**Appendix 1 to Annual Review 2022-23**

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**Interest Group Review 2022/23 (Part 1)**

The guiding principle of the U3A is to encourage and enable those who have retired from full time work to share their knowledge, skills, interest and experience, and to promote the values of lifelong learning.

In our Interest Groups members choose to pursue an interest together, there is no distinction between learner and tutor.

Each interest group decides what it wishes to do, when and where it meets, how it operates, and its subject matter.

Groups generally meet every two to four weeks in a public forum or in a member’s house.

Full and current information and contact details on each group is on our website: look up ‘U3A Falkirk’ website.

**Computing for the Third Age**



This group is presently suspended and interested members seeking support have been directed to the “Scottish Seniors Computer Club” at Arnotdale House, Falkirk.

**Current Affairs**

The Current Affairs group currently consists of 8 members. They meet alternate Wednesdays in the morning at Tesco Redding Community Room which has proved to be a wonderful facility.  Attendance in recent sessions has consisted on average of 6-7 people. Discussions focus on international, national and local events, including politics, though not from any party-political point of view, and philosophy.  The Group also discuss items of general interest including education, sport, crafts and activities of general interest.



**Family History**

Genealogy is the study of family relationships using the vital records of birth, marriage, death etc. The family history group goes further and looks at past events and their social context. The monthly meetings usually centre round a specific topic, followed by a lively discussion. More expert members give advice and assistance to those who may be new and less familiar with tracing their ancestors.



**Film Club**



The Film Group meet on second last Friday of each month in the new Community Room in Morrisons.

There are currently 12 members in the Group with an average of 6 or 7 attending each time.

The Group has seen a good range of films including oldies like ‘An American in Paris’ and ‘His Girl Friday’ to more recent ones like ‘The Others’ and ‘Mr Holmes’ with the December meeting a bit different with 2 short films and an enjoyable Film/TV Theme Tune quiz.

**French.**



The group provides an introduction to conversational French.

**German**



This small group meets on the 2nd and 4th Tuesdays of the month at 2.30 pm  in the restaurant at Klondyke Garden Centre. A range of topics is aimed at giving members the ability to exchange personal information with others and to deal with a variety of everyday situations.

**Lunch Club**

The Lunch Club provides an opportunity for members to meet socially over a meal and to discover new and interesting restaurants and meals.  It is not meeting at the present time as the previous organiser stood down and we are presently awaiting a new organiser.

