



### Mike's Musings

**Welcome** to the March edition of our Newsletter. As I write this, we are enjoying unseasonably warm Spring like weather and it is of course half term. The good weather is no doubt helping those of us with grandparent duties to keep the children entertained during the holiday; though the children would no doubt like to see some snow!

**Newsletter** This has again been produced by Steve Evans and I am very grateful that he has again been able to take on this task for another month. As I have mentioned previously, we still want one of our members to take on the role of Newsletter Editor on a permanent basis. **Please do consider whether you can help in this way, support if required is available.**

**Membership** I am very pleased that nearly 100 hundred members renewed their membership at the February meeting. We will continue to take renewals at both the March and April Main Meetings. If possible, please bring a cheque made payable to Forest Town & District U3A though of course cash is acceptable. I am aware that sometimes people's circumstances can change that means that they are not able to continue membership of our U3A, but I do hope that most of you will be able to and enjoy your time as a member, making new friends and perhaps trying more of the Interest Groups.

**Nottinghamshire Network** I recently represented our U3A at the Network. This is a group of all 32 U3A's in Nottinghamshire meeting four times a year. It is a useful group for exchanging ideas and views with the other U3A's and it is also responsible for arranging the establishment of new U3A's in the County. The Network also arranges 'Peer Group' meetings where any members can get together to learn in more detail about various Interest Groups or about roles within the U3A.

Mike King Chairman

### LOOKING BACK AT OUR FEBRUARY MEETING

At our February meeting Tony Brewer was the Speaker with his Photo Quiz. This was totally different to anything we have had in the past as it consisted of Tony showing us images of household items, tools and hardware, that had been jumbled up and we had to guess what they were, as there were so many of us this was done by shouting out if you thought you knew the answer.

Some of the photos had been 'cut' into several pieces and then put back together in a random order, the abstract patterns they made were very attractive, however we weren't there to admire art work but to guess what it had been in its original state. Others had been overlaid with patterns in a way that obscured the item; these were slightly easier once you got your eye in.



To start off with there weren't many right guesses but then some members began to get the hang of it, while others among us were totally useless. It possibly helped if you were a lateral thinker, which I'm definitely not!

There were 60 to 70 objects for us to guess at, it was very light hearted and some of the answers caused a lot of hilarity, and I totally agreed with the suggestion that one of them **did** look like a circular saw that had been used in a massacre.

As we got through them quite quickly there was time at the end to look at some other pictures and try to guess if they'd been photo shopped. This was almost impossible to do and most of those we thought had been altered hadn't and vice versa. It just goes to show how playing around with a camera and computer can affect our perception and a reminder that seeing isn't always believing!

Jenny Wright

**Our next monthly meeting will be on  
Thursday 7<sup>th</sup> March 2019  
in St Alban's Church 1.45pm**

## THE MAIN MEETINGS IN 2019

<b><u>Mar 7<sup>th</sup></u></b>	<b><u>Nick Blurton</u></b>	<b><u>Confessions of a Coach Driver</u></b>
Apr 4 <sup>th</sup>	PC Jayne Walters	Personal Safety
May 2 <sup>nd</sup>	Trevor Dempsey	Pinewood to Hollywood and more
Jun 6 <sup>th</sup>	AGM & Members meeting	No Speaker. Show and Tell displays by groups
Jul 4 <sup>th</sup>	Phil Cooper	A trip of a lifetime - Syria, Damascus, and much more
Aug 1 <sup>st</sup>	TBA	Nottingham Search & Rescue
Sep 5 <sup>th</sup>	John Smith	Reading Body language: My Guide to People Watching
Oct 3 <sup>rd</sup>	Roger Browne	From New Orleans to New York (Live recreation of tunes from jazz tour of 1919)
Nov 7 <sup>th</sup>	TBA	TBA
Dec 5 <sup>th</sup>	Members meeting	Slide Show; review of the year

### Welfare Officer Forest Town U3A

My name is Kelvin, I was appointed as the Forest Town U3A Welfare Officer in November 2018. You can contact me via the telephone: 01623 422251 My mobile number is 07961639866 My E-mail address is; [kelvinfoster298@yahoo.com](mailto:kelvinfoster298@yahoo.com) My role is to give support to any of the membership of Forest Town U3A.

