

u3a Newsletter

News From u3a Guernsey

Issue 69

January 2024

Membership - 1031

Dear Ian

Hi All, and welcome to 2024, wishing you all a Happy and Healthy New Year!

Many thanks from me to Alison for compiling the last couple of Newsletters. I don't know about you but I spent an enjoyable Christmas looking after my daughter's dog. 3 walks a day did wonders for my health and fitness, and although in the driving rain I perversely enjoyed every minute.

Well back to sunny Guernsey, hopefully with full reservoirs we'll be able to enjoy a beautiful active year.

Live, Learn and Laugh

Ian Jowitt

Newsletter Editor

Message from the Chair

Talking about Groups - did you see the u3a Euchre Group on the ITV news? Many thanks to Maggie Le Patourel, Geoff Le Poidevin, plus Bob and Maggie Perkins. They spoke extremely well about the card game and it was great publicity for u3a Guernsey. Interesting that in the same news programme one of the items was about loneliness in Jersey. Being an active member of u3a certainly prevent that!

Lots of Interest Groups enjoy a meal over Christmas or share Secret Santa gifts. The Thursday Skittles Group decided to do something different this year. Chris Marquis offered to borrow sensory glasses from the Guernsey Blind Association and the members of the group made donations to wear the glasses and play Skittles. Fewer skittles were knocked down and certainly the group felt they had a better understanding of those struggling with visual impairment. A £110 was raised for the Guernsey Blind Association and they wanted me to remind our members that they are there to help everyone affected by sight loss, with both practical and emotional support. They also provide technology and magnifiers to assist people in the Bailiwick.

I hope you received your Discounts Newsflash - we are keen to support shopping local. When shopping You will need to mention you are a u3a-member and show your 2024 membership card. I've already taken advantage of

the discount at Guernsey Eyes with £5 off my eye sight test and money off the lenses. So get shopping and make some savings!!!! If you have contacts with other businesses who would like to be included in our lists then please do contact us so we can increase the numbers of businesses to help all Guernsey people.

I would like to add my thanks to Gill Slimm (Membership Secretary) who has worked so hard sorting Membership difficulties plus she organised two fabulous Christmas Light's Tour and collected names for the Helen Glencross talk in December and is now sorting our 'Alternative Christmas Lunch' on the 12th February. Look out for the newsflash with details about booking.

The Committee received a few messages of thanks from members over Christmas . Thank you it means a lot. We also had a hand written card from Louise Cripwell who wrote "Many thanks for inviting me along to the Panto today. Both Ro, my friend, and I thoroughly enjoyed ourselves, enthusiastically taking part in all of the audience participation. We even volunteered to take charge of the coconuts next time off Susan. It is also gratifying that I now get most of the Guernsey jokes weaved into the script - well done to Margaret for the directing and script. Please pass on my congratulations to the whole cast". Well done to all involved and we look forward to what the Drama Group perform this coming year.

Happy New Year and I hope you are fired up for a busy year ahead. Most people seem to have sorted renewing membership if you haven't please do before the end of

January as Convenors will be checking cards during the month.

Jane
Chair u3a Guernsey
Live, Laugh and Learn!

Hope you're looking forward to an exciting and active year ahead.

Thursday Skittle Group

The Thursday Skittle's Group on December 14th decided to become more aware of the difficulties facing those people who suffer with visual impairment. A game of skittles was organised where each of the members wore a pair of glasses loaned from the Guernsey Blind Association. The glasses demonstrate the difficulties that visually impaired people struggle with daily.

Members were immediately lacking in skill as the skittles remained standing and scores much lower than normal as each struggled to see to the end of the bowling alley. The Interest Group had a good deal of fun whilst gaining a greater understanding of the difficulties that some experience and agreed to give a donation instead of buying Secret Santa gifts.



New Craft Group - "Felting 360+"

Karen Winter is resurrecting her felting group, with a twist. It will include Needlefelting, Wet Felting, Nuno Felting all combined with Painting , Jewellery Making, Sewing, Embroidery and Crochet! Making felt and felted items. So if you want to learn new skills, new techniques, and meet new and old friends then come along.

