



South Central Network Zoom

Groups meeting 14.05.2020

Sally Ingledew	SCN Manager
Kevin Stock	SCN Administrator & Waterlooville
Barbara Spiegelhalter	SCN External Liaison & Portsmouth
Bridget Watts	Emsworth
Kathy Parker	Gosport
Braith Harris	Horndean & District
Geoff Smith	Horndean & District
David Lee	Locks Heath
Marion Emery	Portsdown
Jean Ryan	Solent
Sue Ponting	Stubbington
Maggie Morter	Stubbington
Chris Adams	Stubbington
Judith Sims	Warsash
Jane Pearson	Guernsey
Pam Davidoff	Arun East

Welcome Sally Ingledeew

SI to contact Third Age Trust

The attending U3As have the following number of Interest Groups & members: Emsworth 30/200, Gosport 55/400, Horndean 35/200, Locks Heath 24/225, Portsdown 33/235, Portsmouth 22/210, Solent 42/376, Stubbington 65/540, Warsash 34/215, Waterlooville 102/830, Guernsey 80/820, Arun East 140/1900 :

Discussion about giving lifts for eg walking groups no conclusion reached.

Access for those not on internet: post, help with using tablets etc by phone : phone cascade : group leaders keep in touch : hand delivery: public notice boards : relative (not member) as contact who will relay.

Groups are using Zoom : Whereby.com : Microsoft : WhatsApp etc often on their own initiative.

Re zoom to overcome time constraint have consecutive meetings (after 40 mins just join the meeting again). For a shared zoom suggest have one host who need not attend but can arrange meetings and then hand over host role.

TAT media tutorials found to be very useful.

Some permanent changes - SCN meetings will be zoom meetings. Discussed large meetings by zoom. Have had coffee morning on zoom successful. It may be that zoom could enable people who cannot get to a venue could possibly zoom. Some speakers will audition by zoom. Some U3As are videoing groups etc, which led to the idea of a video magazine.

Pictures of gardens through the year on website to keep interest of members.

Some U3As are having an effect on the whole local community eg pressure to get supermarkets to deliver, fill in survey, Portsmouth Aging Network, there are a lot of opportunities. Agreed to have a page to showcase these on website

Trust website - S E region website not many look at one person accesses and shares with others.

Groups still meeting:- cards, canasta, scrabble, creative writing, languages, tai chi, playreading online, art, photography, golf, amateur radio, lunch club discuss menus for next year, bridge, science technology, new groups ballet, pilates, zumba links to you tube , keep fit one person checked out sites for suitability done individually, have discussions. Jazz appreciation zoom share youtube tracks or spotify. History research, quizzes. Book clubs craft groups set project and send in photos.

CA a winner in TAT eye. KS asked for photos for Welcome page on SCN website.

Review of what groups are doing in newsletter

Locksheath want to upload a version of Ted talks agreed it could be done, but not called Ted

GS British Pathe and movietone are available on internet.

Confirmed that contributions to venues cannot be done in the name of the U3A.

Meeting closed 3.30

Post meeting notes: Sally emailed Ian McCannah on a couple of topics:

Sally: Hi Ian. You have probably had this suggested, but for members who do not for whatever reason have access to the internet, if they can provide the email of a family member or friend, then any information can be sent there, to be relayed by phone, or printed out to the member. I'm told the upside is it gives children something to talk about to their parent.

Ian: Good to hear from you. Yes - we are promoting the "buddy" system.

Sally: Sorry to be picky, the buddy system I understand, but this suggestion involves people who are not members of any U3A themselves, children maybe. Another minor point, it's often the case that although help is offered there is actually very little take up.

Ian: Apologies for the misunderstanding.

Sally: Hi Ian. Sorry to bother you again, but it's so nice to get an answer....This point was raised at the last SCN meeting. Concern on how and when Groups can start. Is the Trust considering some sort of exit plan and will they clarify the situation with regard to insurance? Will there be anything from the Trust about this ?Also, I'm a bit puzzled about the decision to start a second Virtual U3A, is there a reason for it?

Ian: Sally. I have responded to many questions such as yours. No easy answers but here goes:-

a) all advice from the Trust follows government guidelines.

b) each U3A is an independent charity with an elected Committee to manage its affairs. In doing so, it should follow government guidance. If this is not clear on the area in question, err on the side of caution so that the Trust provided insurance policy is not compromised.

c) in the final analysis, the decision is for the individual to take, based on their personal circumstances, irrespective of advice from third parties.

Insurance cover is in place unless government guidelines are breached.

In the May office newsletter this week there will be an item on Trust U3A as well as in TAM next month. If they do not answer your questions, please email me or ring 01707 870142. Keep well and in touch.