

General U3A Activity Risk Assessment Checklist in Covid-19

U3A Name - Guildford Area U3A
Interest Group - Outings and Trips
Date Location/Postcode Thursday 9th December 2021 Royal Albert Hall, London, SW7 2AP
Nature and Description of Activity Coach Trip to a matinee performance of John Rutter's Christmas Celebration

Part 1: Before the activity Group Organiser Check list:	Yes ()
<p>A) Consider the current Government and Public Health advice in relation to your location and the feasibility of carrying out this activity safely adhering to present social distancing requirements and permissible indoor and outdoor group sizes.</p> <p>England is now in Step 4. Although social distancing restrictions and limits to numbers have been lifted, government guidance and public health advice is that while cases are high, everyone needs to continue to act carefully and remain cautious.</p> <p>Government announcements will be checked regularly to ensure that the trip complies with the most up to date rules and guidelines.</p> <p>Members will be advised to comply with whatever measures the venue may still have in place at the time of our visit (such as NHS Track and Trace, mask-wearing, cash-less café/bar, etc.).</p> <p>The Royal Albert Hall is currently taking a number of steps to ensure they open safely. This includes Covid Status Certification checks on arrival. Details below:</p> <p><i>"In order to enter the Royal Albert Hall, those aged 18 and over will be required to demonstrate one of the following:</i></p> <ul style="list-style-type: none"> <i>• evidence of a negative lateral flow test, either taken at home or at a test centre, within 48 hours of the performance. Rapid lateral flow tests can be ordered for free from the government website or from pharmacies</i> <i>• evidence of double vaccination provided via the NHS App (England, Scotland, NI and Wales Apps are all accepted), vaccination card, or letter provided by the NHS</i> <i>• proof of natural immunity based upon a positive PCR test taken within 180 days of the performance</i> <i>• double vaccination, negative test or proof of natural immunity via an EU Digital Covid Certificate"</i> <p>Royal Albert Hall staff wear masks. Audiences are also strongly encouraged to</p>	<p>Yes</p>

wear face coverings for the duration of their visit, especially when walking around the building.

Members will be advised to comply with whatever measures the coach company may still have in place on the day (such as hand-sanitising, mask wearing, etc)

- B) Consider whether your activity involves the sharing of any equipment or shared spaces and make suitable arrangements to have antiviral cleaning products available.

No sharing of equipment.

If necessary, members will be advised and reminded about maintaining social distancing in shared spaces, which are mainly getting on and off the coach and the theatre 'pinch points' such as entrance/toilets.

All members will be asked to follow the advice of the Gastonia and RAH staff

- C) Advise all wishing to take part that they should allow group leaders take a register with contact details of participants to share with NHS Contact and Trace service if required.

All members complete an application form, so the GL has their contact details

If anyone develops Covid-19 symptoms after the trip, the GL will contact all members to advise them of this

- D) Where necessary inspect area prior to starting activity to ensure adequate social distancing can be maintained throughout and to remove/isolate any hazards.

We have visited the Royal Albert Hall before. It is a large and airy venue with a number of entrances/exits, and I don't envisage any issues other than those already addressed.

Members will be observed during the trip and if necessary reminded to maintain social distancing from each other as well as the general public, especially at pinch points, such as getting on and off the coach, the entrance/exit to the theatre. After more than a year of social distancing, members are used to doing this by now, but may still need reminding.

- E) Ensure travel arrangements also meet the necessary requirements

Gastonia have the 'We're Good to Go' accreditation to ensure they meet Government and industry standards. We will ensure that we adhere to whatever measures are still in place by the date of our visit. All their drivers have received two vaccinations.

We MAY introduce some procedures if we feel it is still necessary, such as wearing masks, load from the back/unload from the front, etc. We will decide this nearer the time of the visit, and members will be informed of this beforehand.

- F) Consider the general hazards related to this type of activity, the impact accommodating Covid19 requirements may have on the way it is organised.

The trip has been organised in the same way as other trips with no perceived additional hazards other than being aware of the risk and therefore making allowances for social distancing, hand sanitising, etc as mentioned above.

We carried out coach trips in June and August , ensuring that all Covid measures were in place and adhered to, and there were no problems.

Most members should have had both vaccinations by now. If they are unable or unwilling to receive a vaccination, they are asked to provide a negative test. This is a requirement of the Royal Albert Hall.

- G) Record outcome of these considerations in writing prior to the activity and share with participants so they can complete their personal checklist in line with the information in your checklist.

Before booking all members will be given a copy of this Risk Assessment completed by the Group Leader.

Before booking all members must complete a Personal Member's Checklist (below) so that they can consider their own health risk category and that of anyone in their household, and confirm that they are able to take part without any adverse risk to themselves or their household.

We will keep members informed of any changes to restrictions/criteria as necessary.

We also ask that, in line with Government and Public Health guidelines, if you or someone from your household/family tests positive for Covid-19, are feeling unwell or have Covid-19 symptoms, you stay at home and do not come on the trip.

- H) General Risk Assessment – consider other risks while on the trip and what to do to minimise these.

As they arrive on the trip, all members are given a slip of paper giving information on the plan and timings for the day, as well as two mobile phone numbers (my own and Ann's) so they can contact us if they become detached from the rest of the group, or forget what time or where the coach is departing from.

'Emergency Contact Details' are obtained from Beacon, so they can be contacted and informed if a member is taken seriously ill or has an accident while on the trip.

Signed Group Organiser:

Jackie Ring

Dated

7.9.21

Part 2: Before Activity Personal Checklist: To be completed by the GU3A Member	Yes ()
<ul style="list-style-type: none">• All participants to review their own personal health and circumstances and refer to the NHS Website in England, Wales or Scotland for further information if you are at higher risk of getting seriously ill from coronavirus. • Consider the health risk category of anyone else you are living with in your household. • Review the risk check list for the activity you intend to take part in - completed by your U3A group organiser and consider if it is the right decision for you to take part without adverse risk to yourself or household at this time. • Do not take part if you or someone else from your household have covid-19 symptoms – these include a high temperature, a new continuous cough and the loss, or a change to your sense of smell or taste.	