



**NEWSLETTER Issue 50**  
**March 2020**  
**Charity Number 1186417**

### Chat From the Chair

Hello! And welcome to the March edition of your U3A Newsletter! Well March, apparently, "comes in like a lion and goes out like a lamb" and judging by the recent gales during February I'm sure we have had a whole pride of lions to welcome us into the third month of 2020! I hope none of our members experienced any serious problems due to the adverse weather. However, despite the appalling weather it's delightful to see some spring colour in the gardens isn't it?

Those members who attended the February general meeting enjoyed a very fascinating and informative presentation by Andrew Tucker



who shared his knowledge of "A Brief History of Live Theatre in Mansfield". See message below.

*I am emailing to pass on our thanks to the Forest Town and District U3A and its members as we have recently received a cheque donation for £60 in connection with a talk given by Andrew Tucker on 6<sup>th</sup> February 2020. Andrew has very kindly passed on the fee you gave him in the form of a donation towards*

*the work that we do here at the NSPCC and we are very grateful for this. On behalf of the NSPCC I'd like to thank both yourself and Andrew for the kind donation from the talk which will go towards our work with children.*

*The money you donated could help fund the NSPCC's range of services in Nottingham through our local Service Centre or our Speak Out, Stay Safe programme which works to help every primary school child understand how to recognise and protect themselves from abuse. For those children who may be suffering in silence, we run Childline and the NSPCC Helpline – together these two helplines offer every child the chance to speak out or be saved from harm.*

*These innovative services help children whose lives have been harmed by abuse or neglect as well as vulnerable children and it is only with the generous support of people such as you that the NSPCC in Nottingham can continue its essential work in protecting the most vulnerable children.*

*Your support is the reason why our life-saving work doesn't grind to a halt. It is our heartbeat, because almost 90% of our funding comes from people like you, and without it we would have to start closing our services within 6 months. The children we work with will never be able to thank you personally for your contribution, so on their behalf please accept the grateful thanks of everyone at the NSPCC.*

*Kind regards Sam Wilson*

The Speaker for our March meeting will be Anthony Sharp with a presentation on "The History of Lincoln, from The Romans to The Georgians".

Although I am actively involved in our the Poetry and Play-reading Group I do try to occasionally attend other Groups and recently I have attended Local History, Craft, Gardening and Scrabble & Rummicub (although members are welcome to take along a board game of their choice). I have to say how welcoming the Group Leaders were and how passionate they all are in their subjects. I hope to try some more Groups very soon. Well done Group Leaders!

Our General meeting "start time" came under discussion recently. The Committee have decided that, with effect from April 2nd, our U3A meetings will start at 1.30pm instead of 1.45pm. This will allow more time for members to book trips, look at the Groups information, book meals etc or simply socialise, chat and get to know each other. We hope it will also provide for a more relaxed refreshment time. We will, of course, finish at the normal time. So, along with a reduction in membership fees we will all be getting more out of our U3A!

## MEETINGS IN 2020

**April 2<sup>nd</sup> 2020** - Patsy Rayner- Images of Japan:  
Traditional and Modern.

**May 7<sup>th</sup> 2020** - Elizabeth Holloway- Off The Boats  
Living on a Longboat.

**June 4<sup>th</sup> 2020** AGM

## Membership renewals 2020

Renewals are due by March 31<sup>st</sup> and can be made in several ways.

**By bank transfer –this is the preferred method of renewing membership.**

**Using the following details:**

**Sort code - 30-90-89**

**Account number: 53978960**

**Name of Account: Forest Town & District U3A  
(You will need to abbreviate this to FT&D U3A)  
It is imperative when using this method that you state your name and/or membership number for reference. Otherwise we are unable to trace your payment.**

**By Post** to: Mrs J Atkins 14 Paulson's Drive,  
Mansfield, Nottinghamshire NG19 7AA  
Please enclose your name, current membership number and cheque as above. It would be appreciated if you could provide a stamped address envelope for return of your new membership card, but not essential.

