

GLENFIELD U3A ACTIVITIES – February 2019 (www.u3asites.org.uk/glenfield) groups

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK ONE	10.00 Walk 3 10.00 Walk 6 10.15 Writers2 2.30 Spanish 7.00 Scrabble	09.30 Pilates 10.20 Pilates 2.00 Board Games 10.00 Ukulele 2.00 Reading 2 2.00 Reading 3 2.00 German	10.00 Garden 1 11.00 Yoga 12.30 Mixed media 2.00 Poetry 2.00 Garden 2	10.00 Cycling 10.00 Chall'g walks 2 2.00 Table Tennis 2.30 Mah Jong 3.00 Badminton	10.15 History 2.00 Ind. Bowls 2.00 Flower Arranging 2.30 Bridge		
WEEK TWO	10.00 Walk 1 10.00 Walk 5 2.00 Reading 1 2.30 Spanish	09.30 Pilates 10.00 Ukulele 10.20 Pilates 11.00 Strollers 12.0 Lunch 2.00 Photo Grp	11.00 Yoga 12.00 Lunch 2 12.30 Mixed media	10.00 Cycling 2.00 Badminton 2.00 Discussion	10.00 Calligra'y 11.00 Boules 2.00 Ind. Bowls 2.00 Writers 1 2.45 Bridge		
WEEK THREE	10.00 Walk 3 10.00 Walk 6 10.15 Writers 3 11.00 Strollers 2.30 Spanish 7.00 Scrabble	09.30 Pilates 10.00 Ukulele 10.00 Philosophy 10.20 Pilates 2.00 Com Mtg 2.00 Science	10.30 Walk 2 11.00 Yoga 12.30 Mixed media 2.30 French	10.00 Cycling 10.00 Handic'r't 10.00 Walk 4 2.00 Discussion 2.00 Art Appr'n 2.00 T. Tennis 2.30 Mah Jong 3.00 Badminton 7.00 German	10.0 Chall'ng Walks 1 2.00 Ind. Bowls 2.00 Flower Arranging 2.45 Bridge		
WEEK FOUR	10.00 Walk 1 10.00 Walk 5 2.30 Spanish	09.30 Pilates 10.00 Ukulele 10.20 Pilates 10.30 Walk thro' time (1) 1.00 Chal'g Walk 5 miles	10.00 Walking thro' time 2 11.00 Yoga 12.30 Mixed media	10.00 Cycling 2.00 Monthly Meeting	11.00 Boules 2.00 Ind. Bowls 2.00 Card Making 2.45 Bridge		

Ethnic Eating , Film Club, Lazy Days, Natural History, Delights of Food and Drink, Family History, IT Support ,Active Adventurers, Drama, Theatre & Cultural – Meeting times vary. See Web for more details.