

## **HAXBY & WIGGINTON U3A**

Registered Charity No. 1118861



Enquiries: Secretary 07434 887209



**Swan Lake by Patricia Hilton.**

**Haxby and Wigginton U3a**

**June 2022**

## Chairmans Message June 2022

Hello everyone,

Summer has started and the future looks just a little brighter.



About 100 members did not renew their membership during the pandemic but numbers have started to increase again, and we currently have 520 members. This is an encouraging situation.

I am happy to announce the start-up of a new interest group, Chess. The Chess group leader is Peter Cloudsdale, who is one of our new members. The group is open to all levels of chess ability so do get in touch with Peter if you would like to play this very absorbing game.

So we are in June, I have my eye on two Haxby and Wigginton u3a events on the horizon and getting closer and am needing your help and support.

The first is our Open Day, Saturday 24<sup>th</sup> September, which is our first such event since 2019. It is our opportunity to tell our local community all about the u3a. This year the Open Day will be held in Haxby Memorial Hall, a good central location and I hope will attract the public to come in and take a look. Group leaders have been asked to help and I hope you will support your groups where you can. We intend to have a corner for refreshments so if you can help with some cake baking or can join the helpers please let me know.

The second event is our AGM, this year brought forward a month to be held on Friday 21<sup>st</sup> October. We shall need volunteers to join the Committee. More details will follow in a separate email or letter but please help if you can. I think you will enjoy the time we act as a team and you will receive help with whatever task you do.

Finally, I am repeating my appeal for volunteers to help with organising our social events. We have always had an active and enthusiastic Social Team and now post-pandemic we want to build up this team again. It is really important. Can you help? Please contact Frances Owen or me if you would like to join us.

Best wishes

**Peter Gibbons** Chairman

**REPORT ON GROUP LEADERS AND SOCIAL TEAM MEETING  
HELD ON SATURDAY THE 30<sup>th</sup> April, 2022 at 10.00am  
HAXBY SPORTS AND SOCIAL CLUB**

**ATTENDEES**

Terry Prebble, John Dowell, Margaret Edwards, Sheila Ridgeon, Malcolm Law, Val Major, Ann Dixon,, Neil Moran, Sheila Mckilligan, Libby Hasnip, Beverley Jacques, Chris Jacques, Sue Dalby, Brian Mitchell, Sue Vaughan, Jenny Horner, Mary Shepherd, Terry Witts, John Hunt, June Holder, Geoff Ball, Liz Ball, Anne Kempster, Jenny Rutland, Charles Wilson, Frances Owen, David Moorhouse, Barbara Cromack, Angela Gray, Richard Wiles,  
Ann Rutherford, Peter Gibbons, Wendy Mitchell, Yvonne Brabbs

**APOLOGIES**

Brenda Tomlinson, Brigid Holdsworth, Stan Wright, Brenda Furk, Carolyn Clarke, Jill Hetherington,  
Dorothy Croft, Gordon Moore, Judy Moore, Peter Murray, Mike Calvert

**INTRODUCTION**

Peter Gibbons, Chairman, opened the meeting by thanking everyone for coming, this being the first Group Leaders Meeting since 2019. An attendance sheet was passed to all attendees so they could write down the name of the group they were leading.

**ROLE OF THE GROUP LEADER**

Wendy Mitchell, Groups Coordinator spoke about the role of the Group Leader.

They should guide group members and coordinate activities within their group.

Keep an up-to-date record of members in Beacon, including emergency contact details which could prove vital in a medical situation during a group meeting.

It was recommended that Group leaders keep a list of emergency contacts at all meetings.

Remind members that they need to renew their membership at the end of each year.

Note that members records on Beacon are shown in red if they have not renewed. If members do not renew the record is shown as 'lapsed' and their name can be removed from the Group List

People can only attend a group meeting twice before needing to join the u3a.

Keep the u3a website up to date regarding meetings, venues, and events within the group. Updates to the website can be done by emailing the Webmaster, Tony Simons, with details of the update.

If you need help, then contact Gordon Moore or Tony Simons.

