



'MIKES MUSINGS'

What wonderful weather we are continuing to have – dare I say almost too hot! An ideal opportunity to join our outside activities; - walking, rambling, bird watching, gardening and National Trust visits. Check all the details in this Newsletter or our website and contact the Group Leader if you want to go on any one of these activities you've not tried before.

I have enjoyed two outdoor concerts recently, one at the Chesterfield Football ground where Lionel Ritchie was the headline act supported by Anastasia which was excellent, (not the only U3Aer there as I saw Jane Atkins). The following night I went to Sherwood Pines to see Paul Heaton and Jacqui Abbott who were also very good; they were supported by Billy Bragg who I think is an acquired taste – he's still protesting!

We have now completed the purchase of the Projector and Screen that we have been fund raising for, they should have their first outing at the August meeting. I hope they will give a slightly better image than we have enjoyed before though we are extremely grateful to Pauline and Malcolm Marples whose equipment we have borrowed since we started the U3A.

Our Group Leaders had one of their regular meetings recently which is an opportunity for them to exchange views and for Ann Stanford the Group Co-ordinator to update them on anything new that affects them.

By the time you read this we will also have held our first coffee morning for our recent new members. This is a new initiative that gives us the opportunity to get to know people and tell them in a relaxed atmosphere a little more about the U3A in general and also about our many Interest Groups.

Mike King Chairman

OUR JULY MEETING

Thursday 5th July in St Alban's Church

Please sign in.

1.45pm Welcome by Mike our Chairman

Followed by our guest speaker

Steve Allen - Folk/History Show with Music

Steve's show is a trip through 19th century history with slides and film and punctuated with subject relevant folk songs.

Many people know the songs and join in.

Steve performs it in period dress.

It is an informative talk, light hearted and at times humorous.

**Tea/coffee will then be served,
when you can look at the display boards and
chat to other members.**

**This will be followed by the
Announcements and Notices**

MEMBERS WITH SIGHT OR HEARING DISABILITIES

From July we will be reserving the front row in the church for sole use of members who have difficulty with sight or hearing. We hope this will not cause inconvenience to other members and ask for your understanding.

INTEREST GROUPS

Could members please note that if they have given their details to join a group it would be very much appreciated that they respond to emails/messages regarding those groups. It is frustrating for group leaders who are trying to organise events/meeting/outings but do not get responses from people who have said they are interested. We would rather you let us know if you no longer have an interest in a particular group.

Thank you, Ann Stanford Group Co-ordinator

FUN TIME

"Now" said the hypnotist to the audience

"I shall make this man forget everything"

"Hold On" yelled a man in the back row

"He owes me £10"

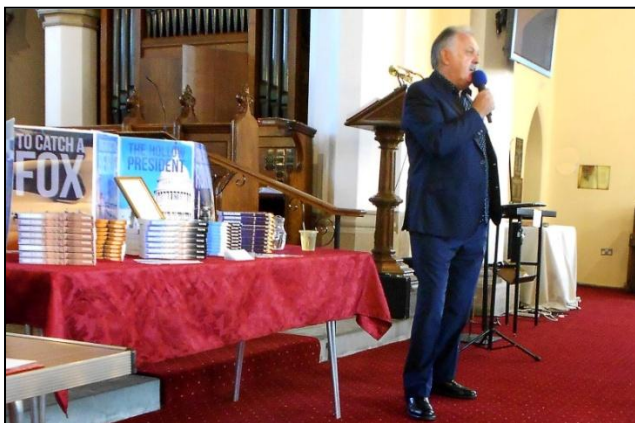


LOOKING BACK TO OUR JUNE MEETING



It was a good turn out at our June meeting when Philip Cain told us about his working life 'Barrow to Bagdad.' He built up a career working as a chef in the hotel industry to working in the oil industry and overseeing the building of encampments for military and other establishments in the Middle East. He would be away from home for weeks at a time and returning for a two or three week break with his wife Sandra. Early in the talk I became impressed with Sandra who encouraged him in all he did even if it meant she was left at home with the children.

