



## Exmouth & District U3A

### NEWS BULLETIN NO 6: 1<sup>st</sup> May 2020

#### **East Devon residents' coronavirus update.**

EDDC send out a useful weekly newsletter which anyone can sign up for by going on the website: <https://eastdevon.gov.uk/coronavirus-covid-19/>. It provides information about local services (such as which parks are open, recycling updates etc), the Coronavirus Community Support Hub (for help with shopping and collecting medicines etc) and the impact on other EDDC services.

#### **Non virus medical treatment.**

The focus has quite rightly been on dealing with covid 19 cases but the NHS have stressed they are still open for business for other essential medical issues. A U3A member's daughter who is a doctor has said that people are unnecessarily coming to harm as a result of not seeking help. She adds that people are worried about catching covid or believe the NHS is no longer treating old people and do not want to add to the NHS burden. She says that there is capacity for hospitals to deal with non-coronavirus health issues and that older people should not delay seeking urgent medical help by contacting their GP.

#### **Telephone contact service for members.**

If you wish to take up this service or want to find out more please contact one of the following Committee members:

- Camilla Benyon on [Camilla@exmouthu3a.org.uk](mailto:Camilla@exmouthu3a.org.uk),
- Sandy MacQueen on [chair@exmouthu3a.org.uk](mailto:chair@exmouthu3a.org.uk)
- Lyn Holmes on [publicity@exmouthu3a.org.uk](mailto:publicity@exmouthu3a.org.uk).
- Olwen Smith on [Olwen@exmouthu3a.org.uk](mailto:Olwen@exmouthu3a.org.uk)

Your enquiry will of course be treated in the strictest confidence. You will be able to agree the contact arrangements with the Committee member.

#### **Covid symptom tracker**

Some members may have experienced problems with this link in the last bulletin (see note at the end of the bulletin about PDF reader):

[https://sites.google.com/view/connectandlearn/ideas#h.p\\_0R7E8bXsboe](https://sites.google.com/view/connectandlearn/ideas#h.p_0R7E8bXsboe)

You can go directly to the tracker site on <https://covid.joinzoe.com/>

## **Computer and related problems**

Our U3A Tech Team is on hand to help members with any technical problems or issues they may have with the use of their computer, tablets or mobile phones or the use of any software or apps. To access the Tech Team, email John Hunt at [johnh@exmouthu3a.org.uk](mailto:johnh@exmouthu3a.org.uk) (or if it's urgent or you don't have an internet connection, phone him on ..... and leave a message if necessary).

## **Connect and Learn website**

If you have not done so recently, do take a look at our **Exmouth & District U3A Connect & Learn website** at <https://sites.google.com/view/connectandlearn>. This website is open to everyone to use and benefit from. The topic for this month is all about music, and we are keen to have your contributions to this, as music is something which benefits us all. Please email John Hunt with comments and suggestions on [johnh@exmouthu3a.org.uk](mailto:johnh@exmouthu3a.org.uk)

## **"Connect on Thursday" meetings using Zoom**

These are available for all members, and what we talk about depends on you! There's no need to let anyone know in advance, just click or tap on this link at the time to join in:

Details removed for website version.

The sessions last about one hour and you can leave at any time. If you want to try this out for the first time and are feeling unsure, please contact John Hunt on [johnh@exmouthu3a.org.uk](mailto:johnh@exmouthu3a.org.uk)

We have a presentation at our next meeting and a speaker for the 14<sup>th</sup> May – see below.

## **"Connect on Thursday" meeting on 7<sup>th</sup> May at 3.00pm**

This time we are planning to take a look at the library resources which are available to us even though our libraries have had to close. Then after the presentation on the 30<sup>th</sup> April on "How we see things that aren't there", Ian will next talk about **"The three point linkage"**. If you're intrigued by that, why not 'Connect on Thursday'?

## **"Connect on Thursday" meeting on 14<sup>th</sup> May 10:15 for 10.30am**

This will feature a 60 minute illustrated talk by **Chris Upton on 'The final year of Thoresby Colliery in Nottinghamshire'**

Christine Chittock, the speaker co-ordinator, has provided the following introduction:

"Many of you will be aware that since lockdown John Hunt has been hosting weekly 'Connect on Thursday' sessions for all our members. On Thursday 14<sup>th</sup> May I am delighted to say that we have secured a professional speaker for our 'Connect on Thursday' session scheduled for that day. In normal circumstances this would have been our AGM followed by a speaker.

Chris Upton is a professional photographer, based in Nottinghamshire, specialising in Travel, Landscape and Social Documentary photography.

He is an Associate of the Royal Photographic Society and has received awards in national photographic competitions. His images are represented by several international stock agencies and clients have used them worldwide across many different sectors.

In 2016 Chris presented a major social documentary project recording the final year of Thoresby Colliery, the last pit in Nottinghamshire. Prior to its closure Chris spent nine months documenting the site, the buildings and the people and he has created an archive of images recording the pit in its final days which we will see in this session. Chris has recently presented this talk to the Royal Photographic Society via Zoom. **You are invited to attend our 'Connect on Thursday' session on 14<sup>th</sup> May at 10:15 for 10:30 to hear this much acclaimed talk by Chris.**

Please log on at 10:15 so that you can have a chat beforehand and we can then ensure that members are ready for the talk that will start at 10:30. Chris' presentation will last for 60 minutes which includes time for questions at the end “.

To find out more about using Zoom, please look at the Videocalls section on our Connect & Learn website at <https://sites.google.com/view/connectandlearn/videocalls>

### **Exmouth & District U3A Website**

This can be accessed with the following link: <https://u3asites.org.uk/exmouth/welcome>

### **Facebook Group.**

If you have never used Facebook before and want some guidance please contact Ian McLauchlin [ian@exmouthu3a.org.uk](mailto:ian@exmouthu3a.org.uk)

Ian reports;

“Every week after this bulletin arrives we have a smattering of new Facebook Group members. So people are still joining, which is a good sign and very welcome. Occasionally, prospective members don't appear to answer the 'joining questions'. These are there to ensure that members are aware of certain requirements. On these occasions I send a gentle FB message in the hope that this acts as a reminder. It usually works!

There continues to be an eclectic mix of posts published and I try to add to these each day. Some are bound to be more popular than others so if members clicked 'like' when they like, that would help to gauge what you enjoy.

At 29 April we have 90 members.”

<https://www.facebook.com/groups/exmouthU3A/>

### **Access to links**

If you cannot open the links automatically, please check that you have the latest version of your PDF reader installed on your device (such as Adobe Acrobat Reader DC Release version 2020.006.20042), or Xodo which is a PDF reader which comes highly recommended.

Alternatively you should contact John on [johnh@exmouthu3a.org.uk](mailto:johnh@exmouthu3a.org.uk) for assistance.

## **Contributions from groups**

If you run a group please let us know how you are keeping in touch. Are you organising video meetings perhaps just to meet up and chat, sending out interesting articles or features relevant to your group, or sharing amusing stories, cartoons and photographs?

We would like to include your replies in future editions of the bulletin and look forward to hearing from you.

## **Feedback**

Any comments, suggestions and ideas which will assist our members to keep in touch and perhaps to develop new interests or experiences are welcome. Please send to Keith on [secretary@exmouthu3a.org.uk](mailto:secretary@exmouthu3a.org.uk)

Take care and stay safe.