


From: u3a Guernsey Media Team u3aguernsey.news@gmail.com 
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News From u3a Guernsey

Issue 60

February 2023

Membership - 949

Dear Ian

Hi,

Are ready for being active? I was talking to a lady on holiday about u3a. She was very interested to know that we were active in such a small Island. How many groups have you got she asked me? "Not sure exactly", I replied, "but around 60, I think, and 1,000 members". Her response was one of amazement as in her town of about 100,000 there were only about 20 groups and a third of the membership.

There's pretty much something for everyone here in Guernsey, and I am very fortunate to be a part of Guernsey u3a.

Are you happy doing what you're doing at present, or do want to make a leap and sample something new? Nothing ventured, nothing gained.

Live, Laugh and Learn!

Ian Jowitt,
Newsletter Editor

Message from the Chair

The **February Coffee Morning**, our first at KGV, was busy and seemed to go down well. There certainly was plenty of chat. I had to really use my 'teacher's voice' to call order. The staff at KGV were brilliant bringing more tea, coffee, cups and chairs and they made us feel very welcome. They have since been in touch with me about how to make improvements for our next Coffee morning. So, yes, for the next few months we will continue to meet at the Community Cafe at KGV at 10am on the **first Tuesday of each month**. Unlike at the St Pierre Park Hotel, you are very welcome to stay behind after the Coffee Morning and perhaps enjoy a tasty lunch. The menu looks very varied and I am hearing good reviews. For info, here's a link to the cafe menu - <https://www.himalayankitchen.gg/wp-content/uploads/2022/12/HK-Menu-2022.pdf>.

We will also be hosting an additional **Drop-in Coffee Morning** on the 18th April at the Community Cafe at KGV to provide a forum for all members to advise, suggest and give feedback to the Committee on any aspect of how u3a works for its members in Guernsey, and additionally to support new members integrate into our organisation. These drop in sessions will take place on the **third Tuesday of the month** 10am to 11.30am, **but ONLY four times a year**. Please do pop along if you are a new member, or if you have an idea or suggestion to discuss with the Executive Committee.

Our Organisation continues to flourish and evolve and it does so with the support of you members volunteering to help in groups and in the work we carry out in organising events and talks. We will be holding a **FREE afternoon tea on 26th April at Les Rocquettes Hotel**. This event is aimed at recruiting volunteers to support us, but not necessarily taking on a position of responsibility on the Executive Committee. You are all invited to find out more, work in groups with Committee members to identify what help you can offer and then we will enjoy refreshments. I have plans for a fun and interesting afternoon, so please consider attending and offering a little time and energy to support our organisation.

An excellent example of someone offering to do their bit is one of our newest members, David Pison. He offered to give a **talk on Modern Art** on 16th February at the Frossard Theatre at the Guernsey Museum and Art Gallery. He organised the venue, his notes for his talk and tasty wine. Our members then enjoyed David's entertaining talk and a generous collection was made to the charity *Médecins Sans Frontières* who are doing vital work in Turkey and Syria. Thank you to David and members for their support.

Final preparations are being made for the u3a '**Christmas Lunch**' on the 23rd February at Les Cotils. Hopefully we can share some photographs in the next

newsletter. If you didn't manage to book a place at our meal, then perhaps you booked a ticket for the **Gill Girard talk** on 22nd February at La Villette Hotel at 2pm? Gill is a Gold accredited Guernsey Guide and has an immense knowledge of the island, so I am confident this will be a very enjoyable and entertaining afternoon. Perhaps Beer tasting would be of interest? If it is, then book a place on the **Randall's Brewery Tour** taking place March 23rd, which costs just £10 for the tour and beer tasting.

The **Woodworking Group** have completed work on our **commemorative bench to celebrate our organisation reaching 1000 members**. Check out the photographs in this newsletter. You are **all invited to the unveiling** after our Coffee morning on the 7th March at about 11.30 at KGV. Well done to all involved in this creative work.

There are some lovely photographs from the **Sew & Create Group** and the **WaterColour Group**. Please do consider sending in photographs of groups you're involved in so we can share in the fun and see the talents of our members.

Talking of talent - wonderful **Pastels** drawings were completed in the workshop run by Dave Ford recently. He provided all the materials and great instruction enabling everyone to be very pleased with their efforts. Karen Winter has also been offering **Needle-felting Workshops for beginners**. The workshops focus on making a 3D Structure (small animal or pin cushion for your needles). The sessions will be held at the Styx Community Centre in St Peters at a cost of just £30 for two classes.

