



# FoD U<sub>3</sub>A Newsletter

## November 2023

### 20 December-Xmas Lunch

12.30 for 1pm

**The Swan and Ugly Duckling  
Restaurant, Lydney £17**

#### Mains

- Baked fillet of salmon with buttery mash, Provencale vegetables and chilli oil
- Herb roasted turkey with chestnut stuffing, bacon roll and pan gravy
- Parsnip and sweet potato roulade with courgette ribbons and horseradish veloute
- Slow roasted belly pork with caramelised parsnips, crackling spears, crisp potato terrine and cider gravy

**All main courses served with fresh vegetables and roast potatoes**

#### Desserts

- Traditional Christmas pudding with brandy butter and creme anglaise
- Salted caramel and pecan nut torte with caramel sauce and maple syrup ice cream
- Trio of miniature chocolate desserts (comprising of brownie, profiterole and chocolate liqueur mousse)
- Farmhouse Cheese Plate with sliced apple, chutney, celery batons, and biscuits

Freshly brewed coffee or tea with mince pies

### [Welcome to the November Newsletter!](#)

This month we look forward to hearing Paul Barnett tell us about the Severn Bridge disaster. His talk on Wednesday 15 November at 2pm at Lydney Town Hall will provide a comprehensive overview of the bridge's construction, its daily operation, and eventual destruction at the hands of two runaway tankers. The talk uniquely seeks to unravel several bridge myths and presents recently unearthed documentary evidence which help lay to rest this sad chapter of Gloucestershire's Maritime Past.

This newsletter also contains details of our talks programme for the first half of 2024, together with some news of the Crafts Group (see photo above), a new walking group starting in January 2024, and a couple of events at Cinderford Library (first of them on Friday November 10).

And don't forget we have our Christmas lunch on Wednesday December 20th at the Swan and Ugly Duckling Restaurant in Lydney!

Ken



November 22 at The Globe,  
Alvington  
12.30 for 1pm      Menu £14

#### Mains

Gammon steak and chips  
Haddock, chips and peas  
Beetroot burger  
Scampi, chips and peas

#### Dessert

Sticky toffee pudding  
Winter berry posset  
Apple and blackberry crumble and  
ice cream  
Two scoops of ice cream

(Members who booked from the  
previous menu will still receive  
their selection)

**Pleas contact Jackie Chapman  
07735032208 to book for these  
lunches.**

Talks Programme      January to June 2024		
Date	Speaker	Subject
17 January 2024	Amanda Ravenhill, PCSO Forest of Dean Neighbourhood Team	Safety in the Home
21 February 2024	Dr. Derek Bell	Nuclear Power, Past, Present - and does it have a future ?
20 March 2024	Dr. David Elder	Dr. Edward Adrian Wilson - Cheltenham's Antarctic Hero
17 April 2024	Alan Preest and Mark Hawthorne	Gloucestershire County Council - how does it work?
15 May 2024	Paul Barnett	The Titanic Disaster
19 June 2024	Rob Toseland	Svalbard: one of the oddest places on earth - its wildlife and challenges in a warming climate.

**Craft Group** meets on the **1st and 4th Thursday** of the  
month from **10am until 1pm** at **The Springs in Lydney**.

We have a varied programme. Our last 2 projects have  
involved making a flower box, using fresh flowers and a  
sewing project when we made fabric tulips. We also do  
papercraft, including card making and associated skills,  
decoupage and anything else that Group Members choose.

All sessions are Member led,

All U3A members are welcome to join us. If you don't fancy  
the programmed activity you can bring along any craft that  
you choose.

Contact Gill - [moonwatchergill@gmail.com](mailto:moonwatchergill@gmail.com)

Cinderford Library - The Forest Inspires:

Talk with local author Cheryl Burman

10 Nov 2023 - 6:00 PM to 7:00 PM

Novel Writing Workshop with local author Cheryl Burman

17 Nov 2023 - 5:00 PM to 7:00 PM

For details about Cheryl Burman see her website [https://  
cherylburman.com/](https://cherylburman.com/)

#### Walking from Lydney

Starting at 10am on Thursday 18 January 2024, and at  
the same time on the third Thursday of every month after  
that, Bob Garside will organise a walk in the Forest of  
Dean, starting from the Swan Road Car Park, Lydney. The  
walks will be about 5/6 miles, at an easy pace, allowing  
time to finish at the Swan Hotel just after it opens for  
business at 12.00.

More details in the December newsletter

