



Exmouth & District U3A

2oct20

BULLETIN 25

We decided to suspend our weekly bulletins at the beginning of September but promised to publish further bulletins when necessary. So here's Bulletin 25 with up-to-date details of our covid-19 deliberations.

Chair's new e-mail address

Due to the high volume of spam e-mail coming in to the chair's address I have had to change the address to chairperson@exmouthu3a.org.uk Please use this new e-mail address from now on. Thank you in advance,

Christine Chittock, Chairperson Exmouth and District U3A

Covid 19: Advice from the Third Age Trust and Government advice and legislation

It has been good to know that our groups have been continuing and finding ways to meet during these difficult times, as you will have seen from our recent October newsletter. Lyn Holmes, our Group Coordinator, has worked hard to keep Group Organisers/Leaders informed and up to date. She is currently investigating Covid-19 secure premises where groups of up to 6 can meet. Thank you Lyn!

Your committee has kept busy reading Covid-19 advice from 'The Third Age Trust' with references to government legislation and guidance. You will see from the link below that there is a great deal to digest and it is constantly changing.

<https://www.u3a.org.uk/covid-advice-links/897-covid-19-advice-on-u3a-activities-in-england-u3a-kms-doc-074#3-general>

As you will be aware new laws prohibiting social gatherings of more than six people came into effect on 14 September. **Please note there are no U3A charity exemptions to the 'Rule of 6'.**

NHS Track and Trace

In order to participate in some U3A activities you may be required to give your contact details to your Group Organiser/Leader.

Please also see: <https://www.gov.uk/government/news/coronavirus-covid-19-what-has-changed-22-september>

We will be discussing the latest guidance and legislation at our next committee meeting on 6th October. Your safety will be uppermost in our minds.

“Drive Safely for Longer” Workshops 15th and 29th October 2020 at 10:15 for 10:30 to 11:30.

These **FREE** Driving Safer for Longer workshop (via ‘Zoom’) are provided by Red One in conjunction with Devon County Council.

“The workshops are offered to various community groups throughout Devon which are aimed at keeping older drivers on the road safely for as long as possible. Driving is one of the most risky activities we are likely to do in our lives, and yet once we pass our driving test many of us have no further training. Driving techniques have, and do change over the years. The workshops are informal, interactive, fun and very informative.”

There are 20 places available for each workshop. If you would like to register for one of these workshops please e-mail Ian McLauchlin secretary@exmouthu3a.org.uk with your full name and your preferred date.

Zoom connection details

The Zoom connection details for these workshops will be the same as the regular Connect on Thursday events, as far as we know currently. Any change to these will be notified if necessary.

< details omitted for general publication >

This is for U3A members only, so please don't share these Zoom details with anyone else.

And just another reminder that our monthly meetings on the second Thursday of the months now take place on Zoom as the Pavilion remains closed for large meetings. At this month's meeting on 8 October we are very pleased to welcome **Adrian James** as our guest speaker who will be talking to us about '**Three West Country Gardens**'. More details are in this month's Newsletter.

With best wishes to you all from Christine and Exmouth and District U3A committee.