

Tales of the Women's Land Army comes to Suffolk

On January 15th over 120 people come to The Cut hear John Midwinter give a well-researched and engaging talk about what we might all do as individuals to help slow down future climate change. He gave a number of practical examples from both his own direct experience to help him reduce his own carbon footprint, with a mix of installing improved insulation, using lower energy appliances and the capture of solar energy for electricity generation and water heating. In short his message to us both during the talk and in responding to questions from the floor boiled down to 'consume less, better insulate our homes, use more efficient appliances and move rapidly away from fossil fuel based transport'. He was clear that although time is running out that with individual and political change an enjoyable and sustainable life is readily attainable without wrecking the world for our children and grandchildren.

Tuesday February 19th 2.30 at The Cut will see Helen Frost give an illustrated talk about The Women's Land Army in WWI with a focus on Suffolk. As always Halesworth U3A tries to cover a wide range of diverse subjects in their monthly open to all talks. As always non-members are most welcome for £3.00 on the door. Increasingly people now come early to chat, drink tea and perhaps enjoy a light lunch at The Cut Café.

Our speaker says about her coming talk. Prepare to be more than surprised about this neglected aspect of our WW1 history and the legacy of these inspirational 'Lands women' as they strove to overcome both male prejudices, and the then more rigid class and gender stereotypes. And overcome it they did.

Plans are now in hand for an all-day U3A coach outing to Ely on Tuesday 18th June. This year we have provisionally booked 2 coaches so there will be plenty of room for friends and guests as well as U3A members. Details of tickets will be available nearer the time, and when tickets will be available from The Cut. Perhaps this is date to put in diaries now as a reminder of warmer weather to come.

So, as always, if you're retired (or about to be) and looking for something new to do with others why not join the 270 or so members of Halesworth and District U3A. There are now over 30 self-running interest groups many of which have space for new members, along with a monthly programme of talks or social events open to all members. To find out more please take a look at our website (just search Halesworth U3A) where you can find out more detailed information, click through to make contact, and find membership application forms (£15.00 pa.)

For those who prefer their information over a coffee and face to face you can meet with some of our longer standing members at our U3A new/potential members hour in the Cut Café from 11.00 until noon on Friday 22nd February

If you are no longer in full time work or raising a family, Halesworth and District U3A may be for you. A good way many find to pursue existing and new interests, keep active and make new friends. As always, U3A members strive to continue to 'Live, Learn, and Laugh' while enjoying each other's company and sharing their common skills and interests.

Martin Stevens for Halesworth and District U3A