



Mike's Musings

Welcome to our April edition of the Newsletter again produced by Steve Evans. We are still looking for one of our members to take on this important task on a regular basis. I know that members do enjoy reading the Newsletter which continues to be one of the main ways of keeping members up to date with all things U3A and it would be a great pity if we were not able to continue to produce copies on a regular monthly basis.

Committee membership as you know for several months, I have stressed the importance of members putting forward their nomination for the next years committee as several of the existing committee have reached the end of their term of office. Nomination forms have been sent out to members who are on email, there will also be copies available at the monthly meetings and they can be down loaded from our website. One or two members have indicated that they will put their names forward at the AGM and three members also took up my offer of attending committee meeting as observers; this offer is open to any other members who would like to have an insight into the committee. I have attached as part of this Newsletter a brief outline of the duties of committee members which I hope you will find useful but the best way of getting information is to speak directly with existing committee members.

Membership I'm really pleased that many members have renewed their membership for the next U3A year. There are still several members who have not done so yet and I hope that those members will do so at the April meeting which is the last opportunity to

do so; though postal renewals can still be made prior to the end of April.

Groups There are one or two new groups being formed; please take the opportunity to find out the details and speak to Ann Stamford our Group Co-ordinator if you would like to join these groups – or of course any of the groups which have been established for some time.

Mike King

Our next monthly meeting will be on Thursday 4th April 2019 in St Alban's Church at 1.45pm.

Our Speaker will be Police Constable Jayne Walters she will be talking about all aspects of personal safety which will hopefully make us all more vigilant in our daily lives. From increasing security in our homes, to making us less of a target whilst out and about, the talk aims to include safety tips for everyone.

THE MAIN MEETINGS IN 2019

April 4th	PC Jayne Walters	Personal Safety
May 2 nd	Trevor Dempsey	Pinewood to Hollywood and more
Jun 6 th	AGM & Members meeting	No Speaker. Show and Tell displays by groups
Jul 4 th	Phil Cooper	A trip of a lifetime - Syria, Damascus, and much more
Aug 1 st	TBA	Nottingham Search & Rescue
Sep 5 th	John Smith	Reading Body language: My Guide to People Watching
Oct 3 rd	Roger Browne	From New Orleans to New York (Live recreation of tunes from jazz tour of 1919)
Nov 7 th	TBA	TBA
Dec 5 th	Members meeting	Slide Show; review of the year

INTEREST GROUPS & LATEST REPORTS

GROUP MEETINGS AT A GLANCE

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 st	Book Club	Table Tennis Tai Chi	Rambling	MAIN MEETING	Music - 60s Appreciation
2 nd	Craft Poetry & Play Reading	Gardening Tai Chi	Current Affairs	Bird Watching Ten Pin Bowling	Bridge Scrabble & Rummikub
3 rd	Scrabble & Rummikub Family History	Tai Chi Cycling Off Road	Rambling Lunch Club	Local History	Strollers Dancing
4 th	Short Walks	Art Appreciation Tai Chi	Classic Vehicles	Cryptic Crosswords Painting & Drawing Scrap Booking Evening Dining Out	Bridge
Groups with no Set Day - National Trust					

Art Appreciation

4th Tuesday 10am Forest Town Arena

Contact Jill Gascoyne

Email jillgas.1@gmail.com

Our meeting on Tuesday 26th February 2019 at the Harley Gallery was another successful visit; the weather was just right (Goldilocks style) and the exhibition was varied enough for any taste. Pastel, oil, pencil, giclee, photographic, decoupage, acrylic, enamel etc., some had been awarded prizes - not the ones we liked, but we can't afford to buy them anyway. Visitors to the biennial exhibition were invited to vote for their choice; result due 2nd March.

Our meeting on Tuesday March 25th was at the Unitarian chapel in Mansfield. We had asked for a visit to look at the decorative windows which are covered on the outside. Such a warm welcome from Maria Pap, the minister, and Neil Fisher, deputy chairman, who guided us around the chapel telling us the history, the personalities, and the fabulous stained glass windows, especially the three produced by William Morris Company. How quickly the two hours passed. A treat!