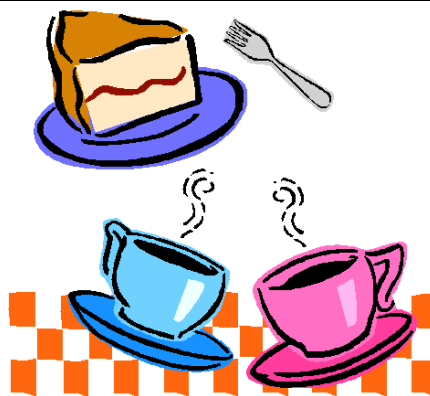
This may come in many ways and I hope to structure this around you, as an individual. I can assure you that our meetings will be done in the strictest confidence.

But please be assured that there may be a time when working for the interest of the individual(s), may mean that I would have to pass details on to any relevant authorities who may be contacted in support of the individual(s) e.g. - GP, Ambulance Service, immediate relatives who need contacting. I would like to reach out to you, who maybe alone, and suffering from a long-term illness. You may be thinking that there is nobody to turn to, or someone to speak with, or confide with.

I also appreciate that you may have friends within the U3A who you do know and that they know you as an individual and trust dearly. Sometimes you may want to talk and for someone to just listen!!

Just to let you all know, I do not live by the phone or E-mail. Having contacted me I will return the call ASAP to arrange a meeting face to face. Since I started the role of Welfare Officer, I have had contact from some of our members and I have offered my support to the Individuals concerned. Kelvin Foster

### We are having a Coffee Morning



**On Monday March 11th at 10-30am to 12 noon** in the conservatory at Forest Town Arena

A drink and a biscuit with lots of chat cost £1.00 If you have anything that could be donated as a raffle prize that would be fantastic. Please give your prize to any Committee member.

We would particularly like to see any members that have shown an interest, or would like to know more about, the following suggested groups. Wine Tasting, Cycling, Cryptic Crosswords, Classical Music, Walking with a dog and Flat path/No hills walking.

Tickets will be on sale during the March main meeting.

### We have a new group starting!

**Gentle, short walks, ambling along with coffee and chat.**

Flat, easy walking with a chance to chat and have a coffee. Meeting on the first Tuesday of the month at 10-30am, at Vicar Water Cafe, Clipstone, Notts. NG21 9AA

Point of contact: Ann Stanford. 01623 641864 email: [annstanford1@sky.com](mailto:annstanford1@sky.com) hopefully, someone within the group will be the point of contact soon!!!!

### NOTICE TO GROUP LEADERS

1st April is the next Group Leaders meeting at the Arena at 10am. If possible could every group have a representative attend the meeting? The June main meeting is all about Interest Groups and needs a little bit of organisation!

Registers are also required to be hand over to the Treasurer.

# INTEREST GROUPS & LATEST REPORTS

## GROUP MEETINGS AT A GLANCE

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup>	Book Club	Table Tennis Tai Chi	Rambling	<b>MAIN MEETING</b>	Music - 60s Appreciation
2 <sup>nd</sup>	Craft Poetry & Play Reading	Gardening Tai Chi	Current Affairs	Bird Watching Ten Pin Bowling	Bridge Scrabble & Rummikub
3 <sup>rd</sup>	Scrabble & Rummikub Family History	Tai Chi	Rambling Lunch Club	Local History	Strollers Dancing
4 <sup>th</sup>	Short Walks	Art Appreciation Tai Chi	Classic Vehicles	Painting & Drawing Scrap Booking Evening Dining Out	Bridge
Groups with no Set Day - National Trust					

### Art Appreciation

4<sup>th</sup> Tuesday 10am Forest Town Arena

Contact Jill Gascoyne

Email [jillgas.1@gmail.com](mailto:jillgas.1@gmail.com)

### Bird Watching

Group Leader: Lynne Cooper

Meet 2<sup>nd</sup> Thursday of the month

Contact 01623 652430

Email [lynnecoopernotts@hotmail.co.uk](mailto:lynnecoopernotts@hotmail.co.uk)

On Thursday 14<sup>th</sup> February the weather forecast was favourable for Bird Watching we decided that we visit the large Nottinghamshire Wildlife site at Idle Valley near Retford.

