



GLASGOW WEST END U3A November 2022 Newsletter

Dear All

I hope you are all enjoying this lovely autumn weather.

Our membership is continuing to grow and I'd like to warmly welcome all our new members. I hope I get an opportunity to meet you all soon.

We have a very interesting presentation by Stewart Paton at our monthly meeting this Thursday 17 November on Safety First in Motor racing - more details below.

Just a reminder that our AGM will be at our December meeting - on Thursday December 15th at 10.30 in the hall at Novar Drive. The AGM will be followed by our Christmas party.

The formal notice of the AGM will be circulated later this month. If anyone has any motions that they would like to put forward for the meeting please let me know. If you would like to put yourself forward for election to the Executive Committee or would like more information about this, again please let me know. This needs to be with me by Wednesday 16th November.

We have now fixed a date for our (post) Christmas lunch. This will be at The Bothy on Thursday 19th January at 1pm (after the monthly meeting). We are just waiting on The Bothy to let us have a menu for the lunch and then I will send more details, but in the meantime, please save the date!

Also, a reminder that our monthly coffee and chat in the Puppet Theatre will be in the afternoon of Saturday 3rd December. New members are always especially welcome.

Finally, I'd like to congratulate our former Chair and current member Liz Ervine who has now taken on the role of Trustee for u3a in Scotland. This is a great honour and we are all very proud of Liz.

As always thank you for your continued involvement and support.

Gail Donaldson - Chair u3a GWE

u3a Glasgow West End Events 2022/3

Our monthly meetings are held on the third Thursday in the month in Hyndland Community Hall at 24 Novar Drive. Coffee and tea are available from 10.00 am onwards and the event begins at 10.30 am. All are welcome. Planned future meetings will include – subject to change:

- **Thursday 17 November 2022:** Stewart Paton, 'Safety First in Motor Racing'
- **Thursday 15 December 2022:** AGM and Christmas Party
- **Thursday 19 January 2023:** meeting in hall - speaker tbc then (Post) Christmas Lunch at The Bothy

<https://u3asites.org.uk/glasgow-west-end/events>

Local History Group

The group 's programme is a mix of visits to places of historical interest and presentations from speakers (some via Zoom and some in-person). We normally meet monthly on a Monday though occasionally must alter this due to the availability of venues or presenters.

Our next meeting is on 21 November at 2.00 pm when we'll be having a guided tour of the Necropolis.

Keep an eye on our webpage for updates. (Link below:)

<https://u3asites.org.uk/glasgow-west-end/page/84166>

History Book Group

The group meets monthly on Mondays in the Three Crows in Crow Road. Below is a review by one of our members of our last read, 'Sisters of Sinai', by Janet Soskice

'In the late 19th century wealthy Scots twins Agnes and Margaret Smith from Irvine transformed the world of Biblical scholarship by their discovery of a very early manuscript of the Gospels in a Sinai monastery, winning the trust of the monks who had suffered before from the depredations of earlier visitors.

Their repeated visits to Egypt, Palestine and Sinai read like an exciting adventure story. Intrepid women of formidable intellect they learned modern Greek and Arabic as well as ancient Greek, Syriac and Aramaic and became expert photographers and experienced travellers. They endured misogyny, academic envy and attempts to play down their achievements but remained dedicated to their mission in life. This excellent narrative is a timely reminder of the almost forgotten lives of two amazing women.'

Our next meeting is on 14 November when we'll be discussing 'The Anarchy- rise of the East India Company', by William Dalrymple.

For a list of our future reads and reviews of past reads please visit our website. We're aware that some people can't manage along to the group due to other commitments but enjoy reading some of our recommendations. If you'd like to add your thoughts to any of the reviews, contact us via the pigeon on the webpage. Please also contact us if you'd like to be put on our waiting list.

<https://u3asites.org.uk/glasgow-west-end/page/85727>

GWEu3a Ventures with a Bus Pass

Our next venture is on December 9th. Our original plan was to visit the Christmas Markets in Edinburgh but as this is expected to be very busy, we may stay closer to home. We will make a final decision towards the end of the month.

Find the group on GWEu3a website and then send a message via the pigeon to indicate your interest in our activities, General info will be sent in return.

Full details of the December Venture will be emailed and 'WhatsApped' out to current group members shortly after the beginning of December.

<https://u3asites.org.uk/glasgow-west-end/page/119245>

GWEu3a Ventures with a Bus Pass: A Day in Dunfermline



<https://u3asites.org.uk/glasgow-west-end/page/119245>

Science and Technology Group

Just a reminder that there is no December meeting.

Wednesday 18th January at 3pm at Partickhill Bowling Club

John Davies: “The mind of your microwave: the computers around us that nobody notices”

<https://u3asites.org.uk/glasgow-west-end/page/77856>

Film Lovers

We plan to go to interesting films at the GFT (or wherever else they are showing) and to meet to chat about films. If you are interested, please click on the pigeon at <https://u3asites.org.uk/glasgow-west-end/page/125316>

The Cinema group continues to go mostly to The Grosvenor <https://u3asites.org.uk/glasgow-west-end/page/117169>

Groups

The following are the activities groups that are currently running. Contact a group via its page on our website and please get in touch with Peter Taylor, Activity Group Co-ordinator if you have any ideas or suggestions for activities, to discuss how we might make them happen – via the link below.

Art Appreciation, 2 Book Groups, British Sign Language, Cinema, Coffee and Chat, Current Affairs, Film Lovers, 2 French Conversation groups, French Intermediate, Genealogy, German Conversation, History Book Group, Italian Conversation, Knitting, Local History, Longer Walks, Lunch Bunch, Photography, Poetry Appreciation, Quilting, Recorder Playing, Science & Technology, Social Bridge, Spanish Conversation, Sunday Lunch Group, Table Tennis, Theatre, Ventures with a Bus Pass, Walking with a Bus Pass, Wine Appreciation, Yoga.

Click on 'IT Help' to get in touch with our volunteer who can offer this.

<https://u3asites.org.uk/glasgow-west-end/groups>

Your Ideas

The u3a works on the principles of Self Help and Mutual Aid. Members form groups covering as wide a range of topics and activities as they desire, and these are run by the members, for the members. If there is an activity that you would like to join others in doing, why not help to bring people together to try it. You can then share your enthusiasms and skills – you don't have to be an expert or teacher.

Please get in touch with Peter Taylor, Activity Group Co-ordinator if you have any ideas or suggestions for activities, to discuss how we might make them happen via the link below:

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Research Study

Laura Manderson, a PhD researcher from the University of Strathclyde would like to invite older adults to take part in a survey investigating ageing, thinking skills and speech production. The survey takes around 20 minutes to complete and can be done online or via post. You are eligible to take part if you are aged 60 or over, based in the UK and fluent in English. In addition, you should have no diagnosed learning difficulties, cognitive or neurological impairments, or speech, language and/or voice disorders. This project is in collaboration with the Scottish Older People's Assembly (SOPA).

For more information about what is involved in the study and to take part online, click this link <https://tinyurl.com/bddedzfv>. If you would like to take part by post, you can contact the researcher by email on laura.manderson@strath.ac.uk or by phone on 07366366845.

2023 Calendar

We have again put together a calendar with pictures taken by members of the Photography group. The calendars cost £5 each. They will be available at Monthly Meetings and some group meetings. Or contact Peter Taylor peter@pdtaylor.com to place an order and arrange how to collect it.