Bird Watching

Group Leader: Lynne Cooper

Meet 2nd Thursday of the month

Contact 01623 652430

Email lynnecoopernotts@hotmail.co.uk

Book Club

Group Leader: Ann Stanford

Meet 1st Monday of the month 10. 30am Forest Town Library

Contact 01623 641864 Email annstanford1@sky.com

Next Book Club will be at Forest Town Library on Monday 29th APRIL 10.30am

Bridge

Group Leader: Steve Evans

Meet 2nd & 4th Friday of the month

10 am - 12 noon at the Flint Avenue Centre.

Email steve.jackie84@ntlworld.com

Classic Vehicles

Contact Ann Stanford 01623 641864

4th Wednesday 2pm Forest Town Arena

Email annstanford1@sky.com

On SUNDAY 14th April the winding engines are running at Pleasley Pit 10am to 12 noon. We will be meeting at 10am at the Café. Please sign the sheet with contact details at the Group Information Boards. Nottinghamshire County Show will be at Newark. 11th & 12th May. Classic cars and other vehicles are on display.

Computer and IT Skills

Group Leader: Bob Hunt

Email foresttownu3a@outlook.com

Please contact Bob re meeting

Country Dancing

Pam Lander. Mobile: 07708361057.

Email enquiries-annstanford1@sky.com

The group has decided to stay at St. Patrick's Church Hall. It is a lovely space with excellent facilities! As the hall is bigger we have spaces if you would like to join us. No experience required. There is a charge of £2 a session, paid in 3 monthly instalments of £6. This is to cover the hire of the hall and includes refreshments.

As Good Friday falls on our dancing day in April, there will be no meeting.

Craft

Group Leader: Jane Freeman

2nd Monday 2pm - 4pm Meet Forest Town Arena

Contact 01623 624003

Email jam.freeman@btinternet.com

We had a full house of 12 ladies today and I am sure we would have the gravity to form a jury if so required complete with the obligatory clicking of needles to accompany our deliberations.

We were all busy with our individual projects of crochet blankets, twiddle muffs, cardigans and sweaters with one lady hoping to have her "cat-free" jumper finished in time to be modelled at the June meeting watch this space!
One lady had individual tuition in crocheting, but she declined the challenge of having a full- sized throw completed in time to display at our table but you never know.

The discussions ranged from Boris's new haircut and sleek appearance; the lack of manners, courtesy and street -awareness of students on their way to and from school; the challenges of finding a decent, reliable gardener (phone numbers were eagerly exchanged on that issue!) and the important arrangements for our Easter Lunch Outing, which will be in place of our April meeting.

For those ladies not at today's session, but who will be coming to the lunch a reminder, we will be meeting at the Arena carpark from 11.30/45am on Monday 8th April, and departing when the car-shares have been organised to Taylor's Nursery and Tea rooms for a 12.30 lunch lingering in the centre afterwards is not obligatory, but definitely worth a detour! Jane

Current Affairs

Group Leader: Desley O'Leary

2nd Wednesday 10am - 12 noon

Contact 01623 421642

We gathered together this week
To give the news a good tweak.
But the world kept on turning
As our thoughts they were churning
And we offered our modest critique.

The above-mentioned "critiques" were as follows:-

- * Red Nose Day: we agreed that "red noses" should be made from material other than plastic.

- * Vocational training/apprenticeships seem to be the poor relation to degree courses. We agreed that the balance is wrong.

- * Climate change: most of us (with the exception of one climate change denier!) agreed that we are not being given enough help and guidance as individuals to combat this threat. Our politicians are not treating this dire problem with a sense of urgency.

- * 2 safety issues: mountaineers should take heed of weather warnings and not put rescue teams at risk. United States, Boeing aeroplanes should be grounded after two recent crashes. Profit is being put before safety.

- * Idling cars outside schools at pick-up/drop off time: schools and/or police should intervene.

- * Wives of Daesh fighters: mixed views as to whether they should be repatriated (and re-educated).

- * The Big Four Supermarkets: price competition. Aldi and Lidl don't have concerns about shareholders' dividends; smaller range of products; locally sourced products.

As usual, ideas were batted back and forth in an interesting and humorous way. We thank Desley and John for their hospitality.

The next meeting will be on the 17th April. Kay

DAYS OUT/HOLIDAYS & OUTINGS 2019

Contact Denise 07791941502.

Email deewhits@aol.com

May 20th Windsor/Oxford Price £129 we will be staying at Copthorne, Windsor and Slough including bed/breakfast/3 course evening meal.

