



## GUILDFORD AREA u3a

### INTERIM NEWSLETTER 16 – 3<sup>rd</sup> April 2021



Dear Gu3a members,

It has come to our attention that putting Group Leaders' and committees' personal phone numbers and postal addresses on the website could be in breach of GDPR. Group Leaders and members of the committees give their consent for their contact details to be put in the prospectus, which is only available to Gu3a members. But the website is our shop window. The whole point of it is to be seen by as many people as possible and encourage them to join us. However, that does leave us open to possible scams.

We have therefore decided to remove all telephone numbers from the website and replace them with an 01483 number which will be a call forwarding service. All calls to that number will be forwarded to Sue Watson, our Membership Secretary, who will pass them on to the relevant member if they are not for her. All publicity material will have that new phone number. Similarly, we plan to use a PO Box number instead of postal addresses.

Anyone wishing to email a Group Leader or committee member can already do so via the website without seeing their email address. Several members of the committees already have generic email addresses, such as [publicity@guildfordu3a.org.uk](mailto:publicity@guildfordu3a.org.uk) or [membership@guildfordu3a.org.uk](mailto:membership@guildfordu3a.org.uk). We now plan to give all committee members such an address.

There are documents on the website, such as the prospectus, which can be downloaded. From now on those documents will be password protected. All Gu3a members will be given the password, which will be renewed every year. If you forget it, just ask to be reminded!

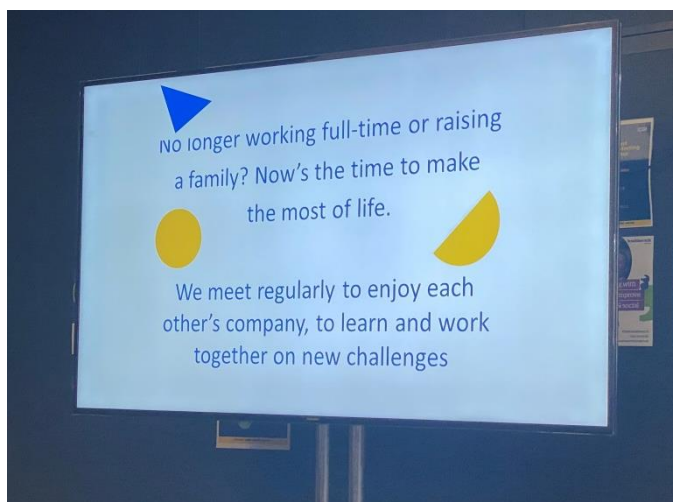
We hope that you will feel more comfortable with these new measures. We will put them into operation as soon as feasibly possible. They will, however, increase the workload of our Membership Secretary, who is already a very busy lady, especially from July to September when most people are joining or renewing their membership. If you feel you could help please do get in touch with her at [membership@guildfordu3a.org.uk](mailto:membership@guildfordu3a.org.uk). It will be very much appreciated.

Many of you will remember the **full-day and half-day workshops** we run on an occasional basis. We are very lucky that **Jennifer Margrave, our Monthly Meetings Secretary and an experienced creative writer**, is offering to run one for us. She gives the details on the last page.

If any of you have not yet seen it, here is the link to the latest **national newsletter**:

<https://mailchi.mp/u3a/your-u3a-national-newsletter-march?e=f35abf735b>

Have you been for one of your vaccinations recently? **Did you see our big poster at GLive?** Brilliant!



Don't forget **our next monthly meeting will take place on Monday 26<sup>th</sup> April. The speaker is Warren Ashton, with his talk on 'Phrases, Clichés and Proverbs – Avoid them like the plague'**. This will be a Zoom meeting starting at 1.45pm with the talk at 2pm. There is no need to register for these talks if you have given an email address, as all members will be sent the login details a few days beforehand. Any members who don't have an email or access to the internet can listen to this talk using their phone. Please call Jackie Ring on 01483 824450 for details.

And last but not least, there is another **Coffee, Cake and Chat on Thursday, 8<sup>th</sup> April at 11am**. If you have not been to one before, please contact Moira at [moira.macquaide@gmail.com](mailto:moira.macquaide@gmail.com) for an invitation. If you have been before – just re-use the link from last time!



We have enjoyed some wonderful weather this week. Even if, as the Met Office says, it is not going to last, the temperature along with the vaccination statistics is moving in the right direction! We have every reason to be positive and forward-looking.

*With very best wishes,  
Julie Beattie  
Chairman, Guildford Area u3a*

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Are we all going to live to 100 and beyond? And how would that affect the way we organise our lives, making sure we have enough funds to live well, and keep ourselves healthy? And keep occupied if we're retired?

A research project run by Lab 4 Living at Sheffield Hallam University has been set up to explore this by way of encouraging older people to prepare a writing piece on how they perceive their lives developing; on how they are seen by others and how they feel about getting older.

In order to facilitate this I'm organising a **two-hour workshop on 22 April from 10 a.m. to 12 noon** where I'll use various prompts for attendees to write a piece. My further idea is to perhaps put this into a mini-book (depending on how many pieces) to submit to the project.

I'd need formal consent from any attendee to use their work.

It's proposed that such work would be displayed at an exhibition at Lab 4 Living's White House building in Sheffield City Centre sometime in the summer 2021, as permitted by Covid regulations, and the researchers will choose pieces to be included in an anthology.

If you want to attend please contact Jennifer on 01483 569884 or at [margravejen@gmail.com](mailto:margravejen@gmail.com) to register and a Zoom invitation will be sent nearer the time.'

*Jennifer Margrave*

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The speaker at our last monthly meeting, the Age UK Advice Manager, Catherine Jezierski, asked if we could do some knitting for **Age UK**. She wondered if any Gu3a members are keen on knitting and would be interested in helping them to raise funds for **The Big Knit campaign with Innocent Smoothies**. Their target this year is to knit 20,000 little hats to be put onto Innocent Smoothie bottles by the end of September. They receive 25p from Innocent for every hat they submit. Knitting patterns ranging from beginners to advanced and details are on their website: [www.ageuk.org.uk/surrey/get-involved/big-knit](http://www.ageuk.org.uk/surrey/get-involved/big-knit) or 01483 503414. Hats can be sent or delivered to their Guildford office at any time before the last week of September.



Here are a few reminders of some of the lovely spring flowers we've seen recently.....

