



## Chat from the Chair



The evening light was superb for another of our 10<sup>th</sup> Anniversary events: a Stuart Line Cruise from Exmouth to Ladram Bay on 15<sup>th</sup> September. All organised so well by our Social Committee: Clare Dawson, Lyn Holmes, Alice Robson and Jenny Comben. Please see my 'Thank You' poster on page 6.

We had the chance to look at some photos and videos taken then, plus the chance to reflect on 10 special events throughout the year at a further 10<sup>th</sup> anniversary event: our celebration on Zoom of both our own anniversary and also the national u3a 40<sup>th</sup> anniversary in national u3a week on 22 September. The link to our recording of this and further details are on page 8, and a 10<sup>th</sup> anniversary souvenir leaflet is being circulated with this newsletter.

Since our last AGM in May I have mentioned in these newsletters and on the stage in the Pavilion that in May 2023 I will be stepping down as Chair as will Ian McLauchlin, our Secretary. Also stepping down from the committee will be John Hunt, our Newsletter Editor. We are announcing this in good time as we want to ensure a smooth handover for our wonderful u3a. The three of us had all felt that we had gained so much from belonging to our u3a that we wanted to give something back. So we joined the committee in 2018, 2019 and 2020 respectively and have contributed in different ways as part of a team, learnt a great deal along the way, and have seen many of you stepping forward as volunteers to make our u3a the success that it is. To ensure that we fill these key officer positions of Chair and Secretary and also the committee position of Newsletter Editor we would ask you to seriously consider joining our committee. We know that within our large u3a there are many of you who would be most suitable and would be able to play an important part in the development of our u3a.

Our current committee meet via Zoom on the first Tuesday of the month (except August) from 13:00 to 15:00. After the AGM on 11<sup>th</sup> May 2023, it will of course be up to the new committee to decide as to how, when and where they meet, but for now if you would like to see us in operation you are most welcome to observe one of our Zoom sessions.

Also if you would like to meet over a tea or coffee to have an informal chat please do contact me. Making an enquiry at this stage will be a first step but not necessarily a firm commitment. It is important that you have the time to ask questions and have time to reflect; I know I did. You may like to shadow one of us to find out more; we would be happy to help. Also, we do have the capacity to co-opt members onto our current committee. Now would be a very good time to come forward and make that initial enquiry as we could then devote quality time to succession planning and make sure that our u3a continues to develop by and for our members. Thank you in advance and I look forward to hearing from some of you on [chairperson@exmouthu3a.org.uk](mailto:chairperson@exmouthu3a.org.uk)

I am delighted to announce that in mid to late November 10 fruit trees, including some local varieties such as 'Star of Devon' and 'Exeter Cross', will be planted on National Trust land at Lower Halsdon Farm in Exmouth to mark our 10th Anniversary. These will be maintained by volunteers and I am sure it will be wonderful to see their development over the years and especially to admire the blossom and see the fruit set and grow as each season comes round. We will let you know as soon as we have a firm date for the planting.


One of the benefits of being Chair is that you get to hear about the success of our members, 'hot off the press'. So I was delighted to receive an email from Alan Jones to tell me that the 'Quizzzy Rascals' from our u3a Quiz Group had won the Devon Shield in an u3a quiz with 14 teams from east and south Devon. Not only that but our other team, the 'OAP Jedis', had come second. Wow, I thought, that is quite something, especially as this is the first time Exmouth has won the shield in the 12 years that the u3a Devon quiz has been running! So congratulations to both teams and we look forward to Exmouth hosting the event in 2023. There is more about this on page 9.

Finally, as you will know from previous newsletters and from the Exmouth Journal, we are holding our special Groups Open Day in the Pavilion on Thursday 13 October. Details are in the poster below. I very much hope you will be able to come along then.


With best wishes

*Christine Chittock*  
*Chair*

## Groups Open Day – Thursday 13 October from 10:30 to 12 noon



**Exmouth & District**  
**OPEN DAY**



**Where: THE PAVILION - EXMOUTH**

**Date: Thursday 13th October, 2022**

**Time: 10.30am till 12.00 noon**

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**JOIN US FOR A CHAT**

**FREE Coffee / Tea / Biscuits**

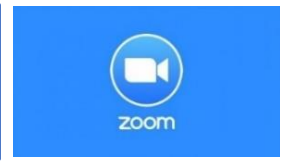
**Lots of activities and interests to choose from**

[www.u3asites.org.uk/exmouth/home](http://www.u3asites.org.uk/exmouth/home)

## Our next monthly meetings

As autumn comes upon us, we can look forward to some interesting Pavilion meetings and speakers in the run up to Christmas.

