



Halesworth and District U3A was established in 2003 and now has over 300 members.

Members come from both Halesworth and surrounding villages.

We are a self-funded, self-managed, democratic organisation run by a committee of members elected annually at our AGM.

We are part of the national Third Age Trust which gives all members and groups access to a wealth of information and support.

Produced by Halesworth and District University of The Third Age (U3A)

For the latest information go to [halesworthu3a.org.uk](http://halesworthu3a.org.uk) or just search 'Halesworth U3A'

**LEARN LAUGH AND LIVE –  
WITH HALESWORTH U3A  
WHY NOT COME AND JOIN  
US?**

## HALESWORTH AND DISTRICT



**LEARN  
LAUGH  
AND LIVE!**

## INFORMATION FOR MEMBERS





## Monthly Meetings

These are usually held on the third Tuesday of each month at 2.30pm at The Cut Arts Centre in Halesworth. You can hear a variety of interesting speakers covering a wide range of sometimes unexpected but nevertheless fascinating topics. Non-members are also welcome to join us for a small charge and perhaps learn more about what the Halesworth and District U3A may have to offer.

## Interest Groups

These are the lifeblood of all U3A's and Halesworth is no exception to this with over 30 such groups. These groups are dependent on members, who share their skills, expertise, enthusiasm and sometimes their front rooms with others. Details are to be found on our website.

## Want to Join a group?

Either contact our Interest Groups Coordinator Jan Athis on 01986 948072 or click on the 'bird' on the group page of our website. Some groups can also be contacted direct through the 'bird' on the individual group page also to be found on the website

## Who Can Join U3A?

**U3A** membership is not related to a specific age but to a period in one's life (the third age) after the second age of full-time employment and parental responsibility. Anybody in their third age can join U3A and this includes people who are working part time. There is no lower age for membership

## Keeping You Informed

We are increasingly using email and our website (search for 'Halesworth U3A') to keep members informed about our 30 plus interest groups along with information about the monthly talks and occasional social events. If you are not online we may be able to pair you up with a member local to you who is, or post the information to you.

## Magazine

Members can also choose to receive as part of their membership a copy of 'Third Age Matters' the national quarterly magazine

## Membership

Costs £15.00 per year. Payment by cheque or standing order please.

To join either

- Phone Monica Edmonds  
01986 872206
- Email direct from our website – just search 'Halesworth U3A' and go to the contacts page.
- Or print and complete an application form from the Welcome page

Membership cards are issued as soon as payment has been received.

## And Finally

Should you choose to join us or have recently done so we hope you will, **make new friends, learn new skills and enjoy being part of Halesworth and District U3A**