I would like to make it a fortnightly group, either on a Tuesday, Wednesday or Thursday morning dependant on when works the best for the majority of people interested in coming regularly. It would be between 9.30 - 11.30 at my Studio in Torteval.

If you want to be part of this new group, please contact me on Kaggie6773@icloud.com and I can then gather names and also your preferred days and get back to everyone. It is intended to start at the beginning of February.

Cost will be between £3 and £10 per session depending on project materials. Equipment can be borrowed or bought from Karen.

The first two weeks will be Felted Jewellery, making felted cords, needle and wet felted, beads and wired felt. Make your self a necklace and or earrings or bangle.

Get in touch, it will be fun!

Karen Winter



u3a Discount

Recently we have been compiling a list of companies, who have kindly offered a discount to our members on goods purchased from them.

However, all members will need to produce a valid membership card at the time of purchase to be eligible

for any discount.

Discounts will vary from company to company, and this is set out below:-

Bonboniera Balloons and Creative Events

Aotearoa

Rue de Bouverie

GY5 7TZ

Bonboniera Balloons have offered 10% discount on all orders over £35.

Country Butchers

Route du Camp du Roi

GY6 8LU

Country butchers have offered 10% on all purchases.

Derek Birch & Sons Jewellers

6 The Pollet

St Peter Port

GY1 1WH

Derek Birch Jewellers have offered 10% discount on everything but not on repairs or commission pieces.

Graham Scott & Co

Braye Road Industrial Estate

La Route Du Braye

St Sampsons

GY2 4WX

Graham Scott will offer varying discounts depending upon the order.

Guernsey Eyes Ltd

Richmond Court
Rue de la Maladerie
GY7 9QT

Guernsey Eyes have offered £5 off eye tests plus money
off lenses

Ian Brown's Cycle Shop

Les Banques
GY1 2HZ

Ian Brown Cycles have agreed to offer a 5% discount to
our members as part of their Cycle2Work Scheme for a
2-month period, commencing in January, ending 29th
February.

La Piette Hotel

St George's Esplanade
St Peter Port
GY1 2BQ

La Piette Hotel have offered 5% discount on hotel
bookings only.

Manor Farm Foods

La Vrangue
St Peter Port
GY1 2ET

Manor Farm Foods have offered a 15% discount when
using their home shopping app. Those members who
wish to take part in this scheme should email Greg
Josey prior to registering your name and membership
number. If you are already using the app email Greg with
your name and membership number to let him know
please would you also copy Soo Boalch into the email,
so we can have a list of members partaking in this

scheme.

Soo Boalch's email

is:u3aguernsey.secretary@gmail.com

Greg Josey's email is:- greg@manorfarmfoods.com

Norman Piette

Bulwer Avenue

St Sampson's

GY1 3EE

Norman Piette have offered 10% discount on all goods upon completion of an application form which can be found on :- https://cdn.norman-piette.com/media/20230424120232/NP_DiscountCard_Applicationinteractive.pdf

Seahorse

Lower Pollet

GY1 1WG

Seahorse have offered 10% but not on sale goods.

Tussie Mussie

Oatlands Village

Les Gigands Rd

St Sampsons's

GY2 4YT

Tussie Mussie Florist have offered a 10% discount.

We really hope that such a discount scheme will promote buying locally and be beneficial to you. We shall be working further to establish more links but if you know of any company who would be willing to offer a discount to us, please let us know. We will add them to

our initial list.

Happy Shopping

Forthcoming Events and Reminders

January Updates

Music and Movement Group

This group restarts on Wednesday 10th January

Wednesday Skittles Group

New members are welcome to join this sociable group.

No experience necessary. Contact via the website for further details. Sessions start 10am at the Hampshire Lodge.

Petanque Group

Why not play Pétanque this coming year. We have vacancies on Tuesdays and Fridays both starting play at 2pm. Play is on the QE11 Terrains (between the Marina and the North Beach Carpark). Beginners and experienced players are welcome. It's competitive but fun and gets you out in the fresh air. The first meeting is on Friday 5th January 2024. Boules can be borrowed from the Muse Cafe across the road.