**In person** at the general meetings on March 4th and 1<sup>st</sup> April Cash or cheque made out to

### **Forest Town & District U3A**

Membership fees for 2020/21 are £17 for Individual Membership & £13.50 for Associate Membership. Associate members must supply their membership card for their main U3A.

## Are you thinking of joining an Interest Group?

Before Joining a new group please contact the Group Leader concerned before you go. The Group Leader will give you information about the group, times, venues or meeting places. You need to make sure that the group can take more members. You can also contact the group coordinator at the monthly meetings or email: [a.adlard@ntlworld.com](mailto:a.adlard@ntlworld.com)

## Grant for new laptop

We are extremely grateful to Nottinghamshire County Councillors Martin Wright and Vaughan Hopewell for donating £200 each to Forest Town U3A to enable the purchase of a laptop for the membership secretary. To date, Jane Atkins our membership secretary, has been valiantly struggling using her personal ancient laptop to access and record membership details, and to run the membership card scanning software which will be introduced shortly. Thanks to this grant, the new laptop will be a dedicated entirely to U3A issues. This will enhance the security of personal data held on it, and will make the handover to Jane's replacement as membership secretary much easier when, sadly, she steps down in June having completed three years of service on the executive committee.

## **Police and Neighbourhood Wardens gave advice at the recent Forest Town Community Council Meeting.**

**Car Safety** - Do not leave anything at all on view in your car, you may think it has no value or know it is an empty shopping bag BUT thieves do not, and will break in to investigate. Do not leave valuables in your car boot.

**Car keys** - in the home place these in a tin box, this can help to stop thieves replicating your car door signal.

**101 number** - please report any incident, anti social or otherwise that you are aware of to this number, it will then be logged and the Pcso's and wardens are alerted to . It will help them to monitor any problem area's in the community.

## **Crimestoppers number (0800 555 111)**

# INTEREST GROUPS & LATEST REPORTS

## GROUP MEETINGS AT A GLANCE

|  | <i>Monday</i>                        | <i>Tuesday</i>                | <i>Wednesday</i>                  | <i>Thursday</i>  | <i>Friday</i>                 |
|--|--------------------------------------|-------------------------------|-----------------------------------|--|-------------------------------|
| 1 <sup>st</sup>                                | Book Club                            | Table Tennis<br>Ambling Along | Rambling                          | <b>MAIN MEETING</b>  | Music - 60s<br>Appreciation   |
| 2 <sup>nd</sup>                                | Craft<br>Poetry & Play Reading       | Gardening                     | Current Affairs                   | Bird Watching<br>Ten Pin Bowling                               | Bridge<br>Scrabble & Rummikub |
| 3 <sup>rd</sup>                                | Scrabble & Rummikub<br>Local History | Country Dancing               | Rambling<br>Cycling<br>Lunch Club | Family History   | Strollers                     |
| 4 <sup>th</sup>                                | Short Walks                          | Art Appreciation              | Classic Vehicles                  | Cryptic Crosswords<br>Painting & Drawing<br>Evening Dining Out | Bridge                        |
| <b>Groups with no Set Day - National Trust</b> |                                      |                               |                                   |  |                               |

### Ambling Along

**Group Leader: Linda Bancroft**

**Meet 1<sup>st</sup> Tuesday of the month at Forest Town  
Arena Car Park at 10.15am for car share.**

These are the venues for the next three group meetings:-

Tuesday 3<sup>rd</sup> March, meet in the Arena car park 10.15am for car share to Berry Hill Park.

Tuesday 7<sup>th</sup> April, meet in Arena car park 10.15am for car share to Rufford Park.

Tuesday 5<sup>th</sup> May, meet at the venue of Vicars Waters at 10.30am

Notification will be given if any of these meetings are to be cancelled. Linda

### Art Appreciation

**4<sup>th</sup> Tuesday 10am Forest Town Arena**

**Contact Jill Gascoyne**

At the January meeting our aim was to visit the Nottingham Contemporary gallery. Alas, the exhibitions had just closed. No problem: a coffee and lunch at Sir Joseph Else followed by tram ride to Lakeside & Djanogly galleries where the exhibitions were, as usual, interesting.