Andy had found (via the internet) that Smew's (a saw-billed uncommon visitor) had been seen at one of the far lakes, so it was decided that is where we would go (the area of the site is equivalent to 600 football pitches). We eventually arrived after establishing on the map provided which were footpaths and which were the bridleways we wanted.

On our way we passed about 30 Mute Swans in a field away from the water which we thought was unusual but we were informed that locally this was quite common, also a flock of Oystercatchers which seemed unusual so far inland.

It took us quite a while before we were able to see the female Smew, some with the help of other bird watchers with their scopes and some with the use of Andy's telescope.

As the weather was good it was such an ideal day in being able to easily see the colours and detail of the birds instead of just a silhouette we get sometimes. In all the group had a very enjoyable day and we managed to see 30 different species of birds including the Smew, Great White & Little Egret, Snipe and other less common birds.

Malcolm

### Book Club

Group Leader: Ann Stanford

Meet 1<sup>st</sup> Monday of the month 10. 30am Forest Town Library

Contact 01623 641864 Email [annstanford1@sky.com](mailto:annstanford1@sky.com)

### Bridge

Group Leader: Steve Evans

Meet 2<sup>nd</sup> & 4<sup>th</sup> Friday of the month

10 am - 12 noon at the Flint Avenue Centre.

Contact 01623 470282

Email [steve.jackie84@ntlworld.com](mailto:steve.jackie84@ntlworld.com)

### Classic Vehicles

Contact Ann Stanford 01623 641864

4<sup>th</sup> Wednesday 2pm Forest Town Arena

Email [annstanford1@sky.com](mailto:annstanford1@sky.com)

On SUNDAY 14th April the winding engines are running at Pleasley Pit 10am to 12 noon.

We will be meeting at 10am at the Café. Please sign the sheet with contact details at the Group Information Boards.

Nottinghamshire County Show will be at Newark. 11th & 12th May. Classic cars and other vehicles are on display.

### Computer and IT Skills

Group Leader: Bob Hunt

email [foresttownu3a@outlook.com](mailto:foresttownu3a@outlook.com)

Please contact Bob re meeting

### Country Dancing

Pam Lander. Mobile: 07708361057.

Email [enquiries-annstanford1@sky.com](mailto:enquiries-annstanford1@sky.com)

The group has decided to stay at St. Patrick's Church Hall. It is a lovely space with excellent facilities! As the hall is bigger we have spaces if you would like to join us. No experience required. There is a charge of

£2 a session, paid in 3 monthly instalments of £6. This is to cover the hire of the hall and includes refreshments.

As Good Friday falls on our dancing day in April, there will be no meeting.

### Craft

**Group Leader: Jane Freeman**

**2<sup>nd</sup> Monday 2pm - 4pm Meet Forest Town Arena**

**Contact 01623 624003**

**Email [jam.freeman@btinternet.com](mailto:jam.freeman@btinternet.com)**

We welcomed a new would-be recruit, who popped in just to see what was on the programme, and was persuaded to stay for a coffee, so we hope to see her next month with a project to two in her hands.

The Regulars all continued with their individual projects twiddle muffs, crocheted bed throws, intricate incised pattern-making, and The Cat Sweater, which is progressing well (see last month's report!!!) Whilst musing over such topics as; The temporary closure of the centre of Mansfield to film an episode of Top Gear, involving electric cars being raced around look out for that episode on TV at some time on the future;

The merits of The Kitty cafe in Nottingham a must have for cats and cat lovers alike, where you can pay a nominal fee to enter and be in cat heaven, and entertained or be entertained by a room full of cats, whilst having refreshments.

The new shop front that has appeared recently at the former Ella's cafe in the village, maybe at long last all will be revealed all bets taken on its reincarnation!

The possibility of linking up with Forest Town School to help teach knitting and crochet skills, this is ongoing work-in-progress.

Next meeting Monday 11th March 2.00pm all new members very welcome. Jane

### Current Affairs

**Group Leader: Desley O'Leary**

**2<sup>nd</sup> Wednesday 10am - 12 noon**

**Contact 01623 421642**

We welcomed a visitor from Warsop U3A this morning, who was on a mission to discover "how it's done", in order to set up a group there.