New Tennis Group - further details next month.

New Ukulele Group

This group started in November, 2pm - 3pm with Gary Sheppard. It costs about £5 per session to cover rent of the room at KGV. This group is for those people who play already and fancy learning different strumming patterns, chord melody and other techniques to advance style. Contact Gary on: gsheppard@cwgsy.net or phone 07781 103293 if you want more information.

New Guitar Group

This group started in November 1.15pm - 2.15pm with Marion and is open to keen guitarists who might like to get together enjoy jamming with a few chords and perhaps singing along. If interested please contact Marion : merichards@cwgsy.net

New Beginners Canasta Group

Terry is offering to support those who are complete beginners and those who wish to improve. The group meet weekly at the Hampshire Lodge on a Thursday. Please contact him on: naftel@cwgsy.net if you want more information.

Boxing Group

Due to popular demand we now have two sessions on a Friday. One starting at 9.15am and another at 10.15am. There are only a few places free so please contact Mary if you are interested :

marymcdermott2011@yahoo.co.uk

Girls Breakfast Group

This group will NOT meet in January.

Boys Breakfast

The first Boys Breakfast of 2024 will be on Thursday 11th January at the Saumarez Park Cafe at 9.30am. Just turn up for a hearty breakfast and a good natter.

Badminton Group

New members with some experience are welcome to join this group. The group play on Fridays at 10.30am at Beau Sejour. Please pop along and give it a try.

German Group

New members interested in joining are welcome to turn up at the Mill Street Community Cafe at 2pm. The group meets on Tuesdays. For more details contact the convenor via the pigeon on the website.

New French Conversation Group

Starting 11th January Thursday 10am at Community Cafe at KGV. Susan Becker is offering a weekly session for those who simply want to practice conversational French. She may be offering sessions for beginners in the future contact her on: subecker@wanadoo.fr for further details.

Life Drawing Group

Why not join this friendly group who complete artwork in charcoal, acrylics, oils etc. Simon is the model and the group are super supportive in helping you improve. Please check out the website and contact via the pigeon for further information.

Jane Pearson.

The first ever national u3a Festival is taking place 17-19 July 2024 at the University of York. It's an opportunity to bring members together to celebrate the joy of u3a membership.

Find out more about the festival on the u3a website and if you have any questions or would like to register your interest, please email festival@u3a.org.uk. Please share this with your members who may be interested and want to take part.

National Newsletter

Are you receiving your own personal copy of the u3a National Newsletter? If not and you would like to see it then you need to go to this link:

[https://u3a.us9.list-manage.com/track/click?
u=656ad5962b370cc9e2731d1ed&id=3cc1ed5b1c&e=2
1dcf0fcf2](https://u3a.us9.list-manage.com/track/click?u=656ad5962b370cc9e2731d1ed&id=3cc1ed5b1c&e=21dcf0fcf2)

A bite-sized version is also posted by Alan on our Facebook page GUERNSEY U3A.

Copies of this newsletter and the National Newsletter can be found on the u3a Guernsey website.

All group activities can also be found on the u3a Guernsey website.

You can browse all the current interest groups on our website's [GROUPS PAGE](#). Click on this link to get there instantly.

Also check out the [EVENTS PAGE](#) to see what's happening. New events are added as soon as they have been organised.

Our website and [NEWS PAGE](#) are regularly updated with the latest information and pictures of group activities.

Please send in photos and news articles from your group to u3aguernsey.news@gmail.com

We would love to hear from you and to display your efforts on our website, newsletter and Facebook pages.

NB To access some of the documents on our website you will need a username and password.

These are common for all members and are the same for any document that is passworded. These are case sensitive and are as follows:

Username: U3aguernsey

Password: Lihounineteen

If you have any problems accessing the newsletter or any other document, please email us at

u3aguernsey.news@gmail.com

If you have any ideas on how to make being a u3a member a better experience, please share them by emailing u3aguernsey.suggestionbox@gmail.com

These will be treated in confidence before being presented to the committee for discussion (anonymously if requested).



[U3A Guernsey \(Closed\) Facebook Group](#)



[U3A Guernsey Website](#)

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Guernsey