On the 8<sup>th</sup> September, a very interesting talk, "Devon Suffrage Activists and What They Did Next", was given by Dr Julia Neville. There is a review of this later in the newsletter on page 10.



As you know, there is no speaker in October but instead on **Thursday 13<sup>th</sup> October** it will be our **Groups Open Day** with Interest Groups showcasing their activities, as part of our 10<sup>th</sup> Anniversary celebrations (see the poster on page 2). It's very good that many groups will be setting up a display or will just to be there so that our members and more importantly the public can ask questions and see what you do. And there is free tea or coffee and biscuits! Not to be missed. This is an in-person event and will not be on Zoom.

On **Thursday 10<sup>th</sup> November**, **Wendy Richards Wood** will be talking about "**Women of the RNLI**", including reference to remembrance. Wendy lives in Newton Abbot. She is the Volunteer Community Presenter and Publicity Officer for Teignmouth RNLI and currently the only presenter in the region offering a talk on the role of women in the RNLI.

On **Thursday 8<sup>th</sup> December**, **Dr Todd Gray** will give the topical talk on, "**Christmas in Devon**". Todd is well known to members from previous talks and is always very interesting and entertaining.

Lastly, just a reminder that all our talks in Exmouth Pavilion are **on the second Thursday in the month, starting at 10.30**, giving a chance for coffee and a chat beforehand. Any suggestions for speakers are always welcome, especially someone you have heard elsewhere and can recommend personally.



As always there is the opportunity for members to see our speakers via Zoom for anyone who is unwilling or unable to attend in person and instead prefers to join us from home (or from anywhere else in the world!). Zoom connection details are on the next page.

**Ann Newby**  
**Speakers' Coordinator**  
[speakers@exmouthu3a.org.uk](mailto:speakers@exmouthu3a.org.uk)

## Meetings on Zoom

In addition to streaming the monthly meeting on Zoom, everyone is very welcome to join us on other Thursdays **for our Zoom Coffee & Chat sessions and members' presentations**. They start at 10.30, but we suggest everyone logs in from 10.15, and it will be for about an hour. They are open to all our members and are a good opportunity for a chat. You may have something you would like to share on a 'show and tell' basis, particularly any activities you have participated in as a group member. So why not make yourself a cup of coffee or tea and join us then; you will be most welcome. The Zoom connection details are on the next page.

The dates for October are **Thursday 6 October** and **Thursday 20 October**.

Our **member's presentation** this month is on **Thursday 27 October at 10:30 on Zoom**. **Margaret Mackintosh** will be giving us a presentation entitled '**Aesthetic Geology**'. This intriguing talk is all about viewing geology as art or science or both. Not to be missed!

**The Zoom connection details** for the monthly meetings, for the Zoom presentations, for our Zoom Coffee & Chat sessions and for our other u3a Zoom meetings **have now changed**. The new connection details have been sent direct to members.

This is for u3a members only, so please don't share these Zoom details with anyone else. If you experience difficulties, email John Hunt at [johnh@exmouthu3a.org.uk](mailto:johnh@exmouthu3a.org.uk). In the unlikely event that we are having problems with this link at the time, please keep an eye on your email inbox at the time for further information.

## Group news

### Potential new groups

#### Ideas For Your Memoirs Group

The 'Ideas for your memoir' Group is running this autumn if anyone's interested. It would be a small group meeting on alternate Tuesdays from 10am to noon starting on 27 September for only 6 sessions at my home which is on the No 7 bus route. It might give members contemplating writing their life story some ideas to get started, or to pick up the threads of past jottings. It would be mainly general discussion and idea sharing, helping and encouraging other members. Please contact Leonora Wilson by email.

#### Brush up your German-speaking

This group is intended for those who already have a basic knowledge of German, but who may not have actively used the language for a while, and would like to refresh their ability to speak, read and understand everyday German. It is envisaged that members of this group would already know some German, either through having studied the language at school and/or in adult education classes, or by having spent some time living in a German-speaking country. It would not be suitable for complete beginners or those who have very little knowledge of German. A preliminary meeting will be held sometime in December to discuss the format, date and time of the group meetings, with a view to commencing in the New Year. Please contact Mary Sage by email if you are interested.

