

February 2024



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Welcome to this issue.

Throughout the newsletter we refer to our Garforth, Kippax & District U3A website.

Messages from Your Committee:

Messages from Your Committee

Thank you to all our members who attended our first January social meeting, it was so successful and interactive that not only do we intend to do it again next year, but the committee has agreed to include more of these throughout this year!

The January meeting saw 12 prospective members to attend of which 8 joined on the day – so welcome to all of you! The remaining are ‘trying before they buy’ so we will hopefully welcome them soon.

As regular members will be aware our renewal date is 1st April onwards: can we please ask that you do not attempt to renew before the beginning of MARCH – we will have details for you in the March Newsletter – thank you.

****Important Message - Copyright****

Locally Garforth, Kippax and District purchase a licence from the u3a Trust that allows some materials to be copied for educational use. The individual membership fees paid to the Trust include a licenses.

The extent of these licences have limitations and if using any copyright material (printed, audio or pictures) please be cautious regards the use of internet images. Check any image licence and where there is any doubt—don't use it!

Further information on these copyright issues is available on the u3a website:

<https://www.u3a.org.uk/edcoman-downloads/>

Schedule of Group Activities

Group	When & Where	Convenor
Art group	Tuesday fortnightly at 10:30am. The Elders, Great Preston	Jenny Evans
Bookworms	3rd Wed at 10.30am in members' homes (currently at capacity)	Judith Huntridge
Classical Ensemble	Meet fortnightly in members' homes (actively looking for new members)	Joe Burns
Conversational German	Ad hoc meetings in local café or members' homes (actively looking for new members 2:30—4:00)	Wendy Bartholomew-Esders
Easy Cycling	2nd & 4th Tuesdays, see website for details	Dave Swindells
French	1.30 - 3.00pm, 2nd & 4th Monday, Garforth Library	Sandra Daly
Garden visits	Meetings are Ad Hoc. Contact convenor for information	Susan Isley
History	2nd Wednesday 1.00 - 3.00pm. Ad Hoc outdoor locations. Contact convenor for details	Genise Green
Italian	Zoom or Face to Face, 2pm each Wednesday except 1st Wednesday at 3.00pm	Peter Jones
Keep Fit	Tuesdays between 10.00 & 11.30 am. Guides HQ, Barley Fields Close	Lynne Hill
Motorbike outings	Ad hoc. Contact convenor for details	John Mussett
Motor homes	On WhatsApp only	Sue Lakin
Motoring	2.00pm 2nd Tuesday, The Gaping Goose, Selby Rd.	Nick Huntridge
Play Reading	3rd Thursday of the month in members' homes (currently at capacity)	Sue Lomas
Quiz afternoon	Last Wednesday of the month, 2.00 - 4.00pm, Garforth Working Men's Club	Judith Robinson
SciTech	Ad Hoc visits: Contact convenor or see website for details	Carol Jinks
Singing	Currently Suspended	Vacant
String and Swing	1st & 3rd Thurs, 1-30pm, Scout hut off Barleyhill Road and 2nd. & 4th Tues, 1.30pm at Gaping Goose	John Mussett
Tech it Easy	1st & 3rd Monday, 10am at Kippax Library, some may be Zoom presentations	Jenny Turner & Sue Lakin
Theatre group	2nd Tuesday of the month 2.00pm Oliver's Coffee Shop, Kippax High Street	Virginia Wright
Walking Netball	Wednesdays 3pm to 4pm. Kippax Sports Centre	Isi Todd
Walking over 5 miles	2nd & 4th Wednesdays each month	Wendy Batholomew-Esders
Walking Under 5 miles	2nd & 4th Thursdays each month	Diane McEwan

Diary dates in February and March include:

Wednesday 7th February: [Monthly members meeting](#), which will start with our speaker: Andy Wilson from Yorkshire Cancer Research with a talk entitled Berenblum and the Bari Bombs. Andy has spoken to us before so this will hopefully be as interesting as his last talk. Our new look Membership area (introduced at the January Social Meeting – and now dubbed as The Office) will be available for all enquires and prospective new members once the speaker has finished his talk. A number of our committee members, as well as our membership secretary, will be around for any queries – just look for their yellow name badges. A general invite will be sent to all U3A members. Doors open at 1.15 for a 1.30pm start. Please attend with your membership card/number.

Wednesday 6th March: Monthly members meeting, when our speaker will be Fran Sandham with his talk: Taversa – A solo walk across Africa from the Skeleton Coast to Indian Ocean. This had to be rescheduled following last year's railway turmoil. Our membership area, The Office, will be in situ for any queries. A general invite will be sent to all U3A members. Doors open at 1.15 for a 1.30pm start. Please attend with your membership card/number.

