



Exmouth & District U3A

NEWS BULLETIN NO 5: 24th April 2020

Telephone contact service for members.

As mentioned in the last bulletin, we are now able to offer a telephone contact service for members self isolating or are feeling alone during this period of social distancing.

If you wish to take up this service or want to find out more please contact one of the following Committee members:

- Camilla Benyon on Camilla@exmouthu3a.org.uk,
- Sandy MacQueen on chair@exmouthu3a.org.uk
- Lyn Holmes on publicity@exmouthu3a.org.uk.
- Olwen Smith on Olwen@exmouthu3a.org.uk

Your enquiry would of course be treated in the strictest confidence. You will be able to agree the arrangements with the Committee member you choose to contact.

Covid symptom tracker

From time to time, we receive requests to pass on information about surveys which we usually decline as we prefer to maintain the privacy of our members. However, in the exceptional circumstances of the present crisis, we have decided to draw attention to research being undertaken by Kings College, London, in partnership with Guys and St Thomas Hospitals and ZOE Global Ltd.

Details of this are contained on the Connect and Learn site should you wish to take part in the survey. <https://sites.google.com/view/connectandlearn/ideas#h.p.0R7E8bXsboe>.

U3A Tech Team

Just a reminder that our U3A Tech Team is on hand to help members with any technical problems or issues they may have with the use of their computer, tablets or mobile phones or the use of any software or apps. To access the Tech Team, email John Hunt at johnh@exmouthu3a.org.uk (or if it's urgent or you don't have an internet connection, phone him on and leave a message if necessary).

Connect and Learn website

If you have not done so recently, do take a look at our **Exmouth & District U3A Connect & Learn website** at <https://sites.google.com/view/connectandlearn>. This website is open to everyone to use and benefit from. We have made a number of changes including a brand new topic on the home page (just scroll on down) on a subject that should interest everyone - **music online**. From this home page you can also navigate your way round to the most popular sections - our ideas page, our list of topics, our guide to computers, tablets and smartphones, and our guide to videocalling and teleconferencing.

"Connect on Thursday" meetings using Zoom

As we mentioned previously, we are holding weekly **"Connect on Thursday" meetings** using Zoom, and these are open to **all** U3A members. The next one will be at **10.30 am on Thursday 30 April**, the following one will be at **3.00 pm on Thursday 7 May**, and then alternating at these times between morning or afternoon every week until further notice. There's no need to let anyone know in advance, just click or tap on this link at the time to join in:

(details removed from website)

The sessions last about one hour and you can leave at any time. If you want to try this out for the first time and are feeling unsure, please contact John Hunt on johnh@exmouthu3a.org.uk

Website

If you visit the website you will notice a few changes. <https://u3asites.org.uk/exmouth/welcome>

The monthly newsletters for this year and the weekly bulletins are available on the website.

Facebook Group.

Ian McLauchlin has provided the following update:

'Members continue to post interesting items and photographs each day. I've found that when I post in the morning, the number of people who view these quickly escalates, indicating that many members visit our Facebook Group site quite frequently, and often first thing in the morning! Some contributions have inspired a few Group Members to suggest further uses for them, for example for botanical art drawing of flowering plants. I try to ensure that posts cover a variety of topics with the intention of providing something of interest for everybody. There continues to be a steady trickle of new members joining and currently (22 April) the total number of members is 81.'

<https://www.facebook.com/groups/exmouthU3A/>

Feedback

Any comments, suggestions and ideas which will assist our members to keep in touch and perhaps to develop new interests or experiences are welcome. Please send to the secretary@exmouthu3a.org.uk

Take care and stay safe.