## Haxby and Wigginton u3a

**Registered Charity No. 1118861** 

### **News and Events Update - August 2023**

#### **559 Members**

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#### 1. Monthly Meetings

Date	Talk	Speaker
August	NO MEETING	
15 September	Yorkshire's Vanishing Coastline	Malcolm Brooke
20 October	Annual General	
	Meeting	
	followed by a talk:- YORK in close up	Catherine Southeran
17 November	Retirement for Beginners	Jeff Jacklin

All meetings are held at Haxby Sports Bar, 64 North Lane Doors Open at 13.15, start 14.00.

#### 2. New Interest Groups

Interest Group	Meeting Dates and Times	Group Leader
Tennis at Wigginton Tennis Club	Every Wednesday 5.00 -6.00 pm	Sheila Wright

For more details contact Sheila.

#### 3. Social Events Update

# \*\*NEW EVENT\*\*Visit to Burton Constable Hall & Gardens, Monday 11<sup>th</sup> December

The Social Team met recently and discussed a Christmas outing. We decided to go to Burton Constable Hall, about 10 miles east of Hull, journey time about 1.5 hours. This is a place I haven't been before, although some members have and recommend it. We thought it would make a bit of a change from the usual stately homes we visit at Christmas. Burton Constable, the home of the Constable family for over 700 years, is one of the most fascinating country houses to survive with its historic collections. Dating back to the Norman Conquest, the large Elizabethan mansion and its surrounding parkland is now a museum owned by the Burton Constable Foundation, a charity whose mission is to safeguard Burton Constable for future generations.

#### From the website:

'A visit to this fascinating country house at Christmas is the perfect chance to lift your spirits for the festive season ahead. Meander upstairs and downstairs though 30 evocative rooms filled with fine art and furniture that will be transformed with seasonal floral displays, stunning decorations and garlands.'

**Accessibility** - there is ramped access to the Hall, and a stair lift to the first floor. Outside there are some cobbled surfaces and gravelled walkways, which may be uneven in places.

**Refreshments** – the Stables Café offers a range of lunches, snacks and afternoon teas.

The cost of this trip as usual depends on the number of people wishing to go, but will be no more than £25 per person. Please let me know if you are interested. Members without access to email can call me on the Social Events phone line - 07965 227114. Email address is <a href="mailto:socialevents@hawu3a.org">socialevents@hawu3a.org</a>.

#### Whitby & Saltburn outing

The trip to Whitby & Saltburn on 8<sup>th</sup> September has proved very popular and is fully subscribed, with a small waiting list. We'll leave Haxby at 9.30am, and we will be calling at the Steam & Moorland Garden Centre, near Pickering, for coffee and cake. The main part of the day will be spent in Whitby, with a stop at Saltburn on the way home. Hopefully back in Haxby around 5pm.

#### **Thursford Spectacular**

We are still hoping to arrange a residential trip to the Thursford Christmas Spectacular in Norwich but don't have a confirmed date yet.

#### Christmas Lunch at the North Star, Flamborough, 7th & 8th December

Towards the end of September I'll be contacting those who have signed up for the lunches, with prices and a menu. There are waiting lists for both days so please let me know if you can't make it so that I can offer your place to someone else.

#### **Christmas Social 15<sup>th</sup> December**

The Social Team will be meeting later in August to start planning the Christmas Social, which is on Friday 15<sup>th</sup> December at the Sports Bar. We will have as our Master of Ceremonies John Clithero, one of our members. John is an accomplished singer and entertainer and we can look forward to some community singing, accompanied by our U3A Ukelele Band. There will also be a quiz and a raffle. I'll be starting a list for this soon, but am happy to take names now if you want to book your place.

Anne Hysted, Social Events Co-ordinator

#### 4. CAN YOU HELP?

Last month in the News Sheet we asked if anyone would kindly help:

- 1. With the Social Team
- 2. At the Monthly Meetings with the chairs, tea and coffee, notices, tables, electrics which all have to be made ready for the meeting.
- 3. With Communications. That simply means making sure that all members, and that includes those not on email, are kept informed of news and events.

So far, we have had ZERO replies.

We are now approaching our AGM and even more help is needed. It looks likely that there will be SIX vacant seats on the committee from October this year. See pages 4 and 5.