If **any** of our members have a suggestion for speakers at our monthly social meeting, please contact our Speaker Co-ordinator Carol Glover via the website. If contact details are available, or where you have seen the topic/presenter, then please include these in your email.

Our local Interest Groups Round-Up

Art Group

The group meets on alternate Tuesdays at the Elders Retirement Life Community Lounge 10.30 – 12.30
Topics for February are:

New members are always welcome, please contact convenor Jenny Evans on the website link.

Calligraphy Group

Unfortunately, it has been decided between the members to cease meeting. We would like to thank Lizzie Musset for her dedication in running this group for the last 5 years.

Easy Cycling Group

The group met as planned on Tuesday 9th January at St Aiden's Nature Reserve for our New Year Social Walk. After hot mulled wine and mince pies in our (Dave's) campervan

we had a good walk around the reserve. Parts were still under the water from the then recent rain, but it was an enjoyable couple of hours.

By the time this reaches you we will have also hopefully been out on our bikes again (Tuesday 23rd January) for one of our regular rides along the cycle path next to the East Leeds Orbital Road from The Springs shopping centre out to the Atrium Garden Centre for a coffee then back.

Our next scheduled rides are planned for Tuesday 13th and 27th February. The routes have not been finalised yet, but details will be added to the website before then.

We are always pleased to welcome anyone who would like to come with us for a couple of rides before formally joining our group. the length of our trips is usually between 10 – 15 miles, although we occasionally go further, particularly when the weather is good. We like to point out we will always find a coffee shop for a refill, and no-one is ever

left behind!

New members always welcome, please contact Convenor Dave Swindells via the website link.

Garden Visits Group

There was a meeting scheduled for Tuesday 23rd January to discuss prospective visits for 2024, please visit the website for more information and hopefully we can let you know some of the information in our March issue.

New members are always welcome, please contact convenor Susan Isley on the website link.

Quiz Group

Our February quiz afternoon will be on Wednesday 28th, 2.00 to 4.00 at GWMC. Please feel free to join us for our January quiz on Wednesday 31st, if this notice reaches you in time.

New members always welcome, please contact Convenor Judith Robinson via the website link.

SciTech Group

Leeds Green Bin Depot, 16th & 18th January 2024

There were 2 visits to the Green Bin Depot, giving a fascinating, eye-opening insight into the mostly manual sorting process, and the issues the depot has because people don't follow the guidance for recycling!



The sorting Depot runs 24 hours over 6 days (7 at moment because they are still clearing the high volume from Christmas). It employs 120 people as most of the sorting is by hand. There are 30 operatives at any one

time on the sorting lines, 3 x 8.5 hour shifts a day, includes breaks. Staff are provided with PPE and can wear masks, but most opt not too!

Just about everyone on the sorting line is foreign – mostly Eastern European, quite a few have been there for several years - pay and conditions are good, even though the job is pretty awful - smelly, dirty, dusty, boring - but you need to be very quick to do it well. The pickers move station every half hour to rotate between warm, cold, standing and sitting stations. Unfortunately, British pickers do not want the job and never stay beyond a month.

Amount of waste processed is usually 800-1000 tonnes, of which 150 tonnes is reject-



ed as non-recyclable waste. This includes batteries, vapes, recreational gas canisters

(these 3 pose the biggest risk), textiles & shoes, small electrical appliances, as well as contaminated recyclables, all of which are picked off the sorting lines by hand!

The depot is run by HW Martin, a private company working in conjunction with Leeds City Council - told they share the profits. Aluminium is most valuable. Metals and plastics stay in the UK, mixed plastics are baled and sent to another company for further processing. Paper and card are baled and sent abroad for recycling.

TIPS - keep the lids screwed on your plastic bottles and squash them in the middle (helps the machines move them along the line). Rinse foods and liquids from containers – residue means they are treated as contaminated waste, and they can't be recycled.

If in doubt, put it in the black bin!
A full report can be found on our website.
New members are welcome, as is a secondary (or new) convenor, please contact Carol Jinks on the website link.

Tech It Easy Group

The group have a new Programme of Meetings for 2024. Topics will include:
Feb 5th: Tablet and mobile phone basics
Feb 19th: Digital inclusion in Leeds
March 4th: Parking apps
March 18th: Free/cheap alternatives to MS Office

Later in the year we will be looking at WhatsApp, photos and photobooks, Facebook basics, car infotainment, avoiding scams, online competitions, online food shopping, tech in the kitchen, cleaning up files, the NHS App, free-cycle and LS25 C.R.A.P, home automation, and Christmas apps.

