



NOTES FROM THE CHAIR

A recent news item about Waxwings being seen on the east coast reminded me of an incident which happened many years ago. My husband Robin and I were woken one morning by the weirdest noise and on opening the curtains saw that our Rowan and Crab apple trees in the front garden were covered in Waxwings. The noise we were to discover was trilling, unique to Waxwings and like nothing we had ever heard before. We also discovered that they originated from Scandinavia and only came across the North Sea if there was a scarcity of berries in their own country. In a very short time the bird-watchers arrived with their cameras and politely knocked and asked if they could come into the garden to photograph the birds. Initially it was just a couple of people so we said yes. The following day I returned home to find my front garden full of men with large zoom lenses on their cameras trampling all over my herbaceous borders. I was not pleased. I told them they were trespassing, causing damage and asked them to leave. As they left I heard one or two muttering about better light in the garden. By the evening the Waxwings had gone, so either they had eaten their fill or, I suspect, frightened off by the very people who called themselves bird lovers. We did get a few more Waxwings years later but only a few and they didn't stay long enough to attract such attention. Two weeks ago I walked into my kitchen in time to see a flock of Coal Tits land on the bird feeders in the back garden. Ten minutes later and I would have missed them. Their stay was brief but for that short visit at least, they were for my eyes only.

Margaret Sisson

Editor - Barry Haden

Whilst watching television something was said that really resonated with me and I am sure with you which was as follows - 'You don't realise the importance and value of a relationship until you lose it.' Food for thought for all of us. Don't take anything for granted in life, enjoy relationships, friends and happiness.

Photographs always bring back fond memories and one can always look back many a year. When looking at my photographs which were taken many years ago, I wish I had made note on the back of the photograph, the time, the place, the year, the event and people. Can I suggest to you that with photographs you have and take in the future make the notes I have mentioned. Photographs can be a history of your life.

Can't wait for Spring to come along, the months of January and February seems to send one into semi hibernation.

The u3a National Newsletter for Friends of u3a is filled with information, stories and advice including items of interest or offers for you from across the u3a movement. Follow the link - [u3a - Newsletter](#) - to sign up and receive regular u3a updates and offers both regional and national, direct to your email inbox throughout the month.

SPEAKER - MARCH 2024
PAUL HARE
Balancing a blancmange' Stories of the early days of flying

NOTICE
There is no
Members Meeting
APRIL

SPEAKER - MAY 2024
OLIVER HILL
Legal Expert on Estate Planning and much more

MEDITATION FOR BEGINNERS

If you are feeling stress or anxiety try meditation.

Find somewhere to sit in quietness and free from disturbance.

Meditation can be 5 minutes or more.

For a guidance meditation, turn to GOOGLE on your I-pad and type in

'Meditation for Beginners'

GROUP LEADERS

A reminder that 22nd March is our mid-year meeting together, 2pm at Age UK, Cleethorpes as last September.

If you would like any matters placed on the agenda for discussion, please advise at the earliest.

Group membership, updated lists, ought to be submitted also.

Look forward to an exchange of ideas and some U3A fellowship.

Group coordinator. Les.



TEST YOUR MEMORY

Give the name of the lady comedian who repeat ably said

'She knows you know'



David (Dave) CAMPBELL

Peacefully on the 2nd February 2024 whilst in the care of Waltham House Care Home, New Waltham, Dave aged 84 years passed away.

Dave was a long standing member of the u3a and enjoyed participating in the Kurling and Gardening Groups and earlier with organizing the raffle. He was well respected family man.

His Service took place at the Grimsby Crematorium on the 26th February 2024 and was attended by twelve members of the u3a.



Pam Moorhouse

Peacefully on Thursday 1st February 2024 whilst in the care of Diana Princess of Wales Hospital passed away aged 77 years.

Pam was a long standing member of the u3a and a good friend to many.

She spent many happy hours at her allotment and was very generous in giving away the the fruit and and vegetables she produced. She had many friends and on many occasions travelled all over the world. Her Service took place at the Grimsby Crematorium on the 1st March 2024.

BRITISH HISTORY GROUP.

For the group, the covering of Henry VIII provided a variety of opportunities to present most interesting material and all attending contributed to an enjoyable two hour window of insight.

We heard first, of how Henry's personality reached extremes, this brought up the question as to why leaders that go off the path of strong but peaceful leadership, move on to an almost tyrannical path, and are not taken to task before much damage is done, even in this era!!

Henry, as a handsome all rounder and king at 17 was then shown to be an accomplished musician, particularly as a lute player, (but his writing ' Greensleeves' was strongly disputed). Sportsman he was also, as we later discussed.

His personality surfaced again, in his marital status. The Pope , Cardinal Wolsey, William Tyndale and many others tried hard to contribute towards the opportunity for Henry to ' get it right ' but heads were lost and fortunes made.