It was stressed that the website is our 'shop window' and it is therefore important to keep details and records up to date.

Group Leaders are responsible for booking meeting rooms.

To understand and apply the Data Protection, see the discussion later.

Keep an account of all incomings and outgoings and send a balance figure to the Treasurer at the end of August. The use of Ledger on Beacon to record the groups accounts is recommended.

Some members said that they did not know how to use Ledger, others said that it was straight forward. David Moorhouse offered to give individual guidance if required. David's contact details are in the Newsletter. Recommended.

June Holder, Social team, said that there was often a problem with the finances of holidays abroad, particularly with members cancelling and not informing the organiser. Regarding finances it was suggested that a separate discussion be held with the Treasurer.

If your group goes on an outing, please take a First Aid Kit which is available to borrow.

First Aid kits are held by all Walking Groups. A spare kit is available from Peter Gibbons

## **SOCIAL PRESCRIBING**

Peter Gibbons spoke about this and explained to the Group Leaders what it entailed

It means that GP's address social issues that might be causing or aggravating health issues and prescribe membership of social groups, sports or recreational as well as or instead of traditional prescriptions.

Some Group Leaders spoke about their experience within their groups when a person attended their group under this umbrella. Liz Ball, Group Leader of the Craft Group said that she had a member who attended under Social Prescribing and was managing quite well within the group.

It was noted that when asked about a patient joining:

1. The requester must be told that the u3a is a voluntary organisation and we cannot offer any professional service or responsibility.
2. The person is welcome to come to two of our meetings free of charge but would then be asked to join and pay the membership fee in the normal way.
3. The person would be expected to be able to make their own travel arrangements.

## **40<sup>th</sup> ANNIVERSARY U3A OPEN DAY**

Peter Gibbons spoke about this and said that our Open Day would be in Haxby Memorial Hall on Saturday 24<sup>th</sup> September this year. He said that it was to celebrate the 40<sup>th</sup> Anniversary of the u3a and stressed that it meant more than a usual yearly Open Day. He asked for all Group Leaders support suggesting that it was an opportunity to showcase their groups, and perhaps recruit new members.

He said that we are still in the early stage of arrangements and asked Group leaders to confirm to Wendy that their group would participate.

## **ICE CARDS**

Wendy Mitchell explained that all members should carry one of these cards which is short for (In Case of Emergency). Members should complete these cards with their own emergency contact details and carry them with their Membership Cards to all group meetings. Should an emergency occur during a group meeting, the group leader can contact the member's emergency number and arrange help for the member concerned. Wendy handed out a card to each Group Leader present and said that Dorothy Croft, Membership Secretary, had ordered more ICE cards which will be distributed to all members soon.

## **DATA PROTECTION**

Peter Gibbons spoke about this. Group leaders should know the Data Protection Rules (GDPR) and ensure that permission is obtained from all their members to share their contact details within the group. This is mainly email addresses and phone numbers but also photographs which may appear on noticeboards or in the Newsletter.

If a group member does not agree to share, then the Group leader must take care that the member's details are kept confidential.

## **INCIDENT REPORTS**

Wendy Mitchell reminded Group leaders that they must complete an Incident Form for any injury or accident that occurs within their groups. This is extremely important as the group member may need it as proof in case something happens in the future relating to this incident. Group leaders asked for a supply of these forms.

## **QUESTIONS ABOUT BEACON**

Geoff Ball answered questions regarding the Beacon System. Some Group Leaders said that they were having problems using this system.

Geoff mentioned that there was a lot of Standard Messages on the email section on Beacon which need to be deleted and explained how to do this.

Emails sent to Group members or all members on Beacon do not show email addresses, so it complies with GDPR rules.

Geoff explained that if you send an email to a group and start the email with Dear #FORENAME the email will enter the members forename for each member individually.

However, the member will not know who else has received the email and may think that she/he is the only recipient. In this case you could add a line 'This email has been sent to all group members'

Several members commented on problems arising because members' addresses were not included in the Group details.

In conclusion Geoff was asked:

1. If group members addresses could be included in members' details accessible to Group Leaders
2. If there could be a 'projector' presentation on using Beacon

Geoff said he would see what could be done.