I trust we gave her enough food for thought, as the meeting was as lively and amiable as usual!

There were many varied topics up for debate non mentioning The B word (B%\$£t, in case you didn't guess) since we had agreed it was a Taboo subject from now on.

Had we made a rod for our own backs in creating the current "Snowflake Generation", who seem unwilling or unable to stand on their own feet, being taken to and from school clubs, friends' homes, after running

home at the slightest opportunity if things got beyond them; or deal with things that are deemed to be too scary or difficult (as in Safe Spaces provided in some universities, and certain controversial speakers being banned from their debating societies or lecture rooms.)

It generated a mixed response, some agreeing, and some thinking that it wasn't entirely the fault of the younger generation, as they were unable to afford their own flats, and had massive university debts. Others suggested We had to stand on our own feet, and "make do and mend" etc, so maybe this resilience needed teaching/passing on "a cold wind makes the tree strong".

What should happen to the Clipstone Headstocks, considering they have become an eyesore, despite the fact they are classified as "listed", and are deteriorating at an increasing rate? We mainly agreed they needed demolishing.

Was the Top Gear filming a positive or negative thing for the town?

We generally felt it hasn't done great deal for Mansfield's image, as the town was closed off for safety reasons during the filming, and shopkeepers had complained they had lost trade because of it. Kate Alsop's comments on local radio "to know that this is the town where Freddie Flintoff drove into a market stall we should actually name the stall after him, it's going to be such an icon." didn't go down well with the group, either.

Will HS2 eventually be a benefit, of a huge White Elephant?

It was agreed it needed scrapping to prevent even more money being wasted

Was there a pressing need for the proposed 3 new hotels that may be built? The suggestion was that the many out-of-town business park clients have nowhere decent to stay, and that the few older, smaller hotels in town would not be suitable to upgrade or modernise to current day requirements. However, the downsides a new modern building on one of the sites in the middle of town would be out of character.

Is the new law that states we all have to choose to opt out of being an organ donor the right way to go? Would this lead to unethical practises/organ harvesting on near-to-death people who were not able to express their wishes? We had very mixed views on this, with both sides giving good evenly balanced arguments.

Is the government right to suggest we all adopt a more plant-based diet and reduce our consumption of meat to no more than 3 days week? Some said it would be good to select less but better quality, more ethically reared meat as opposed to none at all. Others wondered if we All went vegan, the huge amount of crops needed may not get picked due to



the lack of sufficient people to do the jobs the Brits refuse to do.

Was it fair or ethical to cease searching for the missing pilot of the plane that crashed carrying the footballer Emilio Sallas? Are the pilot and his family being treated equally? We decided money was a lot to do with it, and both families needed answers and "closure".

Thanks again to Desley and John who were our hosts for the morning, providing refreshments and comfy chairs. Jane

## **DAYS OUT/HOLIDAYS & OUTINGS 2019**

**Contact Denise 07791941502.**

**Email [deewhits@aol.com](mailto:deewhits@aol.com)**

**May 20<sup>th</sup> Windsor/Oxford Price** £129 Staying at Copthorne, Windsor and Slough including bed/breakfast/3 course evening meal.

September 17th Bletchley Park cost £36

Once the secret home of World War Two codebreakers and is now a vibrant heritage attraction)

**October 13<sup>th</sup> /14<sup>th</sup> Whitby/Pickering** staying at Raven Hall Hotel Ravenscar including travel bed/breakfast evening meal and train ticket enroute stopping at Goatland and then onto Whitby.