Many of these sessions are in response to your feedback from our survey – thank you.
Come and join us every 1st & 3rd Monday at 10am at Kippax Library - but please check specific dates on our website first as they can sometimes vary! Our website is here <https://u3asites.org.uk/garforth-kippax/page/125840>

We look forward to seeing you in 2024!
New members are always welcome, please contact either convenor via the website link.

Theatre Group

The group held their 1st meeting of the New Year on Tuesday 16th January and have decided to visit several productions.
February 10th: Bouncers at the Theatre Royal Wakefield
April: Wicked at the Alhambra Bradford in April
May: Pretty Woman and Come from Away at The Grand in Leeds

June: My Fair Lady at Leeds Playhouse
Meetings are usually the 2nd Tuesday each month at Olivers Coffee Shop, Kippax.

New members are always welcome, and for more information, please contact Convenor Virginia Urwin on the website link.

Walking over 5-miles Group

Sorry but this piece from December didn't quite reach us in time for last month's newsletter:

For our short walk in December, we set off for Saxton across the muddy fields from the Crooked Billet. As expected, we were not disappointed to find that by the time we emerged in Saxton we had to find every available wooden post to try and lighten our boots of the mud! Needless to say, there was a unanimous decision to avoid the field on the way back. We seem to have hit the sweet spot with the weather and whilst a little cold, the rain stayed away for our meander around the Towton battlefield walk.
New members are always welcome, please contact convenor Wendy Bartholomew-Esders on the website link.

For information on any of our interest groups, please check the website, with the group convenor or our Group Co-ordinator.

For Convenors: Any updates for any of your groups? Drop us a line or two please. Entries for our next newsletter need to be with one of the Editors by the 3rd Wednesday of each month, thank you.



Singing Group

The singing group has not met since July last year and is now without a convenor. Our committee groups co-ordinator proposes to facilitate a meeting of the group members (and any other member who would wish to join a singing group) mid February discuss proposals for resuming regular meetings.

Any member who is not yet a member of the singing group who would like notice of the meeting, please leave your name with the Information Desk at the February meeting or send an enquiry to the Groups Co-ordinator via the website link.

Proposed Stroller Slow walk Group

A few members have expressed interest in having a strolling group to improve mobility and health.

Any members interested in setting up a group that would go for a stroll and chat and end with a coffee etc. Please leave your name on a sheet at the Information Desk at the next meeting or send an enquiry to the Groups Co-ordinator via the website link.

An update will be provided in next month's newsletter

Snippet of Local Interest

Submitted by Tony Robinson:
Who Was Charlie Sweep?

Whilst working on indexing the Garforth Historical Society Archive in the library, I came across some information on Charlie Sweeps Corner.

I discovered that Charles Dodsworth, a Chimney Sweep, was listed as living in West Garforth in 1893. Further investigation revealed that he was born in Bedale, North Yorkshire and had moved to Aberford.

He married Elizabeth Adamson in 1875 and had seven children. From around 1879 they lived at Kippax Lane End until he died in 1925 when he was buried in Garforth Cemetery. Hope this is of interest!

Having lived in the area for over 25 years, I keep asking around why is it called Sweeps Corner now I know, thanks Tony; Penny Brighten.

Blue Plaques Around Leeds

Donated by Lizzie Mussett:
Oakwood Clock:



Oakwood Clock was made in 1904 by Potts and Sons as a centrepiece of the new Leeds Market Hall to celebrate its opening. Alterations to the market in 1912 led to it being moved to Oakwood.

During the early 1900's many wealthy residents were moving to Oakwood building impressive houses and Oakwood began to flourish. The addition of the tramway in 1891 also assisted in bringing visitors to Roundhay Park and consequently put Oakwood on the map. In 1912 the clock was moved from the market to its present site. The clock soon became a key part of the community and landscape. For many years after its erection little or no alterations were made but eventually it began to show signs of its age, so in 2013 a campaign was started by the local resident's association to raise funds to restore it.

After a year of successful fundraising the clock received a new clock tower and the area around it was landscaped helping to maintain its status as the focal point of Oakwood. The blue plaque is situated on the building at 498 Roundhay Road opposite the clock.