The February meeting was at the Arena, Forest Town. Future venues were discussed, and then we shared information on current artists, including Anthony McCall & Marlene Dumas. We were surprised to learn that contemporary artists are creating 'conceptual perfumes'. Art does not have to be seen. Jill

### Bird Watching

**Group Leader: Lynne Cooper**

**Meet 2<sup>nd</sup> Thursday of the month**

On Thursday 13 February at 8.30am a small group of bird watchers met at Thoresby Car Park for a guided walk with Rich the Conservation Officer. There were lots to see and learn about the work being done to encourage a variety of birds and wildlife to the area. As we walked around the park we saw over 20 species of birds, including Robins, Pheasants, Bluetits and Mistle Thrush, along with Grebes on the river. Another treat, though not a bird variety, was to see the white Fallow Deer. Rich gave lots of information about how the area is being improved with several Hides being built in various places for people to watch the birds. The material for these Hides has been donated by local companies and some of the work has been done by local school children. On reaching one of these Hides and its surrounds we were treated to seeing a Grey Wagtail, Nuthatches and a Goldcrest. All in all, this was, a very interesting morning, with the sun shining for us too, rounding off with a well-earned drink in the Café.

### Book Club

**Group Leader: Ann Stanford**

**Meet 1<sup>st</sup> Monday of the month 10. 30am Forest  
Town Library**

### Bridge

**Group Leader: Steve Evans**

**Meet 2<sup>nd</sup> & 4<sup>th</sup> Friday of the month  
10 am - 12 noon at the Flint Avenue Centre.**

## Classic Vehicles

Contact Ann Stanford

4<sup>th</sup> Wednesday 2pm Forest Town Arena

The Classic Car Group has been struggling lately but we have a member who is passionate about cars and would like to meet and chat with likeminded people. If you would like to join this group please put your name down on a slip found at the Group Information Board and we will get back to you soon!

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## Computer and IT Skills

Group Leader: **Bob Hunt**

Please contact Bob re meeting

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## Country Dancing

Pam Lander. Mobile:

Meet 3<sup>rd</sup> Tuesday of the month at St. Patrick's Church Hall

## Country Dancing is moving!

We will be meeting at Forest Town Methodist Church Hall, 117 Clipstone Road West, Forest Town NG19 0BT.

We have hired the hall for 4 months starting in March. The day has changed to **TUESDAY** afternoons 2 - 4 pm, unless it is a dance and shared lunch celebration. There is also a charge to cover the hire of the hall.

Tuesday MARCH 24th dancing and shared lunch to celebrate the coming of spring. Dancing from 11am till 3pm. Professional dance caller Janice is our special guest. Please bring a small contribution to a shared lunch. Cost £2.50 to cover hire of hall and kitchen.

Tuesday 21<sup>st</sup> APRIL 2-4pm £2

Tuesday 19<sup>th</sup> MAY 2-4pm £2

Tuesday 23<sup>rd</sup> June dancing and shared lunch to celebrate midsummer. Due to this being a special day the details will be the same as March.

The Country Dancing Group would like to thank St. Patrick's Church for the wonderful support they have given us this past year. We do appreciate it and have really enjoyed meeting there. Pam and Ann

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## Craft

Group Leader: Jane Freeman

2<sup>nd</sup> Monday 2pm - 4pm Meet Forest Town Arena

The "usual crew" of intrepid ladies ventured out through almost horizontal snow to meet and chat (Crafting was also undertaken as part of the multitasking they are all so good at!)

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The lace making grew longer, as did an intricate knitted poncho and the strawberry canvas had another leaf added, The Stripy Sweater is nearer to completion, we have been assured!