It could be said that Philip met some very interesting people in the course of his work and travels. Once retired he decided it was time to put pen to paper and write about his life and he has now written four books. Space does not allow me to write more, but if you have access to a computer just Google 'Philip Cain' and discover many references to Philip and learn more about his interesting life.



Refreshments followed the talk and then it was time for our AGM, and it was pleasing that most people stayed for this.

First Mike (Chairman) gave an interesting overview on the previous year, thanking many people (committee and volunteers) for the work they do. it was interesting to hear how our U3A has progressed in the past 12 months.

Lynn (Treasurer) then gave an in-depth presentation on our finances. We were all assured that these were going well and subscriptions would remain the same next year.

After the AGM we heard about some of the Group activities. Denise who organises holidays and outings, also the lunch club gave the following plea:-

"I would like to ask members to honour their commitment to me and the U3A for events they sign up for. I do understand illness, family commitments that crop up and would appreciate a quick courtesy call as 'non turn ups' reflect on me and your U3A. On a recent trip I had cancellations, just a change of mind and couldn't resell due to time factor. AND two no shows at all [the bus and everyone was kept waiting] and to date there has still been no contact from these people.

If booking a holiday the full amount is due in advance and unless insurance is in place no refunds are given.

Re the lunch club - the restaurants prepare the number of meals we pre-order, get staff in, refuse other customers and then I am left to tell them things have changed - this spoils my lunch."

Please also when you need to contact Denise or any Committee Member/Group Leader remember to be polite. Sadly we are aware of times when this has not happened and it can be upsetting.

HOLIDAYS & OUTINGS 2018 -2019

All the holidays and outings for 2018 are full, Ideas for 2019 are being considered, if you have any suggestions, Contact Denise at the main meeting or on **07791941502**, or email deewhites@aol.com

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Future Main Meetings

Held in St Alban's Church - start at 1.45pm

- Aug 2nd** Toni Hall - Aloe Vera - its history and medicinal properties
- Sep 6th** Mike Storr - Masters of Mirth
- Oct 4th** Chris Weir - Kill or Cure-Bygone Medicine
- Nov 1st** Peter Hammond - Albert Ball: Nottingham's WW1 Ace Pilot
- Dec 6th** Christmas Meeting

INTEREST GROUPS & LATEST REPORTS

GROUP MEETINGS AT A GLANCE

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st	Book Club (New day & re starts September)	Table Tennis Tai Chi	Rambling	MAIN MEETING	Music - 60s Appreciation
2 nd	Craft Poetry & Play Reading	Gardening Tai Chi	Current Affairs	Bird Watching Ten Pin Bowling	Bridge Scrabble & Rummikub
3 rd	Scrabble & Rummikub Family History	Tai Chi	Rambling Lunch Club	Local History	Strollers
4 th		Art Appreciation Tai Chi		Painting & Drawing Scrap Booking Evening Dining Out	Bridge

Art Appreciation

4th Tuesday 10am Forest Town Arena

Contact Jill Gascoyne

Email jillgas.1@gmail.com

The amble back down the hill caught a glimpse of a Reed Bunting and a 'definite-maybe' sighting of a Raven in flight (larger than a crow) struggling against the wind. Tea and bacon butties were enjoyed in the pit museum café afterwards

Andy

Bird Watching

Group Leader: Lynne Cooper

Meet 2nd Thursday of the month

Contact 01623 652430

Email lynnecoopernotts@hotmail.co.uk

On the 14th June we went to Pleasley Country Park. It was a dry, but very breezy day with nothing worthy of note to be seen or heard until we arrived at the main pond, where there were a few common water fowl, some with their young (swans, Canada geese, moorhens) which were nice to see. A pair of Little Grebe (Dabchicks) and a pair of (Little?) Ringed Plover were visible. Even with the 'scope', it was not possible to tell whether they were 'little ringed' or 'ordinary' ringed as they were so distant and insisted on keeping their backs to the wind.