Puzzle Corner

Quick Quiz Answers from January 2024

1	Australian
2	Peach
3	Rio de Janeiro
4	A bird
5	Warwickshire
6	Robert Peel
7	Delia Smith
8	Pinocchio
9	Lamb
10	Paddington

Sudoku solution from January 2024

1	8	6	5	9	4	7	2	3
4	5	3	2	7	8	6	1	9
9	7	2	1	6	3	5	8	4
7	3	8	9	1	6	4	5	2
5	4	9	7	8	2	1	3	6
2	6	1	3	4	5	8	9	7
3	1	7	6	5	9	2	4	8
6	2	4	8	3	1	9	7	5
8	9	5	4	2	7	3	6	1

Quick Questions for February 2024

Quiz by Penny Brighten. Answers will be published in our next issue.

1	What is the name of the spherical glass object used by fortune-tellers to supposedly tell the future?
2	What is the name of the 5-sided building that houses the headquarters of the US Department of Defence?
3	Jane Birkin inspired a design of what when making small talk with a fashion executive in 1981?
4	In which sport would a linebacker be behind the line of scrimmage?
5	What was the name of Dr Jekyll's alter ego in a novella by Robert Louis Stevenson?
6	Which James Bond actor starred in the 2004 film thriller Layer Cake?
7	What sort of creature is a guenon?
8	Which retired darts player is nicknamed The Power?
9	How many territories and provinces are there in total in Canada?
10	What does the L stand for in the name of the railway company abbreviated to LNER?

Crossword solution from January 2024

A	M	R	L	I	O	R	A	T	E		P	
	O		A		C		L		N		L	
T	U	R	N		C	O	M	E	D	I	A	N
	S		D		U		O		O		I	
V	E	S	S	E	L		S	P	R	I	N	G
	R				T	O	T		S			
O	S	C	A	R				S	E	R	V	E
			I		A	R	C				I	
G	A	L	L	O	P		H	E	C	K	L	E
	B		M		P		H		A		L	
F	U	N	E	R	E	A	L		R	O	A	M
	S		N		A		L		R		I	
	E		T	E	R	R	I	F	Y	I	N	G

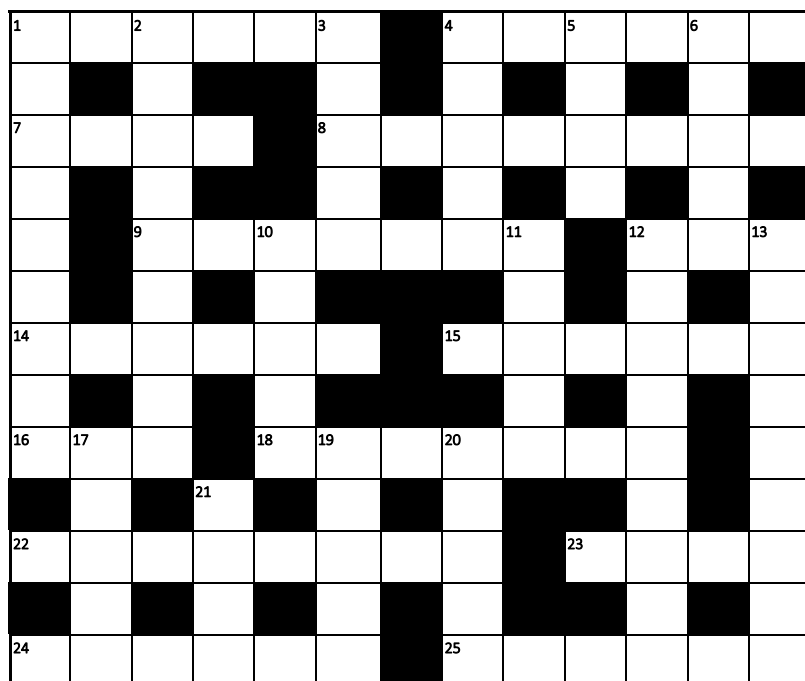
Sudoku for February 2024

							3	
			5	3		7		4
		9			1	5	8	6
	9						4	5
2			3		5			7
1	5						2	
7	8	5	6			9		
9		6		5	2			
	3							

Now, have *you ever* wanted to formulate a puzzle?

Please contact us via the links on the website and we will publish it in a future issue!

