

Coronavirus (Covid 19) and Havant U3A



The Third Age Trust (TAT) has now published some useful information on coronavirus and how we manage our lives during this difficult period. We recommend you look at the 'Ideas to Keep Learning' and 'Keeping in Touch' documents, click onto 'U3A' on the **top** yellow header from any main page of this website to access.

The Government has advised that from now on, everyone should stop non-essential contact with others and adopt a regime of social distancing. People in high risk groups should take care to minimise social contact. As a general rule, we are members of a high risk group by reason of our age profile. Moreover, we have a number of members who have underlying health issues and may therefore be at greater risk of possible infection than the population at large.

In some cases It may be possible, with the aid of modern technology, for interest groups to function with some adjustments. Margaret Stanger, for example, intends to continue with her scrabble group with the aid of the internet.

The Third Age Trust have shown that U3A committees and individual members have come up with creative ways to keep in touch with each other and stay connected, see above for the link to their website.

It may be possible to run groups remotely via social media, Skype, WhyPay, Microsoft Teams, Google's Hangout and Zoom. Further particulars are available from the Third Age Trust article available through our website or direct from theirs (see above for how to access).

We are very fortunate in having in our number some members with outstanding technical expertise and it may be that they can assist. Margaret Stanger, for example, intends to continue with her scrabble group with the aid of the internet. Our secretary, Philippa Gray, has kindly agreed to offer advice on internet related matters.

Finally, if you are aware that some of your group are on their own, please give them a telephone call or maintain internet connection and encourage others in your group to do likewise.

If you have any queries, please be in touch with me.

John West,
Chairman