## **DECEASED MEMBERS PROTOCOL**

The action taken depends on who is first informed of the member's death. The deceased member may have been a member of several groups, just one group or not a member of any group.

The first line of action is to inform the Membership Secretary of the member's death as soon as possible.

The Membership Secretary will pass on the information to the Group Leaders of all the groups that the deceased was a member of.

The Membership Secretary will also inform the Committee in the normal monthly report.

The Membership Secretary will amend Beacon records so that no further u3a emails are sent to the deceased or her/his family.

The Group Leaders will inform their Group members.

If the deceased was the custodian of any u3a equipment or held u3a funds the Group Leader will contact the family to retrieve these items. If the Group Leader is unable to do this, she/he may ask a committee member to undertake the task.

Condolence cards will follow normal 'common sense' practice, i.e. by friends of the deceased as appropriate.

Please do **not** send an email to all u3a members to announce the death.

## **UNDERSTANDING EQUALITY, DIVERSITY, AND INCLUSION**

Peter Gibbons explained that this means that we should be friendly and welcoming to everyone without exception. HAWu3a have prepared a policy on this topic to comply with Equality law (Equality Act 2010). A copy is available on our website where other policies are also available, including Member Code of Conduct which is relevant and important. The Third Age Trust are very keen that we should comply, always.

It is important that we should be regarded as an open and diverse organisation, not a 'University' or purely educational. This description might deter people from joining. We are simply friendly and active with many different social and interest groups, and open to all.

## **FULL GROUPS**

Wendy Mitchell explained the implication of full groups. We do not want to stop people joining groups and should a group be over-subscribed, the group should try to start a second group preferably with a new group leader. If a group finds that it has a problem with numbers, the situation should be discussed with the Groups Coordinator.

## **NETWORKING**

Peter Gibbons explained that Networking meant that our U3a could join with other U3a groups to make joint ventures more amenable, interesting and affordable. YAHR now have a 'Networking Coordinator,' Brian Cave, who we are expecting to hear from soon.

There are currently 49 u3as in Yorkshire, the nearest being, York, Pocklington, Easingwold, and Thirsk.

## **ANY OTHER BUSINESS**

Frances Owen said that it would be helpful to members if Groups would publicise their events as in pre-Covid times. It may also attract new members.

There had been no response to the appeal in the March and April Newsletters for volunteers to join the Social Team. Consequently, there was only one social event planned at present (Temple Newsam). Without new Social Team members future social events would be limited. Further appeals for new members would be made.

Geoff Ball reminded us to be friendly and welcoming to new members.

Peter Gibbons said that we have two very active New Members Coordinators in Judy Moore and Jenny Rutland who have regular meetings with new members. The Chairman, Vice Chairman, Groups Coordinator and Membership Secretary usually attend these meetings. A special effort would be made to welcome any new member who attends the monthly meetings.

The meeting closed at 11.45am

**Wendy Mitchell** Groups Coordinator.



Group Leaders Meeting

**Hi budding chess players,**

I have been approached by Peter Cloudsdale, who is one of our members, to see if there is any Interest in starting a Chess group. Peter is willing to be the Group Leader and is an experienced chess player.

This group will serve different levels of ability for playing the game of chess.

If anyone is interested in joining this group, please could you let me know by email and I will put you in touch with Peter.

**Wendy Mitchell**  
Groups Coordinator



## Ballroom and Social Dancing Group

Ballroom dancing has had its ups and downs this year with February our best attended month so far. March attendance was halved, as we only managed two dates, due to low attendance because of Covid restrictions for hospital and other appointments.

On the bright side, we are getting more enquiries, as new people are moving to Haxby and looking to join our dancing group.

We constantly promote ourselves on Facebook, Instagram and Twitter and we also have posters around Haxby and Wigginton.

Members of the dancing group receive weekly emails, and we also have a WhatsApp Group where members talk about different topics regularly to each other.

If you are interested, then please get in touch and join the Ballroom Dancing group for exercise, music, meeting new friends and for interesting Monday mornings from 10.30am to 12.30pm at the Haxby Sports and Social Club.