The differences are quite subtle – it is not just a huge difference in size - and it needs a good view (or someone with more experience) to distinguish them. The Derby U3A who were also bird watching at Pleasley that day had had the same problem. A later and maybe slightly closer view was no better as it was from a more exposed position and the wind rocked the 'scope.'



Book Club

Group Leader: Ann Stanford

Meet (see below)

Contact 01623 641864

Email annstanford1@sky.com



Book Club is changing day and time to the first Monday of the month, 10.30am at Forest Town Library.

There is NO meeting until the first Monday in September.

Bridge

Group Leader: Steve Evans

Meet 2nd & 4th Friday of the month

10 am - 12 noon at the Flint Avenue Centre.

Contact 01623 470282

Email steve.jackie84@ntlworld.com

Our Bridge Group is for all abilities including beginners and meets (as above) at Flint Avenue Centre, Flint Avenue, Forest Town, NG19 0DS. No previous experience of Bridge is needed to join the group but a knowledge of card games such as whist can be a help.



Steve

Computer and IT Skills

Group Leader: Bob Hunt -Email bukw90@gmail.com

Please contact Bob re meeting

Craft

Group Leader: Jane Freeman

2nd Monday 2pm - 4pm Meet Forest Town Arena

Contact 01623 624003

Email jam.freeman@btinternet.com

Summer is in full swing, so I imagine holidays and days out accounted for our "Very Small but Select" group of intrepid ladies who came through the doors, raring to get going.

We had been promised A Cake to accompany our beverages of choice this month, and were all eagerly running through the possible options, however the lady who had made her mouth wateringly-generous offer was sadly unable to attend today - next month, maybe???

We all worked on our individual projects again, these included a ladies jumper in an eye-catching shade of red, with a very complex - looking border; a dainty hat for a child; a baby's cardigan; a twiddle muff, and bringing up the rear, yours truly's growing collection of patchwork squares which Will be turned into a quilt for a cot, hopefully for July when The Baby is due to make his appearance.

The topics under scrutiny today included how many hours per day were spent on our gardens, the need to employ gardeners to do the more arduous chores, which is the best TV gardening programme (I favour a mix of The Beechgrove and Gardeners' World), odd/frustrating experiences at the GP surgery (what's new there?) sports on TV, particularly football, (there is A Rumour that there will be more football on very soon, can't think why!?), and how well Ben Bradley has done during his first year as "our" MP.

Our next meeting will be on Monday 9th July at 2.00pm, at Forest Town Arena. We look forward to seeing as many of the group as possible, new and returning members all welcome.

Can I make a plea?

If you are unable to attend, for whatever reason, (either temporarily or if you no longer wish to be in the group,) drop me an email or phone to let me know? Thanks.

Jane

Current Affairs

Group Leader: Desley O'Leary

2nd Wednesday 10am - 12 noon

Contact 01623 421642

Evening Dining Out

Group Leaders: Jane Atkins, Marilyn Redfern

4th Thursday

Contact jane.e.atkins60@gmail.com

mjrfern@gmail.com

Seventeen members enjoyed an evening at NAAZ Indian restaurant in Mansfield Woodhouse for our

May night out. The food and service was excellent. The lively chat indicated a good evening of socialising.

Our token male (Geoff) seemed to cope well being surrounded by 16 ladies. The feedback from members was very positive so we may re visit this venue later in the year.

Some dates for your diary for coming events;

26th July. Emillios Greek restaurant in Arnold

30th August Farndon Boathouse near Newark

Deposits can be paid at the next general meeting

Marilyn

Gardening

Group Leaders: Angelina Taylor & Mollie Bramley.

