

Covid Guidance for Convenors and Members

Purpose

u3a Guernsey has produced this guidance on Coronavirus to assist convenors and members with the management of Covid-19 and any procedures they may wish to introduce to minimise the risk to members themselves and, where appropriate, their families. We recognise that the assessment of risk level will vary from person to person and we need to ensure that we address people's concerns in the spirit of the u3a ethos.

We continue to follow Government and Guernsey CCA requirements at all times and we will keep you updated as necessary when the advice changes relevant to our activities.

Advice on participation in u3a activities and Covid-19 tests.

Members showing any symptoms of Covid, however mild, **must not** attend u3a events.

As an organisation, u3a Guernsey does recommend that its members are vaccinated against Covid-19. As well as providing protection to the vaccinated person, it also reduces the risk of transmission and therefore the risk to other members is reduced. Convenors should take this into consideration when considering any procedures they may wish to introduce to reduce the risks further. Some members of u3a remain concerned about the pandemic and we see some businesses and service providers and venues are now retaining or introducing additional safety measures for usage of their premises. These **must be followed at all times** by u3a groups and members using those facilities/venues.

Members' Personal Responsibilities

Before commencing any u3a activity please ensure you are satisfied with any requirements or procedures that you need to take to keep other members safe. All members should be encouraged to self-assess for symptoms of Coronavirus before attending a group.

Where groups meet in members' homes or private properties then the owners or convenors may introduce procedures that they think necessary to keep members, themselves and their families protected. To assist with this assessment and any preventative measures convenors may choose to put in place, see Risk Factors below:

Risk factors

The risks of transmission of Covid-19 are **reduced** if:

- members have received two vaccinations;
- if the activities are outdoors or in fresh air;
- washing and hygiene procedures are in place;

- equipment is not shared between people;
- social distancing is preserved;
- masks are worn.

Risk factors are **increased** for more vulnerable members:

- in confined spaces;
- if there is singing or other vocal activities;
- where social distancing is not or cannot be observed;
- where there maybe contact with unvaccinated people.

Additional Information

If you have any questions or require further assistance with this Guidance, then please contact the Chair or Vice Chair:

u3aguernsey.chair@gmail.com

u3aguernsey.vchair@gmail.com

For more information on government Covid guidance see the following website:

<https://covid19.gov.gg>