



Details of the Monthly Meetings

Our Monthly Meetings are usually held on the first Thursday of the month, 2:00pm-4:00pm. Our venue is The Bowdon Rooms (home of The Cinnamon Club) in The Firs, Bowdon, Altrincham, Cheshire WA14 2TQ. Doors are open from 1:30pm, with the meeting beginning promptly at 2:00pm. A small admission charge of £1.00 is made as a contribution to our costs. Members are requested to have their £1.00 coins at the ready. The Monthly Meetings are a great opportunity to listen to an interesting talk from an invited speaker, to find out what other people are doing in U3A, to join a new group, to meet members you already know and to make new friends. Please note that there is plenty of free parking next to The Bowdon Rooms. These are our next four Monthly Meetings:

- 5th Sept:** "From the French Pyrenees to Blackpool". Vic Heaney describes his extraordinary and inspiring fund-raising walk, at the age of 70, from a French village to his Lancashire birthplace, via the Pennines and Hale!
- 3rd Oct** "Outsider Art". David Stockwell makes a very welcome return to give an illustrated talk on art produced by those from many different backgrounds, that does not necessarily fit into the mainstream.
- 7th Nov** "Gamblers get the spots, families get the symptoms". Paul Isherwood will explain the meaning of his enigmatic title in his story.
- 5th Dec** "The 1950s". Dave Walmsley will make a welcome return to take us through a decade dear to many of our hearts, in his usual light but informative way.

Days Out

- 18th Sep** Crich Tramway Village, Matlock. FULLY BOOKED. Waiting List only.
- 23rd Oct** East Lancashire Railway Steam Train and luncheon. FULLY BOOKED. Waiting List only.
- 25th Nov** Chatsworth. Christmas Markets, decorated house and Christmas dinner. FULLY BOOKED. Waiting List only.
- 10th Dec** 3 course Christmas lunch at Gorton Monastery with a talk about the history of the monastery, Christmas music and mulled wine on arrival. Pickup will be at 11 a.m. until about 3 p.m. The cost is £35 plus the cost of a coach to get you there.

Organisers - Sue Power, Jean Cooper at: daysout@haleu3a.co.uk

Forthcoming Social Events

- 19th Oct** Country and Western Evening at St Peters Assembly Rooms. Details later via email.
Organiser - Sue Harris at: socialevents@haleu3a.co.uk

Greater Manchester U3A Network Quiz

This will take place on Tuesday 5 November 2019 starting at 1.15pm and finishing around 4.15pm at Eccles Town Hall. There will be a number of rounds of questions in various categories plus a refreshment break with table quiz activities. If you are interested in being part of at least one Hale and District U3A team of six then please contact our GM representative Carole Mindham at mindham@talktalk.net. She will need to know by the 12th September if you wish to take part.

DAY	MORNING	AFTERNOON	EVENING
MONDAY	Beginners Italian 3 Astronomy Yoga	LINUX Creative Writing 2 French Conversation 1 Beginners French Course 2 French Conversation 2 Local History 3 Beer Appreciation	Outdoor Bowling
TUESDAY	Tennis	Singing for Pleasure Painting 1 Italian Conversation French Conversation 4	
WEDNESDAY	Walking 3 Walking 2	Spanish Immersion	
THURSDAY	Tennis Stitch and Knit Bird Watching 2 Gentle Yoga 2	Canasta Drumming (Hand) Folk Dancing Boardgaming Geology	Badminton
FRIDAY	Drama Cycling 2 Spanish Conversation 2	Psychology	
SATURDAY		Outdoor Bowling	

Some groups run as courses eg., Mindfulness, Egyptology, Beginners French Course, Computer Skills, I-Pad. The day and time is announced when the course is due to begin.

NB Art Appreciation 3 meets once a month on Tuesdays or Thursdays and Fridays depending on activities. They are recruiting new members.

For Further Information

Online at: The Hale and District U3A Website OR

See the notice boards at the Monthly Meetings OR

Contact Ardha Danieli, Groups Coordinator groupscoordinator@haleu3a.co.uk

Have a look at "[Things you might be interested in](#)" on Events page of the Hale U3A Website. It contains details of some third party events, activities and organisations outside of our U3A.

Show off your work in 2020?

The Singing for Pleasure Group and Ukuleles have suggested that for Christmas 2020 (not this next one) we put on our own entertainment for the general meeting at the Bowdon Assembly Rooms. Would any other groups like to take advantage of presenting some of their work - Poetry, Prose, Dance etc to our members? Please let me know on susanheaton46@gmail.com. If we are inundated, we can also use the AGM for some presentations. So go on, be brave and offer your services.