**Charles Wilson :**





**Dear Editor,**

Here are two photos for the June newsletter. These are from the Friday Walking group's recent walk from Thirsk to South Kilvington. The first photograph shows field paths near Thirsk, whilst the second shows us crossing Cod Beck..

Best wishes **Libby Hasnip.**





## Sunnymere

You don't need to go all the way to the Lake District, when you can enjoy the equivalent at Sunnymere 103 York Road Haxby .

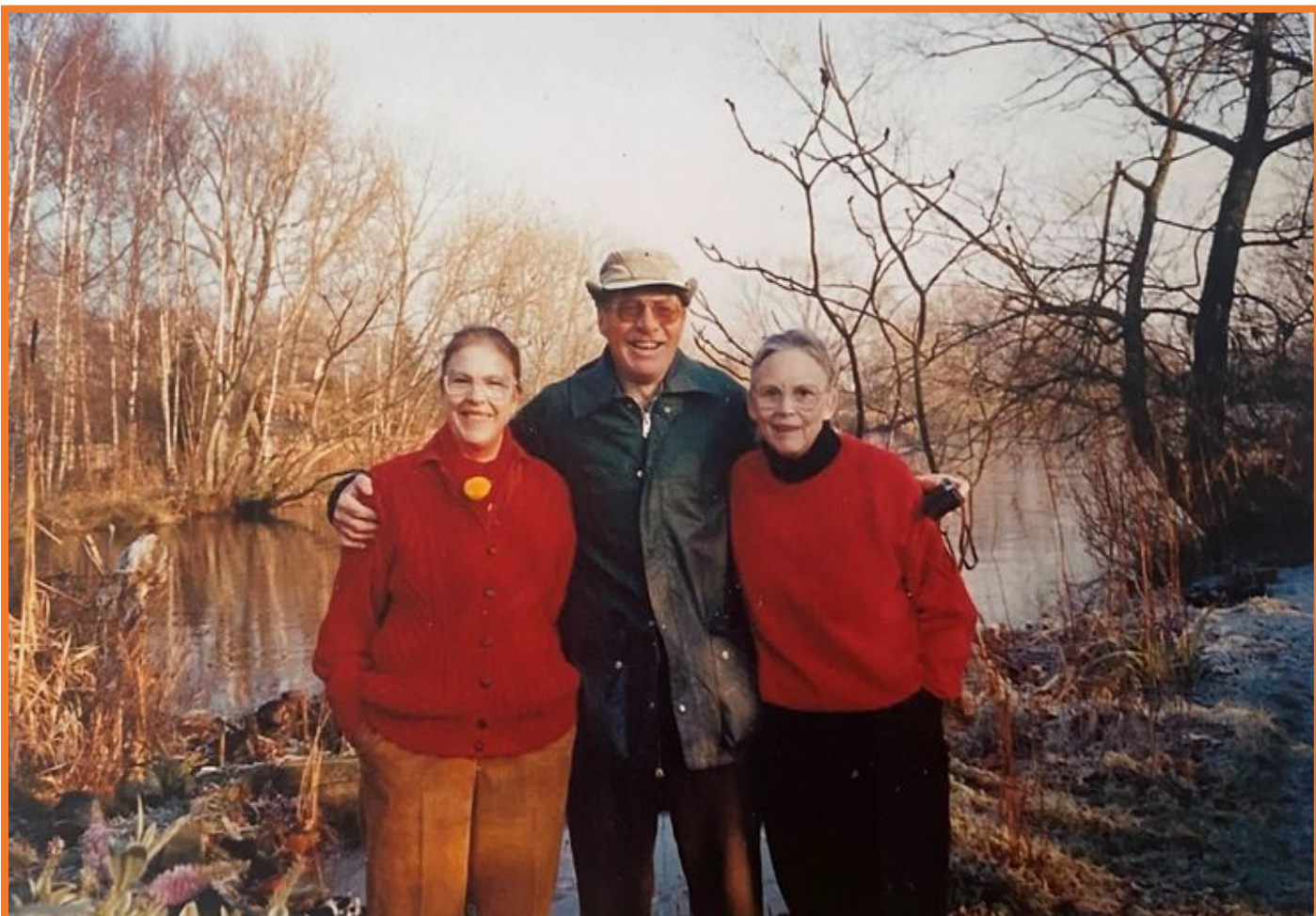
There is a two acre lake with lots of wildlife, trees and plants.

