

From: u3a Guernsey Media Team u3aguernsey.news@gmail.com
Subject: Membership News
Date: 24 January 2023 at 07:30
To: iandaish@icloud.com



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News From u3a Guernsey Issue 59 January
Membership - 1017

Dear Ian

Hi, Wishing you All a Happy and Healthy New Year!! As for the prosperous bit, there are many different ways to view wealth aren't there, support, friendship and love from family and friends are up there for me, plus the camaraderie that we find in the u3a groups that we meet with on a weekly basis, for many of us within multiple groups. Have you made a New Year's Resolution yet? Mine is to get out on my bicycle more, (watch out Hilary).

They say that if you want anything doing ask a busy person, Are you interested in an activity that is not available on the guernsey u3a list? If so, why not volunteer to run a group? Help is always at hand to start a new venture.

Have a great Year in 2023!!

Live, Laugh and Learn.

Ian Jowitt,
Newsletter Editor

Message from the Chair

Happy New Year everyone and I do hope you have begun the year with a burst of energy and enthusiasm for tackling some of those jobs you've put off for a while - cleaning the cooker, mending the fence and perhaps looking to try something new.

We have already advertised a couple of creative workshops - Felting a winter robin with Karen Winter and an Introduction to working with pastels with Dave Ford. I'm confident they will be a great success as they are run by talented Convenors and all you have to do is turn up as they are providing all of the materials for you to complete the projects set. If you know of others who might be interested in holding a one off workshop please do let me know. You do not necessarily need to be an expert but someone with a flair or interest who is willing to pass on their knowledge.

Another creative experience which a number of our members enjoyed was visiting the Fab Lab at the Guille-Alles Library in December. The Fab Lab is a new room providing cutting-edge technology and a perfect place to learn a new skill. Our members under the supervision of Library staff downloaded their own photographs into a programme which they could digitally alter and then finally print their design onto a cushion, bauble, mugs etc.. The members made some wonderful Christmas presents which I am sure will be cherished. Further workshops might be organised in the run up to Easter or if you are keen to try before then simply visit the Guille-Alles Library website and book a session for yourself. The Fab Lab is open during normal hours and is free to use with a reasonable charge for consumables.

The Coach tour of Island lights held on the 13th December was another very good outing. At £10 per person on a very cold evening. It was a two hour treat with a cup of hot chocolate or mulled wine and a mince pie. The lights were spectacular and we roamed the lanes as well as the main roads with a very knowledgeable and enthusiastic coach driver. It was a real treat, cosy and for us drivers a time to relax and look at the wonderful array of lights that Guernsey folk had been busy displaying outside their houses.

One of our newest members David Pison, has offered to give a talk on Modern Art on 16th February from 5.30pm at the Frossard Theatre at the Guernsey Museum and Art Gallery. I've been putting together a powerpoint of some of the art work he is going to talk about and it should be an interesting evening. Why not get a group together and make an evening of it by going for a meal in town afterwards.

Maybe you are looking forward to our u3a 'Christmas Lunch' on the 23rd February at Les Cotils. Don't forget to book early as places will be limited. Some members have already paid their monies and booked their places at the January Coffee morning.

The January Coffee Morning will be our last at St Pierre Park Hotel. It has been a good venue offering plenty of parking, a clean, warm room and friendly staff. They have, however, increased their costs for hiring the room for this year from £100 to £250, this is equivalent to going from £1,200 pa to £3,000 pa which was viewed by the Executive Committee to be too expensive. We will hold our next Coffee morning at the Community Cafe at KGV. They are offering the facility at no cost with tea/coffee at £1.50 per person or if you prefer you can order a 'proper' coffee at the bar. There is ample parking and a lift to the cafe area but the room is not as large as we have had at the hotel but we will see if it suits. I understand the lunches are very tasty according to the Chair Exercise Group so some of you may wish to stay on for lunch and try them out. For info, here's a link to the cafe menu - <https://www.himalayankitchen.gg/wp-content/uploads/2022/12/HK-Menu-2022.pdf>. I will be very interested to hear what you feel about the move and whether it works. Certainly the staff at KGV have been very accommodating since our organisation started and it is good to be in position to support another local venue.

Talking of supporting local. The news often tells us that hospitality venues in Guernsey have had a particularly difficult time recently. We have a few groups who use venues for free and perhaps having an extra cuppa, or coffee with cake or paying for raffle tickets or maybe supporting a function at that venue demonstrates our support for those establishments. In these days of strikes I think we are jolly lucky to benefit from living here in Guernsey and if you can afford it please consider what you can do to support our local places.

Well certainly the New Year has much to offer and I look forward to seeing you at one of our events.

Best wishes for a Happy Christmas.

Best wishes.

Live, Laugh and Learn,

Jane

Booking Events

Now that we have over 1,000 members, booking events can be done using Eventbrite. Instructions can be found on our website by clicking on this link:

<https://mcusercontent.com/78a3ae6f48fcb731309468ff0/files/27e83b4d-b9d6-6238-980d->

Please only attend interest groups or u3a events if you are feeling well. Hopefully you are all regularly testing for Covid with a LFT and showing none of the symptoms.