2nd Tuesday 10-12noon - Stuart Avenue Centre

Contact Angleina 01623 622871

Mollie 01623 635051



Members are aware Mollie one of the Group Leaders has been ill and wish her a speedy recovery

Local History

Group Leader: Pauline Marples .

3rd Thursday 2.15pm - Flint Avenue Centre

Contact 01623 431783

Email pauline.mp-marples.co.uk

Jenny and Pauline gave an update into the research into Sherwood Hall which they have now back to pre 1750. We looked first at a map showing the hall in 1887 and then at a list of occupants which included Thomas Palmer, Col. Kellet, Thomas Holdsworth (race horse owner), the Bolsover Colliery Company and its sub tenants including Mr Lambert and Dr Tweedie whose brother in law was film star Victor McLaglen. The latter two are still remembered by many local people today.

These may be names on a list but information has been found on most of the families and Jenny revealed much about the Lambert family.

The hall for a short time became Henley High School and it turns out the headmaster was a bit of a character - now who was his real wife?

The hall finally became Saville House School and contact has been made with former pupils/staff, and photographs and documents have been gained. we were all saddened to see pictures of the hall as it was being demolished in 1964.



Pauline

Lunch Club

Group Leader: Denise Whitsed

3rd Wednesday

Contact deewhits@aol.com

The Lunch Club will now meet every two months at West Notts. College (Refined Dining) visiting other venues on the alternate months..

Music - 60's Appreciation

Group Leader: John Kirk

1st Friday Meet Forest Town Arena 2-4pm

Contact 01623 640528

Email johnensorkirk@gmail.com

June the 1st was this months gathering, and we had 30 members attending. Win, Chris and John played two sets of live music.

As usual we had a 60s Music Quiz, this month devised by Chris, and a raffle.

The highlight of the afternoon was the 'Featured Artists 'spot. Sandra Evans gave us a warm and sincere tribute to her favourite singer Billy Fury, and quite rightly she received huge applause from everyone in the room. Hope to see you in July.

John

National Trust Group

This group does not have any specific dates at the moment, for more information -

Contact Ann Stanford 01623 641864

Email annstanford1@sky.com

The National Trust Group recently visited The Workhouse at Southwell. We met at Reception and proceeded to an hour long tour of the outside of the building which included the normally unseen rooms

of the morgue and the "dead room", where the bodies were laid out ready to be taken back to the Parish the people had come from.

On the whole the people who went to the Workhouse were reasonably looked after with basic hygiene and boring, bland, monotonous food to eat. 2 pints of gruel morning and evening with lunch of potatoes and 8ozs of meat.

Inhabitants of the Workhouse were segregated into four groups, all residing in completely separate parts of the building. Able bodied men, women, children, then the old and infirm. The work undertaken was deliberately boring and monotonous too. Breaking stone blocks into gravel, scrubbing floors and clothes, unravelling rigging off ships and growing the food to eat.

Children were given an education in the foresighted view that this would enable them to access jobs so as not to need the Workhouse.

Ann

*The picture is looking
through the
workhouse window to
the exercise yard*



Painting and Drawing

Group Leader: Christine Cawthorne .

4th Thursday 2-4pm - Sherwood Centre, Stuart Ave.

Contact 01623 658171

Poetry & Play Reading

Group Leader: Kath Wolstenholme

2nd Monday Sherwood Centre, Stuart Ave 10-12

Contact 01623 617194

Email krazy.kath@hotmail.co.uk

The Poetry Group is up and running,
Even though it was some time coming.
We found somewhere to meet and share
The poets that we love and care,
The very best of Keats and Shelley
Has got to be better than day-time tele.

Will we read out loud or write a verse ?,
Finding words that rhyme can be a curse.
And when we think we've had enough
We might read a play or do other stuff.
The wonders of the literary world
Like painted canvasses unfurled.

We all have different expectations,
And all I'm sure need inspiration.
Perhaps someone will pen a classic
About days gone by or times Jurassic.
There's one thing sure there is no doubt
We'll enjoy ourselves, that's what it's all about.

