



**u3a** learn,  
laugh,  
live  
**exe valley**



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National Website <http://www.u3a.org.uk/>  
**Newsletter 192 – January 2024**

**Our meeting this month ...**

*New Venue*

**Wednesday 17<sup>th</sup> January**

2pm Cherith Hall

**Rome: Foundation to Empire**

**Bryan Short**

This talk gives some insight into the way Rome evolved from an insignificant agricultural community to the greatest power on earth. It illuminates the social and moral imperatives and catalytic events that stimulated this transition, leading to the dominance of a single person over the ‘civilised’ world, the brilliant Octavian or Augustus Caesar.

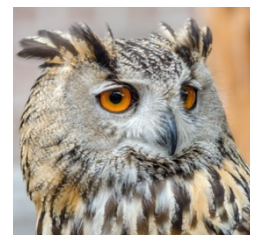
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**... and next month**

**Wednesday 21<sup>st</sup> February**

2pm Cherith Hall

**Sharandys Birds of Prey**



Sharandys Birds of Prey will bring four owls which they will talk about and give a flying display.

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**News from the Committee**

Well, that’s Christmas over for another year! Sometimes it seems to be a long time coming and then, in a blink of an eye as it were, it’s gone and all the things that I may have put off until after Christmas, are still there to be done. That said I hope you had an enjoyable time over the festive period and, with Christmas behind you, that you are looking forward to all the opportunities the New Year might bring.

The committee have been informed of two potentially exciting developments relating to the formation of two new activity/interest groups, namely a chess group (or possibly a games group to include chess as one of its activities) and a hand bells group. Two of our members have expressed a willingness to provide information and help set up these groups. Would this be something you would like to take part in? If so, please let our group coordinator Karyl Huntley – Sadler know of your interest by contacting her at [karyl.huntley@gmail.com](mailto:karyl.huntley@gmail.com) so that she may be able to gauge the level of interest and decide whether or not to pursue this idea.

Your committee’s thoughts have already turned to the AGM which is only just over two months away on Wednesday 20<sup>th</sup> March. All members of the Committee have to formally resign and be re - elected, if this is the wish of the membership at the AGM. I am pleased to be able to say that all the members of the present committee are willing to serve again on your behalf. However, we do have vacancies that we would like to fill, namely for someone to take on the role of Publicity Officer to help promote and grow the Exe Valley u3a and also for someone to act as Deputy Treasurer.

I am only too aware that many people tend to shy away from joining committees, often dismissing them as bureaucratic “talking shops”. However, without people being prepared to step up and take on committee roles, we would not be able to run any of the interest groups as part of the u3a. As your chairman with extensive experience of working on committees over many years, I can honestly say that the people on your committee are amongst the best I have ever been involved with. The atmosphere at our meetings is friendly, positive, constructive and, at times dare I say, even humorous! Please give some thought to coming forward to help. You would be made most welcome.

Please note that nominations for positions on the Committee have to be with our Secretary Chris Redhead by Tuesday 5<sup>th</sup> March. Nomination forms will be available for you to pick up at our next monthly meeting on Wednesday 17<sup>th</sup> January.

Before leaving “committee matters” on behalf of us all, I would like to express our thanks to Eric Oakley who has recently retired from the Committee. Eric served as our treasurer for over five years and then stayed on the committee assisting his successor Paul Sadler to get fully up to speed. Many thanks Eric for all of the work you have undertaken on our behalf.

Finally, a reminder that the new members’ coffee morning is to be held at the Tiverton Hotel (previously the Best Western Hotel) at 10.30am on Friday 26<sup>th</sup> January. If you have not yet told Anne Bush that you would like to attend this event please contact her straightaway.

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## **Last Month’s Meeting**

Our final meeting of 2023 was also a first as it took place in our new home at the Cherith Hall. We hope you like the new premises and also find the parking arrangements easier than at our previous venue.

We signed off the old year in style with our own Tim Dyke (in dashing costume!) providing an entertaining, informative and amusing presentation about the British Music Hall.

Members were encouraged to come dressed in Victorian/Edwardian style and many did so all adding to the festive atmosphere. Many thanks Tim for leading the fun and ending our year in such an enjoyable way.

Please see photo below.



