

I have been a member of the U3A for around 3 years – can't really remember which year I joined! I had retired from working at Exeter Social Services and was looking for something to do with all my time!

Its been a great experience, meeting lots of new people especially on all the walking groups that I enjoy. So those have kept me vaguely fit and then there are all the interest groups which are so stimulating for one's mind. I have been convening the History group for nearly 2 years and have enjoyed this challenge which has given me a lot more confidence. There are great people to meet and amazing things do find out in the U3A. I would recommend it to anyone who has an interest and spare time.

Lynn Walsh