

Visit to the Houses of Parliament

Mondays 4th or 11th November 2019

Price £15.50 for coach and tour.

Following TAT's publication of "Learning not Lonely", research identifying U3A's positive approach to ageing and sent to all Members of Parliament, we invited Guildford's Anne Milton(MP) to visit us at St Catherine's Hall. As well as seeing a broad visual display of our talents and groups, Anne was able to witness the Chi Gung and Yoga groups in action.

As a result of this, we have been able to set up a visit and guided tour of the Houses of Parliament, where, as long as Parliamentary business allows, we should be able to either meet Anne or see her in action in the Chamber. A knowledgeable guide will accompany us on a 75-minute tour that describes how the business and traditions of both Houses contribute to the day to day workings of the UK Parliament. We can see the Speaker's Procession from Central Lobby into the House ready for the start of the afternoon sitting, and will then be able to watch the business of the day from the Public Viewing Gallery. These 'Democratic Access Guided Tours' are sponsored by Anne Milton our MP.

Lunch can be purchased at their café – or you can go outside for refreshments, but you need to allow time to get back in through security for the afternoon session. We will leave at approx. 4.30.

Instructions – please read carefully

To join this trip please complete the form below, **indicating which date you wish to attend on, or select 'either date'**, and send with your cheque payable to Guildford Area U3A (and a SAE **ONLY** if you do not have an email address) to Jackie Ring, 14 Manston Road, Guildford, GU4 7YE. Email: ring_jackie@yahoo.co.uk Tel: 01483 824450 or mob: (on the day only please) 077 655 45254. Please ensure your email address and telephone numbers are completed to enable us to confirm whether or not there is a place available or to contact you with a query. We aim only to send postal confirmation if you do not have an email address, in which case please then send a SAE. Please take great care to complete your pickup point and the names of all other parties booked by you. All trips are only available to fully paid-up Guildford U3A members (for insurance purposes) and membership numbers must be given. Refunds cannot be given unless a replacement can be found.

Pick up points: A Artington Park and Ride 8.30am, B Nightingale Rd/London Rd bus shelter 8.45am, C Elgin Gardens bus shelter (near Burchatts Farm) 8.50am, D bus shelter opposite BP garage Burpham 9.00am. Please check any parking restrictions at your chosen pick-up point, as charges have recently been introduced. You can park in nearby roads, car-share or pay the parking fees.

✂-----

Name		Home No.	
		Mob No.	
Others booked by you on the visit	<i>Please give their membership number in the appropriate column below as well as your own</i>		
Email address			
Postal address			
Date <i>Please select</i>	Outing	Cost	No. of places
Cheque total	Coach pickup times	Guildford U3A Membership No.	
Monday 4 or 11 or either date November 2019	Houses of Parliament Visit and Tour	£15.50	
			A 8.30 B 8.45 C 8.50 D 9.00