



GLASGOW WEST END U3A June 2022 Newsletter

Dear All

I hope everyone has had a lovely June so far and enjoyed the long Jubilee weekend.

Summer is fast approaching and we won't have a monthly meeting in July. Some groups also take a short break while others keep meeting as normal. Please check with your group co-ordinator if you are not sure if your group meetings are continuing over the summer.

Our final monthly meeting will be next Thursday 16th June in the hall at 24 Novar Drive. Our speaker is Valerie Reilly and she will be talking to us about Scottish Food. Her talk is entitled Marmalade and Mealie Puddings. We will serve tea and coffee from 10 am with the talk starting at 10.30am

There are details below about the events we have planned to celebrate our u3a being 5 years old and the national organisation being 40 years old. I'd encourage you to let us know as soon as possible if you would like to come to one or more of the events as it helps our planning. Tickets will be on sale at the monthly meeting on 16th June (please bring cash if you can).

As always thank you for your continued involvement and support.

Gail Donaldson - Chair u3a GWE

Presentation about tenements

Annie Flint gave a fascinating presentation at our meeting on Thursday 19 May about "What makes our tenements difficult to manage?". Her very full and illustrated slides can be viewed in the form of a video at <https://youtu.be/CqMaBzPZnMk>

Valerie Reilly Thursday 16 June at 10.30am Hyndland Community Hall

Members of the Local History Group were delighted by Valerie's talk on St Valentine and it is with great pleasure that we have secured her services to present this talk on Scottish Food for all members of u3a Glasgow Westend.

Marmalade and Mealie Puddings – Some Traditional Scottish Foods.

Today, with global transportation systems, supermarkets can supply exotic and seasonal foods everywhere and all year round. But Scotland is famed for its produce – from basic foodstuffs such as meat, fish and vegetables – to manufactured foods like Scotch pie and Dundee cake. Should we perhaps make more of an effort to support our local food suppliers?

10.00 am in the Lesser Hall for coffee/tea/biscuits – please bring a cup. (We would be grateful for a donation of 50p towards the cost of refreshments.)

10.30 am in the Main Hall – Talk by Valerie Reilly

Hyndland Community Hall, 24 Novar Drive, Glasgow G12 9RU

History Book Group

The non-fiction history book group meets monthly in the Three Crows in Crow Road. Below is a review by one of our members of our last read, 'Cottongrass Summer' by Roy Denis.

'This collection of 52 short essays by eminent naturalist, Roy Denis, was both a joy to read and a frightening wake-up call about our responsibilities to Planet Earth. He beautifully brings to life the wildlife and land around us. At the same time, he highlights all too clearly the consequences for current and future generations if we fail to conserve and restore wildlife and wild places. Many of us found it an emotional read.'

Our next meeting will be on 20 June when we'll be discussing 'Ratline' by human rights lawyer, Philippe Sands. We will be continuing to meet over the summer months. For a list of our planned reads until January 2023, please go to our webpage.

<https://u3asites.org.uk/glasgow-west-end/page/85727>

Local History Group

Our next meeting will be on 27 June when we'll be having a tour of Glasgow Central Station. Unfortunately, there are no places left on this outing. We will not be meeting over the summer months. Keep an eye on our webpage for activities from September onwards.

<https://u3asites.org.uk/glasgow-west-end/page/84166>

Science and Technology Group

The next meeting of the group, which will take place on Zoom, will be: **Wednesday 15th June:** Prof Iain Campbell of Kings College London: "Are eating disorders really about eating? - an overview of the major issues in eating disorders from aetiology to treatment."

We will not be meeting in July or August and we resume on 21st September. The September and most subsequent meetings will take place in person at the Partickhill Bowling Club – well known to any who are members of the Yoga group.

If you wish to join the group or have any enquiries, just click on the pigeon on the group web page.

Val Kaye (Convenor)

<https://u3asites.org.uk/glasgow-west-end/page/77856>

Longer Walks Group

We are hoping to revive a group who will go on some longer walks, perhaps 5-8 miles. Sometimes we might share cars to get to a starting point, which where possible will be near somewhere for refreshments or lunch.

Please use the pigeon on the group web page at the link below if you would like to be kept in touch. Any offers to plan and lead a specific walk would be particularly welcome.

