

| <i>Date</i> | <i>Walk details</i> | <i>Starting point/Grid reference</i> | <i>Miles</i> | <i>Leader(s)</i> |
|---------------------------|--|--|--------------|-------------------|
| 1st January | Calton Lees, Swiss Cottage, Hunting Tower, Chatsworth Park | Calton Lees car park near Beeley, pay on entry (nearest post code DE4 2NX, grid ref SK259685). Availability of toilets doubtful on New Year's Day – try the public toilets in Baslow car park. | 7 | Andy |
| 15 th January | Grassmoor Country Park, Sutton Scarsdale, Heath & 5 Pits Trail | Car park in Grassmoor Country Park, Birkin Lane, Temple Normanton, Chesterfield (nearest post code S42 5BP, grid ref SK411671) | 9 | Steve |
| 5 th February | Cresswell Craggs, Belph & Welbeck Abbey | Cresswell Craggs visitor centre car park, Craggs Road, Welbeck (nearest post code S80 3LH, grid ref SK538744). Toilets at the visitor centre. | 7.9 | Andy |
| 19 th February | Elvaston Castle - Ambaston - Thulston | Car park for Elvaston Castle Country Park on the B5010 about halfway between Borrowash and Thulston. Fee payable. Nearest post code DE72 3EP, grid ref SK412332). Toilets near the car park | 8 | Bob Bob & Vanessa |
| 4 th March | Markeaton Park, Kedleston Hall, Mackworth | Markeaton Park car park, Markeaton Lane – take right turn off Ashbourne Road (A52) signposted for the crematorium (nearest post code DE22 4NH, grid ref SK332379). Availability of toilets to be confirmed – there is a garden centre café though. | 8 | Carol |
| 18 th March | Barlborough – Spinkhill – Harthill | On street parking near the Cross, Park Street, Barlborough (nearest post code S43 4ES, grid ref SK475774). Availability of toilets to be determined. | 8 | Bob & Vanessa |
| 1 st April | Ashover, Northedge, Great Pond of Stubbing and Alton | Ashover Parish Hall car park, off Milken Lane, Ashover (nearest post code S45 0BA, grid ref SK351632). Toilets in medical centre and on Moor Road. | 8.3 | Steve |
| 15 th April | Wetton Mill, Butterton & Grindon | To be confirmed | 7.8 | Neil |
| 6 th May | Hoylandswaine, Cawthorne & Cannon Hall country park | To be confirmed | 8.3 | Andy |
| 20 th May | Lea Gardens, Cromford canal, Crich memorial and Lea village | To be confirmed | ? | Georganne |
| 27 th May | PLANNING MEETING | | | |
| 3 rd June | Earl Sterndale, Longnor & Hollinsclough | Longnor Market Place car park (nearest post code SK17 0NT, grid ref SK089649). Toilets nearby. | 8 | Bob & Vanessa |
| 17 th June | Gradbach, & the Three Shires Head | To be confirmed | 7.5 | Georganne |
| 1 st July | Filey to Scarborough | Minibus outing – now fully booked. Depart 07.30 am Forest Town Arena, Leave Scarborough 6.00 pm | 8.7 | Andy |

Please note that walks might have to be changed at short notice because of adverse weather conditions or other reasons.

Forest Town & District U3A: Affiliated to the Third Age Trust. The U3A meetings take place on the first Thursday of each month at St Alban's Church, Clipstone Road West, Forest Town, Mansfield NG19 0EP from 1:45 pm.

FOREST TOWN & DISTRICT U3A RAMBLING GROUP

Rambles from 7 miles up to 9 miles on the first and third Wednesday of each month.

Usually meet 8.30 a.m. at the Forest Town Arena car park for lift sharing, departing at 8:40, but please check with the group co-ordinator as occasionally the start time is varied. Assemble at the end nearest to Pump Hollow Road, taking care when parking not to block the gates to the sports pitch.

Please do not bring your grandchildren or dogs with you

The rambles are moderate ones, mainly in Derbyshire and the Peak District, and over all types of terrain, so walkers should be prepared for stiles and rough ground as well as mud. Remember that weather conditions can deteriorate very quickly with little or no warning, particularly on high ground - so be prepared! We walk throughout the year so we suggest the following items - *some are seasonal*.

- * Comfortable waterproof boots suitable for rough terrain, plus a spare bootlace
TRAINERS ARE NOT SUITABLE
- * Waterproof clothing (eg cagoul and overtrousers)
- * Small rucksack
- * Packed lunch plus drinks (*extra drinks for very hot days*)
- * Light waterproof mat or stout carrier bag (to sit on)
- * Small personal first-aid kit including crepe bandage
- * Spare sweater, a hat, gloves
- * Change of footwear (essential for return car journeys)

Lifts, *if required*, are organised at the car park so it is suggested a voluntary donation of £4.00 is made by each passenger to the driver.

Should anyone have to leave the walk, for whatever reason, then the walk leader must be informed for safety reasons.

After returning to the cars, why not round off the day by enjoying a relaxing drink with everyone at a local pub or coffee shop?

Will members who wish to lead rambles please submit details with route descriptions, proposed starting points and distances as soon as possible. Any ideas for rambles, or walking areas, are also welcomed by anyone who does not wish to lead a ramble. Rambles should be moderate or easy, but not strenuous.

We expect to finish walking by 3.00 pm, returning to the Arena by 5pm approximately.

Co-ordinator:

Andrew Riby (01623 656958). Mobile 07833 543705

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