September 17th Bletchley Park cost £36

Once the secret home of World War Two codebreakers and is now a vibrant heritage attraction)

December 9th Christmas spectacular at Potters,

Price to be confirmed approximately £325 including transport and accommodation

Please make all cheques payable to Skills

Days out and Holidays are very popular, places can only be reserved on payment

Evening Dining Out

Group Leaders: Jane Atkins, Marilyn Redfern

4th Thursday

Contact jane.e.atkins60@gmail.com

mjrfern@gmail.com

Evening Dining out Group 2019

April 25th Zucca

Italian & Mediterranean Cuisine & Tapas

7 Ryton Street Worksop S80 2AY

May 23rd Van Dyke's

Modern European fine dining

Worksop Road Clowne S43 4TD

June 27th Farndon Boathouse

Modern Home Cooked & locally produced food

N End Farndon NG24 3SX

Gardening

Group Leaders: Angelina Taylor & Irene Brookes

Meet on 2nd Tuesday 10-12noon –

Stuart Avenue Centre

Contact Angelina 01623 622871

As the wind raged outside and the rain came down in buckets, our group settled down to a cosy craft session. We struggled with ribbon, glue, pins and suchlike to make Easter wreaths for home decoration. Some group members used fresh greenery and flowers to make attractive arrangements (see attached photo).



Whatever the artistic creation, fun was had and ideas and material were shared. A welcome refuge from the dismal weather!

We look forward to the talk by gardening expert, Mike Davey, at 10am on the Tuesday 9th April at Stuart Avenue Community Centre. There will be a small charge at the door for refreshments. Kay

The Gardening Group would like to invite anyone

who is interested in attending the following.

A speaker, Mike Davey will give a talk on Historic Houses and gardens, mostly National Trust with focus on the gardens. He gives his fee to a Children's charity. It will take place at Stuart Avenue; Sherwood Centre at 10 am on Tuesday 9th April, the cost will be £1-00 for tea and Home Made biscuits.

Family History

Group Leader: Malcolm Marples

Meet 2.30pm 3rd Monday - Flint Avenue Centre

Contact 01623 431783

Email malcolm@mp-marples.co.uk

Once again we had an interesting meeting and two recent TV programmes were mentioned which throw a new slant on family history research. One was about foundlings (babies left on doorsteps or similar place where the mother would expect them to be found). Until recently these babies when adult had no chance of discovering their birth mother, however with the advances in DNA research it is now possible to discover some of the 'foundlings' relatives.

The other programme was about triplets that were separated at birth and adopted. By chance they all made contact in their late teens early 20s and for a few years enjoyed getting to know each other plus the publicity they received. However the story took a different turn when it was discovered that they, (and possibly many other babies), were separated at birth as part of an experiment.

There is no meeting in April due to it falling around Easter. From May, there will be a change of Group Leader when Jenny Wright will be leading the group.

Pauline

Local History

Group Leader: Pauline Marples
Meet on 3rd Thursday 2.15pm –
Flint Avenue Centre Contact 01623 431783
Email pauline@mp-marples.co.uk

This month we had a slide show 'Delving into the History of Sherwood Hall'. This took us back to the mid-1700s and worked through the various occupants and tenants through the years until the hall was sadly demolished in 1965.



Sherwood Hall when it was being demolished.

While little was known about some of the occupants personally, much could be discovered by the wills they left. Sales adverts or catalogues gave interesting descriptions of the hall and the census provided interesting information on the people who lived or worked at the hall.

Personal memories of a lady who had worked for Mrs Tweedie had us all laughing; they are not for printing here! Mrs Tweedies, film star brother Victor McLaughlin also used to visit them at Sherwood Hall much to the delight of local people. For a short period in the early 1900s the Hall became Henley High School and it turned out that the then headmaster was rather a 'colourful' character!!! The final pictures of a derelict hall were sad to see.

The research into the hall is still work in progress, and thanks to the very observant members of the local history group, one or two dates etc will need adjusting.

There will be no meeting in April due to Easter.

Pauline

Lunch Club

Group Leader: Denise Whitsed
Meet on 3rd Wednesday
Contact deewhits@aol.com

Music - 60's Appreciation

Group Leader: John Kirk
1st Friday Meet Forest Town Arena 2-4pm
Contact 01623 640528
Email johnensorkirk@gmail.com

Surely it can't be March already with people making plans for the up and coming holiday season. As you can imagine with a group like ours with five members in the "Now or Never" band we are hoping to get through the next few months with as little disruption as possible, fingers crossed. This month we introduced two new songs with Irene singing the Susan Maugham classic Bobby's girl and our bass player Chris takes up the vocals on Folsom prison blues.