Some new projects appeared in a show and tell session, inventive pot/pan/dish holders for using with a microwave, very ingenious, and soap-buddy bags to pop a bar of soap in and use in the bath or shower brilliant! Think we could all do with those at home. Whilst keeping an eye on the weather, and one on the crafting, we discussed the lack of "stick ability" of some students when undertaking new tasks; it seems as soon as it gets a little difficult, as any new task will to begin with, suddenly it's no longer of interest!

Top -Trumping the storm damages also came into the discussion, with the wheelie bins taking top place for being upended and their contents scattered along the road, closely followed by birdbaths being blown over and smashed.

Also (anecdotally) a fence panel appearing in someone's back garden, with no evidence of anyone in the immediate neighbourhood having lost one and not claiming it?

And one perennial topic we discussed was the lack of the proper teaching of domestic science, as a core subject at school, leading on from the subject of childhood obesity. That will run and run. Next meeting will be Monday 9<sup>th</sup> March at 2.00pm, Forest Town Arena. Regards, Jane

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## Cryptic Crosswords

Meet on 4th Thursday, 10am at Forest Town Arena. Group Leader Kay Toy

Our group meetings resumed at the end of January, after a fairly long break, and this session proved to be lively and productive. "Sandwich Clues" (ie. where one word is contained within another) were discussed and outlined (with hand-outs), and put to use, and Coffee Break Crosswords were attempted and completed (teamwork!).

A great deal of progress has been made, and the writer of this piece is contemplating introducing The Times cryptic crossword in the near future (with answers as back-up)! Not to be completed in one session, of course, but it would be satisfying to solve a few clues. Other daily newspaper crosswords are welcome.

The book for beginners by Henry Howarth (U3A Subject Adviser for Cryptic Crosswords) has proved useful and informative, with its clear and straightforward instructions, helpful lists, and sample crosswords. Kay

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### Current Affairs

**Group Leader: Desley O'Leary**  
**2<sup>nd</sup> Wednesday 10am - 12 noon**

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### Cycling Off Road

**Meet on 3<sup>rd</sup> Wednesday**  
**Group Leader David Duncan**

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### DAYS OUT/HOLIDAYS & OUTINGS 2020

**Contact Denise**

27<sup>th</sup> April visit to Lichfield and the Cathedral including a cream tea at the Cathedral £20 pp

20<sup>th</sup> May visit to Liverpool free time around the docks and Liverpool centre plus a live guide tour of

Liverpool/Beatles (we had the best guide) £21 pp

8<sup>th</sup> June Potter's resort 5\* resort with full daytime and evening entertainment (worthy of west end stage)

Full board in bungalow plus

Price approximately £320 depending on how many are going for free place share out

Deposit £50 payable to Potters

22<sup>nd</sup> June National Arboretum

Arrive in time for Daily Act of Remembrance

Two course lunch private dining Land train private tour of the Arboretum £40 pp

15<sup>th</sup> July Anderton boat lift & Chester including boat lift £32pp

16<sup>th</sup> November Thursford Christmas spectacular (3day)

Staying at Caley hall Hunstanton bed breakfast evening meal

Day one afternoon show and evening at the hotel

Day two is spent in Norwich

Day three depart calling at Holt on the way home £285 £50 deposit required

7<sup>th</sup> December 2020 Monday to Friday price approximately £315 again depending on numbers plus bus fare. So come join us.

**DENISE**

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### Evening Dining Out

**Group Leaders: Jane Atkins, Marilyn Redfern**  
**4<sup>th</sup> Thursday**

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### Gardening

**Group Leaders: Angelina Taylor & Irene Brookes**  
**Meet on 2<sup>nd</sup> Tuesday 10-12noon –**  
**Stuart Avenue Centre**

This month's meeting went with a swing: Marilyn talked us through her lovely flower arrangement of tall cream-coloured flowers and evergreens, in a shallow holder containing oasis (inspiration for us all!). Angelina then talked about summer-flowering bulbs that can be planted now (e.g. amaryllis), and further activities for this year were discussed. In addition, Linda spoke to us about the forthcoming Arts Festival, organised by Nottinghamshire Network of U3A's, and advised how we could contribute. We finished the morning (with our usual tea, coffee, and biscuits) by making small notebooks that could be used as gardening calendars or for gardening notes, etc. (much fun and laughter as we struggled with needle and thread!).