Each of sessions is 2 hours long on a Friday morning and includes all materials and room hire. Money should be paid at the first workshop. There are a few spaces in March on the 3rd and 17th from 9.30 - 11.30. For more details or to book your place email Karenw@cwgsy.net

Best wishes,

Live, Laugh and Learn!

Jane

u3a Guernsey Events as at: Friday, 17 February 2023

PLEASE BE AWARE THAT TIMES, DATES AND VENUES ARE SUBJECT TO CHANGE

FORTHCOMING EVENTS	DATE	Time From :	Time To:	VENUE
Gill Girard Tea & Talk	Wednesday 22 February	2.00pm	4.00pm	La Villette Hotel
Alternative Christmas Lunch	Thursday 23 February	12.00pm		Les Cotils

Felting Workshop for Beginners	Friday 24 February	9.30am	11.30am	Styx Community Centre
Felting Workshop for Beginners	Friday 3 March	9.30am	11.30am	Styx Community Centre
Coffee Morning	Tuesday 7 March	10.00am		Community Café KGV
Felting Workshop for Beginners	Friday 10 March	9.30am	11.30am	Styx Community Centre
Randalls Brewery Tour	Thursday 23 March	TBC		Randalls Brewery
Drop-in Coffee Morning	Tuesday 18 April	10.00am	11.30am	Community Café KGV
Recruiting Active Volunteers training session with Free Afternoon Tea	Wednesday 26 April	2.00pm	4.00pm	Les Roquettes Hotel
Fab-Lab at Guilles Alles Library				Guilles Alles Library

FUTURE EVENTS	DATE	Time From .	Time To:	VENUE
Drop-in Coffee Morning	Tuesday 18 July	10.00am	11.30am	Community Café KGV
Drop-in Coffee Morning	Tuesday 17 October	10.00 am	11.30am	Community Café KGV
Tiger Lily				
Reconnection to Nature Workshop				
AGM	Tuesday 1 August	TBC		St Sampsons High School

Booking Events

Now that we have over 1,000 members, booking events can be done using Eventbrite. Instructions can be found on our website by clicking on this link:

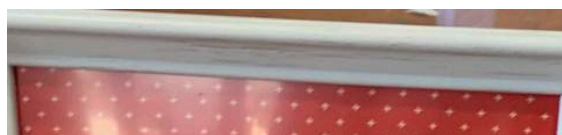
https://mcusercontent.com/78a3ae6f48fcb731309468ff0/files/27e83b4d-b9d6-6238-980d-897593530b11/Eventbrite_Booking_Guide_2022_Sep_.pdf

As LFT's will no longer be free from 23 December, the advice from the States is "We would urge islanders not to test outside of the agreed testing strategy and not to request LFTs from January 2023 unless they, or a family member, are symptomatic."

Freemotion Embroidery Course

We did a freemotion embroidery course lasting four weeks. Everyone did so well. And we finished up making framed pictures of a wonky house!

Jennifer Grundy





DROP-IN COFFEE MORNINGS (Quarterly)

**The first of our additional Drop-in Coffee Mornings
takes place on
18th April 2023
at the Community Cafe at KGV**

This is to provide a forum for all members to advise, suggest and give feedback to the Committee on any aspect of how u3a works for its members in Guernsey, and

additionally to support new members integrate into our organisation.

These drop in sessions will take place on the **third Tuesday of the month** 10am to 11.30am, but **ONLY** four times a year. Please do pop along if you are a new member or you have an idea or suggestion to discuss with the Executive Committee.

The dates for the next three drop-in sessions are:

18th July 2023
17th October 2023
16th January 2024

Photographs from the first monthly Coffee morning at the Community Centre at KGV



Photographs from the the Walking Group





We had the most beautiful weather for our walk today from La Corbiere to Le Gouffre and back. Along the way, the 14 of us marvelled at the stunning scenery, stopped for a little 'swing' and enjoyed coffee and cake at Le Gouffre restaurant. Here are a couple of photos in case you'd like to include them in one of your newsletters.

Rosanne - Walk Leader

Watercolour Group (& Mixed media)

**This group meet weekly on a Wednesday from 2-4pm
at St Saviours Community Hall.**

It is a friendly mixed ability group. There is no actual tutor.