The quiz this month was devised and delivered by Sandra Evans and I did a feature on Gerry and the Pacemakers. April the 5th is our next get together, hope to see you there. John.

National Trust Group

Ann Stanford 01623 641864
Email annstanford1@sky.com

Spring and summer 2019 National Trust Visits

We are using Ravenshead Community Transport. The mini bus will seat 14 passengers and all prices have been costed to this.

Saturday 13th April: - [Woolsthorpe Manor and Belton House](#). Leaving Forest Town Arena 10am. Cost £9.00

Saturday 11th May: - [Sudbury Hall](#). Leaving Forest Town Arena 9.30am. Bookings being taken at the April Main monthly meeting 14 seats places available Cost £9.00

Saturday 22nd June: - [Packwood House and Baddseley Clinton](#). Leaving Forest Town Arena 9.30am Cost £13.00

Saturday 13th July: - [Lyme Park and House](#)
Leaving Forest Town Arena 9.30am. Cost £9.00.
Booking and payment will take place at April main meeting for the 13th April visit. Cheques made payable to **[Forest Town and District U3A](#)**

Painting and Drawing

Group Leader: *Christine Cawthorne*
Meet on 4th Thursday 2pm till 4pm
Sherwood Centre, Stuart Avenue
Contact 01623 658171

Poetry & Play Reading

Group Leader:
Meet on 2nd Monday 10am till 12noon
Sherwood Centre, Stuart Avenue

Rambling

Group Leader: Andrew Riby
Rambles from 7 miles up to 9 miles
Meet on 1st and 3rd Wednesday
Contact Andrew Riby 01623 656958
Mobile 07833 543705 Email ribya@imcgroup.co.uk

With some trepidation, we set out on our first walk in March from Wessington. Heavy overnight rain made for a muddy walk and more rain was forecast. Bob & Vanessa led us out towards Ogston reservoir. Waterproofs were hastily donned as the first of many showers came through before they merged into one continuous heavy downpour. Our morning break was spent at the side of Brackenfield village green, the largest in England, huddled under trees for shelter. We slithered along through rolling countryside until the rain slowed sufficiently for a lunch stop, taken near Lindway Springs. Heavy rain plagued us until the village of Wheatcroft where we admired extensive views under patchy blue sky. After safely fording a torrential stream we were relieved to return to Wessington and a drink in a warm pub.

Talk about chalk & cheese! Georganne led our second walk of the month on a warm and sunny day. Setting out from Alstonefield in Staffordshire, our route followed the River Dove through Wolfscote Dale to Hartington, enjoying the daffodils and yellow Brimstone butterflies along the riverside. We had lunch in the grounds of the 17C Hartington Hall, undisturbed by the resident ghost of a woman hanged in the village square for being a witch. After following the Dove through Beresford Dale, we ascended Narrow Dale and took a breather at the top admiring the skills of a sheepdog rounding up a flock scattered over a huge area.



A final magnificent display of daffodils in Alstonefield and the sight of new born lambs rounded off a memorable day.



Our next rambles: 3rd April: Quorn, Mountsorrel, Swithland reservoir & Woodhouse Eaves (8.3 miles). 17th April: Linacre Reservoirs, Barlow Common, Rumbling Street, Prathall (7.8 miles). Meet at the Arena car park to arrange lift sharing, normally departing at 08:40 a.m. prompt but please check beforehand. New members welcome. Andy

Scrabble & Rummikub

Group Leader: Celia Tassle
Meet on 2nd Friday & 3rd Monday Forest Town Arena 2pm
Contact 01623 627905

Scrap Booking

Group Leader: Ann Stanford
Meet on 4th Thursday 2-4pm
Sherwood Centre, Stuart Ave.
Contact 01623 641864 Email annstanford1@sky.com

Short Walks

Group Leader: Marilyn Redfern
Meet on 4th Monday 10.15am
Contact 01623 646547 Email mjrfern@gmail.com

Strollers

Group Leader: Denise Doud

Meet on 3rd Friday 10: 30am

Contact 01623 619856 Email dmdoud52@gmail.com

Unfortunately the Strollers' stroll had to be cancelled due to 'Gareth' and the risk of fallen trees.