Modern Art

An illustrative talk by

David Pipon

Thursday 16th February

Frossard Theatre

Guernsey Museum and Art Gallery

6pm - 7.30

A collection will made for [Medicine Sans Frontieres](#)



To book this event please use the Eventbrite site.

<https://www.eventbrite.co.uk/e/511761992897>

Mary would like members to respond by 31st January.

Booking is on a first come first served basis

Coffee Morning

Change of venue!!

You are all welcome to join us on Tuesday the 7th February at the KGV.

Find us in the Community Cafe on the first floor at 10am.

Due to increasing costs at St Pierre Park Hotel I am delighted to announce that KGV have agreed not to charge us for the room and are offering cheaper, 'help yourself', coffee/tea at £1.50 per person or if you prefer 'proper' coffee, you can simply order it from the bar.

There is ample parking, it's on a bus route and there is a lift facility to get to the first floor. The room is smaller but the staff are very supportive of our organisation and we will have to see if it works for us.

Why not pop along and let me know what you think. Notices will be given at 10.30 am as normal. I look forward to seeing you.

You may also consider staying for lunch as they offer a great variety and at a reasonable cost. For information here is a link to the cafe menu.

<https://www.himalayankitchen.gg/wp-content/uploads/2022/12/HK-Menu-2022.pdf>



Tea and Talk with Gill Girard

**La Villette Hotel
St Martin**

Wednesday 22nd February, 2pm - 4pm

Gill Girard is one of only eleven Gold Accredited Guernsey Guides and has a great knowledge of the Island. Her talk is expected to be about half an hour.

Following Gill's talk, tea and scones with jam and cream will be served.

Book early, as we expect her talk to be popular and we are limited to a maximum of 70 people. The cost is £7.50 which includes the afternoon tea. Please book using the eventbrite site found here:- <https://www.eventbrite.co.uk/e/u3a-guernsey-tea-talk-with-gill-girard-tickets-520374874257>

NB. This event is for u3a members ONLY.

If you would like help in booking through eventbrite, please click on the following link for a booking guide:-

<https://u3asites.org.uk/files/g/guernsey/docs/eventbritebookingguide2022sep.pdf>

Thank you
June Le Poidevin



Group activities

Skittle (Wednesday) Group

This group is still open to new members and offers a very sociable activity. The group meet at 10.00 am at the skittle alley in the Hampshire Lodge, Rue Maingy. The emphasis is on having fun while enjoying a game of skittles in a friendly atmosphere. There is no admission fee to join the group but you are expected to purchase drinks from the bar - tea, coffee, hot chocolate or a cold beverage if you prefer.

Boxing Group

Please email Mary - marymcdermott2011@yahoo.co.uk, if you are interested in joining this group as places are limited. Information available on the website.

Board Games

This group is happening at a Convenor's home. Please contact : glenys.stevens@cwgsy.net if interested in finding out more about this new group.

Jane

Groups' Coordinator.

National Newsletter

Are you receiving your own personal copy of the u3a National Newsletter? If not and you would like to see it then you need to go to this link

[https://u3a.us9.list-manage.com/track/click?
u=656ad5962b370cc9e2731d1ed&id=3cc1ed5b1c&e=21dcf0fcf2](https://u3a.us9.list-manage.com/track/click?u=656ad5962b370cc9e2731d1ed&id=3cc1ed5b1c&e=21dcf0fcf2)

A bite-sized version is also posted by Alan on our Facebook page GUERNSEY U3A.

Anyone with a suggestion how we could make being a member a better experience, please share your idea by emailing

u3aguernsey.suggestionbox@gmail.com

These will be treated in confidence and anonymised if requested before being presented to the committee for discussion.

Links to this newsletter and copies of this and the National Newsletter can be found on the u3a Guernsey website. All group activities can also be found on the u3a Guernsey website.

You can also read or download our Newsletter directly from the Documents section of our [website](#). To do this you will need to use a username and password, which are common for all members and are the same for any document that is passworded on our website. These are case sensitive and are as follows:

Username: U3aguernsey

Password: Lihounineteen

If you have any problems accessing the newsletter or any other document, please email us at u3aguernsey.news@gmail.com

You can browse all of the current Interest Groups on our website's [GROUPS PAGE](#), (click on this link to get there instantly). Also check out the [EVENTS PAGE](#) to see what's going - new events are added as soon as they have been organised.

Our website and [NEWS PAGE](#) are regularly updated with the latest information and pictures of Group activities. Please send in photos and news articles from your Group to u3aguernsey.news@gmail.com ; we would love to hear from you and to display your efforts on our website, Newsletter and Facebook pages.



[U3A Guernsey \(Closed\) Facebook Group](#)



[U3A Guernsey Website](#)