We have in our nature reserve swans in residence and nesting ,alongside two rowing boats. A donation in the tin provided, will go to the DEC Red Cross Ukraine fund .

There is a good chance of seeing the kingfisher. We did have quite a lot of large fish in the lake but over the past years otters have been helping themselves .

You are welcome to take as many photos as you like and to stay and watch the wildlife .





**Sunnymere**



Sunnymere



## **OUTING to TEMPLE NEWSAM**

On Friday 13 April we set off for a short coach ride to the great estate of Temple Newsam, near Leeds. Firstly, a guided tour of the magnificent 16th century house, once owned by Lord Darnley, husband of Mary Queen of Scots. Having passed through many owners, Leeds City Council have now restored and replaced much of the original furnishings. Built in an open U on rising ground, the house overlooks an extensive estate including woods, a lake, a rare breeds farm and gardens designed by Capability Brown.

After a well needed tea break there was just time to walk down to view the magnificent rhododendrons and scented azaleas. Thanks to Brian Mitchell for the photos.

**Frances Owen**

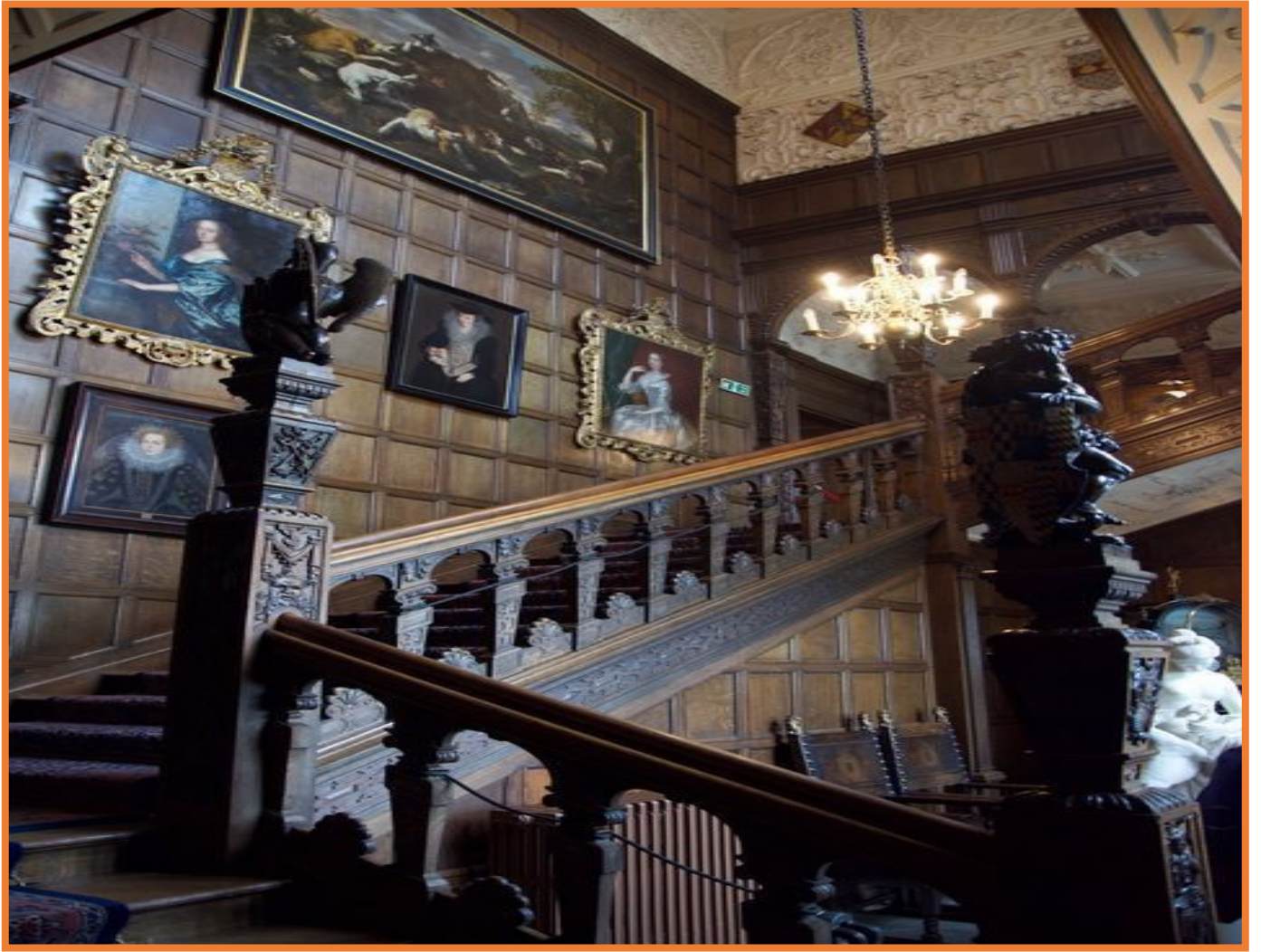


### **Visit to Temple Newsam**

Here are some photos of a recent visit to Temple Newsam. It's a very unusual building with a long history going back to the Knights Templar. We had a fascinating guided tour which was very informative on the objects and history. Previously having been privately owned it is now the property of Leeds City Council who have invested a lot of money to bring the building back to as near to original as possible.

Everyone on the trip enjoyed the afternoon and we should send a vote of thanks to Frances Owen for her organisation of this trip.

**Brian Mitchell**





## Temple Newsom



## Canasta/rummikub,

The Canasta/Rummicub Group meet on the first Friday of the month at the St Mary's Church Hall at 2pm.

The group is heavily subscribed and really hasn't room for any more members. **Anne Kempster** would be very happy if somebody could set up a second group to enable other U3A members to enjoy Canasta or Rummicub.