### Groups with Vacancies

**Bowls:** The Bowls Group has 2 sessions every Tuesday at 10.20am and 2.00pm at Budleigh Bowls Club, Budleigh Salterton. No experience is necessary, just turn up, make new friends and enjoy a game of bowls. The Club provides all the equipment and all you need to bring is some flat-soled shoes such as flat trainers. There are Indoor and Outdoor rinks for all-year-round bowling. The cost is £4 per person for a 90-minute session. Contact Tony Mackness by email.

**The Golf Group** meets 2 times a month, on the first Friday and the third Tuesday of each month at Exminster Golf Club. Coffee/Baps are served at 9.30 and are followed by 9 holes of friendly golf, played in groups of 2, 3 or 4 players, with a maximum of 16 players. The golf is followed by a one-course meal and the cost of the day is £22 per player and buggies are available at additional cost. It is a great way to meet new golfing friends of all levels, and play a great local course. Contact Tony Mackness by email.

**Cook and Share** have enjoyed several meals from around the world, indoors and out, including Indian, Spanish and Italian plus a British BBQ. We now have room for some more members. Why not join us and do cook new? Details from Chris Ponsford by email.



## Local Hub Groups

Listed below are our local hub groups where you can go for a coffee and chat and meet local u3a members. Please contact the local organiser for information or just go along to the meeting where you will be made very welcome.

- Budleigh Salterton and surrounding areas: Alice Robson
- Exmouth – Dagmar Road area (bordered by The Beacon, Louisa Terrace, Trefusis Terrace and Rolle Road): Sally Parnell
- Exmouth – Littleham area – a new hub: Susan Hall
- Exmouth – Mount Pleasant area: Anne Howard
- Exmouth – Rivermead Road area: Nicola Antoni  
Nicola and Anne have joined together.
- Exmouth – Shelly Road, Camperdown Terrace and The Marina: Victoria Newhouse,
- Exmouth – Withycombe area: Jan Collett  
Withycombe's next meeting is at Bumble and Tee in Phear Park and meets fortnightly.
- Ottery St Mary area: Ronnie Harwood
- Topsham area: We will meet on Friday 21<sup>st</sup> October. Come to The Nancy Potter House, a short way up Nelson Close from the High Street, from about 10.30 a.m. for a coffee and chat, with the option of staying for a very reasonably-priced home-cooked lunch. The Bradbury Cafe closes at 2 pm. Please let Ella Young know the previous day if you want to book lunch
- Woodbury, Woodbury Salterton and East Budleigh: Lin Milsom-Ashby.



*Lyn Holmes,*  
*Groups Coordinator*  
[groups@exmouthu3a.org.uk](mailto:groups@exmouthu3a.org.uk)

## Social Committee News

This report starts with the news that our **10<sup>th</sup> Anniversary Boat trip** last month was highly successful with all members who joined us having such an enjoyable evening. This was, of course, aided by the beautiful evening sunny weather which accompanied our journey along the Jurassic Coast reaching as far as Ladram Bay. Prior to setting sail a One Minute Silence was observed in memory of our late Queen. What a wonderful quiet atmosphere in which to remember her.

At the time of writing this I understand there are just a very few tickets available for the **Tiverton Canal trip** due to take place on **Wednesday 19<sup>th</sup> October** – full details have already been published, but, as usual, members of the Social Committee will be on hand at the next Monthly meeting (Thursday 13<sup>th</sup> October) to answer any questions you may have. Members will, of course, be transported to and from Tiverton by coach leaving and returning to Exmouth Station Coach Park. Tickets for this are priced at £37.50 each which are fully inclusive of all arrangements – details of food for lunch have already been circulated.



**Saturday 5<sup>th</sup> November** sees another very popular boat trip – the **Annual Fireworks Cruise** – but at the time of writing ALL tickets have been sold and there are already several names on a waiting list. I feel certain we will need to increase the number of seats our u3a require for this event next year, but as these have to be submitted several months beforehand it is not always easy to predict.

Finally, the last event this year will be our **Christmas Lunch** due to be held at the Royal Beacon Hotel on **Thursday, 8<sup>th</sup> December** (following our usual Monthly Meeting). Details of the menu are on the next page. Tickets for this will be on sale at our next Monthly meeting but, alternatively, if you are unable to attend this meeting, tickets can be purchased online by contacting Lyn Holmes:

1. Send a cheque to Lyn Holmes. Please make your cheque out to 'Exmouth & District u3a' and would you also enclose a stamped addressed envelope (for your tickets to be sent to you).
2. Pay via internet banking.
3. If you choose to pay at our meeting, cheques would be preferred but there is a card machine available. Of course, cash will also be accepted if this is your desired method of payment.
4. Lastly, if you have pre-booked could you please just notify a member of the committee. Many thanks.