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## Overdue Subscriptions for 2024

Renewal subscriptions were due to be paid by January 1<sup>st</sup> for 2024. Thus they are now overdue and there are roughly 50 out of 222 members still to renew. It is important we get this year's renewals done otherwise we will be paying too much in subs to our National office and I am sure no one wants that!

You can renew at our monthly meeting on the 17<sup>th</sup> January, or by post or by BACS, full details on the Renewal form at the end of the Newsletter. If paying by BACS, **please note our new bank details, no longer HSBC.**

To save me doing my sheepdog act chasing up stragglers soon, please let me know if for any reason you are not renewing, contact 01884 258091 or [jriddif68@gmail.com](mailto:jriddif68@gmail.com).

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## Newsletter

Please send reports to Lynne by **9am Friday 16<sup>th</sup> February**. Thank you!

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## New Members

We extend a very warm welcome to one new member this month - **Raymond McIntosh**. We hope you enjoy your time with us.

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## Welfare Officer

**Marilyn Dawson**

Marilyn prefers to be contacted by email. If you know of anyone who is ill or has been admitted to hospital, or anyone who has a special anniversary to celebrate, please email Marilyn with details and she will send a card on our behalf. We will also add an item to the monthly committee agenda so that Marilyn can let the committee know via the secretary if she has sent anyone a card. It would also be helpful if group leaders could keep Marilyn informed of anyone in their group who they think should receive such a card.

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## News from the Interest Groups

### Art Appreciation Gina Brown, Keith Bush, John Massey

This group didn't meet in December. Our next formal meeting will take place at the **OHSCC on Thursday 18 January at 2pm**. Keith will be giving us a talk on the art collection at Petworth House.

Boules in hibernation until the Spring.

### Bridge

#### Tuesday Bridge Doreen Burton

Tuesday Bridge group are playing online at 7.30pm most weeks. We have also managed to meet up to play on quite a few Wednesday afternoons for those in the group that prefer not to play online. If anyone wants to join us, please get in touch.

#### Thursday Social Bridge Tricia Summers

### Canasta Sue Dark

This Group meets on the **2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month** in each other's homes.

### Craft Elaine Wright

Our first meeting of the new year took place on a very chilly Monday afternoon and quickly became a quiet and concentrated group effort to knit fingerless mittens with a complicated pattern but which quickly produced great results. Mostly knitting but no nattering.



Those of us who don't knit made Japanese bookmarks which were simpler but equally satisfying.

Thanks to Lynne for hosting and to Elaine for being group leader.

Next month's meeting will be on **Monday 12<sup>th</sup> February at Jackie's, 2pm** to do pop up card making.

### Cribbage Keith Dawson

Our normal routine is to play on the **2<sup>nd</sup>** and **4<sup>th</sup> Monday afternoon each month.**

### Discussion Marilyn Dawson

Our main topic for the Discussion Group on Friday 5<sup>th</sup> Jan was the Prime Minister's Resignation Honours List, and specifically the one drawn up by Liz Truss. All bar one of her awards was either to those who had helped her campaign or were big donors to the Conservative party. She also created three new life peers adding to the over 670 that already sit in the Upper Chamber. The general consensus was that after the state in which she left the country, she had no right to hand out goodies.

We went on to talk about the make-up of the House of Lords, which is only beaten by China for the number of members, in the world. We felt there was a need for another chamber of government and thought the current one was in need of reform, the last major overhaul of the House of Lords was in 2005. We did not know how it should be chosen or elected or what changes were for the best. It acts as an anchor to the Government of the day.

We also discussed the New Year's Honours List which we thought was a much fairer system. Anyone can be nominated for a medal but the application has to be passed by several scrutinising committees before being approved by the PM and the King. We wondered if ordinary people should be on selection committees. There are some anomalies in the system such as civil servants being given medals for just doing their jobs.

Our second topic was what to do with leftovers, proposed by a member facing a turkey carcass. Soup and curry seemed to be the popular choices. One member handed out uneaten food after a party and we all threw away lettuce. The economics of air fryers also got an airing.

Our next meeting is on **Friday, 2<sup>nd</sup> February.**

### Folk Dancing John & Hazel Ridd (Tiverton u3a)

We meet on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month, (**January 10<sup>th</sup> and 24<sup>th</sup>**) **2pm – 4pm in Halberton Village Hall.** All are welcome. The dances are walked through and explained well, and everyone is very kind and friendly.

