

STRIDE OUT – EXETER RACECOURSE TO STARCROSS
OS Explorer Map 110 Torquay and Dawlish

Start from bus stop at Exeter Racecourse GR 897836

1. Face the racecourse and turn left
2. Follow the road until it exits the racecourse and meets an un-numbered public road marked in yellow on the map
3. turn right and follow this for about 500 meters
4. until you come across a permissive path on the right at GR 902838 (approx).
5. Follow this path, the racecourse is on your right, until it meets a woodland track at GR 906837 (approx)
6. turn right and follow this track to a track junction at GR 903834
7. turn left and follow the track to GR 909831.....*At this point you need to climb up the bank onto the slip road from the A38 (I had to cut back some of the scrub prior to our walk to create the path!).*
8. Turn left, follow road for about 250 meters until it turns right and crosses the A38 via a bridge
9. Follow road to GR 912831 and turn left onto a woodland track
10. Follow to junction with Holloway Lane at GR 915823.
11. Follow Holloway Lane via Black Gate to track/road junction at Exeter Lodge
12. Follow un-numbered public road marked in yellow on the map across Haydon Common to junction at the north end of Beers Copse at GR 939842,
13. turn right and follow road to track junction at Swing Gate GR 942837
14. turn left follow track to road junction at GR 946841
15. turn right past Chiverstone Farm to road junction on outskirts of Kenton at GR 956834 and go straight on past the church to the junction with the A379
16. Cross the A378 to join a public footpath at GR 959833
17. Follow the footpath across a river, up the hill and down to an un-numbered road marked yellow on the map at GR 968843
18. Follow the road through Powderham and past the church until it bears sharp right at GR 973844, **here the road becomes the Exe Valley Way.** Follow the Exe Valley Way signs into Starcross.