



NEWSLETTER QUARTER 1 2022

Just a bit of information, and at the end, for reference, the Principles of the u3a movement

Membership. Subscriptions are now due (March) for 2022/23. The fee is unchanged this year at £14, which we are pleased to be able to maintain. The average u3a annual fee is around £20 per annum.

MONTHLY MEETINGS. Reminder of the timetable – arrival is from 2pm for the speaker or activity to commence at 2:30 pm. Since the committee only have access to the Hall from 1:45pm, people arriving early is very unhelpful. So we would appreciate your efforts in NOT arriving before 2pm UNLESS you might like to be a Tea volunteer? We would welcome more volunteers since this means people don't have to do it so often.

APOLOGIES for the cancellation of the January meeting. Unfortunately Covid restrictions imposed by Wealden District Council limited numbers able to use the Hall, so making it impractical for our meeting to take place

GROUPS We currently have 20 groups running in Hailsham u3a. Note that Natural History is now running and would welcome more members – please contact Sally 846031

FORTHCOMING MONTHLY MEETINGS

22nd MARCH – Open Day

26th APRIL – Julius Bannister – “A Night at the Opera”

24th MAY – AGM and Jubilee Celebrations

28th JUNE – Jill Packham – “Travelling overland by bus from Katmandu to London”

26th JULY – MEMBERS ENTERTAINMENT

23rd AUGUST – Bill McNaught – “Brunel – Father, Son and Grandson”

27th SEPTEMBER – Peter Griffiths – “45 years in aviation”

MARCH MEETING – OPEN DAY. Our Open Day is planned to go ahead on March 22nd. Note that as well as tables for our current groups, this year we are having a table for people to register interest in subjects that we don't currently have. Additionally, we would like to speak to people who have a skill or knowledge that they could share with or impart to others, as well as those who have an interest but no knowledge, who would like to research.

So, don't think Open Day is only for new members. It's also for existing members to shape our future. This is all part of the general ethos of the u3a

MAY MEETING – AGM and CELEBRATION OF THE QUEEN'S PLATINUM ANNIVERSARY

We would like to celebrate the reign of the Queen in a special way. Therefore we are asking members to provide, where they can, EITHER Royal memorabilia (e.g. Coronation mugs, commemorative stamps, anything from during the reign at any time) for a display OR particular memories of the Queen's reign (if anyone has ever met her, had letters from the Queen, or perhaps a special memory – what you were doing on Coronation Day, or on one of the other Jubilee celebrations). We hope to be able to build an interesting "timeline" for members to see and share memories with others.

U3A ONLINE!

For those who are interested, the u3a magazine "Third Age Matters" is also available online. If you no longer require a paper copy, please contact Cilla Cook (Membership Secretary link on the u3a Hailsham contact page)

For the current (February) edition go [to](#)

<https://www.u3a.org.uk/news/publications/third-age-matters-february-2022-issue-screenreader-edition>

Additionally, u3a now issues a podcast – <https://www.u3a.org.uk/news/u3a-radio-podcast>

The Principles of the u3a Movement –The u3a movement is non-religious and non-political and has three main principles:

The Third Age Principle

- Membership of a u3a is open to all in their third age, which is defined not by a particular age but by a period in life in which full time employment has ceased.
- Members promote the values of lifelong learning and the positive attributes of belonging to a u3a.
- Members should do all they can to ensure that people wanting to join a u3a can do so.

The Self-help Learning Principle

- Members form interest groups covering as wide a range of topics and activities as they desire; by the members, for the members.
- No qualifications are sought or offered. Learning is for its own sake, with enjoyment being the prime motive, not qualifications or awards.
- There is no distinction between the learners and the teachers; they are all u3a members.

The Mutual Aid Principle

- Each u3a is a mutual aid organisation, operationally independent but a member of The Third Age Trust, which requires adherence to the guiding principles of the u3a movement.
- No payments are made to members for services rendered to any u3a.
- Each u3a is self-funded with membership subscriptions and costs kept as low as possible.
- **Outside financial assistance should only be sought if it does not imperil the integrity of the u3a movement.**