

U3A STRIDE OUT WALK – IDEFORD DIP TO TEIGNMOUTH PIER
(6.5 miles linear OS Explorer Map 110)

An undulating walk along country lanes and footpaths; across open fields; one stile en-route. Depending on weather the route can be wet and muddy underfoot, in places the going is quite stony and rough.

1. Standing at the bus stop with your back to the A380 turn left and follow the link road, marked in light brown on the map, for about 100 meters to the road junction (GR 884779)
2. turn right and follow the road under Idford Arch to the road, track junction at GR 887776,
3. turn right into Olchard Lane signed Olchard.
4. Follow the lane for about 700 meters and take the first turn left into Olchard,
5. When the road bears sharply to the right (GR 879771) go straight on past a large farmhouse on the left towards some converted farm buildings.
6. Turn right through the gate onto a Public Bridleway; follow the path which runs alongside a stream and over a footbridge.
7. Turn left (GR 879766) and follow the footpath which runs alongside a stream
8. Turn left over another footbridge (GR 886767) past Idford Mill Cottage on your right and follow the road for about 500 meters to a cross road.
9. Turn right past a refurbished house on your right and follow the track over a ford to a road junction
10. Turn left (GR 895763) After about 100 meters turn right into a narrow rough path and follow the path to a road junction,
11. Turn right Follow the un-numbered road, marked yellow on the map, to Three Tree Lane on the left, marked as "Unsuitable for Motor vehicles" (GR 902756). Follow Three Tree Lane up the hill and through the woods to a road junction,
12. turn right. Follow the un-numbered road, marked yellow on the map, past the golf course on your left to a road junction (GR 913750),
13. turn left and follow the road for about 100 meters
14. turn right into the White Well Picnic Area. Go over the stile on the left hand side of the area and follow the footpath past the golf course on your left to the road junction (GR921750)
15. turn right and at the next junction turn right again and follow the road down a steep hill for about 700 meters.
16. Turn left opposite the ruins of St John's Chapel onto a farm track (GR 916744).
17. Follow the track past Ashill Farm then turn right through a gate just before the silage pit onto a footpath and over a footbridge to a road junction (GR 916740).

18. Turn left and follow the un-numbered road, marked yellow on the map, for about 700 meters past some bungalows on the left
19. turn right through a gate, over a small stream into Coombe Lane (GR 923739).
20. Cross the field down into the valley keeping the stream to your right and follow the lane past the rugby field on your right, some allotments on your left and commercial buildings on your right to the junction with the A 381 then turn left.
21. Follow the A 381 to the traffic lights, cross the road and follow the A 379 towards the Teignmouth and Shaldon Bridge.
22. Before reaching the bridge turn left onto a footpath,
23. Follow for about 100 meters before turning sharp right, the path runs between a rugby pitch and the railway line, up some steps, past some open ground and a large house on the left, here the path bears right past a large single story wooden building on the left,
24. At the road turn left and follow the road keeping the railway line on the right, up some steps and over the railway bridge to a road junction.
25. Cross the road and walk past the car park on your left and just before the watersports/diving shop turn right.
26. Follow the road and path along the waterfront until you reach the Shaldon Ferry, turn left towards the Lifeboat Station and up onto the promenade keeping the Lifeboat Station on your left.
27. Follow the promenade to the Pier.