Next month we'll be visiting Dobbies Garden Centre: 10am rendezvous at Stuart Avenue Community Centre for car share. Kay

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### Family History

**Group Leader: Jenny Wright**  
**Meet 2.30pm 3<sup>rd</sup> Thursday - Flint Avenue Centre**

It was a reduced group who met this month due to holidays, grand parenting duties and appointments; due to this the afternoon took the form more of a discussion group and a catch up. We started off the meeting with an update on the main topic from last month, which had concentrated on a will that Malcolm had recently received. There had been some questions thrown up from that about how some of the people mentioned fitted in, nephew, Abraham Fletcher being one in question. I'd had a look for him over the month since we last met and found out he was the son of Hannah Marples and George Fletcher, Hannah being the elder sister of Joseph Marples whose will it was. So far so good, I then took what should have been a 'quick look' at his life and found out he'd been married three times. This was where it got interesting as it appeared his third wife was also his stepdaughter (his second wife's daughter). Is this legal? According to Google (other servers are available), it certainly wasn't in 1887, but the couple married in church so there must have been some way round it. It may be a 'Yorkshire thing' as my grandfather did exactly the same, and despite a discussion about this no one else present owned up to having anything similar in their trees! After tea break Mick gave us an update on what he had found out since we last saw him in November. He is still disappointed that he may never be able to pursue his paternal grandfather's line, however there are plenty of others to investigate and he has been busy looking up local Parish Records for baptisms and marriages and is especially interested in his mother's first husband who was killed during a bombing raid over

Poland in World War 2. He's also been inducted into using Ancestry at the library, but thinks he may need a couple more lessons before he can find his way round confidently. Dead ends and also brick walls are all part and parcel of researching Family History and although they are frustrating, sometimes you have to cut your losses, but on the other hand there are always the little gems you come across accidentally that make it all worthwhile. Jenny

### Local History

**Group Leader: Pauline Marples**  
**Meet on 3<sup>rd</sup> Monday 2.15pm –**  
**Flint Avenue Centre**

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We started off this month with a powerpoint presentation by Ann on 'Mansfield and Area Regeneration Past to Present.'



This included the Market Place which is still considered to be the main focal point of the town, the demolition of the Gala Bingo and the building of a hotel, the industrial site of Pleasley Colliery which has been made into a country park, Sherwood Forest visitors' centres old and new, Papplewick Pumping station, Sherwood Pines and Vicar Water Country Park. We had some very interesting discussions on each of these places and how much local history there is around the area. It was felt that there is a lack of tourist information to encourage visitors to the area.

David then recalled a talk he had been to last year when it was said that Mansfield was once the healthiest place in England! It seems there was a path around Mansfield that quantified this and there was a discussion with the aid of maps to where this was. Chris, not to be out done by his wife Ann had also put together an interesting power point presentation about 'Balfour Beatty around Mansfield.' It seems this firm was founded in Ilkeston by two Scotsmen and it did a lot with public transport around Mansfield. I think we were all surprised to learn amongst these were the Nottinghamshire and Derbyshire Tramway Company, Nottinghamshire and Derbyshire Traction Company. Mansfield & District Light Railway, and the Mansfield & District Traction

Company. A picture of a tram in Albert Square, Mansfield Woodhouse created a lot of discussion. Once again we ran out of time for group members individual presentations, so next month we are looking forward to what Jenny and Malcolm are going to tell us. Pauline

### Lunch Club

**Group Leader: Denise Whitsed**  
**Meet on 3<sup>rd</sup> Wednesday**

### Music - 60's Appreciation

**Group Leader: John Kirk**  
**1<sup>st</sup> Friday Meet Forest Town Arena 2-4pm**

### IMPORTANT NOTICE

Our last meeting on February 7th was a little chaotic to say the least. Due to an administration error the Arena lounge was double booked, and we had to carry all the gear round the building into the large concert room. We were also very busy and it has become clear that we will have to adopt some way of limiting the numbers.