Please note for this one trip only cheques need to be made payable to **National Holidays.**

**December 9<sup>th</sup> Christmas spectacular at Potters,** price to be confirmed approximately £325 including transport and accommodation

**Please make all cheques payable to Skills**

**Days out and Holidays are very popular, places can only be reserved on payment**

## **Evening Dining Out**

**Group Leaders: Jane Atkins, Marilyn Redfern**  
**4<sup>th</sup> Thursday**

**Contact [jane.e.atkins60@gmail.com](mailto:jane.e.atkins60@gmail.com)**  
**[mjrfern@gmail.com](mailto:mjrfern@gmail.com)**

## **Evening Dinning out Group 2019**

**March 28<sup>th</sup> Naaz**

Traditional Indian Food

Priory Square Mansfield Woodhouse NG19 9LN

**April 25<sup>th</sup> Zucca**

Italian & Mediteranean Cuisine & Tapas

7 Ryton Street Worksoop S80 2AY

**May 23<sup>rd</sup> Van Dyk's**

Modern European fine dinning

Worksoop Road Clowne S43 4TD

**June 27<sup>th</sup> Farndon Boathouse**

Modern Home Cooked & locally produced food

N End Farndon NG24 3SX

## **Gardening**

**Group Leaders: Angelina Taylor & Irene Brookes**  
**2<sup>nd</sup> Tuesday 10-12noon - Stuart Avenue Centre**  
**Contact Angleina 01623 622871**

Our Gardening Group had a jovial meeting this month, where we made small figures for the garden out of modelling clay. We all had great fun, especially those whose artistic talents were minuscule (including the writer of this piece; believe me, no false modesty!). Items were produced that raised a smile (mine looked like one of the Flowerpot Men) and will continue to do so in a corner of the garden. We did feel that handling the clay was therapeutic, and during the process hilarious discussions arose about youthful activities (Mods and Rockers?!) and suchlike.

Maz brought along a beautiful arrangement of spring flowers to inspire us, plans were discussed for the coming months, and refreshments enjoyed.

Next month we'll be making Easter wreaths, so please bring items such as a foam circle, white fluffly wool, felt, pins, ribbon (4 metres), and decorative objects, eg artificial daffodils and tiny Easter eggs.  
Kay T

## **The Gardening Group would like to invite anyone**

who is interested in attending the following.

A speaker, Mike Davey will give a talk on Historic Houses and gardens, mostly National Trust with focus on the gardens. He gives his fee to a Children's charity. It will take place at Stuart Avenue; Sherwood Centre at 10 am on Tuesday 9<sup>th</sup> April, the cost will be £1-00 for tea and Home Made biscuits.

## **Family History**

**Group Leader: Malcolm Marples**  
**Meet 2.30pm 3<sup>rd</sup> Monday - Flint Avenue Centre**  
**Contact 01623 431783**  
**Email [malcolm@mp-marples.co.uk](mailto:malcolm@mp-marples.co.uk)**

Our session this month started with looking at two pair of tiny shoes immaculately made by an Italian prisoner of war and given to Tom SNART, (correct spelling of surname), Anns Grandfather. This took place at Butlins Holiday Camp which became an Italian POW Camp. Chris told us that similar shoes can be seen at Eden Camp in North Yorkshire which was also an Italian POW Camp.



Andy and Julie had devised a sheet to record and keep track of all their certificates purchased or needed, this was impressive and some of us may copy this idea.

Pauline had finally, after 6 months, received her late uncles Will and Death certificate etc from an agent in South Africa. She also read out one or two of the Christmas cards he had sent during his time there, in one he referred to being ill but was still taking the medicine - Whisky and Brandy! This didn't have any known bearing on his death as the Death Certificate said 'natural causes.'

After a drink and biscuits, we watched a DVD 'Breaking Down Brick Walls', which gave advice on possible answers when you are struggling to find an ancestor. It set us all thinking. Pauline

### Local History

**Group Leader: Pauline Marples**  
**3<sup>rd</sup> Thursday 2.15pm - Flint Avenue Centre**  
**Contact 01623 431783**  
**Email [pauline@mp-marples.co.uk](mailto:pauline@mp-marples.co.uk)**

This afternoon 21 February, we continued with the slide show on St Alban's Church. There was plenty of interest and discussion on the photographs which revealed features both inside and outside the church. We looked at the land at the side of the parsonage when it was the church playing field, and when the Church Hall was being built on it, only to discover that today that has been demolished and bungalows are on the site. It was suggested that when signing in at the next U3A meeting we look at the wood panelling at the back of the church, panelling that was once behind the altar and removed to its present position after the fire in 1968. Also take a look at the St Alban window and discover the sheaf of corn which depicts it as a 'Kemp' window.