The picture shows Lymm U3A at the Lymm Festival. They exhibited work by their following groups, Flower Arranging, Go Sketching, Scribblers, Mosaic, Art Club, Stitch 'n' Natter and Ukulele.



DR. BERNARD MARKS 1926 - 2019

Bernard, who was a founder member and the first Chairman of Hale U3A died recently.

In July, 2011 he attended the first meeting of a small group of people called together to form a U3A in Hale and where he was 'persuaded' to be Chairman.

He served as Chairman for three years and was a major influence in how we developed as an organisation and in particular how we operated as a Committee.

He was the quiet voice of reason and clarity on the challenges we faced in those early years. He laid the foundations for the way the Committee operated; honestly, fairly and responsibly. His wit, sharp mind, kindness and generosity were greatly appreciated and respected.

He was a member of the Philosophy, Science for All and Current Affairs Groups. His contributions to all these Groups were based on his wide knowledge of medicine and health, gained as a Doctor and Teacher. He was particularly interested in Ethics both from a philosophical and practical point of view.

He practised as a GP in Manchester before becoming a lecturer in GP Practice at Manchester University. On retiring he and Joan travelled widely in their motorhome before they became involved in the formation of Hale and District U3A.

Italian Holiday June 2019

In June 2019 48 U3A members set off for a 7 night holiday on the Italian Riviera. The sun shone, the sea was very blue, our hotel fed us very well and the Italian wine and ice cream were delicious

We visited Monaco where we were wowed by the Cactus Gardens and the beautiful old town. We got a wave from Crown Prince Albert and gasped at the wealth displayed outside the casino. We explored San Remo and the delightful hilltop village of Cervo. Alassio gave us beautiful gardens to explore and a boat trip round Gallinara Island.



The grand finale was a visit to Santa Margherita and a boat ride to picturesque Portofino in the Cinquetera. From the motorway we caught a glimpse of the collapsed bridge in Genoa which was blown up the following week. On our free days some lazed by the pool while more active people visited the local market, walked along the coast or took the train to Ventimiglia. We didn't lose anyone, well only two! The group arrived back in Manchester to a chilly wind and rain, things we had forgotten about during our delightful holiday.

Theatre Visit to Dunham Gardens - Pride and Prejudice



After the atrocious weather forced the cancellation of our visit, we bravely went to the rescheduled performance. It was very well done and the gardens at Dunham Massey were a beautiful setting for this well-known story. Although the audience was much reduced, the picnics and wine added to the enjoyment and the actors did a wonderful job. Outdoor performances are always a risk, but that's the British weather for you!

If you have any news that is of general interest to the membership or you would like to give more information about your group then please contact the newsletter editor at the email address on the next page

Music Train : August 14th 2019

Over 40 members joined the Music Train to Chester, to be entertained by "Pastryshoes" on the train (to the amusement of ordinary commuters) and then at Alexander's Jazz Club in Chester. "Doctor Blues" at the Jazz Club are fantastic musicians and the Supper of Chicken Pie was good too. A brilliant night all round and thanks to Sue Harris for organising it.



Days Out - Penryhn Castle : July 17th 2019



In July Sue and Jean booked two coaches to take 90 of us to Penryhn Castle. There we found not only a Victorian Castle but a story of how the family obtained their money (slave plantations), a fabulous Walled garden, superb views from the grounds and last and certainly not least a small railway exhibition of the engines and rolling stock that serviced the owners quarry. This quarry was the largest slate quarry in the world until a series of bitter strikes by the workforce for better pay and conditions. A full day out.

Our U3A Spanish Immersion Group would like to know if any member knows of a fluent Spanish speaker, e.g. a neighbour, friend or relative, who could occasionally join the group on Wednesday afternoons for a chat. While the Group would not be able to make payment, there would be a warm welcome, a cup of tea/coffee and a biscuit or two. If you know of anyone who could be interested, please make contact with Jeanne Price at jeannevprice@gmail.com

Important Information for Members

Please remember to let U3A know if you change your home address, email address or telephone number(s). Please advise the Membership Secretary of any changes.

Gift Aid: are you a UK tax payer? If so, you can authorise Hale & District U3A to claim from the tax man an additional 25p for every £1 of your annual subscription and help keep down costs to members. Gift Aid forms can be picked up at Monthly Meetings or you can print off a copy from our website at: u3asites.org.uk/hale/welcome or request it by email: join.haleuthreea@btinternet.com.

Members are requested to have their membership cards with them at all U3A events and activities and be prepared to show them if asked by Group Leaders or event organisers.

HALE U3A COMMITTEE AND CONTACTS FROM 2019 AGM

CHAIR: Sue Heaton

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MONTHLY MEETING SPEAKERS:

Chris Mason