Hopefully, see as many of you as possible at our next Monthly Meeting on 13<sup>th</sup> October (Our Groups Special).

*Alice Robson, Lyn Holmes, Clare Dawson and Jenny Comben  
Social Committee*

## Exmouth & District u3a 10th Anniversary Cruise 15th September 2022



Many thanks to Clare, Alice, Lyn and Jenny for organising our '10th Anniversary Cruise' with Stuart Line Cruises. The evening light was lovely showing off the coast from Exmouth to Ladram Bay so well. There was such a friendly atmosphere and the wonderful spread of food and the disco were enjoyed by our u3a members. So altogether a great success!

Christine Chittock, Chair on behalf of Exmouth and District u3a

*Photo collage by Christine Chittock*



## THE ROYAL BEACON HOTEL

*Exmouth's Regal Connection*



### Festive Lunch Menu

#### Starters

##### **Winter Vegetable Soup**

herb croutons

##### **Chicken Liver Pate**

Cider apple chutney & crisp toast

##### **Smoked Haddock & Mozzarella Fishcake**

Mixed leaves & lemon wedge

#### Mains

##### **Traditional Roast Turkey**

sage & pork stuffing, chipolata in bacon, roast potatoes, vegetables, redcurrant tartlet

##### **Braised Beef Steak**

mustard mash, Yorkshire pudding, vegetables & local ale jus

##### **Cornish Hake Fillet**

herb crusted potatoes, caper & parsley butter, vegetables

##### **Roasted Courgette & Basil Pesto Pasta Bake**

Garlic bread, vegetables

#### Desserts

##### **Warm Chocolate Brownie**

Chocolate orange sauce & vanilla ice-cream

##### **Traditional Christmas Pudding**

brandy sauce

##### **Lemon Tart**

forest berry compote

Tea or Coffee

**2 Courses - £22.00 per person**

**3 Courses - £26.00 per person**

Our food is produced in a kitchen that uses nuts, nut products, shellfish, fish, wheat, milk, eggs and soya bean. Whilst we will do all we can to accommodate guests with food intolerances and allergies. We are unable to guarantee that dishes will be completely allergen free. Please let a member of the team know if you have any allergies or intolerances.



*Exmouth seafront as seen from our 10<sup>th</sup> anniversary boat trip – photo by John Hunt*

## 10th anniversary celebration on Zoom – and souvenir leaflet

On Thursday 22 September we held a special session on Zoom to celebrate our 10<sup>th</sup> Anniversary and the events we have held so far this year. It was national u3a week that week, and so we also celebrated the 40<sup>th</sup> anniversary of the national u3a movement. At this session we showed the premiere of our new video as well as a short presentation, and we also launched our own souvenir leaflet focussing on 10 special things that are taking place in our anniversary year (see picture on the right). This souvenir leaflet is going out with this newsletter and will also be available to download from our website.

The video is of our celebration in the Pavilion in June. This brilliant video was created by Christine Chittock, using photos by Maurice Chittock, video recordings by Terry Walsh and Ian Bateman and video editing by Ian McLauchlin. It's about 7 minutes long, and you can watch it on our YouTube channel on this link – <https://youtu.be/f-3vbeBgQGk>



We also recorded the whole session which not only shows the premiere of our new video but also the slide presentation, music from Contraband, videos of our boat trip, the launch of our own special leaflet and news about our successes in the Devon u3a Quiz. It's about 40 minutes long and you can watch it on our YouTube channel on this link – <https://youtu.be/lqvNNHcPTLU>

*John Hunt, Newsletter Editor*

## A visitor from California



*Judith Heaney & Susan Mulder  
Photo by Christine Chittock*

### u3a learn, laugh, live Exmouth & District

#### An anniversary celebration of 10 years of Exmouth & District u3a, and 40 years of the national u3a movement

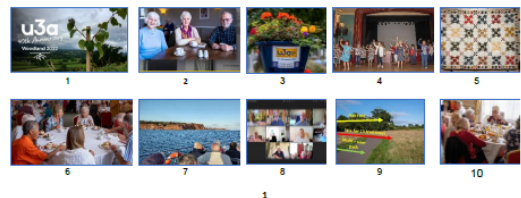


This is a very special year for us as we celebrate 10 years of the existence of Exmouth & District u3a, and in national u3a week we also celebrate 40 years of the national u3a movement. This leaflet highlights 10 special things we are doing this year, but we also celebrate all the other activities that we organise – the monthly meetings, the 80 or so special interest groups, the wide range of social outings and events, and much much more besides. My thanks to you all.