We had a short discussion on the A-Z history of Forest Town project trying to recall when cricket was played on the Welfare grounds, also when the pit ponies came up during the pit holiday weeks, (information welcome from any U3A members).

Pauline, email [pauline@mp-marples.co.uk](mailto:pauline@mp-marples.co.uk)

### Lunch Club

**Group Leader: Denise Whitsed**  
**3<sup>rd</sup> Wednesday**  
**Contact [deewhits@aol.com](mailto:deewhits@aol.com)**

### Music - 60's Appreciation

**Group Leader: John Kirk**  
**1<sup>st</sup> Friday Meet Forest Town Arena 2-4pm**  
**Contact 01623 640528**  
**Email [johnensorkirk@gmail.com](mailto:johnensorkirk@gmail.com)**

Winter weather has been very kind to us so far, let's hope it lasts. At the February meeting we had the usual mix of music and features. We had a cryptic music quiz which was devised and delivered by Bob, and I did the featured artist which highlighted the songs who Lennon & McCartney had written for other artists. Once again our meeting will be on Friday 1<sup>st</sup> March a few days before the main monthly U3A meeting. Hope to see you there. John.

### National Trust Group

**Ann Stanford 01623 641864**  
**Email [annstanford1@sky.com](mailto:annstanford1@sky.com)**

### Spring and summer 2019 National Trust Visits

We are using Ravenshead Community Transport. The mini bus will seat 14 passengers and all prices have been costed to this.

Saturday 13<sup>th</sup> April: - **Woolsthorpe Manor and Belton House**. Leaving Forest Town Arena 10am. Cost £9.00

Saturday 11<sup>th</sup> May: - **Sudbury Hall**. Leaving Forest Town Arena Leaving Forest Town Arena 9.30am. Cost £9.00

Saturday 22<sup>nd</sup> June: - **Packwood House and Baddseley Clinton**. Leaving Forest Town Arena 9.30am Cost £13.00

Saturday 13<sup>th</sup> July: - **Lyme Park and House**  
 Leave F.T. Arena 9.30am Cost £9.00

Booking and payment will take place at March and April main meetings for the 13<sup>th</sup> April visit. Cheques made payable to **Forest Town and District U3A**

### Painting and Drawing

**Group Leader: Christine Cawthorne**  
**4<sup>th</sup> Thursday 2-4pm - Sherwood Centre, Stuart Ave.**  
**Contact 01623 658171**

### Poetry & Play Reading

**Group Leader:**  
**2<sup>nd</sup> Monday Sherwood Centre, Stuart Ave 10-12**

## Rambling

**Group Leader: Andrew Riby**

**Rambles from 7 miles up to 9 miles**

**1<sup>st</sup> and 3<sup>rd</sup> Wednesday**

**Contact Andrew Riby 01623 656958**

**Mobile 07833 543705 Email [ribya@imcgroup.co.uk](mailto:ribya@imcgroup.co.uk)**

Fortified by bacon butties from Teversal Visitor Centre, Bob and Vanessa led the first ramble of the month round Silverhill Country Park on a cold, sunny day.

There were extensive views from the Miner Statue over the Derbyshire Peaks, but the supposed view of Lincoln Cathedral proved elusive. We then enjoyed a



tour of the magnificent gardens of Teversal Manor, reputedly the home of DH Lawrence's Lady Chatterley, with cyclamen, aconites and snowdrops in full bloom. Then we were treated to hot drinks, cakes and biscuits in St Katherine church in the village while we learned about this grade 1 listed treasure. Lunch was taken at the Pleasley Mining Museum. Steve led our second walk of the month from Holymoorside on a chilly, blustery day. To warm us up we had a long steady climb up through the small village of Wadshelf to the tiny hamlet of Wigley, where we survived the attentions of three excited border terriers. From there we descended to Linacre Reservoirs, a bird watchers paradise, in sunshine. We enjoyed lunch by the shore sheltered from the wind, deep in the valley. Refreshed, we headed up to the delightful village of Old Brampton with old stone houses and a quaint church, with crocuses and snowdrops blossoming in its graveyard. An enjoyable walk, despite the 17 stiles we had to negotiate.

