



FoD U3A Newsletter

July 2023

U3A Lunch Club meets on the 4th Wednesday for a meal and a chat.
Contact: Jackie Chapman
07735 032208
Sign up at the monthly general meeting or by phone to Jackie
26 July The New Inn, Viney Hill 12.30 for 1pm £14.00

- Cottage Pie with Veg
- Faggots, Mash and Peas
- Fish, Chips and Peas
- Ham, Egg and Chips

- Apple Pie and custard
- Syrup Sponge and Custard
- Ice Cream
- Fruit Salad

Welcome to our July newsletter! This month, I'm highlighting just a few of the many groups available to members of the Forest of Dean U3A - even more can be found on our website [here](#)

As you will see even from the small sample there's a wide range of activities available and no one needs to be an expert before they join. There is also a proposal to revive the History Detectives group, which had been very popular prior to lockdown.

On Wednesday the 19th of July at 2pm in Lydney Town Hall, our monthly meeting begins with the AGM where there will be an opportunity to discuss what's happened this year and what people might like to see in the coming 12 months. The AGM should only last about 15 minutes followed by Pamela Holland on the history of The Enchanted Island, La Isola de Garda (see picture above), which includes St. Francis of Assisi, a famous car race, a Russian connection, and even a monster! I look forward to seeing you there,

Ken



History Detectives revisited

Bob Garside is considering starting up a History Group to follow on from the History Detectives. He is particularly interested in Military History but has knowledge in other areas of History associated with the Forest of Dean.

Due to the increasing costs of room hire he needs to understand how many members would be interested in joining a History Group and also how members would like the meeting to be organised and run. Based on this information the Committee could then determine if it would be viable to set up a group.

If you would be interested in joining a History Group will you please send your expression of interest to Bob at bob.garside1@btopenworld.com. Early response would be appreciated.

FoD U3A Groups and their conveners

Painting Group (Vicky Bagley)

Last month's Painting Group met on the third Thursday of the month (15th June) as usual, at the Lydney Community Centre in Naas Lane. We start at 11.00 am with a cup of coffee (and sometimes a home-made biscuit or cake!), then work on our individual projects until lunchtime. Occasionally we all do the same painting, the results of which show how unique everyone's style is. We break for lunch and a chat, then have time to finish off what we've been working on, or even begin a new project, before leaving at 3.00 pm.

Everyone is welcome; we are very easy-going, painting and drawing at all levels, and no one is an expert! The cost is currently £2 per session, plus 50p for refreshments; bring your own lunch. The next meeting is on Thursday 20th July, same time and place.

Singalong (Enid Peregreen)

Singalong meet from 2pm to 4pm on the first Friday of the month at the West Dean Centre, Bream, in the Witherby Room. It's a very informal and jolly occasion - everyone is welcome.

Jazz Appreciation Group (John Badham)

The Jazz Appreciation Group hosts a series of interactive sessions listening and discussing the history of Jazz and its development from its origins in New Orleans last century to contemporary improvised and World music of today.

Meetings are held in the Witherby Room at the West Dean Centre, Bream on the 3rd Thursday of the month, 2.00 - 4.00 pm. For further details contact John Badham 01594 832599

Cycling (Dave Harley)

The Cycling group meet Wednesdays and Saturdays, 10.30am at Cannop Ponds (occasionally other days by arrangement). To find out what is going on each week, contact Dave Harley using the link on the website [here](#)