If this is of interest to you, then please get in touch with our Group Coordinator, namely **Wendy Mitchell**



## IT Reuse Project, York Community Furniture Store

Being able to access the internet is essential in today's world!

This project provides computers to people in the community who would not be able to afford it for themselves.

Starting in Summer 2020, with two laptops and one volunteer – **IT ReUse** has supplied over 270 devices to individuals and families in need.

The process achieving this is really simple, people donate devices to the Community Furniture Store. These are then wiped of confidential data and restored by our volunteers who set them up for people in need.

Devices for those in need are accessed by referral from community support workers, social prescribers and charity workers for the clients and individuals they work with.

In January 2022 – **IT ReUse** expanded to include providing Smart Phones and data SIM cards to York residents through the **Good Things Foundation Databank**.

You can help by donating unwanted laptops, smartphones and tablets that are less than 10 years old to **Community Furniture Store, Raylor Centre, James Street, YO10 3DW- tel. 01904 426444**



## Haxby and Wigginton u3a Committee (01.12.2021)

Chairman	Peter Gibbons	
Vice Chairman	Gordon Moore	
Secretary	Yvonne Brabbs	
Treasurer	Peter Murray	
Membership Secretary	Dorothy Croft	
Groups Coordinator	Wendy Mitchell	
Social Events	Frances Owen	
Newsletter Editor	David Moorhouse	
New Members Coordinators	Judy Moore Jenni Rutland	
Publicity Manager	Linda Robinson	
Speaker Finder	Mike Calvert	

To contact any of the Committee then [Click Here](#)

**Your letters and comments are always welcome.**

**Remember this is your Newsletter.**

**Final Date for the August Edition is 31 July 2022**

**Please send any contributions to**

**David Moorhouse**

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**Our Website address is := [www.hawu3a.org](http://www.hawu3a.org)**

**Many thanks to the editorial team who are**



David  
Moorhouse



David Crane

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**David Moorhouse**

Editor