

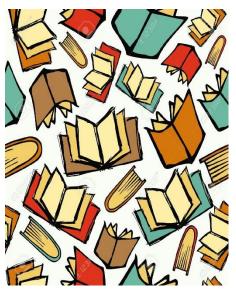
# HASLEMERE MEMBERS NEWSLETTER NOVEMBER 2023

It is now November and Autumn moves on with fireworks and various u3a events.

There are just three days to go until our General Knowledge Quiz Night on Friday 3<sup>rd</sup> for a 7.30pm start at Our Lady of Lourdes Church Hall on the corner of Derby Road and Weydown Road in Haslemere and there are just a few spaces available with teams of up to six people. Interested? Please book your place(s) via the u3a website under 'contact Chairman.' A highly enjoyable evening awaits!

The Annual General Meeting is on Monday 13<sup>th</sup> November @ 1.30pm and I would like to welcome as many u3a Members as possible as we need a quorum of 10% of the membership so that the meeting can go ahead. Please come and support us. The November Speaker will follow the AGM at 2.00pm.

Yours ever, Jock



YOUR NOVEMBER SPEAKER – MONDAY 13<sup>TH</sup> NOVEMBER @ 2.00PM – <u>AFTER THE</u> <u>AGM @ HASLEMERE HALL</u> – RICHARD EVERETT: A PLAYWRIGHT'S JOURNEY.

Richard Everett has been a professional Actor, Screenwriter and Playwright for over 40 years, working with many of the industry's most notable performers. He is the author of 6 published plays, 3 feature films and 200 animation scripts to his writer's credit. His talk will show illustrations and film clips of these works and he will share his rollercoaster journey through this rather wild and wonderful profession! An interesting and intriguing afternoon awaits!

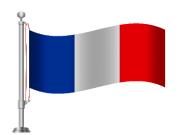
Haslemere u3a Members and guests/non-Members are very welcome at these monthly meetings and non-Members can come to any two meetings before joining the Haslemere u3a. Tea, coffee and biscuits are also provided!



### DON'T MISS THE CHRISTMAS CHARITIES FAYRE SATURDAY 18 NOVEMBER @ HASLEMERE HALL 10AM-2PM

The annual Charities Fayre, organised by The Rotary Club, is the only multi-charity event in Haslemere's pre- Christmas calendar and the Haslemere u3a has always been proud to be a

part of it by taking a stall. All not-for-profit organisations are welcome to take a stall to promote themselves - that's both volunteer and community groups as well as registered charities. Do pop by and say hello!!



### BONJOUR!! A NEW ADVANCED FRENCH

CONVERSATION GROUP! Some four years ago, lan Bennett set up an advanced French conversation group which proved to be very successful but was sadly curtailed by the arrival of Covid. The group is geared to fluent French speakers discussing current events in France

today, using Antenne afternoon TV news programmes and hearing fast speaking street French such as you face on visits to France! You will also be able to raise and discuss current topics of your own choice in a relaxed but French-style atmosphere! Interested? Please contact Ian Bennett via the Groups Co-ordinator on the u3a website. The course will start in the New Year when suitable premises are located with sufficient interest. MERCI!



### **NEW EXCURSIONS SECRETARY!**

Huge thanks to Don Stacey, our Excursions Secretary, who is standing down after nearly eight action-packed years. This role will be taken over by one of our Committee Members, David Lee. Proposed visits in 2024 may include a visit to the Maritime Museum in

Greenwich - provisionally aimed at March – plus a trip to look at all the Chagall Windows in the UK, visits to Bletchley Park, Stowe College and the Cathedral Corpus Christi Flower Festival in Arundel - which is held on the 29<sup>th</sup> and 30<sup>th</sup> May. Don only planned day excursions but in time, if there is an eagerness to travel further afield, a two or three day trip with an overnight stay might be looked at. This would allow more time on each individual visit, perhaps seeing several adjacent sites of interest and would allow trips to venues further away, which otherwise would not be accessible.