The things we do in the name of leisure
To satisfy our thirst for pleasure.
So I hope you like this little ditty
Poignant perhaps and a little witty,
About a group that's off the ground
Now a venue's at last been found.

A. B.

Rambling

Group Leader: Andrew Riby

**Rambles from 7 miles up to 9 miles
1st and 3rd Wednesday of each month.**

**Contact Andrew Riby 01623 656958
mobile 07833 543705**

Email ribya@imcgroup.co.uk

With holidays, injuries and social events, there were only four walkers on our first outing in June, a magnificent walk from Castleton with panoramic views. To earn those views, we needed to ascend the Great Ridge running from Lose Hill to Mam Tor, the latter being known as the "shivering mountain" due to its frequent land slips.



The Great Ridge with Neil Mary & Steve

It was a hard climb to the summit of Lose Hill, but we regained our breath taking in the views, on one side over Edale and on the other over the Hope Valley. These views continued as we ventured over Back Tor and Hollins Cross before attaining the highest point of the walk, Mam Tor summit. The return path to Castleton gave us fine views of the ridge we traversed earlier.

Our second outing was dogged by squally showers, but our party of nine enjoyed it nonetheless. Starting from the pretty village of Great Longstone, we ascended Longstone Edge, its top deeply scarred by disused quarries.

Wild flower meadows were at their spectacular best as we crossed High Fields on little used paths. We then came to Black Harry Lane, named after a 17th century highwayman who made his living along its route, and picked Alpine strawberries as we approached Cavendish Mill.

On reaching Housley, we made our way back through fields of livestock with countless stiles to negotiate and distant views to enjoy.



Village Stocks Little Longstone

We didn't linger too long in Little Longstone as the village stocks were unfortunately locked, so we continued through parkland back to Great Longstone.

Our next rambles: 4th July: Runswick Bay to Whitby (**minibus fully booked**). 18th July: The Roaches, Staffordshire (9 miles). Meet at the Arena car park to arrange lift sharing, departing at 08:40am. New members always welcome.

Andy

Scrabble & Rummikub

Group Leader: Celia Tassle

**2nd Friday & 3rd Monday Forest Town Arena 2pm
Contact 01623 627905**

Scrap Booking



Group Leader: Ann Stanford

4th Thursday 2-4pm - Sherwood Centre, Stuart Ave.

Contact 01623 641864

Email annstanford1@sky.com

Short Walks

Contact Marilyn Redfern mjrf@sky.com

No need for words as you look at the happy photo in the next column.



A happy group on a short walk

Strollers

Group Leader: Denise Doud

Meet 3rd Friday 10. 30am

Contact 01623 619856

Email dmdoud52@gmail.com

Our stroller walk today took us to Brierley Country Park. Seventeen of us met there and made our way through the woods. It was so nice to be able to stroll and chat and admire the scenery without being hurried along. The weather was kind to us not too warm, just right really.

Very interesting to see the memorial benches and stone carvings on our way. We ended our walk with refreshments at the visitor centre and yet more chatting.

We meet next time on Friday 20th July at 10.30am at Vicar Water Country Park, Clipstone.

Jen Lowe

Table Tennis

Group Leader: Marilyn Redfern

Meet - 1st Tuesday Meden & Oak Hill Leisure Centre

10:30 - 12:30

Contact 01623 646547

Email mjrfern@gmail.com

Ten Pin Bowling

Group Leader: Gordon Chapman

Meet 2nd Thursday 2pm

Mansfield Superbowl 2000.

Contact 01623 620012

Email chapmanrogere490@gmail.com

Eight of us met at Mansfield's indoor bowls venue on Thursday June 18th. Shelia, John, Sue, Geoff, Allan, Gordon and Terry to play, and Kathy to watch us. It was good to see the return of Sue after a brief absence.