Having had recent discussions with our U3A committee with my concerns about overcrowding we all agreed that something had to be done. So, we will be taking extra care as members sign in and for the time being there will be no visitors without prior approval Thank you for your cooperation. John.

### National Trust Group

**Ann Stanford**

Here is a list of the National Trust trips for 2020. All pick up at Forest Town Arena. There are 14 seats but if the driver does not take a passenger there are 15 available.

Saturday 18<sup>th</sup> April leaving 10am to Kedleston Hall, Derbyshire £7.50

Saturday 16<sup>th</sup> May leaving 10am to Stoneywell, Leicester £9.00

Saturday 13<sup>th</sup> June leaving 9am to Packwood and Baddesley Clinton. £17.00

Saturday July 11th leaving at 9.30am to Tattershall Castle and Gunby Hall. Lincolnshire £14.00

Saturday 15<sup>th</sup> August leaving at 9.30am to Biddulph Grange Gardens, Staffs. £13 Note: There are 400 steps in the garden.

Saturday 12<sup>th</sup> September leaving at 9.00am to Mosley Old Hall and Wightwick Manor Staffordshire £14.50.

Saturday 10<sup>th</sup> October leaving at 9.30am to Belton £9.00.

There may be changes to the itinerary as all drivers

for Ravenshead Community Transport are volunteers. If you wish to pay by cheque it is to **Forest Town & District U3A**. Payments can be made from the February Main meeting. Thank you Ann

### **Painting and Drawing**

**Group Leader: Christine Cawthorne .**  
**Meet on 4<sup>th</sup> Thursday 2pm till 4pm**  
**Sherwood Centre, Stuart Avenue**

### **Poetry & Play Reading**

**Group Leader: Allan Barham**  
**Meet on 2<sup>nd</sup> Monday 10am till 12noon**  
**Sherwood Centre, Stuart Avenue**

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### **Rambling**

**Group Leader: Andrew Riby**  
**Rambles from 7 miles up to 9 miles**  
**Meet on 1<sup>st</sup> and 3<sup>rd</sup> Wednesday**

We set out on our first walk of the month from Cresswell Craggs on a cold morning with the sun shining on the limestone cliffs and ice age cave dwellings.



After passing a farmyard, I suddenly realised half our group was missing. Thankfully, I found them watching a farrier shoeing horses. After skirting the vast Whitwell limestone quarry and passing through the hamlet of Belph, we arrived at the outskirts of Worksop with views of Worksop Manor. We then ventured through woodland to South Lodge with its grand tunnel entrance. Built by the reclusive 5<sup>th</sup> Duke of Portland, the tunnel runs over a mile to Welbeck Abbey enabling the Duke to be taken by carriage in privacy to catch the train from Worksop to London. Sadly the Abbey remains private, and we could only glimpse its towers in the distance. Our next walk was scheduled to start from Elvaston Castle Country Park near Derby, but Storm Dennis put paid to that. The River Derwent breached flood

defences and the roads to the park and the park itself were under water. Instead, we quickly came up with an alternative local walk from Pleasley Pit out to Hardwick Hall via Ault Hucknall, returning via the Rowthorne Trail. We avoided flood water, but couldn't escape deep mud and even more rain in the afternoon. Happily no-one fell in the slippery conditions and as you can tell from the photo with Hardwick Hall in the background, we all had a great time regardless.



