

Learning by Art

Newsletter No.2
April '22

u3a
havant

Hello everyone

Only one month to go before the inaugural meeting of our 'Learning by Art' group at The Spring on Friday 6 May at 10am. Don't forget to bring what materials you need for our first session. You may want to bring a piece of work in progress or bring along a blank sheet of paper to begin something completely new, the choice is yours. One thing I would like you to bring along is a shiny £2.00 coin as your contribution towards the room hire at The Spring.

For information, the room we have has tables around the room all inward facing so we can all see each other and has good natural light. There is also a sink so we have easy access to water.



Learning by Art Gallery

Ken Arkell has been the first to step-up to the plate and post some of his pictures on our online gallery. He told me that the acrylic painting 'Driftwood' was intended for the National u3a 'Paint and Draw' monthly competition where last months theme was 'Challenges', but that he had missed the deadline. The 'Challenge' to ken was that the whole painting was completed using only a palette knife. Now that is a challenge!

It reminded me of a time back in the 1990's when I worked at a gallery in Petersfield and a chap bought in an oil painting that measured about 3ft x 2ft. The picture; a mountain scene was built up in layers using a palette knife that gave it amazing texture - almost 3D. When he left it with us he warned us to be careful as the paint was still quite fresh. Over the period of the exhibition the mountain, very slowly and gradually slid down the canvas until we had to call him and ask him to reduce the thickness of the paint before the whole thing ended up on the gallery floor! This link will take you to the u3a Havant 'Learning by Art' page: <https://u3asites.org.uk/havant/page/119939>

The Health Benefits of Art

When you produce art you increase the neurotransmitter, dopamine. In addition it helps you to produce healthy levels of cytokines that help to boost the immune system..... and art strengthens memory by perfectly integrating visual, semantic, and motor aspects of the memory trace. So there you have it..... Art is the best medicine.



appART
EASTER
ART EXHIBITION & SCULPTURE TRAIL 2022

at **PRIOR'S FIELD** Prior's Field School, Priorsfield Rd, Godalming, Surrey GU7 2PH

Saturday 9th to Sunday 24th April

To be opened by
Andrew Sinclair MRSB SWAC
Open daily
from **10am - 4pm**
Admission **FREE**
Booking may be required

In association with
Surrey Sculpture Society

Further details from
Evelyn Phillips AppArt Office
email: ephillips54@btinternet.com
Facebook: www.facebook.com/AppArtSurrey
www.appartonline.co.uk

What's On

If you want to travel a little further afield to visit art exhibitions, I have two suggestions for you. The first is thanks to Joan Heard who tells me that the 'app ART' Easter Exhibition at Prior's Field, Godalming is a very good event with a lovely mix of an indoor gallery exhibition and sculpture in the garden. Sadly there are no catering facilities there.... So no coffee and cakes!

There is also the exhibition, The Pre-Raphaelite Treasures: Drawings and Watercolours from the Ashmolean Museum currently showing at The Watts Gallery at Guildford.... They do have a very nice cafe!

Did you know?..... When drawing from life or copying from a photograph it is often a good idea to tilt your work towards you at an angle and avoid drawing on the flat. This will help reduce distortion of the perspective.

Did you know?.... To reshape damaged brushes you can use water soluble hair shaping products. Just coat the bristles with the product, shape and leave to set. This may take a couple of treatments to ensure the bristle memory remains.

If you have any contributions, comments, 'Did you know's', details of any art related events, trails, exhibitions, workshops or if you have seen a good YouTube video or read and want to recommend a good arts book that can be shared with the group, please send me the details for the next newsletter.

Please let me know if you would like me to keep going with a monthly newsletter?

**First Meeting is at: -
The Spring Arts Centre,
56 East St, Havant PO9 1BS
Friday 6 May
10am to 12 noon**

Learning by Art

u3a learn,
laugh,
live

The Spring