### French Conversation Deborah Lal

Our next meeting will be at **2pm on Friday 26<sup>th</sup> January at Joan's house.**

### Gardening Joan Kelly, Jo Jeffrey, Carol Powney

January is really not a month to be visiting gardens so instead we met at the OHSCC for a social afternoon and a quiz with gardening related questions compiled by Carol. We were a slightly depleted group due mainly to a few being unwell. However, it was a most enjoyable afternoon when we all had an opportunity to catch up with news after the Christmas break. Congratulations to Doreen, Margaret and Sheelagh who were the winning team.

Our February meeting will be to the refurbished **Blackdown Garden Centre** at **2pm on Monday 12<sup>th</sup> February** when we will be able to have a browse and get ideas for preparing our gardens for spring. Tea and cake will of course be an essential part of the afternoon! We will arrive at 2pm with plenty of time to wander before meeting up at 3pm in the restaurant.

## Local History David Meredith

Two National Trust staff from Killerton spoke about the Acland Family at our first meeting of 2024 on Thursday 11<sup>th</sup> January at the Cherith hall. Tom Coombe gave us a lively and fascinating history of the family connection over some 400 years. Marrying well seemed to be the basis of their success in the earlier years leading on later to philanthropic and political involvement on both the local and national stage. Many interesting anecdotes were given about their lives and loves and the story told as to how and why the house and estate were handed over to the National Trust in the 1940's. The family's first Christmas away from their former home being spent in a basic caravan in Cornwall.

Robert Meakings spoke about the Aclands as patrons of the arts which brought many distinguished painters and sculptors to the house, their work being on show within the house. Both talks were nicely illustrated. They have kindly offered to give our group a tour of the house later this year. Please let me know if you would like to attend.

An innovation in this year's programme will be a "Brief Spot" where individual members speak for no more than 5 minutes on an item they have heard or read about or perhaps a place visited with historical interest. Please let me know if you are happy to provide a 'brief spot' report. Illustrations not required but can be provided by our tech team. I am happy to report that a volunteer has already agreed to speak next month. 10 more volunteers needed for the rest of the year!

As leader of the group, I began the 'brief spot' item highlighting two recent centenaries with weather connections. The 100<sup>th</sup> year birthday of the first radio broadcast of the UK shipping map and the death last month aged 100 of the assistant post mistress in Blacksod, Ireland, whose weather reports caused Eisenhower to postpone the D-Day landings by one day.

Next month on **Thursday 8<sup>th</sup> February 2024 at 2pm at the Cherith** we are promised mid winter cheer and merriment from Tony Lidington, known affectionally as Uncle Tacko, a showman for over 30 years. He will give us a history of British seaside entertainment from the time when taking the sea air became popular. He has performed on radio and TV as a master of traditional seaside fun and now living in Dawlish runs events on the proms at Dawlish, Teignmouth and Torquay. He also lectures part time in the performance arts at Exeter University. So do come along for a happy go lucky session of laughter and fun. Doors open 1.30pm. Open to all members.

## Lunch Club Wendy Cook

The Lunch Group gets together on the third Thursday every month and members take it in turn to organise. Pubs, restaurants and farm shops are all within easy distance of Tiverton and we car share where possible. It's up to the member organising to book the venue, circulate the menu if we need to order in advance and pass on the information to the eatery.

We welcome new members and if you are interested, please contact Wendy Cook via the website.

## Mah Jong Heather Edwards

We meet on the **first Friday in the month.**

## MOTO (Members On Their Own) Wendy Cook

We shall get together again on **27<sup>th</sup> January, 10.30 at the Flying Pickle in Tiverton.**



## Poetry Margaret Wallwork

We didn't meet in December and so gather again at **2pm on January 25<sup>th</sup> at Tim's**. Being Burns Night, our theme is, naturally, All Things Scottish.

## Rambling Ray Rice

We are due to walk in February, a circular walk from Bickleigh through some of the lesser known quiet paths and roads to the west, via Lee Cross. Then back to Bickleigh Mill for lunch. The date will be **Thursday February 1<sup>st</sup>**, and we plan to meet at Bickleigh Mill car park for a 10.00 am start; **car sharing from Morrisons at 9.45am**. New members welcome.

## Reading

### Reading Group 1 Alison Rice

We didn't meet in December but on **January 29** we'll be at **Alison's** talking about *Klara and the Sun* by Kazuo Ishiguro.