Our next rambles: 4<sup>th</sup> March: Markeaton Park, Kedleston Hall, Mackworth (8 miles). 18<sup>th</sup> March: Barlborough – Spinkhill – Harthill (8 miles). Meet at the Arena car park to arrange lift sharing, normally departing at 08:40 a.m. prompt but please check beforehand. New members welcome. Andy

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### **Scrabble & Rummikub**

**Group Leader: Celia Tassle**  
**Meet on 2<sup>nd</sup> Friday & 3<sup>rd</sup> Monday Forest Town Arena**

### **Short Walks**

**Group Leader: Marilyn Redfern**  
**Meet on 4th Monday 10.15am**

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### **Strollers**

**Group Leader: Denise Doud**  
**Meet on 3<sup>rd</sup> Friday 10: 30am**

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### **Table Tennis**

**Group Leader: Marilyn Redfern**  
**Meet on 1<sup>st</sup> Tuesday Meden & Oak Hill Leisure Centre New Time 11:30 - 1:30**

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### Ten Pin Bowling

**Group Leader: Gordon Chapman**

**Meet on 2<sup>nd</sup> Thursday 2pm**

**Mansfield Superbowl,**

We are looking for a new Group Leader to run the Ten Pin Bowling group.

Gordon has run this group from the start of our U3A but he wishes to stand down now, it is much appreciated the time he has given to this group. So if anyone would like to take his place and take over the group to enable it to keep running.

Contact email: [a.adlard@ntlworld.com](mailto:a.adlard@ntlworld.com)

Regards Anita Adlard Group Coordinator

## COMMUNITY NEWS

### MARCH

Sat 7<sup>th</sup> Coffee Morning Forest Town Methodist Church 10 - 12 noon

Tues 17<sup>th</sup> Forest Town Community Council Meeting 7.15, Sherwood Rooms, Forest Town Arena, Open to all Forest Town Residents. At these meetings there are reports from the police and neighbourhood wardens. Individual groups such as Community Safety, Forest Town Nature Conservation Group and Planning Sub- committee, Kingsway Hall etc.

Sat 21<sup>st</sup> Village Craft Market, Kingsway Hall 10am - 2.00pm

### WEEKLY

St Alban's Church, Drop in Coffee Morning each Thursday 10-12noon

Kingsway Hall Monday & Thursday Club

Employees from Rumbles Café are now working in the kitchen at Kingsway. This benefits both Rumbles employees, many of whom have learning difficulties, and Kingsway patrons. Those attending the lunch clubs are offered a choice of menu and can order in advance and it gives Rumbles personnel experience outside the Rumbles environment. Kingsway now has two co-ordinators, one in the Hall and one 'on the road' checking on anyone not attending Kingsway when expected that they are OK. The Over 50's Club title is being changed to encourage anyone to use the lunch clubs. Although NCC fund the Over 50's, the club and its lunches and activities are open to all for £5 per day. This is all in an effort to combat loneliness. to discover more phone 422161

## Deadline for April 2020 Newsletter Articles

Saturday 21<sup>st</sup> March 2020

Please send articles to Steve Evans @

[ftu3anews@gmail.com](mailto:ftu3anews@gmail.com)

Visit our website for the latest news of meetings and groups: <https://u3asites.org.uk/forest-town/>

**Group leaders can be contacted from their Group page on the website.**

| <i>Forest Town U3A Executive Committee</i> |                 |
|--|-----------------|
| <i>Committee Position</i>                  | <i>Name</i>     |
| Chair                                      | Linda Shutt     |
| Vice Chair                                 | Michael Lyall   |
| Business Secretary                         | Sue Harkin      |
| Treasurer                                  | Andrew Riby     |
| Assist Treasurer                           | Marilyn Redfern |
| Groups Co-ordinator                        | Anita Adlard    |
| Assist. Group Co-ordinator                 | Steve Evans     |
| Membership Sec                             | Jane Atkins     |
| Assist/Membership Sec.                     | Kelvin Foster   |
| Website Editor                             | Bob Hunt        |
| Joint Social Secretary                     | Susan Carlill   |
| Joint Social Secretary                     | Denise Whitsed  |
| Welfare Officer                            | Kelvin Foster   |
| Speaker secretary                          | Desley O'Leary, |



**The Avenues today**