

INDOOR TENNIS

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We came into existence in May 2022 and always play outdoors until October. We then move indoors to Lower Holker Village Hall, where we play indoor touch tennis, with foam balls on a Badminton Court. This continues all Winter. At Easter we move back outdoors.

Foam balls move through the air more slowly than conventional tennis balls. Thus, they are easier to hit. Touch Tennis is a recognised international game with world rankings. Despite this, few people have heard of it. The game is very similar to that used for indoor coaching and introducing very young children to tennis. Children can quickly achieve success at hitting tennis balls.

So, what are we about? We are a socially minded mixed group, often seen having a coffee in Brookes Supplies after a game. If you would like to play tennis, this is the best and easiest way to learn. No experience is required. Come and give it a go – the first session is free and it costs £3.00 for a two-hour session thereafter.

We play every Monday from 10.00am to 12.00 noon. It is preferable to ring me if you intend to come along, as the hall is sometimes used for other activities and our session may have to be cancelled.

Contact:
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