Help with suggestions for future venues, organisation of trips and planning and design of trips for the future would be most welcome. Please contact David Lee via the u3a website.



### COMMUNITY KEN AND TRICKY DICKIE SMASH THE GREAT SOUTH RUN!

U3a Member, Ken Griffiths and Richard Reincke, affectionately known locally as Community Ken and Tricky Dickie, took part recently along with 20,000 other competitors in the 33<sup>rd</sup> Annual 10-mile Great South Run – and in glorious weather too! Having trained hard for many weeks, Ken and Richard finished the race and raised an incredible £4,572 for their chosen charities – The Hunter Centre in Haslemere and Talk to Me, a

Counselling Service at Haslewey Community Centre. Congratulations!



### HAPPY 20<sup>TH</sup> ANNIVERSARY HASLEWEY!

The u3a recently had a stall at the Haslewey Community Centre, opposite Tesco, who were celebrating 20 years helping the local Community. The event was opened by u3a Member and Haslemere Mayor, Jerome Davidson who, along with his wife, the Haslemere Mayoress, hopes to enjoy the u3a Wine Appreciation Group – if he has the time now of course!!



### **DELICIOUS "FOOD OF THE MOMENT!"**

This popular course is now open to both new and previous members. The aim of this group is to bring like-minded people together and increase the understanding of current food trends through demonstration, occasional hands-on experience and discussion. If you have an interest in food preparation or are keen to discover how to prepare a particular food product or even just want to understand a cooking technique (including the use of an air fryer), then this group may interest you. They meet in a home kitchen and thus numbers are

limited. No particular level of ability is required and the group is open to all members of the U3A. There will also be an opportunity to taste the dishes produced during the session – yum!

The group meets on the 1st Wednesday of the month until April and the session is approximately 2 1/2 hours 10.00am – 12.30. Every month in the 23/24 course will have a particular theme which will be announced to those who have registered approximately 7 weeks in advance. It will be necessary to apply for each session when the theme is announced. Interested? Please contact Jill Bancroft via the website. An attendance fee of £5.00 per session will contribute towards the cost of the ingredients.



## ALTERNATIVE RAMBLERS - 9 MILES +

A group of keen u3a walkers enjoyed an invigorating walk around The Devil's Punchbowl recently in glorious October weather! Their walks are around 8-10 miles in distance and they walk on the 3rd Tuesday of each month, from September until July, taking a break in the winter months of December and January. Each member, or pair of members works out a route in

advance and recces the walk for inclines, conditions underfoot and, importantly, a suitable place for a coffee stop and then for lunch.

They don't stop at cafés or pubs, preferring to bring a flask and snack for the coffee stop and a packed lunch. This allows them more freedom in where they walk and can provide some beautiful picnic settings. The exception is the pre-Christmas November walk which is shorter in length and followed by lunch in a nearby pub! The group doesn't confine itself to the Haslemere area, with starting points sometimes a 30-45 minute car journey away. There is no attendance fee. Start time: 10.00 am. For more information, please go to the u3a website.



CYCLING FOR FUN! The u3a outdoor groups have been enjoying some lovely weather recently. The Cycling for Fun group had a record turn-out for the ride from Liss to East Meon with 16 members enjoying a ride to Ye Olde George Inn for a welcome rest and break for coffee - which was well deserved after the steep hill up to Hawkley! They ride twice a month, on 2nd Tuesday and 4th Thursday and always welcome new members for a try-out. For more information, please go to the u3a website.

#### AMBLING IN THE SUN!





U3a 3-4 mile Amblers enjoyed a lovely walk recently around Witley Common and ended up at the Dog & Pheasant in Brook for a scrumptious lunch. The Amblers walk on the 4th Wednesday of each month, starting in September, excluding December, and finishing in June.