However, most members have some experience and are more than willing to share and support each other. In addition, they are willing to try new products and techniques.

The group currently has a maximum of fourteen members, but new members will be placed on a waiting list and invited to pop in for a friendly chat, to see if this group is for them.

There are kitchen facilities at the Community Centre, so please feel free to bring beverages of your own choice.

Pearl Guille - Convenor





Four amazing images from the **Watercolour Group**. There are a lot of photos, so I'll add more in the coming months. Clockwise from the top left.

- Another fantastic painting of an African lady inspired by the shape of a gnarled tree, by Chris Elliott
- A fantastic first attempt at portrait painting by Hazel. Titled "Olivia", by Margaret.
- St Ann's Church Alderney painted by Pearl, while on a short vacation in Alderney last year
- Early century picture of St Peter Port with horse drawn carriages inspired a card of Albion hotel, by Chris Elliott.

Apologies if I have mixed any artists names up.

[Ian Jowitt](#)

(Thanks for the photographs Peter.)

1,000 Members Commemorative Bench Seat

The **Woodworking Group** have completed work on our **commemorative bench to celebrate our organisation reaching 1000 members.**

Members are invited to the unveiling after our Coffee morning on the 7th March at about 11.30 at KGV. Well done to all involved in this creative work.

Jane





Tea and Talk with Gill Girard

La Villette Hotel

St Martin

Wednesday 22nd February, 2pm - 4pm



Gill Girard is one of only eleven Gold Accredited Guernsey Guides and has a great knowledge of the Island. Her talk is expected to be about half an hour. Following Gill's talk, tea and scones with jam and cream will be served.

The cost is £7.50 which includes the afternoon tea. Please book using the eventbrite site found here:- <https://www.eventbrite.co.uk/e/u3a-guernsey-tea-talk-with-gill-girard-tickets-520374874257>

NB. This event is for u3a members ONLY.

June Le Poidevin



Group activities

Skittle (Wednesday) Group

This group is still open to new members and offers a very sociable activity. The group meet at 10.00 am at the skittle alley in the Hampshire Lodge, Rue Maingy. The emphasis is on having fun while enjoying a game of skittles in a friendly atmosphere. There is no admission fee to join the group but you are expected to purchase drinks from the bar - tea, coffee, hot chocolate or a cold beverage if you prefer.

Boxing Group

Please email Mary - marymcdermott2011@yahoo.co.uk, if you are interested in joining this group as places are limited. Information available on the website.

Board Games

This group is happening at a Convenor's home. Please contact :
glenys.stevens@cwgsy.net if interested in finding out more about this new group.

Jane - Groups' Coordinator.

National Newsletter

Are you receiving your own personal copy of the u3a National Newsletter? If not and you would like to see it then you need to go to this link:

[https://u3a.us9.list-manage.com/track/click?
u=656ad5962b370cc9e2731d1ed&id=3cc1ed5b1c&e=21dcf0fcf2](https://u3a.us9.list-manage.com/track/click?u=656ad5962b370cc9e2731d1ed&id=3cc1ed5b1c&e=21dcf0fcf2)

A bite-sized version is also posted by Alan on our Facebook page GUERNSEY U3A.

Copies of this newsletter and the National Newsletter can also be found on the u3a Guernsey website. All group activities can also be found on the u3a Guernsey website.

You can browse all of the current Interest Groups on our website's [GROUPS PAGE](#), (click on this link to get there instantly). Also check out the [EVENTS PAGE](#) to see what's going - new events are added as soon as they have been organised.

Our website and [NEWS PAGE](#) are regularly updated with the latest information and pictures of Group activities. Please send in photos and news articles from your Group to u3aguernsey.news@gmail.com ; we would love to hear from you and to display your efforts on our website, Newsletter and Facebook pages.

NB To access some of the documents on our website you will need to use a

username and password. These are common for all members and are the same for any document that is passworded. These are case sensitive and are as follows:

Username: U3aguernsey

Password: Lihounineteen

If you have any problems accessing the newsletter or any other document, please email us at u3aguernsey.news@gmail.com

Anyone with a suggestion how we could make being a member a better experience, please share your idea by emailing

u3aguernsey.suggestionbox@gmail.com

These will be treated in confidence and anonymised if requested before being presented to the committee for discussion.



[U3A Guernsey \(Closed\) Facebook Group](#)



[U3A Guernsey Website](#)
