

Message from Tamara Shanks

This is my last suggestion for your Corona virus page 'cos if they give us 3 months more detention I'm going on strike. If you make one of these at home with the help of You Tube you will not be taking anything away from the NHS.



There are many videos on You Tube to choose from.

For Example I chose to use my machine and use elastic but there is the possibility of hand sewing as well as tie straps (ribbons but not shiny ones which will slip). Throw them in the washing machine every time you do a load and in between time spray them with sanitizer as I do.

Ciao for now, Tamara x.

Good Advice can be found here [Face Mask](#) . Please note this is an American web site so ignore the advice about everyone wearing a mask when out.