All walks, unless notified otherwise, are approximately 3-4 miles long over reasonable terrain (they do not do steep hills!!) and start promptly at 10.30 am, usually from a local hostelry or similar venue. They do not confine themselves to Haslemere & District only, so some walks will involve a small car journey. For more information, please go to the u3a website.

#### RECENT ARTICLE IN "THIRD AGE MATTERS" MAGAZINE!

We saw this in the recent Third Age Matters magazine and wondered if it could be of interest to some of our Haslemere u3a Members?? Interest Groups Online (abbreviated as IGO) is an online u3a Community that offers the opportunity to join interest groups, talks and courses - mostly via Zoom - from the comfort of your own home. The activities are run by Members and are a great way to meet people from across the u3a movement. For more information and to find out what sessions/activities/groups are on offer and at what cost, please go to www.u3a.org.uk/igo

### NEW!! LIP READING GROUP ON ZOOM – FREE TO U3A MEMBERS! EVERY FRIDAY MORNING – 10.00-10.40AM.

As we get older, many people experience hearing loss. It's not that we can't hear other people talking, it's more the case that we can hear but we cannot understand what people are saying. This is because hearing loss tends to affect the high notes rather than the low notes and therefore speech sounds rather muffled. Lip-reading helps to turn these sounds into meaningful dialogue. This Zoom Lip Reading Group is essentially a lip-reading class but includes other related topics relevant to people experiencing hearing loss. To join this Group and receive the Zoom link to the weekly meetings, just email your name and the Haslemere u3a to Tony Edens via the Groups Co-ordinator on the u3a website.



### CHRISTMAS PARTY CELEBRATIONS - SAVE

THE DATE!!! Do come and join us at Haslemere Hall on Monday 11<sup>th</sup> December from 1.30pm – 3.30pm and enjoy an afternoon of festive fun, good company, Prosecco/wine, nibbles and canapes – plus a special Yuletide General Knowledge Quiz!

**NEW MEMBERS!** A very warm u3a welcome to: Bob Grenside, Christine Ogden, Morag Fox, Stephen Meyer, Nicholas Metcalfe, Greg Kelson, Elizabeth Hutchison, Keith Hutchison, Julie Maclean, Jean Leston, Amanda O'Keefe, Judith Ingham, Mel Knight, Julia Paget-Brown, Steph Videlo, Angela Jones, Judith Johnson, Susan McKim, Nigel McKim, Vreni Scott, Malcolm Scott, Stephanie Horsman, Sue-Anne Emerson, Jane Foster, Benjamin Baker, Rosario Henshall, Judy Goodall, Pamela Fox and Dick Koopman.

SOCIAL CLIP BADGES FOR MEMBERS - Some Members will have seen or received a small social clip badge at various Group meetings or events. They are for any Member who wants one and wearing one is, of course, completely optional! The idea is for Members to wear them at Group meetings where they might not know everyone, as well as events such as the AGM, Speakers Meetings, Quizzes, Enrolment Day, Prosecco Party etc. They are very effective icebreakers, making it easier to recognise and welcome other Members, particularly those who don't come to many meetings and events – not to mention helping all of us to remember people's names! Diana Serman, the Accommodation Secretary, has a file with badges already made up and she will bring them to all such meetings. She hopes Members will tell her, ideally by email via the website, if they would like a badge for themselves and it should be ready for them to collect at the next u3a event they attend.

SHARE YOUR NEWS! We are always very interested to hear about Members' news - perhaps unique memories of their past or occasions to be cherished. If you would like to share your news or something special in your life, please email publicity@haslemereu3a.co.uk

### **GROUP PICTURES NEEDED**

We always need Newsletter too!)

We always need Group photos for our Facebook page (and for the Newsletter too!) to promote Members having fun and enjoying u3a activities. Please email these to Judith, our Social Media Co-ordinator,

via our website contact page. Thank you. Published by Haslemere u3a, Haslemere Hall, Bridge Road, Haslemere GU27 2AS. Website:

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