Domestic strife was placed aside northern aggression and more trouble brewed, we were ably informed. The King's personality, again in question here, but even more so when the details of his remarkable one upmanship with the French King in France, along with his large entourage of travel companions, was presented to the group, through a vocal, illustrated episode that surpassed all else in showing just what a remarkable personality this king was seen to exhibit.

In all, the group proved that history is by no means boring.

March 15th sees the group looking at 'The Railways'. You are most welcome to join us.

Les Watchorn

MUSIC APPRECIATION

The group reaches D on March 1st and may cover E and F on 15th with G covered on 29th. If you understand this, come to the meeting. If you don't understand, still come to the meeting and find out what it all means. Tesco, community room at 1.30, being the place and time. Look forward to seeing you.

Les Watchorn

I always knew I'd get old. How fast it happened was a bit of a surprise, though.

I'M GREAT AT MULTITASKING. I CAN LISTEN, IGNORE, AND FORGET ALL AT ONCE.



Y Why did the car get a flat tire? Because there was a fork in the road!

I stayed up all night and tried to figure out where the sun was. Then it dawned on me

I CAN'T BELIEVE I FORGOT TO GO TO THE GYM TODAY. THAT'S 7 YEARS IN A ROW NOW.

If you weigh 200 pounds on Earth, you'll be only 76 pounds on Mars. You're not overweight, you're just not on the right planet.



During spring, hedgehogs start emerging from hibernation and can roam up to two miles at night foraging for food.

Never leave milk out for them to drink

DOORBELL BROKEN. YELL DING DONG REALLY LOUD.

TABLE TENNIS

A Table Tennis Group has just been formed and meets at the Cleethorpes Leisure Centre at 11 am every Tuesday.

If you are interested in joining will you please contact

Elaine King
Tel No. 01472 314240



In spring, ponds will often become overrun with toad and frogspawn. Whilst it may seem overcrowded, only 10% of the eggs would normally survive to adulthood?

The man who invented knock-knock jokes should get a no bell prize.



Walking group just before setting off on their first walk of 2024.

PICK UP TIMES

ABERFOYLE 8/4/24

8.00 New Waltham village Hall
8.10 Middlethorpe rd Cleethorpes
8.25 Sea rd Cleethorpes(Leading down to the Pier)
8.40 Osborne street Grimsby
9.00 Immingham Civic Centre

NOTTINGHAM RIVER CRUISE 16/4/24

8.00 Middlethorpe Rd Cleethorpes
8.15 Sea Rd Cleethorpes(Leading down to the Pier)
8.30 Osborne Street Grimsby
8.45 Immingham Civic Centre
9.00 Ulceby Crossroads.

Aberfoyle-8/4/24-12/4/24 £209 each

There are thirty-eight booked to go on this trip to Scotland, which is a slightly larger number than last year. We will not be going to Scotland again for a while, so if you would like to join your U3A friends there is still time to book. One double and one twin are still available. Unfortunately all single rooms have been taken. I will be away from 15/3/24 to 29/3/24. If you cannot contact me please ring Houghs (01472 601088) direct asap.

River Cruise Nottingham(Including meal) 16/4/24-£40

There are eighteen members booked to go on this trip and currently only five more places are available. Again contact me by phone or at the meeting on 7th March 2024. After that date please contact Houghs direct. Payment is required as soon as possible.

Thursford Christmas Spectacular and overnight Stay 9/12/24-£199+£80 single supplement.

There are thirteen members booked to go on this trip. If twenty members book this trip we will get a discount which I will use to reduce the supplement to £40 to all members. So please let me know if you would like to go, A deposit of £50 is required.

The trip includes entrance to the matinee performance on the 9th December 24 and then onwards to Norwich for a night at the Mercure Hotel,including dinner and breakfast. There will be free time in Norwich the following day before the coach returns home.

This trip is very popular so please book your place as soon as you can with a fifty pound non returnable deposit.

Beverly and Burton Constable 16/7/24 £31

Harrogate Autumn Flower Show 15/9/24-£39

Stamford Christmas Market 24/11/24 £21

If you would like to go on any of the three trips above could you please let me know if you have not done so already. You are not committing yourself at this point.

“Do one thing every day that scares you.” —Eleanor Roosevelt

“If you don’t like the road you’re walking, start paving another one.” —Dolly Parton

“You define your own life. Don’t let other people write your script.” —Oprah Winfrey

COMMITTEE u3a GRIMSBY & CLEETHORPES

Chair Person	Margaret Sisson
Vice Chairman	Sue Copley
Secretary	Janet Parratt
Website Co-ordinator	Fergus M Campbel
Treasurer	Tim Cockerton
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Catering Official	Gill Clarke
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Newsletter Editor	Barry Haden
Group Co-coordinator	Les Watchorn
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Publicity Officer	Fergus M Campbel
Meeters & Greeters	Marion Piggott
Welfare Officer	Pauline Campbell