The next stroll is 19 April, which is Good Friday, and I hope to catch up with you at the next meeting on 4th April. Denise

Table Tennis

Group Leader: Marilyn Redfern

Meet on 1st Tuesday Meden & Oak Hill Leisure

Centre New Time 11:30 - 1:30

Contact 01623 646547 Email mjrferrn@gmail.com

Tai Chi

Contact Ann Stanford. 01623 641864

Email annstanford1@sky.com

The last set of Tai Chi sessions ended on 18th December 2018.

I will contact group members when we restart.
Sue Harkin.

Ten Pin Bowling

Group Leader: Gordon Chapman

Meet on 2nd Thursday 2pm

Mansfield Superbowl 2000

Contact 01623 620012

Email chapmanrogere490@gmail.com

From Computer Bob

Mobile phone user guides

In the February Newsletter I put a very basic phone user guide on the Forest Town U3A website, if you want more detailed help download these user guides.

Download Apple's user guide for your iPhone or iPad.

Apple offers updated user guides for every iPhone and iPad model and each iOS version.

To check your iOS version, open Settings, tap General, then Software Update.

To download a user guide for your version, open the **Books** app on your device, tap the Search Icon at the bottom right, type **ios user guide 12** (or whichever iOS version the Software Update tells you use), then tap the search icon on your keyboard to see the results.

Tap the **Get** button below the device you own, then the **black Get button**, and finally the **blue Get button**. Now log in using your Apple ID, wait until the guide downloads, then tap the **black Read button** to open the book. Tap anywhere in the book, then tap the three lines at the top right to see the list of topic areas.

Samsung user guides can be found on this website:

<https://www.samsung.com/us/support/answer/ANS00077583/>

Google Android user guides can be found here:

<https://www.digitaltrends.com/mobile/guide-to-android/>

foresttownu3a@outlook.com

<https://u3asites.org.uk/forest-town>

Bob Hunt

There Are Two New Interest Groups Starting

Cryptic Crosswords

Meet on 4th Thursday, 10am at Forest Town Arena.

Group Leader Kay Toy

Email kaytoy@hotmail.co.uk

Our first sessions, on the fourth Thursday of each month at 10am till 12; this will be at the Arena, in the conservatory (unless there is an "event", in which case another room will be found), where of course we are expected to buy drinks of some kind at the bar (coffee/hot chocolate/soft drink, etc).

It seems we will have a mixed group, some beginners and some improvers, so that we can have some fun helping each other out! I have a good book and some crosswords to work from, and if you could bring a pen/pencil and some scrap paper that would be helpful.

Our initial meeting will be next Thursday 28th March, but don't worry if you can't come this time, as I realise it is rather short notice. April's meeting will mean serious business! Best wishes to all. Kay

Cycling Off Road

Meet on 3rd Tuesday. First Meeting on Tuesday 16th April

Group Leader David Duncan

Email wings33@btinternet.com

Meet 10am at Forest Town Arena or 10-30 at Vicar Water Cafe. First ride out to Sherwood Pines.

Future Committee

This year at the AGM (in June) five members will be coming off the Committee having completed their three years' service in accordance with our Constitution; in fact, as they were all on the Steering Committee established in September 2015, they will have completed almost four years. The members leaving are: - Mike King, Chairman; Susan Wright, Vice Chairman and Speaker Finder; Lynne Cooper, Treasurer; Ann Stanford, Group Coordinator; Kath Wolstenholme, Membership Secretary resigned recently for personal reasons. Both Lynne, Ann and Kath have Assistants who support them in their roles, and it is possible that they will put themselves forward for those roles, in which case we will need Assistants to replace them. Our Vice Chairman also acts as Speaker Coordinator.

In respect of the roles of Chairman, Vice Chairman and Treasurer (together with the role of Secretary that Sue Harkin is going to continue), **it is important to emphasise that our U3A can't continue without these four offices being in place.**

Nominations will need to be received prior to the AGM and nominations forms are now available. To help you decide whether you can fill any of the vacancies on the committee I have listed below brief Job Descriptions. The members of the existing committee are happy for you to come as an observer to any of our future committee meetings and those vacating their roles will be more than willing to support new committee members as they take on their responsibilities. I would add that over the last 3/4 years we have established many policies, procedures and systems that should enable a smooth takeover of the roles – bear in mind when we started there was nothing in place!