It is quite rewarding and fun to be involved with the organisation of the u3a so please help if you can. You will not be alone, the committee is a team of 10 -12 members who help each other.

How much time will it take? It is entirely up to each member, but it is not a lot... **Come and sit in at a committee meeting** and see. The next two committee meetings are at 10.00am on Tuesdays 22 August and 19 September.

Contact our Secretary, Yvonne, if you would like to come. See page 6 for contact details.

#### 5. The Annual General Meeting

We shall be circulating the usual notices and details about the AGM in the coming weeks. Meanwhile please think about any help you can give to the new Committee. Committee meetings are generally held monthly. The likely vacancies are:-

- a) **Secretary**. Yvonne, our current Secretary has completed 2 years in the post and is standing down. The Secretary is our link with the Third Age Trust, the Yorkshire u3a Regional Office and receives all external communications. These are distributed as needed. The Secretary also prepares minutes of the Committee meetings and keeps all official records. To help with keeping records the Secretary has a u3a mobile phone and laptop. Contact Yvonne for more details.
- b) **Membership Secretary**. Dorothy our current Membership Secretary is standing down having completed 9 years in various posts on the Committee. The Membership Secretary keeps membership records and welcomes new members. Busy in January/February when memberships are renewed. Contact Dorothy for more details.
- c) **Groups Coordinator**. Wendy has completed a total of 4 years on the Committee and in accordance with our Constitution will stand down. The Groups Coordinator circulates information to Group Leaders, helps set up new groups and generally keeps group records. To help keep records the Groups Coordinator has a u3a laptop. Contact Wendy for more details.
- d) **Communications.** This is a new post and is important. The object is to keep all members informed in a timely way about what is going on in our u3a This covers both members who are on email and those who are not. You will also have a free hand to develop or amend the monthly News Sheet as you think best for the members.
- e) **Publicity.** This year the Committee have covered publicity, but a dedicated member is needed, and it is important that we publicise locally what we offer as part of the community. It is important to cover all local villages but probably best if you live in Haxby or Wigginton to be close to all local activities.

And finally...

On the next page...

f) Chairman. I have decided that it is time to step down. I have now completed 3 years as Chairman. This follows an earlier 4 years as Treasurer. I have also given 3 talks at various times at the monthly meetings. Like all of us I am getting older, and I have other commitments scheduled for next year. I have enjoyed my time on the Committee, and I am willing to help new Committee members settle into their tasks if requested. Overall, I feel that our u3a is well prepared for the future. Membership is steadily increasing. We have all the paperwork updated to comply with the Third Age Trust advice. Our interest groups are well set up and looking good for the future. The Chair, man or woman, is of course involved with everything to some degree, but it is fun, and I have loved it.

The Chair is supported by committee members and particularly by our vice - chairman, who has agreed to continue next year. Please support our u3a and give it a try. Contact me for more details.

#### 6. PS

#### A New Defibrillator in Haxby

We are happy to tell you that Haxby now has a new defibrillator available 24/7 to the public. Haxby and Wigginton u3a together with Haxby Sports and Social Club and Bromwich Family Butchers have jointly paid for the installation. Our contribution was £250.00. The defibrillator is located on the wall next to Bromwich Family Butchers, near Aroma Coffee Shop and the Age UK shop.

In case you don't know how to use a defibrillator, don't worry. They are designed for anyone to use. If somebody is on the floor and you suspect a heart attack:-

- 1. First call 999 and tell them the situation.
- 2. Take the defibrillator from the case on the wall, remove it from the box, open it, and it will tell you what to do. Don't delay every second counts.

**Group Leaders:** If you have any item that you would like included in the monthly News Sheet, please write in Word, and email it to <a href="mailto:chairman@hawu3a.org">chairman@hawu3a.org</a>

**General Queries:** please contact our Secretary, Yvonne, at 07434 887209.

Our Website: www.hawu3a.org Check it out for u3a information.

Best wishes,

Peter Gibbons, Chairman

# Haxby and Wigginton u3a Team Contact List

#### Committee

Chairman	Peter Gibbons	
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Vice Chairman	Gordon Moore	
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Secretary	Yvonne Brabbs	07434 887209
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Coordinators	Jenni Rutland	
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#### Non – Committee

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