We formed two teams, Shelia Sue and John, and Geoff Allan Gordon and Terry



Shelia won her team first game with a score of 120, the same score she achieved last month, and she had one strike. John also had a strike and scored 110, but Sue struggled to find her form, and only scored 55. Well out of practice!

In their second game, John won with a score of 99 including two strikes, with Shelia coming second with 88 including one strike, and Sue improving to a score of 79 including one strike. Her form slowly returning.

In the second team, Gordon won both games, the first game with a score of 150, including three strikes, Terry coming second with a score of 123 and no strikes, Geoff third with a score of 104 and no strikes, and Allan with 93, and no strikes. In that teams second game, Gordon won yet again with a score of 146, including three strikes, Geoff second with a score of 107, Terry third with a score of 99 including one strike, and Allan forth with a score of 89.



Come and join us, you would enjoy the experience. We meet at 2pm on the second Thursday of the month at the Indoor Bowls Centre at the Stockwell Gate / Rosemary Street traffic light crossroads.

Terry .

Tai Chi

Contact Ann Stanford. 01623 641864

Email annstanford1@sky.com

This group is meeting every Tuesday, 2.30 to 3.45pm at Forest Town Methodist Church Hall. There is a

cost, to cover hire of the hall, and a few breaks due to the leaders holidays. For more information please contact Ann.

Trace Your Family History

Group Leader: Malcolm Marples

Meet 2.30pm 3rd Monday - Flint Avenue Centre

Contact 01623 431783

Email malcolm@mp-marples.co.uk

It was good to welcome a new member to our group and he eagerly joined in all the discussions. We spoke about the variation of spelling names and how and why sometimes this has changed over the years.

Ann and Chris had recently accessed the 1939 National Register discovering how useful this can be in revealing members of a family, their birth dates and occupations. Added to the original information is sometimes the married name of a person helping to move research forward. Frustratingly the register does not display the names of people who were born less than 100 years ago unless it has been confirmed they are dead. A thick black line obliterates their entry. However you can sometimes work out who that person is. Once again it was a good meeting.

Pauline

FROM COMPUTER BOB

SCAMMERS

The scammers have been busy this month, I had a recorded telephone message, an English voice this time, saying my broadband has been 'compromised' in several countries and would be terminated, press 1 to speak to an engineer, I put the phone down, check with your Internet provider if you are uncertain.

I received an email supposedly from TSB saying my account had been suspended, I don't have an account with TSB but after the recent TSB problems it

is worrying if you do have an account with them, don't click on the link, Windows users can hover their cursor over the link and the email address of the link will pop up, the last two letters of the address will tell you which country it originated from, mine was .kp (North Korea).

I have also read that some people have received authentic looking TSB texts, don't reply to the text, check with your bank.

Banks will never ask you for personal details by 'phone, email or text.

Have you looked at our web site?

<https://u3asites.org.uk/forest-town/page/56067>

It is regularly updated with information and photographs

If you don't have a computer, why not go to your local library and use theirs?

The librarians are there to help you.

FOREST TOWN & DIST U3A CHRISTMAS DINNER.

14th December 2018. Friday 1 pm £16.50.

South Forest Complex, Robin Hood Crossroads,
Clipstone Road, Edwinstowe, Notts. NG22 9JF

Choice of Menu

See **Marilyn** at the main meeting

Places are limited so please book early to avoid disappointment.

If you are interested would you please pay **Marilyn** with cash or a cheque made payable to Forest Town & Dist U3A, At the Main Meeting

Any questions please contact

Marlene Mee 01623-409072.e.mail
marlene.mee1@virginmedia.com

Sorry we can't take any booking without payment.

**NEWSLETTER DEADLINE
FOR THE AUGUST ISSUE 20th JULY
email contributions to
pauline@mp-marples.co.uk
or send to 15 Elmhurst Rd.
Forest Town. NG19 0EU**

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