### Reading Group 2 Chris Redhead

Our reading over the Christmas period was rather sober but very edifying. It was *I am Malala – The Girl Who Stood Up for Education and Was Shot by the Taliban*. Most of us heard about Malala Yousafzai only when she was brought to hospital in Birmingham on 16 October 2012, having been shot in the head by the Taliban on her way home from school.

The book describes the sequence of events leading up to this event starting from the creation of Pakistan in 1947 and particularly the state of Swat within that. Amid the political conflicts, exiles and assassinations we read about daily life of the Pashtun community and a beautiful valley spoilt by pollution and corruption. Malala's father had long dreamt of opening a school and he and his daughter were passionate about the provision of education for all children. As the Taliban gained influence and control they closed schools, particularly for girls, and bombed them and anyone who supported educational provision was threatened and attacked. None of us could say we enjoyed the book because it was quite harrowing but we were all glad we had read it and learned in more depth how courageous Malala had been in speaking out publicly for the right to education despite clear danger.

We meet again on **Monday 5 February at 2pm at Wendy's house**.

### Reading Group 3 Sheelagh Bourdon

Group coordinator Karyl Huntley-Sadler joined the Reading Group 3, facilitated by Sheelagh Bourdon. They had a lovely pre-Christmas lunch at Ponte Vecchio in Tiverton. The handsome Italian waiter was nice enough to snap this photo of them.

In December we read "*At the Edge of the Orchard*" by Tracey Chevalier. Ohio, 1838 James and Sadie Goodenough have settled in the Black Swamp, planting apple trees to claim the land as their own. Life is harsh in the swamp, fever picks off their children,

James patiently grows his sweet tasting "eaters" while Sadie gets drunk on applejack. Fifteen years later, their youngest son, Robert, is drifting through Goldrush California and haunted by



the broken family he fled years earlier. He finds steady work for a plant collector but the past is never really past and one day Robert is forced to confront the brutal reason he left behind everything he loved. Some of the characters in the story are based on real people, including William Lobb, a Victorian British plant collector, employed by Veitch Nurseries of Exeter. He was responsible for the introduction of American trees such as the giant Redwood tree to England.

Only 6 of us were able to come to our meeting due to various commitments. We did have a very enjoyable time discussing the book. It was generally liked although one of us found it boring. The point was made that during the book several years were skipped which made the continuity of the story difficult but the letters written by one of Robert's sisters helped. Another point made was that you could learn from fiction as most people would not read a book about growing apples but in the book it was enjoyable. One of us said that you only needed to read the following which was on the back of the book cover to know the story "Arboreal love story . An absorbing description of the harshness of pioneer life and the impossibility of escaping familial ties".

We will meet again on **Thursday 25<sup>th</sup> January at 10.30.**

### Skittles

#### Tuesday Skittles – Kathy Senior

The Tuesday Skittles group has started again after the Christmas break, we meet **weekly** at **The Half Moon Pub in Tiverton, 11am - 1pm** with a coffee break halfway through. We are a friendly group who have room for new members. Please contact the group leader if you are interested in joining us, you will be made very welcome.

#### Thursday Skittles – Jill Riddiford

A small select band came out of hibernation on the first Thursday of January to start Skittling again after the festive excesses and soon got into the swing of things again. Other members are on holiday still or nursing injuries or whatever.

We meet at **10am** on **Thursdays** in **The Half Moon, Tiverton.**

### What we have noticed Chris & Gina Brown

We met on a very stormy day but it didn't deter three of our members from walking to the meeting. Very adventurous!

It was good to meet and talk - this month's topics were:-

\* The 1939 register of the whole population of the U.K. (41 million) which was used to prepare for the war and its aftermath. We were very interested in the variety of jobs listed - quite different from today's occupations.

\*The amazing story of the Wollemi pine (previously thought to be extinct), which is now being planted in various parts of the U.K to preserve it. It's known as the 'dinosaur pine' as it is 200 million years old. Let's hope it flourishes.

\* We were introduced to an article showing a variety of ways to be happy in 2024. It included tips such as, if a chore takes 2 minutes - do it now! A good way to stop procrastinating.

\* We talked about the Christmas lights on people's houses. Were there more or less this year and where were the best ones in Tiverton? Also, how much money had been raised for charity in this way.



