**Coffee Morning**

The idea for this group came from a previous committee to help members affected by COVID restrictions to meet up on Zoom and enjoy each other’s company. At that time I encouraged people to join as it helped me enormously to deal with those isolating times.

The group now meets in person on the second and fourth Thursday of the month at 10.30. The venue is decided on by members. We have a group of regulars and others who drop in when they can. The group gives members a chance to chat with old friends and to meet people they would probably never have encountered previously. Usually we have a free open-ended conversation. Occasionally one of our members will give a short presentation on an area where they have a particular interest. During meetings we share stories, knowledge, expertise, even misfortune. And we laugh a lot!

All are welcome. We’d love to see you there.

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