<https://u3asites.org.uk/glasgow-west-end/page/121788>

The Grosvenor Cinema Group

The Grosvenor Cinema group had a brilliant visit to the newly refurbished Ashton Lane Venue and watched Downton Abbey. We all agreed it was terrific to be back!!

<https://u3asites.org.uk/glasgow-west-end/page/117169>

Lunch Bunch



The Lunch Bunch enjoying a meal at Non Viet Hai

<https://u3asites.org.uk/glasgow-west-end/page/77860>

Ventures With a Bus Pass

We had a lovely day in Inveraray on our June day out. Mixed weather but it is Scotland! Beautiful journey - I'm sure it is a route many of you know.

The July outing is to Dundee - with the V&A and RRS Discovery being among the attractions. If you are a member of this group, you will receive details closer to the time. If you are not a member, click on the pigeon on the group page for more information



<https://u3asites.org.uk/glasgow-west-end/page/119245>

The British Sign Language Group

The British Sign Language group will begin again after the holidays on Tuesday, August 23rd, at 10am when beginners are welcome to join us at the Leonardo Inn on Gt Western Rd ...beside the pond.

We meet during school terms on the 2nd and 4th Tuesdays each month but also via Zoom when appropriate for beginners, (or possibly for those less mobile!)

BSL is worth learning, fun and very useful.

(Contact our British Sign Language Group Leader via the link below for more details.)

<https://u3asites.org.uk/glasgow-west-end/page/85728>

u3a 40th Anniversary and Glasgow WE u3a 5th Anniversary

To commemorate these two events, I'm sure you all know that we are organising a number of events. We hope everyone will be able to join us at one or more of the events. The events are:

Thursday 18th August - Sausage Sizzle at Banavie Road Triangle at 6pm - cost £10

We will provide sausage in a roll, potato salad, cake and soft drinks, Everyone, is welcome to BYOB.

Saturday 27th August - Afternoon tea at the Grosvenor Hilton 2.30pm - cost £22

Enjoy a glass of bubbly, hand crafted sandwiches, scones, cakes and individual desserts

Wednesday 7th September - Walking West End Quiz 10 am - cost £5

Meet and finish in the Sanctuary on Hyndland Road. You can do the quiz in 2s and 3s - we can arrange groups on the day. Sandwiches and tea/coffee on completion.

Friday 9th September - Quiz and fish and chip night - cost £10

Kelvindale Bowling club on Baronald Drive at 7.30 pm. We can arrange teams on the night. There will be a fish and chip supper. Parking available on site and fully licensed bar.

Tickets are now available for these events and these will be on sale at the June monthly meeting. You can reserve you place or express interest by emailing either Gail Donaldson gad1001@aol.com or Liz Ervine lizervine@hotmail.com or by speaking to any committee member. Payment for the events can be made by cash or bank transfer into our Group Bank Account (not the general account) - details given on request

There is a lot of interest on the events and we recommend that you reserve your place.

Car share

We have been asked by a member to share with you all the difficulties that some of our members are having getting to some meetings as it is not so easy to get a taxi at the moment. If you are able to offer a lift to anyone at one of your groups or meetings please do so. This has to be an informal arrangement and there should be no payment for the lift.

Groups

The following are the interest groups that are currently running or planning to start activities. Contact a group via its page on our website (listed at <https://u3asites.org.uk/glasgow-west-end/groups>). Please note that this list can change at short notice.

Art Appreciation, 2 Book Groups, British Sign Language, Cinema, Coffee and Chat, 2 Conversational French groups, Conversational German, Conversational Spanish, Current Affairs, Intermediate French, Genealogy, History Book Group, Knitting, Local History, Longer Walks, Lunch Bunch, Photography, Poetry Appreciation, Quilting, Recorder Playing, Science & Technology, Sunday Lunch Group, Table Tennis, Theatre, Ventures with a Bus Pass, Walking with a Bus Pass, Wellbeing & How to Feel Good Now, Wine Appreciation, Yoga.

Click on 'IT Help' to get in touch with our volunteer who can offer this. You can also express an interest in the Theatre group, although it is not yet meeting again.

Remember that u3a is about sharing our interests, enthusiasms and skills. If you have an idea, please get in touch with our Groups Co-ordinator, Peter Taylor peter@pdtaylor.com and we will see if we can bring some like-minded people together.