PLEASE CONSIDER SERIOUSLY IF YOU CAN SUPPORT YOUR U3A BY PUTTING YOUR NAME FORWARD FOR THE COMMITTEE.

Chairman

Maintain the charitable objectives/purposes of the U3A.

Preserve order at the committee meetings – with good humour.

To ensure the correct procedures are followed.

Allow different points to be expressed and encourage participation from all members.

Remain calm when strong feelings are expressed.

Draw all discussions to a conclusion and to summarise fairly the arguments 'for and against' an issue.

To ensure that decisions are followed through, often in conjunction with the Secretary.

Lead the Main Monthly Meetings.

To represent Forest Town U3A at the Nottinghamshire Network and the North Nottinghamshire Neighbourhood Group.

Vice Chairman

To deputise for the Chairman and so will need to be familiar with all the necessary procedures and able to assume responsibility at short notice.

Our Vice Chairman also takes on the role of Speaker Coordinator – see below.

Treasurer

To operate the Bank Accounts in accordance with the wishes of the committee.

To ensure that strong financial management procedures and internal controls are in place.

Maintain accurate and sufficiently detailed financial records in accordance with the requirements of the regulatory authorities.

Present a report, to the committee on finance at each meeting.

Prepare the statement of accounts for examination and presentation at the AGM.

Prepare a budget annually.

Recommend the level of subscription to be paid by the members.

Pay approved invoices.

Pay agreed expenses.

Keep all receipts.

Recommend an appropriate level of reserves.

Speaker Coordinator

To organise, book and liaise with a speaker for each monthly meeting.

By establishing a list of dates when a speaker is required.

Making contact with possible speakers (covering a wide range of subjects of interest) several months in advance with regard to their fee, travel expenses, equipment needs and availability for given dates and times.

Inform them of location of venue and IT resources available and time limit of talk (currently 45-50 minutes).

Keep record of all correspondence.

Submitting monthly reports to FT&D U3A Executive Committee regarding speakers booked and liaising with committee as required.

Membership Secretary

To keep in accordance with the General Data Protection Act May 2018, and update, the database for all full fee paying and affiliated members.

Update the Direct Mail (Third Age Trust Magazine) database so that members receive the magazine and send the database to U3A Distribution HQ.

Answer questions from U3A Members or Prospective Members.

Prepare information and attend Monthly Main Meetings.
 Report to and attend monthly Committee Meetings.
 Prepare Membership information for the AGM.
 Carry out any decisions related to Membership made by the Committee.
 Be a good organiser and communicator.

Group Coordinator

Support existing groups and assist in the development of new groups.
 Provide a monthly update to the Committee.
 Organise and chair the Group Leader's meetings held twice a year, April & October.
 Ensure the Group Leader's Pack of information is regularly updated and given to new groups, so records can be kept of attending members and any financial transactions. All forms are accessible via FT&DU3A website.
 Inform the membership of all Groups, plus new Groups, by advertising via the Main Meetings, the Newsletter and Website.

MEMBERSHIP RENEWALS

We will be taking membership renewals for the membership year, April 2019 to March 2020 at the main monthly meeting on 4th April 2019; Full Membership will cost £18.00 / Associate Membership £14.50 if you are a member of another U3A.

PLEASE COULD YOU HAVE YOUR CHEQUES OR POSTAL ORDER READY MADE OUT PAYABLE TO **Forest Town and District U3A** on the day you are renewing. This will enable the process to be much quicker for Members.

If you are unable to attend the meeting Membership Renewals can be made by post. To renew by post, please send your name, membership number and remittance, £18.00 for full membership, £14.50 for associate membership if you are a member of another U3A to: **U3A Assistant Membership Secretary**
14 Paulsons Drive, Mansfield, NG19 AA.

Hazard perception and scooter training (mobility)

This is a new initiative by Nottingham Trent University using virtual reality to explore hazards while driving. There is also a mobility scooter training session. Details on our website and on information board at the meeting. These are free!

Deadline for May Newsletter

23rd April 2019. Please send articles to Steve Evans

steve.jackie84@ntlworld.com

Forest Town U3A Executive Committee / Contacts			
Committee Position	Name	Phone number	Email
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