? Contact Gordon Robson, 07770 877863, gordonrobson9@gmail.com.

PLAY READING



WE HAVE CHOSEN A GREAT PLAY TO READ AND THE NEXT MEETING
WILL BE ON
22 NOVEMBER AT 10.15
IN THE
PATIO ROOM OF THE UNITED CHURCH.
IF YOU HAVE ANY QUESTIONS OR WOULD LIKE TO KNOW MORE
PLEASE CONTACT
SUE WALKER ON 0161 442 0282

ANSWERS TO THE COLOURS QUIZ

1	Colonel Mustard, Reverend Green & Professor Plum	11	Snake
2	The Green Mile	12	Blue
3	Blue	13	Green Bay Packers
4	The Simpsons	14	Blue Moon
5	Procul Harum	15	Yellow & Black
6	The Bluebirds	16	Brighton
7	Green	17	L M Montgomery
8	Yellow Polka, Dot Bikini	18	Magenta
9	Petra	19	Taj Mahal
10	Black Forrest Gateau	20	Lily The Pink



**A RATHER
NICE
GENERAL
KNOWLEDGE
QUIZ**



1	Which battle took place on Sunday 18 th June 1815?
2	What is a female donkey called?
3	Where is the postcode IM?
4	Which massacre took place in South Africa in 1960?
5	Which company is Larry Page the CEO of?
6	What do you call assets that you can quickly turn to cash?
7	In which city was Gandhi assassinated in?
8	In which musical would you hear the song 'Luck be a Lady'?
9	Who shot Martin Luther King?
10	In which comic would you find Roger the Dodger?
11	In which year was the first Grand National run?
12	In the Harry Potter novels what was the name of Harry's owl?
13	What was the name of the first talking picture?
14	Which Beatles song was written by Paul McCartney for John Lennon's son?
15	Schindler's List was the name of the film taken from which book?
16	Which organisation is responsible for all the lighthouses around the British coast?
17	Which type of fruit are Maya and Sorrento varieties?
18	Which company was created by Anita Roddick
19	Which was Jane Austen's first book to be published?
20	Which fashion icon invented the mini skirt?

**HEATONS & REDDISH u3a
NOMINATIONS FOR THE COMMITTEE 2024**

Nominations are required for all members of the Committee. The current holders of the positions marked * are available for re-election but they must be nominated. The acceptance of the nominee is also required.

CHAIR	VICE-CHAIR*	SECRETARY
TREASURER	MEMBERSHIP SECRETARY*	GROUPS CO-ORDINATOR
6 COMMITTEE MEMBERS		

Nominations must reach the Secretary, Theresa Rogers by 31st December 2023

Any posts not filled by nomination/election will be filled by the Committee in accordance with our rules.

**HEATONS & REDDISH u3a
NOMINATION FORM**

For election at AGM January 2024.

Please make sure the person you are nominating is willing to stand.

Nominations are required for continuing officers. We also require nominations for a new Chair, Secretary and Treasurer. The Membership Secretary Groups CO-ordinator and Vice Chair are eligible for re-election and there are posts for 6 committee members.

NOMINEE:	
NOMINATED FOR POSITION OF:	
PROPOSED BY:	
SECONDED BY:	
SIGNATURE OF ACCEPTANCE BY NOMINEE:	
DATE:	

Please return completed form to Theresa Rogers, 67 Sharples Street, Heaton Norris, SK4 1QE or email theresam.u3a@gmail.com

Closing date for nominations is 31st December 2023.