\* Finally, the value of local libraries, independent cinemas and the joy an inexpensive radio can bring.

Our next meeting is **Tuesday 6<sup>th</sup> February at 10.30.**

### Wine Group Helen White, Deborah Lal

We meet on the **second Wednesday of the month** and welcome new members. Please see Helen or Deborah.

### World History Helen Booth



The seasonal talk at our December meeting was about the history of wassailing - an old Twelfth Night tradition in apple growing areas of the country going back to early Anglo-Saxon times. Some wassailers visit door to door in a similar manner to carol singing, to wish good health and wealth for the coming year. Another type of wassailing is orchard visiting to scare away evil spirits and ensure a good harvest. Wassailing bowls carry a warm mulled drink and wassailing songs are sung. Some local areas still carry out this tradition.

On **January 15<sup>th</sup>, as usual 2pm, Room 2 in OHSCC**, Chris Mumford will be telling us about the life of James Barry, 1789-1865. From humble beginnings in Ireland, he became a military surgeon who eventually rose to be the second highest medical officer in the British Army.

He was known for his short temper and at one stage even Florence Nightingale was on the receiving end of his anger, but he was dedicated to social reform speaking out about various issues. However - and it's a very important however - James Barry had a secret.

All are welcome to come along and find out what the secret was.

Our February meeting is on the 19<sup>th</sup>.