*Christine Chittock, Chair, 22 September 2022*

#### 10 things taking place in our 10<sup>th</sup> anniversary year

- 1 January Planting of copse in the national u3a Woodland in the Brecon Beacons (100 trees – 10 for each year of our existence as a u3a) – see page 3
- 2 March Members' 10<sup>th</sup> anniversary coffee morning and afternoon tea parties – see page 4
- 3 May Supporting Exmouth in Bloom flower displays in our 10<sup>th</sup> anniversary year – see page 4
- 4 June 10<sup>th</sup> anniversary celebration in Exmouth Pavilion – see pages 5 to 7
- 5 June 10<sup>th</sup> anniversary quilt, with draw tickets being sold throughout the year – see page 7
- 6 August Thank you tea party for group organisers, meeters and greeters and other u3a members who play a significant part in what we do – see page 8
- 7 September 10<sup>th</sup> anniversary evening boat trip and party – see page 9
- 8 September National u3a week – Zoom celebration of 10 years of Exmouth & District u3a and the 40<sup>th</sup> anniversary of the national u3a movement, plus our new YouTube video
- 9 November 10<sup>th</sup> anniversary planting of 10 fruit trees on the Exmouth multiuser path – see page 8
- 10 December Members' 10<sup>th</sup> anniversary Christmas lunch



My sister Susan came with me as a guest to the talk on Devon Suffragettes last month. She is visiting me from Palm Springs, California. For the last 12 years (apart from Covid restrictions) since we have been widowed, we have visited each other twice a year. I go to the very pleasant temperatures in the Californian desert in January and February and she spends July and August here when the temperature in Palm Springs is unbearably hot, a very happy arrangement!

*Judith Heaney, member*



## Quiz Group – We are the champions!

On 20th September the annual Inter-u3a Quiz was held in Honiton. Fourteen teams from across East and South Devon tested their general knowledge and attempted to solve thirty anagrams.



*The Devon u3a Quiz Shield*



*The little grey cells are working overtime. Photo by Val Flood*

Teams from Exmouth have regularly participated and this year one of our teams won. The Quizzzy Rascals, made up by Jenny and Alan Jones from Exmouth and Jean and Dave Owen from Budleigh Salterton, were presented with The Devon Quiz Shield. Additionally, they walked away with The Question Mark Trophy, given to the top scoring East Devon team, and with bonus medals in the form of key rings with enclosed Honiton lace.



*June Brown, Honiton u3a, presents medals to the winners. The Quizzzy Rascals, from left, Jenny and Alan Jones, Jean and Dave Owen. The medals are key rings enclosing Honiton Lace. Photos by Val Flood*



Further good news is that another Exmouth team, The OAP Jedis, came second. Both teams have been members of Exmouth U3A Quiz Group, ably led by Linda Whiter who worked hard to keep the group going through covid lockdowns. Linda had retired from that role and Pam Day has taken over as the group leader.

***Alan Jones, member***

*Left: Question Mark Trophy for top East Devon Team*

*This is an additional trophy provided recently by Culm Valley U3A to be given to the top East Devon team. There is a history of the quiz shield being won most years by South Devon. I don't know the history of it being backwards!*

## 'Devon Suffrage Activists and What They Did Next'

### A talk by Dr Julia Neville – 8<sup>th</sup> September 2022



The fight for equality for women in Britain took place over many decades and indeed both here and throughout the world still continues. Dr Julia Neville is a community historian who, with others, works on local histories, designed to ensure the role of women in those stories is given due weight.

