

## U3A Science Group

### 2019 Programme

All events on the **fourth Thursday** of the month at 2:00 pm in the side room of the United Reform Church, Quay St, Halesworth (\*Unless stated otherwise).

January 24 **Solar Evolution** – Nigel Witts

February 28 **South Georgia: an example of exploitation, recovery and modern conservation** - Douglas Bone

March 28 **Insight Into Electricity** - Colin Jones

April 25 **Colour, Dyes and Pigments: Science, Art & Nature**- Ken Derham

May 23\* **Diet, Metabolism & Health**

\*This meeting was in the upstairs room at Chinnys, Norwich Rd (not at the URC)\*

**Macrobiotics** - Diana Fernando

**Vitamins, micronutrients etc and absorption from gut** – Jan Athis

June 27 **Gut-Brain Axis** - Malcolm Ballantine

July 25 **What we learn from bird ringing and tracking** – Brett Edmonds

August 22 **Visit to the University Museum of Zoology, Cambridge**

\*All day trip

September 26 **Geothermal Energy** - Mike Oldfield

Followed by discussion of topics for next year

October 24 **Kidneys and the Renal System** – Jan Athis

November 28 **Traffic Congestion – research, solutions and forecasting** - Fred Fisher

December - No meeting

For further information about Halesworth U3A Science Discussion Group please email:

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