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## DIARY

### JANUARY 2024

#### Monday 15<sup>th</sup>

2pm World History OHSCC Room 2

#### Tuesday 16<sup>th</sup>

11am Tuesday Skittles The Half Moon Tiverton

7.30pm Bridge Online

#### Wednesday 17<sup>th</sup>

2pm Monthly Meeting Cherith Hall

**Rome: Foundation to Empire - Bryan Short**

#### Thursday 18<sup>th</sup>

10am Thursday Skittles The Half Moon, Tiverton

2pm Art Appreciation OHSCC

2pm Bridge *Contact Group Leader*

Lunch Group *Contact Group Leader*

#### Friday 19<sup>th</sup>

## Monday 22<sup>nd</sup>

2pm Cribbage *Contact Group Leader*

## Tuesday 23<sup>rd</sup>

11am Tuesday Skittles The Half Moon Tiverton

7.30pm Bridge Online

## Wednesday 24<sup>th</sup>

2pm Folk Dancing Halberton Village Hall

Canasta *Contact Group Leader*

## Thursday 25<sup>th</sup>

10am Thursday Skittles The Half Moon, Tiverton

10.30am Reading Group 3 *Contact Group Leader*

2pm Poetry Tim's house

2pm Bridge *Contact Group Leader*

## Friday 26<sup>th</sup>

10.30am **New Members' Coffee Morning** Tiverton Hotel

2pm French Conversation Joan's house

## Saturday 27<sup>th</sup>

10.30am MOTO Coffee Flying Pickle, Tiverton

## Monday 29<sup>th</sup>

2pm Reading Group 1 Alison's house

## Tuesday 30<sup>th</sup>

11am Tuesday Skittles The Half Moon Tiverton

7.30pm Bridge Online

## Wednesday 31<sup>st</sup>

## **FEBRUARY 2024**

## Thursday 1<sup>st</sup>

9.45am Rambling Morrisons car park; 10am Bickleigh Mill car park

10am Thursday Skittles The Half Moon, Tiverton

2pm Bridge *Contact Group Leader*

## Friday 2<sup>nd</sup>

10.15am Discussion Group Marilyn's Home

Mah Jong Group *Contact Group Leader*

## Monday 5<sup>th</sup>

2pm Reading Group 2 Wendy's house

## Tuesday 6<sup>th</sup>

10.30am What We Have Noticed *Contact Group Leader*

11am Tuesday Skittles The Half Moon Tiverton

7.30pm Bridge Online

## Wednesday 7<sup>th</sup>

## Thursday 8<sup>th</sup>

10am Thursday Skittles The Half Moon, Tiverton

2pm Local History Cherith Hall

2pm Bridge *Contact Group Leader*

## Friday 9<sup>th</sup>

### Monday 12<sup>th</sup>

2pm Craft Jackie's house

2pm Gardening Group Blackdown Garden Centre

2pm Cribbage *Contact Group Leader*

### Tuesday 13<sup>th</sup>

11am Tuesday Skittles The Half Moon Tiverton

7.30pm Bridge Online

### Wednesday 14<sup>th</sup>

2pm Folk Dancing Halberton Village Hall

Canasta *Contact Group Leader*

Wine Group *Contact Group Leader*

### Thursday 15<sup>th</sup>

10am Thursday Skittles The Half Moon, Tiverton

2pm Bridge *Contact Group Leader*

Lunch Group *Contact Group Leader*

### Friday 16<sup>th</sup>

**9am Newsletter contributions to Lynne**

### Monday 19<sup>th</sup>

2pm World History OHSCC Room 2

### Tuesday 20<sup>th</sup>

11am Tuesday Skittles The Half Moon Tiverton

7.30pm Bridge Online

### Wednesday 21<sup>st</sup>

2pm Monthly Meeting **Cherith Hall Sharandys Birds of Prey**

### Thursday 22<sup>nd</sup>

10am Thursday Skittles The Half Moon, Tiverton

2pm Bridge *Contact Group Leader*

### Friday 23<sup>rd</sup>

### Saturday 24<sup>th</sup>

10.30am MOTO Coffee Flying Pickle, Tiverton

### Monday 26<sup>th</sup>

2pm Cribbage *Contact Group Leader*

### Tuesday 27<sup>th</sup>

11am Tuesday Skittles The Half Moon Tiverton

7.30pm Bridge Online

### Wednesday 28<sup>th</sup>

2pm Folk Dancing Halberton Village Hall

Canasta *Contact Group Leader*

### Thursday 29<sup>th</sup>

10am Thursday Skittles The Half Moon, Tiverton

2pm Bridge *Contact Group Leader*



## LOOKING AHEAD

### MARCH

Tuesday 5<sup>th</sup>

Final date for Nominations for the Committee to be with Secretary Chris Redhead

Wednesday 20<sup>th</sup>

Exe Valley u3a AGM

Friday 22<sup>nd</sup>

Quiz evening

### MAY

Thursday 9<sup>th</sup>

Treasure Hunt

### OCTOBER

Wednesday 30<sup>th</sup>

Ann Widdecombe

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#### **COMMITTEE MEMBERS**

Chair	<b>Mike Turner</b>	<b>07885 515630</b>
Vice-Chair	<b>Deborah Lal</b>	
Secretary	<b>Chris Redhead</b>	
Treasurer	<b>Paul Sadler</b>	
Programme Organiser	<b>Joan Kelly</b>	
Beacon Administrator	<b>Jo Jeffrey</b>	
Membership Secretary	<b>Jill Riddiford</b>	<b>01884 258091</b>
Group Co-ordinator	<b>Karyl Huntley- Sadler</b>	
Minutes Secretary	<b>Joan Kelly</b>	
I.T. & Printing	<b>Carol Boote</b>	
Socials & Meetings	<b>Anne Bush</b>	
Publicity Officer	<b>Could this be you?</b>	

#### **NON-COMMITTEE**

Website Manager	<b>Wendy Cook</b>
Welfare	<b>Marilyn Dawson</b>
Newsletter Editor	<b>Lynne Lyddon</b>
Technician	<b>Tim Dyke</b>

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**Payment is due by 1<sup>st</sup> Jan**

Please tick the type of membership you prefer, and pay the appropriate amount.

- Individual – ..... £10.00 p.a.  
2<sup>nd</sup> member.....
- Associate – ..... £ 5.00 p.a.  
2<sup>nd</sup> member.....
- Printed Newsletter **posted to you** (all members are sent a **FREE** email copy) £12.00 p.a.
- Third Age Matters magazine (posted to you) £ 3.50 p.a.

Total Amount paid £.....

If you are Associate member, which U3A are you a full member of ?.....

Emergency Contact Number (optional).....

**Please pay by one of the following methods**

1. Hand in your completed form at a monthly meeting with cash or cheque made out to **Exe Valley u3a**, or pay by contactless credit or debit card.
2. Send completed form and cheque made out to **Exe Valley u3a** to our Treasurer:- Paul Sadler, 46 Higher Street, Cullompton, EX15 IAJ.
3. Internet Bank Transfer – **please reference payment with your membership Number**

Bank: **Lloyds** - Account: **Exe Valley u3a** - Sort Code: **30-99-50** Account: **84072168**

**If your name, address, telephone number or email have changed since last year, please give details here:**

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