- Quiz: Submit 10 questions and answers
- Sudoku: Submit a completed puzzle, clearly marking the numbers you wish placed as a starting point in **red**
- Crossword: Submit your crossword grid with clues and answers



CRYPTIC

Across

- 1 A fool to assume the solution (6)
- 4 Father's attempt to be a kind of cook (6)
- 7 I need nothing, thanks, or very liitle (4)
- 8 Barrels found around ancient dumps (8)
- 9 Significant work at the bank (7)
- 12 Reformation of a lout (3)
- 14 Sarcastic driver maybe in charge (6)
- 15 Decline to make a further grant? (6)
- 16 Note the old-fashioned watch (3)
- 18 Young fellows – or those not so young (7)
- 22 Puts the chaps ashore since they're no sailors (8)
- 23 A never-to-be-repeated occasion (4)
- 24 The nun wanders around the diocese without being observed (6)
- 25 Second in importance (6)

Down

- 1 When to take action in prison (5,4)
- 2 Out to make one uneasy (3,2,4)
- 3 Sing in the high ranges (5)
- 4 It may holdup current supplies (5)
- 5 Certain to be safe (4)
- 6 With spirit, a sailor gets up to dance (5)
- 10 Their girders are primed (5)
- 11 Silly things, but capital savers (5)
- 12 Attitude of respect for Seb Coe in a medley (9)
- 13 He is not bound to release a spy (4,5)
- 17 Long for agreement with British sailors (5)
- 19 One virile chap among the many (2-3)
- 20 Five thousand hold one up with spite (5)
- 21 Having no work to do, some take unpaid leave (4)

COFFEE-TIME

Across

- 1 Ass (6)
- 4 Confection (6)
- 7 Jot (4)
- 8 Depression (8)
- 9 Informing (7)
- 12 Dolt (3)
- 14 Sarcastic (6)
- 15 Ebb (6)
- 16 Watch (3)
- 18 Youngsters (7)
- 22 Non-sailors (8)
- 23 Formerly (4)
- 24 Out of sight (6)
- 25 Instant (6)

Down

- 1 Serving a prison sentence (5,4)
- 2 Out (3,2,4)
- 3 Tyrolean singing (5)
- 4 Overhead cable support (5)
- 5 Certain (4)
- 6 Cuban dance (5)
- 10 Crotch (5)
- 11 Poultry birds (5)
- 12 Deference (9)
- 13 Person not controlled by others (4,5)
- 17 Long (5)
- 19 Virile male (2,3)
- 20 Poison (5)
- 21 Inactive (4)

CYGNET u3a

(Central Yorkshire Group Network of u3a's)

Started in July 2023

A reminder, that our network group (GK&D, Leeds, Selby and District, Tadcaster and Sherburn & Villages) have agreed an 'Open door' policy. This means that – *if there are spaces available* – members may be able to join an Interest (Activity) Group, class or event organised by another CYGNET member area.

However this will not allow you to attend their monthly members meetings.

We now ask that you please contact our CYGNET single point of contact Wendy Bartholomew-Esders, via our website link, who will then liaise on your behalf.

CYGNET links:

Selby: www.u3asites.org.uk/selby/welcome

Sherburn: www.sherburnu3a.org

Tadcaster: www.u3a.org.uk/tadcaster/welcome

Leeds: www.u3aLeedsweb.squarespace.com

Please use the above links to find Activity Groups, classes or event you may be interested in.

Keep checking our website for news updates:

<https://u3asites.org.uk/garforth-kippax/welcome>

Facebook page:

<https://www.facebook.com/garforthkippaxu3a>

From u3a's National Learning Programme

Further information on the following free talks is available on <https://www.u3a.org.uk/learning/national-programmes>

If you check the above website you'll see there are also many other ideas, themes and topics you can apply to join in with. Please note events which require members to book are at <https://www.u3a.org.uk/events/educational-events>

Messages from Third Age Trust:

YAGR Summer school: This is open to all u3a members across the Yorkshire & Humberside Region; course details and an application form can be found on the YAGR website <https://yahru3a.uk/>

1st National u3a Festival is to be held in York over 3 days: 18th to 20th July 2024 at York University. To date there have been over 90 offers of activities/workshops/talks from everywhere across the 4 nations.....and that doesn't include the music element! It's going to be a great coming together of u3a members where we can share our love of this great movement. They are still looking for stewards/meeters & greeters, so if you would like to offer to help, please do get in touch.

More information is on the website here: <https://www.u3a.org.uk/events/festival-2024?highlight=WyJmZXN0aXZhbnCJd> and if you would like to sign up for festival updates please do email festival@u3a.uk

Endnote:

Please note that any contributions from our general membership and Convenors will need to be with us by the **3rd Wednesday of each month** for inclusion in the next edition.

Thanks!

Isi Todd and Penny Brighten

Newsletter Editors