**Our next rambles:** 6<sup>th</sup> March: Wessington, Brackenfield & Wheatcroft (8miles). 20<sup>th</sup> March: Linacre Reservoirs, Barlow Common, Rumbling Street, Prathall (7.8 miles). Meet at the Arena car park to arrange lift sharing, normally departing at 08:40 am prompt but please check beforehand. New members welcome.

## Scrabble & Rummikub

**Group Leader: Celia Tassle**

**2<sup>nd</sup> Friday & 3<sup>rd</sup> Monday Forest Town Arena 2pm**

**Contact 01623 627905**

## Scrap Booking

**Group Leader: Ann Stanford**

**4<sup>th</sup> Thursday 2-4pm - Sherwood Centre, Stuart Ave.**

**Contact 01623 641864 Email [annstanford1@sky.com](mailto:annstanford1@sky.com)**

## Short Walks

**Group Leader: Marilyn Redfern**

**Meet 4<sup>th</sup> Monday 10.15am**

**Contact 01623 646547 Email [mjrfern@gmail.com](mailto:mjrfern@gmail.com)**

## Strollers

**Group Leader: Denise Doud**

**Meet 3<sup>rd</sup> Friday 10: 30am**

**Contact 01623 619856 Email [dmdoud52@gmail.com](mailto:dmdoud52@gmail.com)**

14 of us met at Newstead Abbey (taking advantage of the free parking which ceased on 16th February).



The weather was glorious for us and we enjoyed a lovely stroll around the grounds going through a carpet of snowdrops. We continued towards the Walled garden and then down into the Japanese garden some of us followed the stepping stones across the water. We walked towards a large waterfall which had access to go behind it and we then finished the morning with a visit to the coffee shop for hot drinks and cake. Next meeting is 15<sup>th</sup> March meet at 10.30am in the courtyard car park at Thoresby.

## Table Tennis

**Group Leader: Marilyn Redfern**

**Meet - 1<sup>st</sup> Tuesday Meden & Oak Hill Leisure Centre**

**New Time 11:30 - 1:30**

**Contact 01623 646547 Email [mjrfern@gmail.com](mailto:mjrfern@gmail.com)**

## Tai Chi

Contact Ann Stanford. 01623 641864

Email [annstanford1@sky.com](mailto:annstanford1@sky.com)

The last set of tai chi sessions ended on 18<sup>th</sup> December 2018.

I will contact group members when we restart.  
Sue Harkin.

## Ten Pin Bowling

Group Leader: Gordon Chapman

Meet 2<sup>nd</sup> Thursday 2pm

Mansfield Superbowl 2000.

Contact 01623 620012

Email [chapmanrogere490@gmail.com](mailto:chapmanrogere490@gmail.com)

## Free 2 hours First Aid Course

Brush up your basic first aid knowledge with this 2 hour free course run by the Red Cross.

**The date:** WEDNESDAY 27<sup>th</sup> MARCH 2019

**Where?** Flint Avenue Community Centre

**Time:** 1-3pm.

If you would like to come please put your name and contact number on a sheet by the Groups Information Board at the March Main meeting.

## MEMBERSHIP RENEWALS

We will be taking membership renewals for the membership year, April 2019 to March 2020 at the monthly meetings on 7<sup>th</sup> March and 4<sup>th</sup> April 2019 main meetings. Full Membership will cost £18.00 / Associate Membership £14.50 if you are a member of another U3A.

PLEASE COULD YOU HAVE YOUR CHEQUES READY MADE OUT PAYABLE TO

**Forest Town and District U3A** on the day you are renewing. This will enable the process to be much quicker for Members.

If you are unable to attend these meeting Membership Renewal can be made by post. To renew by post, please send your name, membership number and remittance, £18.00 for full membership, £14.50 for associate membership if you are a member of another U3A to: **U3A Assistant Membership Secretary 14 Paulsons Drive, Mansfield, NG19 AA**, please make your cheque or Postal Order, payable to **Forest Town & District U3A**.

## Deadline for March Newsletter

26<sup>th</sup> March 2019. Please send articles to Steve Evans

[steve.jackie84@ntlworld.com](mailto:steve.jackie84@ntlworld.com)

Forest Town U3A Executive Committee / Contacts			
Committee Position	Name	Phone number	Email
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