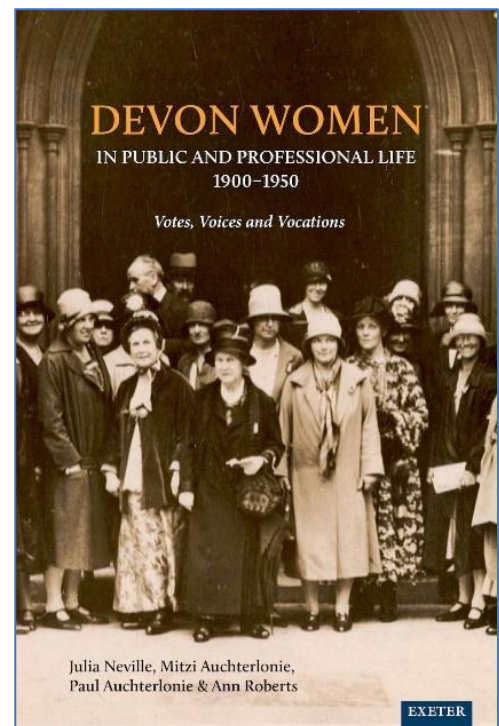
During 2017 and 2018 research was carried out into the role of the Women's Suffrage movement in Devon, to celebrate the 1918 Representation of the People Act, which gave the vote to some, not all, women, and with greater restrictions than men. Dr Neville gave us a clear chronological account of the movement at the end of the 19<sup>th</sup> century and the beginning of the 20<sup>th</sup>, using a series of slides of posters, photos, drawings and other documentary evidence.

In Devon the early pioneers used organisations like the Women's Liberal Association and the Women's Local Government Society to host meetings and invite speakers to propose the extension of the vote to women. Four of these pioneers were Exmouth women: Mary Pinkney, Ethel Phear, Florence Stuart and Adelaide Montgomery. The first dedicated suffrage society to have a Devon presence was the WSPU (Women's Social and Political Union) advocating "Deeds not Words". Later, the less militant NUWSS (National Union of Women's Suffrage Societies) predominated. Local action included the Exeter hunger strike, a pilgrimage of supporters on foot all round Devon, ending in Exeter and by train to the 1913 Hyde Park rally, spoilt census papers and tax resistance.

Dr Neville's talk made that period of history very clear but also left a lot to consider. Would the vote have come sooner if politicians had not been more concerned about, for example, the Irish question? Would it have come sooner if some supporters had not been put off by the militant action? There is, however, no doubt that women established their equality by their role in WW1, leading at that point to the vote, albeit restricted.

The talk ended with a glimpse of the lives of those Devon women who were activists, many being teachers, doctors, some retiring from public life. Many were involved in wider education for the working classes, such as WEA or the Cooperative Women's Guild.

Overall, a lot was learned about the Suffrage movement as well as local involvement. Very many thanks to Dr Neville for this excellent talk.



**Ann Newby**  
**Speakers' Coordinator**

*Photo by Christine Chittock*

Some more information is on this link – <https://womenshistorynetwork.org/devon-women-in-public-and-professional-life-1900-1950-votes-voices-and-vocations-julia-neville-and-mitzi-auchterlonie/>



## Group news – Exploring with a Bus Pass Group



*Photo collage by Christine Chittock*

## Exmouth & District u3a online – our digital world

Here's a reminder of all our online resources. We have such a lot to offer all members, so why not find time to take a look! What do you think? How can you contribute? Please let me know (email address below).

- Our Exmouth & District u3a website: <https://u3asites.org.uk/exmouth/home>
- Our u3a YouTube channel: [https://www.youtube.com/channel/UCC\\_Wy5Vkb2C1itp1JhKtxAA](https://www.youtube.com/channel/UCC_Wy5Vkb2C1itp1JhKtxAA)
- Our u3a Facebook Group: <https://www.facebook.com/groups/exmouthU3A>
- Our u3a Connect & Learn website: <https://sites.google.com/view/connectandlearn> (and especially our Ideas and news page – at <https://sites.google.com/view/connectandlearn/ideas>).

## Our next edition

I hope you have enjoyed reading this newsletter, and thank you to our contributors this month. Would you like to contribute anything for the next newsletter in November? Please contact me using the email address below. Photos, art, short articles and stories and poems from more members would be especially welcome.



The deadline for receipt of copy for the November edition is **Monday 24<sup>th</sup> October**. Thank you very much.

**John Hunt**  
**Newsletter Editor**  
[newsletter@exmouthu3a.org.uk](mailto:newsletter@exmouthu3a.org.uk)

## STOP PRESS

Since preparing 'My Chat from the Chair' and with the newsletter deadline, it is with much sadness that I have to tell you that I have just learnt that Ian McLauchlin, our Secretary, has resigned with immediate effect.

I will of course be writing to Ian to express my most heartfelt thanks for his tremendous and conscientious approach to his role for our large u3a. I know that our members have appreciated his numerous communications keeping you all so well informed. Since 2019 Ian has worked tirelessly, over and above what would be expected, his time generously given. All that Ian has done has been for the benefit of our members, much of it unseen but essential in making a positive difference for Exmouth and District u3a.

*Christine Chittock*  
*Chair*